



SURVIVES CRASH—British ladies golf champ, Marlene Stewart (left) is greeted by her mother after she survived a fiery crash of a super Constellation at Brampton, Ontario. She was among 16 passengers and seven crew members who walked away from the burning wreck.

As We Live

By ELIZABETH HURLOCK, PH.D.

HER HUSBAND'S FATHER COMPLAINS ABOUT FOOD

What appeals to a child does not appeal to a teenager, and what a teenager likes in food usually astounds an adult. Old people, on the other hand, often present more difficult feeding problems than a young child does. A woman writes:

(Q) "My husband's father, who is in his late sixties, lives with us. We have three children, ranging in age from six to 17 years. As my husband's salary is not large, I have to budget very carefully for everything, especially food. I usually buy the less expensive cuts of meat and serve them in as appetizing form as I can. We have to use a lot of canned fruits and vegetables, as the fresh and frozen ones are too expensive. My father-in-law is always complaining about how tough the meat is, how much he dislikes this or that vegetable, and this sets a bad example for the children. I would give him the food he likes if I could afford it and if I had time to cook separate meals for him. But I can't afford it and I have plenty of work to do without cooking extra meals for him. What shall I do?"

(A) Why not talk to your father-in-law, in private, about the situation. Explain to him why you serve the food you do, and be sure to emphasize that you would like to give him the food he likes. Let him know why you can't.

Then let him realize that his complaining is setting a bad example for your children. Tell him that it makes things just that much harder for you to have the family feel that the best you can do is not good enough.

If your father-in-law has a pension, even though it is small, why not ask him to give you some money to buy the food he likes and prepare it the way he likes it? This really would not make much extra work for you; you will be cooking anyway.

You could explain this to your children by saying that older people have to have certain types of food for energy and to help their digestion. Also explain to them that, as people grow older, they eat less and have less appetite. They must be catered to, much like a semi-invalid if they are to be well-nourished and happy.

Portland Labor Leader Accepts AFL Position

Portland (U.P.)—Portland labor leader Roy Renoud has accepted a position as international representative of the AFL Brotherhood of Electrical Workers in Washington, D.C., it was announced yesterday.

A former president of the Portland Central Labor council, Renoud was a leader in the joint labor committee which helped get out the vote in the recent election.

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