RADIO PROGRAMS—THURSDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC — 1230 kc	KMED—1440 kc	KWIN — 1400 kc
4:00—Children's Hour	Political Talk	Fulton Lewis*
4:15—Off Limits	Melody Time	F. Hemingway, News*
4:30—Off Limits	Spotlight On Schools	Here's the Answer*
4:45—Med. Schools Present	Regional Roundup	Sam Hayes, News*
5:00—Edward R. Murrow**	Man On The Go*	Sgt. Preston of Yukon*
5:15—Bill Stern—Sports*	What's Doing	Sgt. Preston of Yukon*
5:30—Len Casanova Show	Sammy Kaye	Bobby Benson
5:45—Frank Goss**	Elmer Peterson*	Bobby Benson
6:00—Evening Serenade	Sports Reports	Gabriel Heatter*
6:15—Quincy Howe*	Commentary	Local News
6:30—Amos & Andy**	Political Talk*	Virgil Pinkley*
6:45—Amos & Andy**	Could This Be You?	Sam Hayes*
7:00—Wayne Morse Speech	Fibber & Molly*	Official Detective*
7:15—Wayne Morse Speech	Great Gilder Sleeve*	Official Detective*
7:30—Suspense**	News & Spend Million*	Rod & Gun Club*
7:45—Suspense**	Spend A Million*	Rod & Gun Club*
8:00—Tennessee Ernie**	Morgan Beatty News*	Forward March
8:15—Tennessee Ernie**	Political & News	Dixieland Express
8:30—Lowell Thomas**	Roy Rogers*	True or False*
8:45—You Never Know	Roy Rogers*	True or False*
9:00—Music With Mantovani	Bob Hope*	News*
9:15—Neuberger Speech	Bob Hope*	Mutual Newsreel*
9:30—Eisenhower Speech*	Political Talk	Recorded Music
9:45—Eisenhower Speech*	Record Review	Recorded Music
10:00—CBS World News**	Richfield Reporter*	Crime Fighters*
10:15—Dwight Cooke**	One Man's Family*	Crime Fighters*
10:30—Spin & Win	Night Watch	Recorded Music
10:45—Spin & Win	Night Watch & News	Recorded Music
11:00—Spin & Win	Night Watch	Music in The Night
11:15—Spin & Win	Night Watch	Music in the Night
11:30—Spin & Win	Night Watch	Music in the Night
11:45—Spin & Win	Nite Watch, News Final	Music in the Night
12:00—Sign Off	Sign Off	News—Sign Off

RADIO PROGRAMS—FRIDAY

6:00—Yawn Patrol	KMED Corral	Wakeup Ranch
6:15—Yawn Patrol	KMED Corral	Wake Up Ranch
6:30—Yawn Patrol	Look To The Skies	Top of the Morning
6:45—Yawn Patrol	First News	Top of the Morning
7:00—Your County Agent	Johnnie Lee Wills*	Hemingway, News*
7:15—Martin Agronsky*	Clock Watcher	Breakfast Gang*
7:30—Visit With Bing	Clock Watcher	Breakfast Gang*
7:45—Harry Babbitt*	Weather & News	Best Buys
8:00—Betty Crocker*	Hi Neighbor	Cecil Brown*
8:15—Breakfast Club*	Vocal Varieties & Visit	Greene
8:30—Breakfast Club*	Record Shop	Bible Institute*
8:45—Breakfast Club*	Record Shop	Bible Institute*
9:00—Coke Time	Friendship Circle	Music for The Mrs.
9:15—Chet Huntley*	Friendship Circle	Capitol Commentary*
9:30—Helen Trent**	M. McBride*, Music	Voice of Deliverance
9:45—Our Gal Sunday**	Mid-Morning News	Voice of Deliverance
10:00—Relay Quiz	Swap & Sell	Newspaper of the Air*
10:15—Cote Glee Club	Second Chance*	Telo-Test*
10:30—Whispering Streets*	Strike It Rich*	2nd Cup of Coffee
10:45—Wendy Warren**	Strike It Rich*	2nd Cup of Coffee
11:00—SecondMrs.Burton**	Phrase That Pays*	Florida Calling*
11:15—Ferry Mason**	Bob Smith Show*	Florida Calling*
11:30—Nora Drake**	PaulineFredrichNews*	Queen for a Day*
11:45—Brighter Day**	Familiar Favorites	Queen for a Day*
12:00—Paul Harvey*	News & Weather	Noontime News
12:15—RogueValleyReporters	Views & Reviews	Rural Reporter
12:30—Trading Post	Rural Party Line	Western Roundup Time
12:45—Weather Report	Local News Notes	Western Roundup Time
1:00—Arthur Godfrey**	Backstage Wife*	Western Roundup Time
1:15—Strictly for the Ladies	Stella Dallas*	Western Roundup Time
1:30—Arthur Godfrey	Widder Brown*	Record Session
1:45—Arthur Godfrey*	Woman In My House*	Billy May Show
2:00—Arthur Godfrey**	Just Plain Bill*	Club 1400
2:15—Arthur Godfrey**	Lorenzo Jones*	Club 1400
2:30—Betty Crocker*	Hotel For Pets*	Club 1400
2:45—Aunt Mary**	ItPaysToBeMarried*	Club 1400
3:00—Ruth Ashton**	News & Crosby	Story Time*
3:15—Strictly for the Ladies	Pepper Young*	Story Time*
3:30—Strictly for the Ladies	Dr. Paul*	Behind the Story
3:45—Strictly for the Ladies	This Women's Secret*	Tello-Test*
4:00—Children's Hour	Melody Time	Fulton Lewis*
4:15—Concertime	Melody Time	Hemingway*
4:30—Concertime	National Guard	Here's the Answer*
4:45—Concertime	Regional News	Sam Hayes*
5:00—Edward R. Murrow**	Man On The Go*	Conrad the Connoisseur
5:15—Bill Stern—Sports*	What's Doing	Bobby Benson*
5:30—Sports Parade	Freddy Martin	Wild Bill Hickock*
5:45—Frank Goss**	Elmer Peterson*	Wild Bill Hickock*
6:00—Evening Serenade	Sports Reports	Gabriel Heatter*
6:15—Quincy Howe*	Commentary	Local News
6:30—Amos & Andy**	Nelson Eddy Show	Virgil Pinkley*
6:45—Amos & Andy**	Serenade&PabstNews	Sam Hayes*
7:00—ArthurGodfreyDigest**	Cavalcade of Sports*	Counterspy*
7:15—ArthurGodfreyDigest**	Cavalcade of Sports*	Counterspy*
7:30—Sammy Kaye	Sports Hilites	Enchanted Hour*
7:45—Morgan Speech	Sport Hilites	Enchanted Hour*
8:00—Medford vs. Marshfield	Medford-Marshfield	Marine Band
8:15—Medford vs. Marshfield	Medford-Marshfield	Dixieland Express
8:30—Medford vs. Marshfield	Medford-Marshfield	Have a Heart*
8:45—Medford vs. Marshfield	Medford-Marshfield	Have a Heart*
9:00—Medford vs. Marshfield	Medford-Marshfield	News*
9:15—Medford vs. Marshfield	Medford-Marshfield	Mutual Newsreel*
9:30—Medford vs. Marshfield	Medford-Marshfield	Recorded Music
9:45—Medford vs. Marshfield	Medford-Marshfield	Recorded Music
10:00—Medford vs. Marshfield	Richfield Reporter*	Take A Number*
10:15—UN on the Record**	One Man's Family*	Take A Number*
10:30—Spin & Win	Guest Star	Music in The Night
10:45—Spin & Win	Frank Sinatra*	Music in The Night
11:00—Spin & Win	Night Watch	Music in the Night
11:15—Spin & Win	Night Watch	Music in the Night
11:30—Spin & Win	Night Watch	Music in the Night
11:45—Spin & Win	Night Watch	Music in the Night
12:00—Sign Off	Sign Off	News—Sign Off

*ABC **CBS *NBC *MBS

KBOY—730 KC
(All programs at same time daily, unless otherwise indicated)
A.M.—6:30 Sign on. Music throughout day except for following programs: 10-10:15 KBOY Bargains; 11-12 (Sunday only) First Baptist service.
P.M.—12.12:15 KBOY ranch; 12:15 - 12:30 (Sunday only) KBOY ranch; 5:30 Sign off.

TV Programs — KBES (Channel 5)

THURSDAY	FRIDAY
3:30—Robert Q. Lewis	3:40—Devotions
3:40—Devotions	4:00—Feminine Fancies
4:00—Feminine Fancies	4:30—Val Rogue Show
4:30—Val Rogue Show	5:00—Uncle Bill Show
5:00—Uncle Bill Show	5:30—Superman
5:30—Western Theater	6:00—Smilin Ed's Gang
6:30—Granny Belle	6:30—Don Winslow
7:00—GreatestFootballPlays	6:55—Guy Cordon
7:30—Sportsmans Club	7:00—Cavalcade of Sports
7:45—Sportscholar	7:45—GreatestMoments InSpts.
8:00—Groucho Marx	8:00—Pappy Coleman Show
8:30—DangerousAssignment	8:15—Richard Neuberger
9:00—All Star Theater	8:30—Life of Riley
9:30—Pres. Eisenhower	9:00—4-Star Playhouse
10:00—Favorite Story	9:30—Guy Cordon
10:30—Weather	10:00—The Lineup
10:35—News	10:30—PCC Highlights
10:45—Sign Off	11:00—Weather
	11:05—News
	11:15—Sign Off

As We Live

By ELIZABETH HURLOCK, PH.D.

Popularity Pointers For Teen-Agers

Most teen-agers would like to be more popular, but lack the know-how of becoming so. The teen-ager who wrote the following letter has some suggestions which other young people would do well to follow. She says:

(Q) "A year ago, I wrote to ask you how to make friends. You said I should be receptive and pleasant to people. So, I now smile at people in the halls at school or when I meet them on the streets. I compliment new clothes and hairdos. I joined a club and now I have friends. I was self-conscious, so you advised me to improve my appearance. I have had some pictures made of myself and I study my good and bad features. I have improved my looks at lot by doing this. Thank you ever so much for your help."

(A) The advice I gave this girl a year ago holds just as true today as it did then—and for all girls and boys. I am using her letter to show other teen-agers how they can get what they most want, friends.

Dr. Hurlock

You must be receptive and willing to do more than your share. No one can resist a smile and no one can help liking a person who makes him feel satisfied with himself, as compliments always do. One of the quickest ways to make people like you is to like them and show that you like them.

A self-conscious person rarely has many friends. It is embarrassing to be with such a person because he is usually very ill-at-ease. Then, too, if a person lacks poise, people underestimate his good qualities. You must have a good opinion of yourself if you want others to respect you.

This girl has used an interesting method of gaining self-confidence. It is certainly worth trying if you suffer from self-consciousness too. Have some pictures taken in different poses. Study the pictures as this girl did to see what are your good and bad features. Then get to work and improve your appearance. Nothing will improve your self-confidence more quickly than improving your appearance.

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Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: William Brady, 263 El Camino, Beverly Hills, Cal.

CALCIUM DEPOSITS AGAIN

Fifteen or twenty years ago a pathologist found post-mortem calcification or calcium deposits in the lungs and other organs of an infant who by mistake had received daily a spoonful of a fish liver oil concentrate, each drop of which contained as much vitamin D as a spoonful of plain fish liver oil.

Dr. Brady

It doesn't matter whether the pathologist ascribed death to the calcium deposits or left it to others to draw their own conclusions. What does matter is that from this and one or two similar observations which were widely publicized, the medical profession and the laity derived the notion that child or adult who gets more vitamin D than some arbitrary "authority" has designated as the minimum daily requirement is in danger of calcium deposits in joints, arteries, lungs, etc.

No one has proved scientifically that calcification of body tissues or deposits of calcareous material in or around the joints, arteries or other tissues or organs **causes** any ailment. All the evidence we have indicates that, on the contrary, such calcification or deposits are the **Consequence** of physical degeneration or sometimes infection. Dr. Osler recognized this book in the 19th century when he wrote, in the "doctors' bible":

"Calcification of the arterial wall follows fatty degeneration and sclerosis . . ."

In "Arthritis and Allied Disorders," (Paul B. Hoeber, Inc., '41) the author, H. M. Margolis, M.D., says that in the later stages rheumatoid arthritis of the spine is characterized by calcification.

These are just two of many similar views I could quote from recognized authorities past and present. I have been unable to find a pathologist or even a medical practitioner of standing who contends that calcification or the "deposit" of calcium causes hardening of the arteries, rheumatiz, or any type of joint or spinal ailment.

If any of you poor souls fall into the hands of a racketeer or a "shot" merchant who tells you "too much calcium" in your diet or the dietary supplement you take is dangerous, I'm sorry for you, but don't say I didn't warn you.

Sherman's dictum still stands—"The ordinary mixed diet of Americans and Europeans, at least among dwellers in cities and towns, is probably more often deficient in calcium than in any other chemical element."

And Brady's beliefs that a great many common complaints are due to insufficient daily intake of calcium—the best food sources of which are milk and milk products, such as skim milk, separator milk, buttermilk, any and every kind of cheese, peas, beans, greens, peanuts and nuts.

Send a clean quarter (no stickum) and stamped, self-addressed envelope for booklet "The Calcium Shortage." If you are subject to hay fever, asthma, neuralgic or "nervous" headache, migraine (periodic sick headache), recurring hives, giant hives (angioneurotic edema), rhinorrhea (temperamental coryza, watery running at the nose or mock "sinusitis"), or weeping eczema, mention your trouble and you will receive in addition a special pamphlet about it.

QUESTIONS & ANSWERS

Eating Ice

Why does a person crave ice, especially the white part or the frosty part formed on the tray from the refrigerator? I am not pregnant and I wonder if my body is lacking in some mineral? K. J.)

Answer—I don't know. It is harmless.

Skyshine for Baby

I believe there is no benefit from walking the baby daily if the sun doesn't shine . . . (Mrs. V. L. R.)

Answer—Diffuse daylight (skyshine) contains some ultraviolet even if not so much as bright direct sunshine does. So give the baby his place in the sun every day, whether the light is bright or not.

Allergy

I want to thank you for the blessed help I have obtained from your pamphlet on allergy and your booklet "Call It Cri" . . . My long-standing sinus or hay fever-like trouble has practically disappeared since I began using calcium and kalio as suggested in these pamphlets. More power to you. (R. F.)

Answer—The pamphlet "Relief for Allergy" is free if you provide stamped, self-addressed envelope. The booklet, "Call It Cri" sets you back two shillings and stamped, self-addressed envelope.

Protected 1954 by John F. Dille Co.

Dead line for Sunday Classified is at noon Saturday.

Los Angeles —(U.P.)— Actress Lynn Baggett has been acquitted of a manslaughter charge in the traffic death of a nine-year-old boy but a jury convicted her of hit-run driving in the accident.

Dead line Sunday Classified is at noon Saturday; 10 a.m. Monday for Monday; other days 5:30 previous day.

You'll find 5¢ SEE PAGE 10

MOO-O-OS and MUSINGS

Excavation has been completed and the Main Street railroad crossing is now fit to be tied.

This should be good news for people who are inclined to swallow their upper plate after a hard bump.

Little Daisy

DRINK 3 GLASSES OF MILK EVERY DAY!

TRIBUNE WANT ADS FOR RESULTS Phone 2-6141

Tonight! Ford Theatre
Presents for the FIRST TIME ON TV
TRIP AROUND THE BLOCK
STARRING
STEVE COCHRAN JAN STERLING
KBES-TV 9:30 P.M. CHANNEL 5

TONIGHT KYJC--7:00-7:30
HEAR Senator Wayne MORSE Tell His Jackson County Audience

"THE TRUTH ABOUT The CORDON RECORD"
Paid Adv. Friends of Wayne Morse Committee

Don't Miss Hearing... GOVERNOR PAUL PATTERSON

"Trusted Leadership for ALL of the people of Oregon"
KMED 9:30 P.M. THURSDAY
Governor Patterson is giving the people of Oregon a fair and vigorous leadership. Keep Oregon's *working* governor working for you. Vote for PAUL PATTERSON AS GOVERNOR.
Paid Advertisement Patterson for Governor Committee, Ted R. Gamble, Chairman, 1226 S. W. Broadway, Portland, Oregon

CROSSWORD PUZZLE

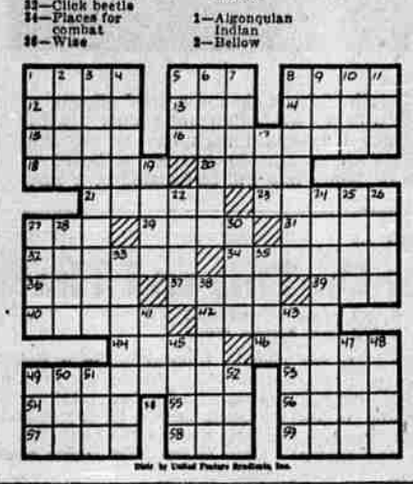
Answer to Yesterday's Puzzle

ACROSS

1—Steep, rugged rock
5—Period of time
8—Parent (colloq.)
12—Was borne
13—Tennis stroke
14—Frosted
15—Roof edge
16—One of Biblical trio
18—Wipe out
20—Paradise
21—At no time
23—Slip slowly
27—Encountered
29—Solemn vow
31—African tree
32—Click beetle
34—Places for combat
36—Wise
37—Tardy
39—Change color of
40—Move furtively
42—Peas (collectively)
44—Heap
46—Arrows
49—Lovers
53—Noose
54—Harbor
55—Perform
56—Goddess of moon
57—The sweetsop
58—Owing
59—River in Belgium

DOWN

1—Algonquian Indian
2—Bellow
3—Benefit
4—Web-footed birds
5—Guido's high note
6—Man's name
7—In bed
8—Eight-oared man-of-war's boat
9—High card
10—Wooden pin
11—Tuxs
17—A state (abbr.)
19—Cry of Bacchanals
22—Nobleman
24—Weighty
25—Kill
26—Comfort
27—Army meal
28—Dash
30—Detest
33—Vessels for certain beverage
35—Peruse
38—Hasty impression
41—Family
43—Girl's name
45—Conduct
47—Pitch
48—Box
49—Resort
50—Vessel
51—Native metal
52—Sainte (abbr.)



STRANGE AS IT SEEMS by ELSIE HIX

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER

L'L ABNER

BLONDIE

MUTT and JEFF