

Former Kansans Meet in Ashland; Officers Elected

The annual Kansas picnic was held August 9 in Lithia park, Ashland with 100 former Kansas residents present. Signatures in the guest book showed that visitors from Topeka and Independence, Kan., were present.

New officers were elected during a business meeting. They are J. O. N. Poling, president; Mrs. Elmer E. Curry, vice-president and Allen E. Curry, secretary-treasurer. Next meeting of the association will be held in Lithia park on the second Sunday in August in 1934.

After the picnic luncheon, the group was entertained by the Eve Prentice Accordion band. Several young musicians were featured on the program.

Special recognition was given Mrs. Carrie E. Young as being the oldest member present.

Juniors Hold Session In Hawthorne Park;

Junior Degree of Honor club met Saturday at Hawthorne park. Darlene Morrow, president, conducted the meeting.

Members and guests swam and waded, and played games, with Donna and James Krause winning prizes. Darlene Morrow and Sharon Forde received prizes for bring guests.

Junior guests were Mary, Pattey and Peggy Spayde and Pasty Childreth. Adult guests were Miss Dencie Richards and Mrs. Effie Schaffer, Mt. Vernon, Ind., and H. G. Wilson.

Donna and Carol Krause sang a vocal duet. Mrs. Wilson read poems and a prayer from the Young Crusader. Darlene Morrow conducted a game, with Miss Richards winning the prize which she donated to the club.

The meeting was held in the old park near the Scout house and the children were shown the golden rain trees which Mr. and Mrs. Wilson donated to the park through the Grandmothers' club.

A watermelon feed followed the meeting.

September 12 the club will meet at the Wilson home, 7 Chestnut street for a wiener roast.

Women's Page

Gebhards Return From Tour North

Central Point — Mr. and Mrs. W. J. Gebhard recently returned from a five week's motor trip to Canada and Alaska. The Gebhards toured Teton, Yellowstone and Glacier National parks in the United States and visited Waterton lakes, Banff, Lake Louise and Jasper in Canada.

From Edmonton they traveled to Fairbanks, Anchorage and Seward Alaska by way of the Alaska highway. The travelers returned by way of the John Hart highway, visiting Prince George and Francois lake in western Canada, and then came south by the Frazier river canyon road to Vancouver and Victoria, B. C., and Port Angeles, Wash.

Medford Bridge Club Holds Weekly Session

Mrs. B. L. Sanderson and Mrs. William Isaacs headed the list of winners for Tuesday's session of Medford Duplicate Bridge club. They scored 46½ points.

Mrs. T. J. Fuson and Mrs. George Coddling were second with 45 points, and in third place were Mrs. Howard Boyd and Paul McDuffee, who scored 43½ points.

Fourth place went to Mrs. M. R. Gibbons and William Isaacs with a score of 41½ points.

CALENDAR

Calendar notices and poems for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 8 a.m. of the day of publication and for week day news is 5 p.m. the day before publication.

Thursday 7 p.m. — National Secretaries association, Mon Desir Dining inn, Central Point.

More than four billion dollars in goods are sold annually by San Francisco's 4000 wholesalers.

Family Attends Grants Pass Show

Mrs. Lawrence L. Clark and children, 2107 Capitol avenue, accompanied Mr. Clark yesterday to Grants Pass while he was there on business and the family attended the gladiolus show and Josephine county fair.

Mr. and Mrs. Edward Schwedler and daughter, Verdel, Portland, left the first of the week after visiting the Clarks en route from a vacation in San Francisco. The Clarks moved here recently from Portland. Mr. Clark is trust officer with First National bank.

Woman Honored At Birthday Party

Mrs. William Bittle was honored at a surprise birthday party given at the home of Mrs. Walter Cornary, 1017 West Ninth street, August 7. Hostesses for the party were Mrs. Cornary and Mrs. Percy Evans, Brookings, Ore., a sister of Mrs. Bittle.

Pastel colored gladiolus and candles decorated the refreshment table.

Guests were Mrs. Clifford Turner, Albuquerque, N.M., Mrs. Roland Hogue, Mrs. J. E. Farar, Mrs. Clinton Bennett, Mrs. Franz Hille, Mrs. Nellie Hollenbeck, Mrs. Wayne Kyker, Mrs. Alvin Clevens, Mrs. Ed Chesney, Mrs. Louis Bittle, Mrs. Thea Hokanson and Mrs. Bittle.

Visitors Leave

Mr. and Mrs. Bret Starcher, Williston, O., left this morning after a brief stay in Medford as guests of Mr. Starcher's nephew, Bren H. Starcher, 1570 Stage Road south. The visitors are on six-week's tour of western states.

Tuesday evening the visitors attended a performance of "Merchant of Venice" at the Oregon Shakespearean festival theater in Ashland.

Saffron is the world's most expensive spice, but is used only in minute quantities.

For A Gay Lassie!



9195
SIZES
2-10

by Marian Martin

Take a slice of PLAIN—team with PLAID and presto! you have the prettiest dress a little girl could wear back to school. This is a SEW-EASY style—designed for busy moms to make. Be thrifty—use remnants. Make two versions — short and long sleeves.

Pattern 9195: children's sizes 2, 4, 6, 8, 10. Size 6 takes 2½ yards 35-inch fabric; ½ yard contrast.

This easy-to-use pattern gives perfect fit. Complete, illustrated sew chart shows you every step.

Send THIRTY-FIVE cents in coins for this pattern — add 5 cents for each pattern for 1st-class mailing. Send to Marian Martin, care of Medford Mail Tribune, Pattern Dept., P.O. Box 6740, Chicago 80, Ill. Print your NAME, ADDRESS, SIZE and STYLE NUMBER.

Women's Work

By VIVIAN SANDE
United Press Staff
Correspondent

New York — (U.P.) — Around this time of year, a number of experts advance various theories about how to beat the heat.

Just in case you could use some, here is a sampling of theories — from a physical culturist, a dietitian, a dancer, a decorating institute, and a psychologist.

Paul Miller, who believes in relaxation of nerves through exercise and runs a New York school to teach his belief, naturally plunges for the relaxation theory.

"Frayed nerves," he maintained, "step up the pulse rate. When your blood is flowing faster, you feel hotter."

For those who have the courage to take his treatment, here it is: 10 to 15 minutes of exercise a day; hot towels and massage at regular intervals.

Dancer Alicia Alonso, who spends her summers working out on the concert stages of her native Cuba, also subscribes to the exercise - for - coolness theory. She says she doesn't mind the heat because "I work off all my excess energy."

Florence Brobeck, dietitian and writer of cook books, believes your reaction to weather is directly related to your intake of calories. Comfortable eating during high - temperature days should comprise a low - calory but not a reducing diet, she says.

Her recommendation is about 1,500 calories daily in meats, fruits, and salads, leaving out as much fats and starches as possible. High school students, men who have to use physical energy in their work, and athletes, Miss Brobeck says, need about 2,400 calories of the same sort of foods.

The Decorative Fabrics Institute in New York suggests cool colors for slipcovers — tints of green, blue or gray, or bright floral prints — to give an illusion of coolness. The institute also favors crisp white curtains fresh flowers around the house, and white decorative touches throughout.

You'd expect a psychologist to say you can beat the heat by exercising the power of mind over the discomfort of body, and some

Quick Pick-Me-Up!



by Alice Brooks

Going places? Shrug the shoulder-warmer over strapless tops, all your separate! Most useful all-year fashion — it's the least complicated to crochet!

Flower medallion border with small shell stitch. Pattern 7260. Easy to crochet in cotton or wool. Send TWENTY-FIVE cents in coins for this pattern — add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P.O. Box 5640, Chicago 80, Ill. Print plainly NAME, ADDRESS and PATTERN NUMBER.

TEN complete patterns to sew, embroider, crochet — printed right in the Alice Brooks Needlecraft Book! Plus many more patterns to send for — including ideas for gifts, home accessories, toys, fashions! Send 20 cents now!



ALPHA BREWING COMPANY, Olympia, Wash., U.S.A.

Thursday, August 13, 1933

MEDFORD (OREGON) MAIL TRIBUNE—FIVE

4-H Clubs

Table Rock Sewing Club met at the home of the leader, Mrs. Frank Myers, July 29. A short business meeting was held.

Guests were Miss Jean Brooks county agent, and Miss Karen Mallon from Norway. Miss Mallon is a county agent in that country and told the club about 4-H in Norway.

Susan Johnston, Reporter.

HUCKLEBERRIES RIPENING

Portland — (U.P.) — First large crop of huckleberries in the Mt. Hood national forest in several years is ripening, forest service district rangers reported today. They said the fruit probably will not be ready for picking for another two weeks.

PAPER PURCHASED

Forest Grove — (U.P.) — Hans Running, owner of a photo and engraving studio here, and Phil Dana, business manager of the Washington county News-Times, said today they have purchased the Kelsonian-Tribune, weekly newspaper at Kelso, Wash.

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PLANNING ON CANNING?
Do it the EASY WAY with our COMPLETE VARIETY OF CANNING NEEDS!
PIGGY WIGGLY
PRICES FOR FRIDAY AND SATURDAY

FIRM, VINE RIPENED
CANTALOUPE 2 For 29¢

FRESH
STRING BEANS 2 Lbs. 25¢

Special! This Week End
All Popular Brands
COFFEE
85¢ lb.

LARGE JUICY LEMONS D.O.Z. 38¢
SWEET TENDER PEAS 2 lbs. 38¢
CRISCO 3-Lb. Tin 95¢
SPIC & SPAN 1-Lb. Pkg. 25¢
LAVA SOAP Med. Size 3 Bars 33¢
JOY LIQUID DETERGENT 7-Oz. Bot. 32¢

HUDSON HOUSE 4 Cans
TOMATO JUICE \$1.00
46-OZ. TIN

QUALITY Frankfurters LB. 39¢
MEDFORD'S BEST Ground Beef LB. 39¢
HOMEMADE MACARONI OR Potato Salad LB. 39¢

SPRING LAMB Roasts, Shoulder..lb. 59¢
Breastlb. 29¢
Leg O' Lamb.....lb. 79¢

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I use **CLOROX**!

CLOROX makes linens more than white... it makes them sanitary, too!

Clorox gives you cleanliness you can see... cleanliness you can trust. For Clorox not only makes linens snowy-white, removing even dinginess, stains and mildew... it makes linens safer for family health. No other home laundering product equals Clorox in germ-killing efficiency!

There are other big advantages to a Clorox-clean wash: Clorox deodorizes... leaves linens sea-breeze fresh. And Clorox, a liquid, conserves linens, too. It contains no gritty particles to damage wash and washer... it's extra gentle, free from caustic, made by an exclusive, patented formula.

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A Clorox-clean bathroom not only looks cleaner, it is cleaner. For besides removing stains and deodorizing, Clorox provides a type of non-poisonous disinfection recommended by hundreds of public health departments. See label directions for the many uses of Clorox... America's favorite!

You get all these benefits in a Clorox-clean wash!

1. Snowy-white linens... Clorox removes gray and yellow dinginess.
2. Bright floor colors... Clorox removes dulling film.
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4. Fresh, clean-smelling linens... Clorox deodorizes.
5. Safer linens... Clorox is the most efficient germ-killer of its kind.

When it's CLOROX-clean...it's SAFER for family health!