

RADIO PROGRAMS--FRIDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC--1230 kc	KMED--1440 kc
4:00--Fun Factory*	Doctor's Wife*
4:15--World Reporter*	Doctor's Wife*
4:30--Big Jon & Sparkie*	Doctor's Wife*
4:45--Big Jon & Sparkie*	Doctor's Wife*
5:00--Sports Parade	News
5:15--Elmer Davis*	News
5:30--Drive-in Quiz	News
5:45--Safeway Program	News
6:00--Music by Adam*	Bill Stern Sports*
6:15--Music by Adam*	KMED Commentary
6:30--Hotel Edison Orch.*	Cisco Kid
6:45--Hotel Edison Orch.*	Cisco Kid
7:00--Top Guy*	Mario Lanza*
7:15--Top Guy*	Mario Lanza*
7:30--This is Your FBI*	News & Mayor's Office
7:45--This is Your FBI*	H. V. Kaltenborn*
8:00--Newsstand Theatre*	One Man's Family*
8:15--Newsstand Theatre*	News of the World*
8:30--Summer Cruise*	Music by Mantovani*
8:45--Summer Cruise*	Music by Mantovani*
9:00--ABC Late News*	Serenade in Blue
9:15--Eddie Fisher*	Bob & Ray*
9:30--Sports Report	Music by Martin*
9:45--Flying Time	Music by Martin*
10:00--Y Club Revue	Richfield Reporter*
10:15--Y Club Revue	Richfield Reporter*
10:30--Musical Moods	Heidelberg Harmonies
10:45--Musical Moods	Music You Want
11:00--Platter Party	Melodies That Endure
11:15--Platter Party	Melodies That Endure
11:30--Platter Party	Melodies That Endure
11:45--Platter Party	Music & News
12:00--Sign Off	Sign-Off

RADIO PROGRAMS--SATURDAY

6:00--Yawn Patrol	Navy Band
6:15--Yawn Patrol	Heretofore Veterans
6:30--Bob Garred*	Marine Show
6:45--Stewart Craig*	News
7:00--Martin Agronsky*	Hank Snow
7:15--Band Parade	Saturday Special No. 1
7:30--No School Today*	News of Manhattan
7:45--No School Today*	Dr. Gallup & News
8:00--Jump, Jump	Howdy Doo*
8:15--Saturday Circus	Howdy Doo*
8:30--Space Patrol*	Howdy Doo*
8:45--Space Patrol*	Howdy Doo*
9:00--Cowboy Troubador	Friendship Circle
9:15--Cowboy Troubador	Friendship Circle
9:30--Cowboy Troubador	Sat. Spec. No. 2
9:45--Cowboy Troubador	Mid-Morning News
10:00--You Never Know	Mary Lee Taylor*
10:15--Trading Post	Mary Lee Taylor*
10:30--Frank & Jackson*	Farm & Home Hour*
10:45--Frank & Jackson*	Farm & Home Hour*
11:00--Air Force Concert*	Down Homers*
11:15--Air Force Concert*	Down Homers*
11:30--Air Force Concert*	Social Security Report
11:45--Air Force Concert*	One Night Stand*
12:00--ABC Late News	News & Weather
12:15--Looking Into Space*	Saturday Special No. 3
12:30--Intnl. Jazz Club*	Pastor's Call
12:45--Intnl. Jazz Club*	Dr. Pepper Time
1:00--Roseland Ballroom*	Mind Your Manners*
1:15--Roseland Ballroom*	Mind Your Manners*
1:30--Roseland Ballroom*	The Author Speaks*
1:45--Fascinating Rhythm	Your Key to Health*
2:00--1230 Club	Public Affairs*
2:15--1230 Club	Earl Godwin*
2:30--1230 Club	Summer Symphony*
2:45--1230 Club	Summer Symphony*
3:00--1230 Club	Summer Symphony*
3:15--News	T.B.A.
3:30--1230 Club	T.B.A.
3:45--1230 Club	T.B.A.
4:00--1230 Club	Jane Ace D. J.*
4:15--1230 Club	Jane Ace D. J.*
4:30--Christian Science Ch.	Stars in Kahiki & Blue*
4:45--Look to the Skies	Stars in Kahiki & Blue*
5:00--Finnegan's Sports*	News
5:15--Veterans Admin. Show	What Are You Doing
5:30--Bob Garred*	Vincent Lopez
5:45--Stewart Craig*	KMED Commentary
6:00--Saturday at Shamrock*	Tin Pan Valley*
6:15--Saturday at Shamrock*	Tin Pan Valley*
6:30--Band Concert*	Grand Ole Opry*
6:45--Band Concert*	Grand Ole Opry*
7:00--Lone Ranger*	Eddie Arnold*
7:15--Lone Ranger*	Eddie Arnold*
7:30--Buck & Sunny's Corral	Lower Basin Street*
7:45--Buck & Sunny's Corral	Lower Basin Street*
8:00--Dancing Party*	NBC News*
8:15--Dancing Party*	Lox Dryer*
8:30--Dancing Party*	Palladium Orch.*
8:45--Dancing Party*	Palladium Orch.*
9:00--Rogue Valley Ballroom	Salute To Reserves*
9:15--Rogue Valley Ballroom	Rogue Valley Ballroom*
9:30--ABC Late News*	Treasury Show*
9:45--ABC Late News*	Treasury Show*
10:00--Student Symphony*	Ten O'Clock Ticker
10:15--Student Symphony*	Look To The Skies
10:30--Platter Party	Proudly We Hail*
10:45--Platter Party	Proudly We Hail*
11:00--Platter Party	Melodies That Endure
11:15--Platter Party	Melodies That Endure
11:30--Platter Party	Guarded Music
11:45--Platter Party	Music News
12:00--Sign Off	Sign Off

*-ABC *-NBC

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.
Readers should address inquiries to: William Brady,
265 El Camino, Beverly Hills, Cal.

LIVE ALONE BUT LIVE

Since the death of my wife a year ago (writes a reader) I have had no vegetables, owing to the fact that I have to eat hamburger s etc., or go a mile to the nearest restaurant. Kindly advise what vitamins I should take. (C. M. G.)

Take the vitamins you get in plain wheat, tomato, lettuce or onion tops or any other fresh green growing thing, fresh fruit, canned salmon or sardines, milk, eggs, hamburgers.

Even if you can't go a mile to the restaurant, there must be a patch of ground where you can plant some seeds for greens and fresh vegetables.

Even though you are an amateur cook there is no reason why you can't buy a few pounds, or a peck or a bushel of plain wheat from farmers, farmers' market, feed store, seed store or mill, and eat it instead of part or all of the white bread or white flour in your everyday diet.

If you have lost many teeth and neglected to have them immediately replaced with functionally efficient dentures, it will be a little late now to try to fend off senile decline, but you may still keep your chin up if you will get a coffee grinder or mill of similar character and crack or grind your wheat from day to day as you use it.

If these suggestions fail to interest you, there is still a compromise you can make with adequate diet, which will improve your nutrition and give you more vite. Eat six to a dozen tablets a day to supplement your diet with the most important essentials--thiamine (B1), riboflavin (B2), vitamin D, calcium, phosphorus and iodine--as described in the pamphlet Young Folks and Old Folks, mailed on written request if you inclose stamped, self-addressed envelope.

Speaking of fresh vegetables and greens or leafy relishes, sir, keep in mind that whatever in that line you can eat and enjoy in the raw state is far better than the same food would be if cooked. This applies to wheat, too--indeed it is a good habit to carry a handful of plain wheat and chew it when you

feel the desire--it is as good chewing as any sugared confection you ever chewed. Plain wheat as it comes from the threshing machine, taken whole or cracked or ground in your own mill so you can be sure neither bran nor germ is removed, eaten raw or cooked as you like, is the richest known food source of vitamin B complex--and that is the vitamin group that most Americans need most to restore their vite ("pep") to you, maybe).

QUESTIONS & ANSWERS
Children Have Worms
It seems that every year at about this time our children are troubled with pinworms--irritable, won't eat well, occasionally wetting the bed. (Mrs. G. P. E.)

Reward
Lots of things you tell us are perhaps true but we get awfully tired of your sounding off about drafts or wet feet not making muscles sore. Answer--If you will show me in print any such statement of mine, I'll send you with my compliments half a dozen bottles of O' Doc--I mean A Lot of Little Lessons in the Ways of Health--the \$5 twenty-four volume set of booklets containing the gist of the health teachings in this column. In fact, when I sound off about exposure to cold or wet I usually try to mention that sore or stiff muscles may be the consequence of cooling off too quickly after hard work. That, however uncomfortable, is not an illness.

Bronchial Asthma
Can you offer any suggestions for the control of bronchial asthma. I am subject to it and the two physicians I have consulted were unable to do

MOO-O-OS and MUSINGS



We certainly agree that it is a serious matter that a fine old land mark like Table Rock is to be completely removed to give a clear approach to the airport.

The original plan to move it to a new location was discarded because of high cost. Instead they're going to dig a hole and bury it.

Little Daisy

Elizabeth Hurlock is a consulting psychologist. Write her in care of this newspaper for free advice. (Copyright 1952, General Features Corp.)

As We Live

By ELIZABETH HURLOCK, PH.D.

Son Heads for Disastrous Marriage, Ignores Advice

When a mother sees her son engaged to a girl she knows will not make a good wife, should she let him go ahead with the marriage or try to prevent it? That is the problem facing the worried mother who wrote:

(Q) "My son is going to be married this fall. I am against this marriage because the girl comes from a bad family. Her mother has a lover and her 14-year-old sister goes around with a married man. This girl had an affair with another man before she dated my son. They stay out until 3 or 4 a.m. When I talked to him, it did no good. So I talked to her mother who said she didn't care when her children came home and that she wasn't mean like me. My son knows about the family and the affairs his girl has had but he says he's sure she will change. What can I do?"

(A) You probably can't prevent this marriage but you will be wise to try everything within your power to do so even to the day of the wedding. Then, if you fail, you will always have the satisfaction of knowing you did your best. You can also point this out to your son, if he later comes to you with his troubles.

Many young girls are wild in their teens. Like boys, they go through a period of "sowing wild oats." If they have come from a good, respectable family with high moral standards, they generally settle down after a year or so and become good wives and mothers.

The girl your son is planning to marry, on the other hand, has come from a family where good home training is lacking. And she has a mother whose moral standards are different from yours. There is little likelihood this girl will "change" after marriage. The whole pattern of behavior she has seen throughout childhood is so different from yours that she will follow that pattern and not accept yours.

Your son may be so infatuated, now that he cannot realize what is in store for him if he goes ahead with this marriage. But



Dr. Hurlock
Herb Specialist
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BRANCH OFFICES
Albany
Salem
Eugene
Newport
North Bend

Foots Creek

Foots Creek--Mrs. Lloyd Brice of Anchorage, Alaska, came last week to visit Mr. and Mrs. Ace Adams and to attend to business here.

Mr. and Mrs. Earl Wikstrom of Miami, Fla., were guests here last week of Mr. and Mrs. Pierre Douga while enroute home from a vacation in Alaska.

Mr. and Mrs. Ed Lukowski, son and two daughters of Portland

land spent the week-end here with her parents, Mr. and Mrs. Ed Perfontaine.

Mr. and Mrs. Henry Grossman and Mr. and Mrs. Pierre Douga spent July 24 at Galice.

The Charles Dingman home was sold to parties from Wisconsin last week.

Mrs. Charles McLallen and son Charles of Medford went to Redding, Calif., July 18 to visit her brother, Mrs. Con Taylor, who has been ill from arthritis. She came home with them for a visit.

Mr. and Mrs. Jim Cowie, daughters, Patty and Judy, sons Jimmie, Bobby and William, of Yreka, Calif., spent the week-end at their home here. William was only two weeks old.

Mrs. E. Degarimore who had

Rebuke by Atlee Widens Labor Breach

London--(U.P.)--Former Prime Minister Clement Atlee publicly rebuked leftwing rebel Aneurin Bevan Thursday on the floor of the House of Commons

been visiting Mr. and Mrs. Clyde Crimnee has left for her home at Long Beach, Calif.

POISON OAK?

Try a Bottle of ZEMACOL
You must be satisfied or your money cheerfully refunded. Get a bottle to day at WESTERN THRIFT.

In the most open breach so far between the two contenders for leadership of the Labor Party. Atlee rose and accused the former health minister of violating a confidence by revealing what went on in the Labor government while he was a member.

In Arizona, 53.4 millions of acres of land are federally owned.

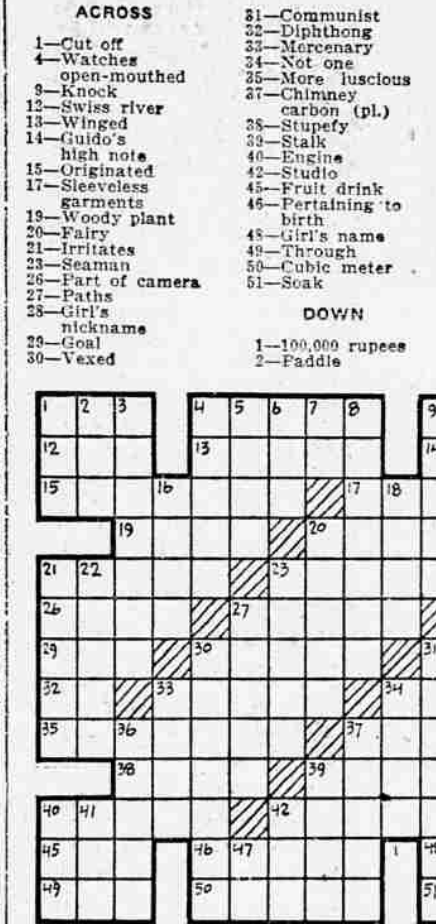
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And it's America's mother-and-child favorite. Tablets are 1/4 adult dose, orange flavored. Buy it today, 39c.

STRANGE AS IT SEEMS



CROSSWORD PUZZLE

Answer to Yesterday's Puzzle



ACROSS
1--Cut off
4--Watches open-mouthed
9--Knock
12--Swiss river
13--Winged
14--Guido's high note
15--Originated
17--Sleeveless garments
19--Woody plant
20--Fairy
21--Irritates
23--Seaman
25--Part of camera
27--Falls
28--Girl's nickname
30--Vexed
31--Communist
32--Dishhonor
33--Mercenary
34--Not one
35--More luscious
37--Chimney
38--Carbon (pl.)
39--Stuffy
40--Stalk
41--Engine
42--Studio
43--Fruit drink
45--Pertaining to birth
48--Girl's name
49--Through
50--Cubic meter
51--Soak

DOWN
1--100,000 rupees
2--Faddle
3--Suppose
4--Openings in fence
5--Toward sheltered side
6--Dishonor
7--French conjunction
8--Cut
9--Varnish
10--In music, high
11--Dance step
12--Academic subjects
13--Goddess of discord
14--Jury list
15--Insects
16--Regenerate
17--Pertaining to the cheek
18--Occurrence
19--In home
20--Kind of fabric
21--Comes back
22--More spacious
23--Reject
24--Christmas card
25--Chemical compound
26--Gravestone
27--Heavenly body
28--Chart
29--Rodent
30--Consumed
31--Night before
32--Rotten
33--Near

BARNEY GOOGLE and SNUFFY SMITH



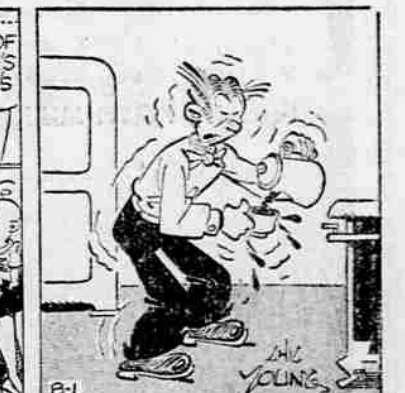
BUZ SAWYER



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BLONDIE



MUTT and JEFF

