

Strict Teachers Often Favorites Says Psychiatrist

Chicago—The strictest teachers are often "the favorites" of their pupils, a well-known psychiatrist declares in an article in the January issue of the National Parent-Teacher, monthly magazine of the National Congress of Parents and Teachers.

Dr. Flanders Dunbar writes, "Strange as it may seem, children like order, and they like help in planning their time." Hence their preference for the teacher who makes them toe the mark.

She urges parents and teachers to follow a "consistent middle way" in disciplining children. "Overly rigid discipline or no discipline at all is better than inconsistent discipline," she maintains. "Too much strictness, if consistent, or too little strictness, if inconsistent, is better than weaving a wobbling course." A child subjected to erratic discipline, Dr. Dunbar warns, may even become delinquent.

She makes clear, however, that she strongly opposes either extreme in disciplining. The child-rearing philosophy widely held in recent years and summed up in the phrase, "Darling, do as you please," actually "has not been progress," she contends.

"The pendulum, we know now, can swing too far in each direction," Dr. Dunbar points out. "Those who try to hold it at one extreme or the other find themselves in trouble, and they are likely to have troubled children. While unswerving advocates of one or the other of these views argue incessantly about modern education and what it is, their children remain uneducated."

She emphasizes that "children must blow off steam . . . Without a safety valve, they burst the boiler; without control, they lose backbone and focus," she explains. "What then," she asks, "is the best way of letting children give vent to their feelings?"

Dr. Dunbar maintains that the child whose parents and teachers are striving to hold a middle way "has a dependable safety valve."

She recalls a visit she made to the home of "ultra-progressive parents," whose two small children played tricks on the guests, upset teacups, and called their mother "an unpretty name." "Sooner or later, if they continue this madcap, uncontrolled behavior, they're going to bump into the law," the psychiatrist observes.

She indicates that books on how to rear children cannot give parents all the knowledge they need. "The desire to be a good parent isn't enough, if all we do is read conscientiously the voluminous literature of DO'S and DON'TS for parents. Forgetting what we know about ourselves and our children—and also our own inner resources—we may become frightened and confused. . . . The father and mother who are really interested in their child, who are more or less able to think of him objectively and keep him outside the aura of the troubles that they have to face together, have enough common sense to use knowledge wisely."

Society and Clubs

Program Topics Discussed by Unit

Central Point—Central Point Home Extension unit members discussed projects they would like to study next year at a meeting held at Central Point Grange hall January 19. Mrs. Arthur Straus, program planning chairman, conducted the discussion and members voted on two projects.

Visitors were Mrs. M. R. Mitchell and Mrs. Earnest Piercy.

Following luncheon, Miss Eula Wintermote gave the project lesson on "Good Weight for Good Health."

Miss Wintermote stated that individuals should determine the number of calories they should eat according to weight, age and height and then eat only that amount each day.

It was pointed out that on this system, an individual may eat a small quantity of everything he likes as long as the total calorie amount is not exceeded.

The next meeting will be held at Central Point Grange hall February 23. This will be a postponed meeting since a stockmen's luncheon and demonstration falls on the regular meeting date.

The project will be "Touch-ups for Furniture." Leaders will be Mrs. Hester Culbertson and Mrs. Earl Sands.

Mrs. Arnold Bohmert, chairman, presided for the last session.

To Meet

Women of the Moose will hold a business meeting Wednesday, January 26 at 8 p.m., at Moose hall, 11 Newtown street.

Plans for attending the mid-winter conference, which will be held at Merrill, Ore. January 30 will be discussed at this meeting.

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Send THIRTY-FIVE CENTS in coins for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Marian Martin, care of Medford Mail Tribune, Pattern Dept. 232 West 18th St., New York 11, N. Y. Print plainly NAME, ADDRESS with SIZE and STYLE NUMBER.

YOUR AIR FORCE NEEDS CIVILIAN PLANE SPOTTERS

Despite the growing volume of "peaceful intention" talk from behind the Iron Curtain our Air Force needs one million volunteer civilian plane spotters. General Benjamin W. Chidlaw, commander-in-chief of Continental Air Defense Command asks men, women and teen-agers to volunteer for two hours duty a week in the Ground Observer Corps.

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Junior High Girls Model Clothing At PTA Meeting

"A Pretty Girl is Like a Melody" was the theme used for the style review given by Future Homemakers of America for the Junior High Parent-Teacher Association at its meeting in the boys gymnasium of the school, Thursday evening.

All clothes modeled were made in the sewing classes by the student models, under the direction of Mrs. M. O. Snead, sewing instructor.

Marian Elkins, Barbara Risner, Colleen West, Kathy Morse and Nancy Adams modeled clothes for the early morning hours.

Clothes for school activities were modeled by Karen Klassen, Sharon Picard, Karen Campbell, Dana Ragsdale, Barbara Burton, Linda Norris, De Ann Clark, Irene Olson, Carolyn Hillier, Linda Hall, Ann Barker, Jackie Craner, Ardis Fellows, Irene Thomas, Irene Rodgers, Beta Bateman and Marilyn Mooney.

Clothes for "Sunday best" were worn by Ruth Ann Marshall, Darlene Morrow, Joan Laurila, Nadine Brown, Maureen McCurdy, Sheila Couey and Janet Pool.

Sports clothes were modeled by Suzan Campbell, DeAnn Abbott, Marcia Isaacs, Sue Knight, Peggy Richie, Carolyn Ayer, and Gaye Daniel.

Party and date dresses were modeled by Suzan Martin, Jeanne Klatt, Carol McKeown, Mary Friend, Patty Hilton, Marcia Spence, Sandra Burton, Mary Campbell and Joane Simpson.

Donna Walker, Lellani Kunkel, and Judy Anderson modeled clothes for slumber parties.

Fashion commentators were Linda Smith and Kris Christinson.

Ray Lewis provided the background music.

A chorus of seventh and ninth grade girls presented several vocal selections.

Dan Davis, secretary of the Association, presided during the business meeting which preceded the style show. Mrs. Moore Hamilton, Mrs. Glenn Linn and Mrs. Roland Holmes were elected to the unit's nominating committee.

Mrs. Wayne Jamison, membership chairman, announced that the association now has 539 members which represents an increase of 35 per cent over last year's membership.

Refreshments were served in the cafeteria by parents of eighth grade students following the meeting.

Pocahontas Lodge To Sponsor Party

Pocahontas lodge will sponsor an afternoon card party Friday, January 28, at 1 p. m. in Redman hall. Reservations may be made by calling Mrs. James Wicker, 2-2985, or Mrs. Hans Rammin, 2-6609.

Bridge, pinochle and canasta will be played.

NOW! You'll want to order every wonderful design in it!

Extension Specialist Prepares Material On Making of Shirts

When does it pay to sew shirts for the men of the family? Miss Murle Scales, Oregon State college extension clothing specialist, discusses this in a new circular.

To help you decide whether to make or buy shirts for the men of your family, she suggests these questions:

Do you have time to make shirts? Do you have the skill to make one that your husband will be proud to wear? Can you buy the type of shirt you want as inexpensively? Can you find satisfactory patterns? Can you get a shirt that fits as well, or better, by making it? Will the shirt you make wear as well?

Miss Scales has a new circular that explains in detail how to sew men's shirts. It tells how to select the pattern and fabric—and how to cut and sew it.

She gives variations for both heavy and lightweight fabrics. This new circular can be obtained from county extension agents or Oregon State college. It is "Making Shirts for the Men of the Family," extension circular 576.

Members of Club Aid Polio Drive

Members of the College Women's Club of the Rogue River valley are among those aiding the March of Dimes in Medford by holding coffee parties.

Mrs. Ray K. Bailey, president of the group, gave the first party at her home, 135 North Holly street, and the second was given Sunday afternoon by Mrs. Harold Snodgrass at her home, 653 J. street.

Another in the series will be given later this week by Mrs. C. L. Coyle at her home on Park street.

New York—(U.P.)—Give new taste appeal to an old favorite, fried onions, by addition of herbs. Slice 4 or 5 medium-sized onions in 2 tablespoons of butter or margarine. Add ½ teaspoon of salt, a dash of ground black pepper, and ½ teaspoon of crushed whole rosemary or marjoram leaves.

Sunshine Council To Meet Thursday

Talisman Rosebud council, Pythian Sunshine girls, will meet Thursday, January 27, at 7 p.m. in the Pythian building.

Medford Altrusans To Meet Thursday

Medford Altrusa club will hold a social meeting at the home of Mrs. Francis Grant, 2728 Jacksonville highway, at 7:30, Thursday, January 27. Mrs. Bereth Hopkins will assist Mrs. Grant as hostess.

The program will be in charge of Mrs. Maizie Daily, information chairman, who will conduct a quiz on Altrusa national and local affairs. This will be followed by a display of the pearl dolls of Mrs. Anne B. Davis. She will show her "Christmas carolers" as well as her character series, all made by herself.

The vocational grant committee will report on the progress of the search for an older woman who can use the \$250 training grant offered by the club and plans will be made to further this program which has met with much favorable comment since its announcement January 14.

Applications for this grant, many of which have already been received, must all be in by Monday, February 14, Valentine's day. They can be obtained from the president of Altrusa, Mrs. Bertha Haskins, 228 North Holly street, or Mrs. Enid Rankin, 18 Richmond avenue.

Women Attend Chapter Ceremony

Mrs. Robert Hart returned Sunday from Corvallis where she had been for the weekend. She was accompanied by Mrs. E. J. Hartley, San Diego, Calif., who left today for her home. The two women, both former students of Oregon State college, attended initiation ceremonies Saturday in which their daughters, Miss Sara Hart and Miss Barbara Hartley, were initiated into the Pi Beta Phi sorority. Both mothers also are members of the same sorority.

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New York—(U.P.)—The newest in hair grooming equipment is a flexible brush designed to follow the curl of your hair. The brush's lucite back is divided into five sections, bound together securely with imbedded nylon bands. The bristles also are of nylon. The manufacturer says the flexible action makes brushing easier and the hair softer.

Desert suggestions: cut up fresh oranges and sprinkle them with a mixture of cinnamon and sugar. Chill and serve.

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CALENDAR

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 9 a.m. of the day of publication and for week day news is 5 p.m. the day before publication.

Tuesday
7 p. m.—Eagle Point PTA at school.

7:30 p. m.—Pythian club, Girls Community club.

7:30 p. m.—Griffin Creek school, parent-teacher meeting for sixth grade at school.

7:30 p. m.—SPEBSQSA, Room B, YMCA building.

8 p. m.—Xi Mu chapter, Beta Sigma Phi sorority, Mrs. Del Wright, 822 Grant st.

8 p. m.—DUV, courthouse.

Wednesday
12:30 p. m.—Mistletoe club, Girls Community club.

12:30 p. m.—Chapter AA, PEO, Mrs. R. W. Sleeter, 39 Berkeley way.

11 Months Left Until Christmas

Salem—(U.P.)—Here's a cheering thought for Oregon legislators as they struggle with a complexity of problems: It's only 11 months from today until Christmas.

Some observers have predicted a longer session than the 100 days in 1953 because of such knotty problems as fitting the Ludget to the tax problem and vice versa.

But, as Zylpha Zell Burns of Portland, chief clerk in the Senate who noted that it's just 11 months until Christmas, said with a twinkle in her eyes: "They have a pretty good chance of getting out of the trenches by Christmas."

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