

RADIO PROGRAMS-THURSDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC - 1230 kc	KMED - 1440 kc	KWIN - 1400 kc
4:00-Children's Hour	Melody Time	Fulton Lewis
4:15-Club 1230	Melody Time	F. Hemingway News
4:30-Club 1230	Spotlight On Schools	Here's the Answer
4:45-Med. Schools Present	Regional Roundup	Sam Hayes News
5:00-Edward R. Murrow	Man On the Go	Sgt. Preston of Yukon
5:15-Bill Stern-Sports	What's Doing	Sgt. Preston of Yukon
5:30-Sports Parade	Sammy Kaye	Bobby Benson
5:45-Frank Goss	Elmer Peterson	Bobby Benson
6:00-Evening Serenade	Sports Reports	Gabriel Heatter
6:15-Quincy Howe	Commentary	Local News
6:30-Amos & Andy	Where Have You Been?	Virgil Pinkley
6:45-Amos & Andy	Where Have You Been?	Sam Hayes
7:00-Night Watch	Fiber & Molly	Official Detective
7:15-Night Watch	Great Gilder Sleeve	Official Detective
7:30-Suspense	News & Spend Million	True or False
7:45-Suspense	Spend A Million	True or False
8:00-Tennessee Ernie	Morgan Beatty News	Forward March
8:15-Tennessee Ernie	One Man's Family	Dixieland Express
8:30-Lowell Thomas	Roy Rogers	True or False
8:45-You Never Know	Roy Rogers	True or False
9:00-Music with Mantovani	Bob Hope	News
9:15-Music with Mantovani	Bob Hope	Recorded Music
9:30-Football Roundup	Jane Pickens	Recorded Music
9:45-Football Roundup	Jane Pickens	Recorded Music
10:00-CBS World News	Richfield Reporter	Crime Fighters
10:15-Dwight Dennen	Night Watch	Crime Fighters
10:30-Spin & Win	Night Watch & News	Music in the Night
10:45-Spin & Win	Night Watch	Music in the Night
11:00-Spin & Win	Night Watch	Music in the Night
11:15-Spin & Win	Night Watch	Music in the Night
11:30-Spin & Win	Nite Watch, News Final	Music in the Night
11:45-Spin & Win	Nite Watch, News Final	Music in the Night
12:00-Sign Off	Sign Off	News-Sign Off

RADIO PROGRAMS-FRIDAY

6:00-Yawn Patrol	Crazy Curly's Corral	Wakeup Ranch
6:15-Yawn Patrol	Crazy Curly's Corral	Wakeup Ranch
6:30-Yawn Patrol	Crazy Curly's Corral	Top of the Morning
6:45-Yawn Patrol	Crazy Curly's Corral	Top of the Morning
7:00-Your County Agent	Johnnie Lee Willis	Hemingway News
7:15-Martin Agronsky	Clock Watcher	Breakfast Gang
7:30-Visit With Bing	Weather & News	Best Buds
7:45-Harry Babbitt	Hi Neighbor	Cecil Brown
8:00-Betty Crocker	Hi Neighbor	Cecil Brown
8:15-Breakfast Club	Record Shop	Bible Institute
8:30-Breakfast Club	Record Shop	Bible Institute
8:45-Breakfast Club	Record Shop	Bible Institute
9:00-Coke Time	Friendship Circle	Music for the Mrs.
9:15-Chet Huntley	M. McBride, Music	Capitol Commentary
9:30-Helen Trent	Mid-Morning News	Voice of Deliverance
9:45-Our Gal Sunday	Swap & Set	Voice of Deliverance
10:00-Relay Quiz	Second Chance	Newspaper of the Air
10:15-Cote Glee Club	Strike It Rich	Topical Topics
10:30-Whispering Streets	Strike It Rich	Topical Topics
10:45-Wendy Warren	Strike It Rich	Topical Topics
11:00-Second Mrs. Burton	Phrase That Pays	Florida Calling
11:15-Perry Mason	Bob Smith Show	Florida Calling
11:30-Nora Drake	Pauline's Favorites	Florida Calling
11:45-Brighter Days	Pauline's Favorites	Florida Calling
12:00-Paul Harvey	News & Weather	Queen for a Day
12:15-Rogue Valley Reporters	News & Weather	Queen for a Day
12:30-Trading Post	News & Weather	Queen for a Day
12:45-Weather Report	News & Weather	Queen for a Day
1:00-Arthur Godfrey	Backstage Wife	Nighttime News
1:15-Strictly for the Ladies	Stella Dallas	Rural Reporter
1:30-Arthur Godfrey	Stella Dallas	Rural Reporter
1:45-Arthur Godfrey	Stella Dallas	Rural Reporter
2:00-Arthur Godfrey	Stella Dallas	Rural Reporter
2:15-Arthur Godfrey	Stella Dallas	Rural Reporter
2:30-Betty Crocker	Hotel For Pets	Western Roundup Time
2:45-Aunt Mary	Hotel For Pets	Western Roundup Time
3:00-Ruth Ashton	IT Pays To Be Married	Western Roundup Time
3:15-Strictly for the Ladies	IT Pays To Be Married	Western Roundup Time
3:30-Strictly for the Ladies	IT Pays To Be Married	Western Roundup Time
3:45-Strictly for the Ladies	IT Pays To Be Married	Western Roundup Time
4:00-Children's Hour	News & Crosby	Record Session
4:15-Concerttime	Pepper Young	Record Session
4:30-Concerttime	Dr. Paul	Record Session
4:45-Concerttime	This Women's Secret	Record Session
5:00-Edward R. Murrow	Melody Time	Record Session
5:15-Bill Stern-Sports	Grange Program	Record Session
5:30-Lone Ranger	Regional News	Record Session
5:45-Frank Goss	Man On the Go	Record Session
6:00-Perry Com	What's Doing	Record Session
6:15-Quincy Howe	Freddie Martin	Record Session
6:30-Amos & Andy	Freddie Martin	Record Session
6:45-Amos & Andy	Freddie Martin	Record Session
7:00-Arthur Godfrey Digest	Sports Reports	Record Session
7:15-Arthur Godfrey Digest	Commentary	Record Session
7:30-Crime Photographer	Nelson Eddy Show	Record Session
7:45-Crime Photographer	Nelson Eddy Show	Record Session
8:00-Tennessee Ernie	Cavalade of Sports	Record Session
8:15-Tennessee Ernie	Cavalade of Sports	Record Session
8:30-Lowell Thomas	Cavalade of Sports	Record Session
8:45-Babies C.O.D.	Cavalade of Sports	Record Session
9:00-Babies C.O.D.	Cavalade of Sports	Record Session
9:15-Babies C.O.D.	Cavalade of Sports	Record Session
9:30-Lone Ranger	Cavalade of Sports	Record Session
10:00-CBS World News	Richfield Reporter	Record Session
10:15-TN on the Record	Night Watch	Record Session
10:30-Spin & Win	Night Watch	Record Session
10:45-Spin & Win	Night Watch	Record Session
11:00-Spin & Win	Night Watch	Record Session
11:15-Spin & Win	Night Watch	Record Session
11:30-Spin & Win	Night Watch	Record Session
11:45-Spin & Win	Night Watch	Record Session
12:00-Sign Off	Sign Off	Record Session

(All programs at same time daily, unless otherwise indicated)
A.M. - 8:30 Sign on. Music throughout day except for following programs:
10:15-10:30 KBOY Ranch; 11:15-11:30 (Sunday only) First Baptist service.
P.M. - 12:15-12:30 KBOY Ranch; 12:15-12:30 (Sunday only) KBOY Ranch.
4:45 Sign off.

TV Programs - KBES (Channel 5)

THURSDAY	FRIDAY
3:30-Devotions	3:30-Devotions
4:00-Feminine Fancies	4:00-Feminine Fancies
4:30-Robert Q. Lewis	4:30-Robert Q. Lewis
4:45-Vai Rogue Camera	4:45-Vai Rogue Camera
5:00-Uncle Bill Show	5:00-Uncle Bill Show
5:30-Ore-Cal Panorama	5:30-Ore-Cal Panorama
6:30-March On	6:30-March On
7:00-Greatest Football Plays	7:00-Greatest Football Plays
7:30-Sportsman Club	7:30-Sportsman Club
7:45-Sportsman Club	7:45-Sportsman Club
8:00-Groucho Marx	8:00-Groucho Marx
8:30-Dangerous Assignment	8:30-Dangerous Assignment
9:00-All Star Theater	9:00-All Star Theater
9:30-Ford Theater	9:30-Ford Theater
10:00-Favorite Story	10:00-Favorite Story
10:30-News	10:30-News
10:45-Sign Off	11:15-Sign Off

Former Janitor Now Language Instructor

Huntingdon, Pa. - (U.P.) - A Russian-born displaced person who was given a job as janitor at Juniata college here in 1950 returned to the school this fall as an instructor in modern languages.

George T. Dolnikowski, 36, who has also worked as a counterman, dishwasher and cook, received employment at the college through the efforts of the Church of the Brethren which arranged for him to come to the United States in December, 1949. He enrolled in a course in American history, wishing to get acquainted with the background of the country in which he sought citizenship. In 1952 he was awarded an A.B. degree at Juniata. Last June, Dolnikowski earned his master degree with distinction in German literature at the University of Pennsylvania and now he has begun working on his doctorate. Dolnikowski served in the Red Army during World War II and was a prisoner of the Nazis for more than two years. In 1945 when he was freed, he decided not to return to Russia and he found work in Salzburg, Austria. Five years later he came to this country.

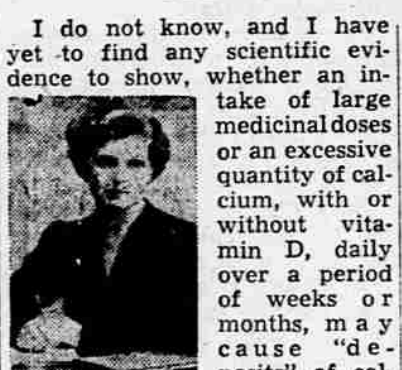
LIGHT TRICK
Memphis, Tenn. - (U.P.) - A farmer near here found a novel way to keep his ducks well fed. He mounted an electric light on a pole near the water in the center of a pond on his farm. While the insects are having their fun around the light at night, the ducks swim around the pole feasting on them.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: William Brady, 263 El Camino, Beverly Hills, Cal.

THE CALCIUM DEPOSIT BUGABOO



Dr. Hurlock

I do not know, and I have yet to find any scientific evidence to show, whether an intake of large medicinal doses or an excessive quantity of calcium, with or without vitamin D, daily over a period of weeks or months, may cause "deposits" of calcium in any part of the body. But that is a matter for the physician to decide—the physician who prescribes large doses of calcium.

Certainly no one has shown that the quantity of calcium, phosphorus, and vitamin D I recommend for daily consumption exceeds what nutrition authorities generally estimate as desirable to maintain optimal nutrition.

Massachusetts reader writes that for two years her husband has been supplementing his diet with the daily intake of calcium, phosphorus, and D I suggest in the pamphlet Calcium and Rheumatism (for which send stamped, self-addressed envelope), and this has helped him more than anything... but a doctor said the calcipaps one day and told her husband to throw them away unless he wanted to get arthritis. The doctor said that anyway calcium is needed only by pregnant women...

It is well to remember that vitamin D is an aid to, if not essential for, the normal utilization of calcium in the body.

Many readers seem to think they are following my advice if they take calcium tablets, pills, etc., for a while.

Although many report benefits from this—understandable if you know the functions of calcium in physiology—I regret that these half-informed people learn that calcium is good medicine for certain common complaints yet fail to learn that calcium is good food to prevent such complaints.

I do not advise people to take calcium tablets, pills, or other medicinal preparations of calcium. This is for the attending physician's judgment.

I advise only that people should EAT their daily ration of calcium, of course along with sufficient sunshine vitamin D to insure normal assimilation and

utilization of the calcium. Ideally everyone should get his or her daily ration of calcium (which nutrition authorities estimate to be from 15 to 20 grains) from milk and other dairy products, peas, beans, greens, peanuts, and nuts; and his or her vitamin D from exposure of skin to sunshine or skylight (daylight in the shade). This presupposes that every child or adult consumes at least 1½ pints (three large glasses) of milk or the equivalent in such products as cheese, buttermilk, skim milk or separator milk or "fatless" milk (to you, Ninnyshammer), fancy sour milk (such as Acidophilus, Bulgarian fermented skimmed milk, Yoghurt, etc.).

No, I shall not even mention here any of the common complaints attributable to calcium deficiency. But I'll tell you what I'm going to do—I'll do almost anything for two bits, you know. Slip me 25c and stamped, self-addressed envelope, and I'll send you Little Lesson No. 26, The Calcium Shortage. This booklet describes the physiological functions of calcium, explains how an adequate daily



A macaroni company has scooped the industry by guaranteeing that its product absolutely won't slip off the fork.

We guess you just sort of leave it up to your stomach to sort out the food from the silverware.



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NEWS

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Paul Harvey News..... ABC	Quincy Howe News.... ABC
Rogue Valley Reporter	Bill Shadel News..... CBS

KYJC 1230kc

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YOUR MAIL TRIBUNE STATION

ration of calcium and D keeps you supplied.

QUESTIONS & ANSWERS

Tell the Editors
Your column is the first thing I look for in the paper. Only one thing with it. Sometimes editing leaves only a paragraph or two. Please send in enclosed stamped, self-addressed envelope THE IODIN RATION and please give a complete list of booklets you offer. (J. S.)

Answer—That's my complaint, too. But if I tell the editors they are not impressed; whereas, if readers tell 'em, they listen. List of booklets on back of Iodin pamphlet.

Old Woman
So help me! I'm odd—the women in town shun me because I've had three babies naturally and nursed them all until they were about 8 months old, without supplementary feeding. Maybe I've encouraged a few others to try, but by the time doctors and nurses got hold of them, not one nursed more than three weeks. I had to give up the social whirl, bridge, etc., but it was worth it. Please! Some of us well educated aren't unteachable... (M. C.)

Answer—Break it a little more gently—next, I suppose, we'll be hear-

ing from an American woman who has had three or four babies at home without an obstetrician and a brace of registered nurses, just an ordinary doctor in charge.

Pimples
When I was a young girl I wrote you about my acne (blackheads and pimples). The remedies suggested in the pamphlet you sent me did a lot of good. Now my 13-year-old daughter has the same trouble. (Mrs. P. H.)

Answer—Pamphlet on acne—blackheads and pimples on request if you provide stamped, self-addressed envelope.

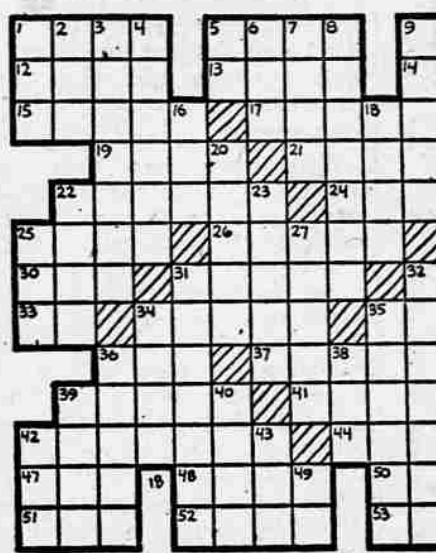
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CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS
1—Time gone by
2—Restrains by fear
3—Dig
12—Declare
13—Challenge
14—Suffix
15—Follower of
16—Bar used for prying
17—Girl's name
18—Man's name
21—Upright timbers
22—Fiery
24—Green letter
25—Arabian garments
26—Muse of poetry
28—You and I



DOWN
1—Crony
2—Hall!

3—Slick
4—Prophets
5—Deface
6—Pretend down
7—Wary
8—Wander
9—Yellow ochre
10—Deceive
11—Sly tricks
12—Knot
13—Rhythm
14—Trials
15—Poem
16—Inlet
17—Portico
18—Marry
19—Pitcher
20—Sound a horn

21—Indefinite number
22—Incubations
23—Fald notice
24—Armed conflict
25—God of love
26—Groups of six singers
27—Girl's name
28—Great bustard
29—Command to horse
30—Fish eggs
31—Vehicle (colloq.)
32—Scarf
33—Competent
34—Cornered
35—Succor
36—Long-lost sailor of literature
37—Before
38—Quiet
39—Walk in water
40—Flat-bottomed
41—Farm animal
42—Night before
43—Also
44—Posed for portrait
45—Automatic dally

Step by Clued Pictorial Synthesis, Inc.

BARNEY GOOGLE and SNUFFY SMITH



BUZ SAWYER



L'ABNER



BLONDIE



MUTT and JEFF

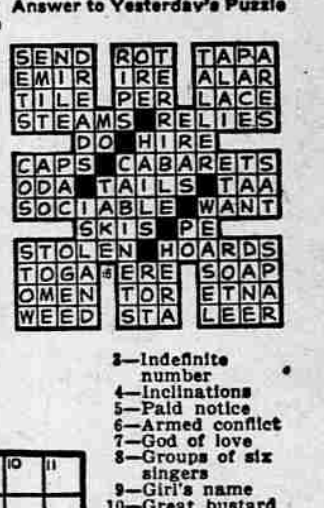


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