

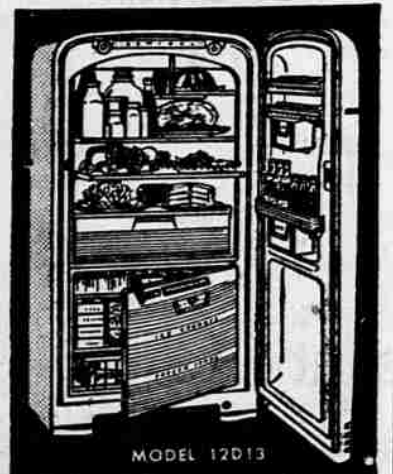
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A family-size freezer and refrigerator—All in One

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Camp Fire Girls Plan Candy Sale

Ashland — Rogue Area council, Camp Fire Girls, is planning a fall candy sale in Ashland and Talent. Mrs. Elmo Stevenson, chairman of the council, announces that the two week sale will start off with a mammoth party in Lincoln Grade school gymnasium in Ashland Monday, November 22 at 3:30.

All Blue Birds and Camp Fire Girls are invited to this party and with them they are asked to bring a friend who might be interested in their groups. Their leaders, Mrs. Macy Critten, Mrs. Frank Christian, Mrs. Niel Stockerbrandt from Talent, and Mesdames Elio Torresson, DeWayne Johnson, George Bennett, Fran Graber, Elmo Stevenson, Glenn Revel Marshall Woodall and William Hampton of Ashland will be present.

Games will be led by Mrs. Davie Nielson and songs by Mrs. Charles Barry. Mrs. Bill Sampson is in charge of refreshment.

Mrs. Harold Thomas, executive secretary of the Rogue council, will explain details of the sale of the chocolate mints and peanut brittle.

Talent girls will complete plans for extending their house-to-house coverage into Phoenix.

This annual candy sale is the one event in which the girls make an effort to raise some of the money required for their own projects in Camp Fire and Blue Bird groups. Some of the girls are able to earn business honors in the process of the transactions and bookkeeping involved in the sale.

300 Visit School During Open House

Jacksonville—About 300 persons attended an open house at the new elementary school and renovated high school building last week, according to Supt. Clyde Sutherland.

Ceremonies were held in the new multi-purpose room, or small gymnasium of the elementary school. The building's architect, Ben H. Todd, Medford, spoke briefly, and Floyd Wyatt, school board chairman, accepted the building on behalf of the district.

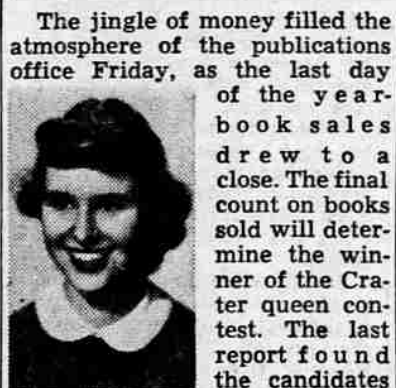
Sutherland reported on the district's building program and welcomed the guests. The high school band and chorus gave several numbers.

The new elementary school includes six classrooms as well as the large multi-purpose room. Cement blocks are the basic building material.

4-H Club News

Antelope Forestry Club
Sidney Jackson was elected president at the Antelope 4-H Forestry club's organization meeting Nov. 17 at Ken Murray's home. Vice-President is Larry Meyer; secretary, Marjo Murray; reporter, Fred Josy and song-leader, Lottie May Combs. The leaders are Wallace Ragsdale and Mrs. John Bohnert. Refreshments were served by Mrs. Murray.

High School News Notes



The jingle of money filled the atmosphere of the publications office Friday, as the last day of the year book sales drew to a close. The final count on books sold will determine the winner of the Crater queen contest. The last report found the candidates for all three classes in a close race, the sophs having 209 votes; the juniors 205; and the seniors 213. Official and final results will be announced early next week.

The sophomores trudged to the auditorium Tuesday sixth period to take a math test, measuring their reasoning and computation. The exam was one of the series of tests given to sophomores each year and will be followed by an I.Q. and mental health test in their junior year, and remedial exams in the senior year. Miss Delie Whisenant is in charge of all such testing.

The International Relations league admitted five new sophomores to its roll of 45 in a meeting Tuesday. They are Marilyn Parsons, Marge Selby, Jacques Colton, Marlys Glazier, and Kay Christian. The club forms a regular home room conducted by Mrs. JoAnne Smith but only holds an IRL session on Tuesdays.

Mrs. J. P. Tobin of the AA

SCIENCE AT WORK

New York—(U.P.)—Even to doctors, the circulation of the blood in the fingers and toes seems a very limited subject. You can guess how extremely limited it has to seem to non-medical people. But studying the patient's toes and fingers can be even more useful than feeling his pulse.

Dr. Milton Mendlowitz, a brilliant young medical scientist, offers that proposition, with much scientific chapter and verse. Wanting to change the general medical viewpoint, he has written a medical book about it, "The Digital Circulation" (Grune and Stratton).

Justifies Book

He starts right out by justifying the book to his medical readers, and his justifications will startle some of them. For one thing, blood flow in fingers and toes can "mirror" changes which have taken place in the blood circulation through the whole bodily system.

For another change in the surface blood flow—the "periphery"—often show up most unmistakably in the fingers and toes, no matter whether the changes have been caused by changes in the surface blood vessels or in the blood pump, the heart.

Easy to Check

"The effects of cold, for example, are frequently most pronounced in the fingers and toes," he said. "Emotions affect the circulation in the fingers and toes to a greater extent than any other part of the systemic circulation. The same may be said of such general circulatory disturbances as shock, in which the most pronounced and earliest changes are also in the periphery."

Furthermore, he continued, peripheral circulation as a whole can be studied with "ease and convenience" when the doctor concentrates on fingers and toes. The techniques and methods can be used at the bedside, they're bloodless and they're quick. The methods now commonly in use are "cumbersome and time-consuming and offer not bloodless."

We won't go into the details of techniques and methods here because with bodily functions, as in other subjects, a little knowledge is dangerous. If you weren't aware that you had fingers and toes before you started reading this but think they're tingling or are cold or hot now that you've read this far, you get the idea.

Fluctuations Stopped

Dr. Mendlowitz himself pointed out this difficulty—that even an idea will effect blood circulation in fingers and toes. He called it "extreme fluctuation," and the fluctuation can be brought about by "temperature changes, pain, or emotion." That is what makes it "difficult to understand how the digital circulation can be considered to reflect changes in the systemic circulation as a whole."

But these fluctuations can be stopped, and the circulation "stabilized" by temporarily blocking the discharges of the sympathetic nervous system, with any of a number of chemical agents. When this is done, the digital circulation "may then accurately reflect non-neurogenic or intrinsic changes in the systemic circulation, as, for example, in hypertension."

Studying Since 1938
Dr. Mendlowitz has been studying the subject since 1938. He was the first to demonstrate that the "clubbing" of fingers and toes usually is caused by an increase of blood flow into the digital tips, and that usually is caused by an increase in arterial pressure.

However, his book collected all the knowledge medicine has on digital circulation—his own contributions (30 contributions to scientific journals are listed in the table of references) and those of many others. Even so there are "gaps in our knowledge." He pointed them out "in the hope that these may be narrowed by future investigation."

SOUNDS REASONABLE

Meriden, Conn. (U.P.)—Patrolman John Dolan, after searching in vain in a darkened cellar for a snake, told the woman who called for his aid, "Let's let it stay there." When she asked how the snake would get out, Dolan said: "The same way it got in."

Drop cookies should be spaced about one and one-half inches apart in neat spoonfuls to allow for spreading on the cookie sheet.

Grange

Shady Cove Grange

Preceding the regular meeting of Shady Cove Grange on November 24 there will be the quarterly birthday pot luck supper at 7 o'clock. Good attendance is desired as final plans will be made for the turkey dinner and bazaar to be held Saturday evening, December 4, and also for the very special social meeting to be held at the first December meeting on Wednesday, December 8.

The usual second meeting in December will not be held due to the school Christmas program that evening.

Griffin Creek Grange

Griffin Creek Grange will meet Tuesday, November 23, due to the regular meeting date falling on Thanksgiving.

At the last meeting Isabelle Le Vander was elected Master and Letha Chisholm, Pomona.

H.E.C. met at the hall Tuesday to prepare the rest rooms for painting. During the business meeting the following were elected officers for the year: Hannah Styler, chairman; Claire Christlieb, vice-chairman; Lulu Sturgill, secretary, and Jessie Darby, treasurer.

A donation has been sent to the Alex Sparrow memorial in honor of Philip Minear.

Each member is asked to remember the girl and boy we send gifts to at the Fairview home by bringing wrapped gifts for them to the next meeting.

Gold Hill Grange

Gold Hill Grange met November 18 with Herman Kamping, presiding over a good attendance. Principal business was the balloting on six candidates for membership. These and any others from neighboring Granges, so desiring will be given the first and second degrees at a special meeting November 30. The third and fourth degrees will be given at the next regular meeting, Thursday, December 2.

Practice for the first and second degree team was announced for Sunday, Nov. 28, at 2 p.m. The third and fourth degree team will rehearse Wednesday at 8 p.m.

Five Gold Hill Granges at



Comfort and style are united in this colorful cotton corduroy ensemble for outdoor wear. The outfit by Arrow has jacket and slacks in black with red piping on the pockets. The slacks have a self-belt in red and the red pull-over vest has a knit back. The white and gray checked shirt is of softly brushed cotton. All of the Sanforized items are machine washable, the National Cotton Council says.

tended National Grange sessions in Spokane (there were twenty in all who attended from Jackson County). Glowing reports were given of the seventh degree and the Assembly of Demeter which followed, by these five, the Herman Kappings, the A. A. Walkers, and Wm. Howes.

However, from further reports, there is still some mystery as to just what happened to some of the Gold Hill people, while in Spokane, and it is a good thing, from all that can be ascertained, that some of them are back home safely and not in

Dr. G. A. Dierdorff

Osteopathic Physician & Surgeon

Announces Change of Office

from Suite 209 to

Suite 214 in Medical Center Bldg.

Two Return

Mrs. Roy V. Rickard and Mrs. Stephen G. Nye returned Friday from a trip to Salem and Portland. In Salem Mrs. Nye, member of the Medford school board, attended a meeting of the legislative committee of the Oregon School Boards' association.

Sugar pine is one of the three commercial white pines of the United States.

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Moisturizing and cleansing pair for dry skin. QUICK CLEANSER removes dirt and make-up without drying. SATURA with hormones and Vitamin A helps replenish skin moisture.

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RENTAL PLAN on
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your clothes



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faster!**

UTILITY SERVICE
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**SO MILK IS
RICH IN
CALCIUM...**

SO WHAT?

So it just happens that calcium is that little item
that makes for good teeth, builds strong bones,
keeps the whole body functioning smoothly.

"Fine," you say, "I'll take a pound of calcium,
please." Only it doesn't work that way.

Calcium is minerals, not merchandise.
And Nature peddles this particular ware
in milk, and largely milk alone.

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at all ages. If you drink milk for calcium alone, it's a bargain.



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