

MEMBERSHIP IN YOUR YMCA

What It Means....

Membership in the "Y" means that you have become a part of a world Fellowship of Christian People who find strength through program activity and working together. Your YMCA has spread itself around the globe in 36 different countries. As members of the YMCA we strive to live, to the best of our abilities and strength, a Christian life.

A Chance to Share in the Cost

When you pay your membership fee, you do not buy anything, but share in the cost of your YMCA. The YMCA is yours; use it wisely. Your professional "Y" staff are here to serve you.



SCHEDULE OF FEES

Classification	Annual Dues	Enter Amount Applicable
Basic Membership (required of all)	\$ 1.00 up	\$
Boys and Girls (9-14)	5.00	
High School Boys and Girls (15-18)	5.00	
Young Men (18-21)	15.00	
Women (18 up)	15.00	
Senior Men (21 up)	20.00	
Family	30.00	
Social and Craft (limited privilege)	5.00	
Contributing Membership	50-99.00	
Sustaining Membership	100.00 up	
	TOTAL	\$
Terms for Time Payment:	Cash Herewith	
1/3 Cash 1/3 30 days 1/3 60 days	Balance Due	\$



The Purpose of the YMCA

The purpose of the YMCA in Medford is to aid in the development of Christian standards of living, conduct and life purpose in its members.

"The Association is regarded in its essential genius a worldwide fellowship of youth and adults, united by a common loyalty to Jesus Christ, for the purpose of developing Christian personality and building a Christian Society."

As Chairman of the Board of Directors, I invite you to join with many men and women of many faith in this great endeavor.

D. FORD McCORMICK

High School Division Program

YOUTHS - 15 to 18

SPECIAL PRIVILEGES—Our policy this year is to allow as much freedom for individual interests of High School members as possible. Suggestions as to interests and program are welcomed. The Teen Age Youth Council will help decide Policy.

SCHEDULED ACTIVITIES

BODY BUILDING—Boys—Those registered may work out 3 times per week in Weight Lifting Room. Instruction on Monday - Thursday 5:15 - 6:00 p.m.

HANDBALL FUNDAMENTALS OR PADDLEBALL—Wednesday - 4:00; Saturday 3:00 - Lou Cranston and assistants.

BASKETBALL—Boys—Informal play during Gym Periods. Monday - Wednesday 4:00 - 5:30; Saturday 3:00 - 5:00. Girls—Friday 4:00 p.m.

BASKETBALL TEAMS—Can be formed and games scheduled by Physical Director.

SWIMMING LESSONS—Available at all skill levels. See Don Day.

JUNIOR AND SENIOR LIFE SAVING—Courses in Fall and Spring for 10 sessions - Dr. Bill Roberts.

SWIMMING FOR FUN—Boys—Monday - Wednesday 5:15 - 6:30; Saturday 4:00 - 6:00. Girls—Monday 7:00; Wednesday 8:30; Saturday 7:00.

BOXING—Monday - Wednesday 7:30 p.m. - LaRue Morris, Instructor.

DIVING—Girls—Tuesday 7:00 - 8:00 p.m. - R. L. Schmidt, Instructor.

WRESTLING—Boys—Tuesday evening - Jim McDaniel, Instructor.

FROGMEN'S CLUB—Boys or Girls—Thursday 7:00 - 8:30. Special underwater swimming - Rene Bounds.

CO-ED SWIM—Saturday 7:00 to 9:30 p.m.

CAMP COUNSELORS' TRAINING COURSE—Taught for 10 weeks - March, April, May. Open to Members, Boys or Girls, Robt. L. Jones, Instructor.

PHOTO LABORATORY—Monday evenings - Arnel Butler, Instructor. Use of dark room, developing, printing, etc.

BALLROOM DANCING INSTRUCTION—7:30 to 8:30 on Saturdays preceding Youth Council Dances.

PING PONG - POOL - SHUFFLEBOARD—Available daily in the lobby.

HIGH Y and TRI-HI-Y CLUBS—Organized by students with Trained Volunteer Leadership. Application is made through Student Officers of Clubs.

SOCIAL DANCES—Arranged twice a month or oftener by the "Y" Youth Council. Admission by membership card.



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"Y" Family Program

THE "Y" AND THE FAMILY! The YMCA feels a strong responsibility to the family group and is offering activities which we hope will draw the whole group or parts of it down to the "Y" together. We hope that your family will participate together in some of these activities. If you have any ideas how we can better serve your family, please let your professional staff know.

FAMILY SWIMMING—Each Monday and Friday night, 7:00 - 9:30 p.m. is Family Swim. Qualified Life Guard - but parents must be in the building for this.

FATHER AND SON SWIMS—5:15 to 7:00 p.m. daily the YMCA Pool is open for fathers who want to bring their sons swimming - and SATURDAYS - 5:00 to 9:30 p.m.

MOTHER AND DAUGHTER SWIMS—At present these are to be worked in only as a part of family night and on SATURDAY evenings.

MOTHER AND TOTS SWIMMING—Ages 3 to 7 - Boys or Girls. Now meeting Tuesday and Thursday 3:00 to 4:00 p.m. - mothers must be in Pool. Also Tuesday and Thursdays at 10:00 a.m. - September to June.

FAMILY POT LUCK DINNERS AND ENTERTAINMENT—The 3rd Friday of each month - 6:30 p.m. Everyone welcome. Amateur talent - one act plays - singing - games - demonstrations - folk dancing.

CLASS IN FAMILY RECREATION—A study group for both husband and wife to discover and exchange some of the problems and successes in "FAMILY RECREATION." The group will meet as soon as 10 couples sign up to take part. Five sessions, one each week, 7:30 - 9:00 (time adjustable). The text will be: "The Family Fun Book," by Helen and Larry Eisenberg.

FATHER AND SON INDIAN GUIDES—A special program for Boys 6, 7 and 8 and their dads based on Indian Lore - with club program meets twice a month, 7:00 to 8:30 p.m. in homes.

FAMILY CAMPING—At Diamond Lake YMCA Camp—boating - swimming - fishing—on weekends before and after Boys Camp. 50c per person per day. Special outings, picnics, overnight trips to Coast are planned for family groups and announced through the year.

FAMILY PARTIES—For special occasions - Halloween, Christmas, Easter, Valentines Day, etc. - Thursdays or Fridays as announced in YMCA Bulletin.



Junior School "Y" Program

BOYS and GIRLS - Ages 12 to 15



GAME ROOM FACILITIES—Ping Pong - Shuffle Board, Library, Pool, Chess and Checkers - Open daily to 9:30 p.m.

SWIMMING CLASSES—Are organized on the level of ability of the swimmer from beginner to advanced.

	GIRLS	BOYS
Tadpole	Tues. 4:00	Mon. 4:00
Minnow	Thur. 4:00	Wed. 4:00
Fish	Thur. 4:00	Wed. 4:00
Flying Fish	Thur. 4:00	Wed. 4:00
Shark	Thur. 4:00	Wed. 4:00
Life Saving	Class in Spring and Fall for 10 weeks - Sign up now.	

RECREATIONAL SWIMS—Games, Stunts, Supervised fun.

Froglens Club—Thursday evening - 7:00 - 8:30 p.m.

Girls Playswim—Tuesday 4:45 - 5:15; Saturday 3:00 - 4:00.

Boys Playswim—Monday 4:45 - 5:15; Saturday 11:15 - 12:00.

Swim Team—As announced on Bulletin Board.

Saturday 7:00 to 9:30 Open swim for members.

GYMNASIUM CLASSES—Sports Instruction - Volleyball, Basketball, Calisthenics.

GIRLS—Gym - Saturday 2:00 to 3:00 p.m.

BOYS—Gym - Tuesday 4:00 - 5:30; Friday 4:00 - 5:30; Saturday 10:30 - 11:15.

ARCHERY—Boys and Girls - Saturday 2:00 to 3:00, April to June.

BOXING—Boys—Monday - Wednesday 7:00 to 8:30

WRESTLING—Boys—Tuesday 7:00 - 8:30

DANCING—Ballroom Instruction on Saturday evening just before Youth Council Dances.

VOLLEYBALL—Girls—Saturday 2:00 to 3:00.

MEMBERSHIP RATES - \$6.00 PER YEAR

This low fee made possible through United Medford Crusade.

Grade School "Y" Program

Boys or Girls - Ages 9 to 12



SWIMMING CLASSES—Are organized on the level of ability of the swimmer - from Beginners through Advanced.

	GIRLS	BOYS
Tadpole	Tue. 4:00	Mon. 4:00
Minnow	Thu. 4:00	Wed. 4:00
Fish	Thu. 4:00	Wed. 4:00
Flying Fish	Thu. 4:00	Wed. 4:00
Shark	Thu. 4:00	Wed. 4:00

RECREATIONAL SWIMS—Games, Stunts, Supervised Fun.

GIRLS—Play swim - Wednesday 4:45 p.m.; Saturday 2:00 p.m.

BOYS—Thursday 4:45 p.m.; Saturday 9:45 to 11:15.

Saturday evening - 7:00 to 9:30 p.m. - for all members.

GYMNASIUM CLASSES—Sports - Games - Volleyball - Basketball - Calisthenics.

GIRLS—Saturday 1:00 - 2:00 p.m.

BOYS—Thursday 4:00 p.m.; Saturday 9:00 - 10:30 a.m.

GAME ROOM—Ping Pong, Shuffleboard, Pool, Chess, Checkers.

HOBBY CLASSES—Saturday mornings and afternoons as scheduled.

ARCHERY—Boys and Girls—Saturdays 1:00 - 2:00, April to June.

BOXING—Boys—Monday - Wednesday 7:00 - 8:30.

WRESTLING—Boys—Tuesday 7:00 - 8:30.

DANCING—Girls Ballet—Monday 4:00.

BATON TWIRLING—Girls or Boys—Monday 4:00, in the fall.

MEMBERSHIP RATES - \$6.00 PER YEAR

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Adult Division "Y" Program



AS A MEMBER you are welcome to attend the Annual Meeting, monthly members Pot Luck Dinners, Thursday Night Forums and all other social programs for general member attendance.

INSTRUCTIONAL CLASSES which include swim and gymnasium activities require "limited" or full privilege membership dues.

PHYSICAL DEPARTMENT ACTIVITIES FOR MEN AND WOMEN

WOMEN'S GYM—Tuesday - Thursday 10:00 - Badminton, Volleyball and Calisthenics.

Womens Swim Instruction—Beginners: Tuesday - Thursday 7:30 - 8:30. Advanced: Tuesday - Thursday 8:30 - 9:30.

Womens Play Swim—Tuesday - Thursday 11:00 - 12:00; Wednesday 8:30; Saturday 7:00 p.m.

Fencing—As announced on Bulletin Board.

Badminton—Tuesday 8:00 - 10:00 p.m. Sign up at Desk.

Mixed Swims—Wednesday 8:30 - 9:30.

Young Adult Group—Wednesday 8:00. 1st and 3rd Wednesday each month. Volleyball, Dancing, Swimming.

MENS GYM

Handball and Paddleball—4 wall court by reservation - daily.

Weight Lifting and Individual Exercise Room—Daily 9:00 a.m. to 10:00 p.m.

Mens Gym—Tuesday 7:00 - 8:00 p.m.

Volleyball—Monday and Thursday 7:00 - 10:00 p.m.

Beginners: Monday 5:30 p.m.

Swimming—Daily 12:00 - 1:00 p.m.; 5:30 - 7:00 p.m. daily.

Beginning Instruction: Sign up at desk.

Soft Ball Team

Basketball Team

Basketball Informal—Open any time gym is not scheduled with class.

SQUARE DANCING—Beginner Instructions: By couples - Mondays 8:00 to 10:00. Regular Dance Group: Tuesdays 8:00 to 10:00 p.m. - Norm Hillyer calling.

HOBBIES AND CRAFTS—Groups organized as need arises. Sign up for textile painting - leather tooling - ceramics - fly tying.



FINE BREAD