

RADIO PROGRAMS--MONDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC - 1230 kc	KMED - 1440 kc	KWIN - 1400 kc
4:00—Fun Factory*	Doctor's Wife*	No Soap—Music
4:15—Fun Factory*	Young Dr. Malone*	No Soap—Music
4:30—Big Jon & Sparkie*	The Brighter Day*	No Soap—Music
4:45—Big Jon & Sparkie*	Consumer Tunes	No Soap—Music
5:00—Sports Parade	5 O'clock Headlines	Got A Date
5:15—Elmer Davis*	Richard Harkness*	Three Quarter Time
5:30—Drive-in Quiz	Voice of Firestone*	Sports Round-Up
5:45—Footlight Favorites	Voice of Firestone*	Rich. Graham & News
6:00—Lone Ranger*	Bill Stern*	World Concert Hall
6:15—Lone Ranger*	KMED Commentary	World Concert Hall
6:30—Henry J. Taylor*	Cisco Kid	Bob Eberly Show
6:45—Stewart Craig*	Cisco Kid	Lean Back & Listen
7:00—Chicago Signature*	Communist For FBI	Listening Post
7:15—Chicago Signature*	Communist For FBI	Listening Post
7:30—Time for Defense*	Robt. Montgomery*	Northwest Round-up
7:45—Time for Defense*	Dangerous Assignment*	Russ Morgan Show
8:00—Paul Whiteman*	Eisenhower Talk*	Robert Montgomery
8:15—Paul Whiteman*	News of the World	The Three Suns
8:30—On the Town*	Railroad Hour*	Dick Haymes
8:45—On the Town*	Railroad Hour*	News
9:00—ABC Late News*	Telephone Hour*	John T. Flynn
9:15—Safeway Program	Telephone Hour*	It's Time to Dance
9:30—The CIO and You*	Men Behind Melody	It's Time to Dance
9:45—It's Your Business*	Men Behind Melody	Between the Lines
10:00—Fine Arts Quartet*	Richfield Reporter	KWIN Carousell
10:15—Fine Arts Quartet*	Heidelberg Harmonies	KWIN Carousell
10:30—Musical Moods	Music You Want	KWIN Carousell
10:45—Musical Moods	Music You Want	Carousell & News
11:00—Platter Party	Melodies That Endure	Sign-Off
11:15—Platter Party	Melodies That Endure	
11:30—Platter Party	Biltmore Orch.*	
11:45—Platter Party	Biltmore & News*	
12:00—Sign Off	Sign-Off	

RADIO PROGRAMS--TUESDAY

KYJC - 1230 kc	KMED - 1440 kc	KWIN - 1400 kc
6:00—Yawn Patrol	Monkey Shines	1400 Corral
6:15—Yawn Patrol	Monkey Shines	1400 Corral
6:30—Bob Garrett*	Navy Star Time	1400 Corral
6:45—Concert, Sports, News	Barnes News	1400 Corral
7:00—Martin Agronsky*	Rural Party Line	1400 Corral
7:15—Breakfast Club*	Clockwatcher	1400 Corral
7:30—Breakfast Club*	Clockwatcher	1400 Corral
7:45—Breakfast Club*	Clockwatcher	1400 Corral
8:00—Relay Quiz	2-4000	Get Up & Go
8:15—Chet Huntley*	Music of Manhattan	Get Up & Go
8:30—Break the Bank*	Music of Manhattan	Haven of Rest (MBS)
8:45—Break the Bank*	Music of Manhattan	Haven of Rest (MBS)
9:00—Jack Berch Shaw*	Friendship Circle	News
9:15—Big Y Relay Quiz	Friendship Circle	Morning Devotions
9:30—My True Story*	Neighbor Lady	Chapel By Road
9:45—My True Story*	Neighbor Lady	Morning Special
10:00—Whispering Streets*	Festival of Waltzes	New At Parkview
10:15—When a Girl Marries*	Inside Bob & Ray*	Music Box
10:30—Lone Journey*	Strike It Rich*	Music Box
10:45—Paul Harvey*	Strike It Rich*	Better Buy
11:00—Welcome Wagon	Double or Nothing*	Shop On Main St.
11:15—Trading Post	Double or Nothing*	Shop On Main St.
11:30—Lucky U Ranch*	Swap & Sell	Musical Appetizer
11:45—Lucky U Ranch*	Swap & Sell	Musical Appetizer
12:00—Weather & Markets	News & Weather	News
12:15—Neon News Review	Road of Life*	No Soap—Music
12:30—Scramble Gamble*	Pepper Young*	No Soap—Music
12:45—Your County Agent	The Brighter Day*	No Soap—Music
1:00—Bill Ring Show*	Backstage Wife*	No Soap—Music
1:15—Ted Malone*	Stella Dallas*	No Soap—Music
1:30—Mary M. McBride*	Young Wives' Brown*	No Soap—Music
1:45—Mary M. McBride*	Woman In My House*	No Soap—Music
2:00—Tennessee Ernie*	Just Plain Bill*	No Soap—Music
2:15—Tennessee Ernie*	Front Page Farrell*	No Soap—Music
2:30—Cal Tinney Show*	Life Can Be Beautiful*	No Soap—Music
2:45—Cal Tinney Show*	Life Can Be Beautiful*	No Soap—Music
3:00—Junior Edition	Welcome Travelers*	No Soap—Music
3:15—Junior Edition	Welcome Travelers*	No Soap—Music
3:30—Junior Edition	Dr. Paul	No Soap—Music
3:45—Junior Edition	Dial Dave Garroway*	No Soap—Music
4:00—Fun Factory*	Doctor's Wife*	No Soap—Music
4:15—Fun Factory*	Young Dr. Malone*	No Soap—Music
4:30—Big Jon & Sparkie*	The Brighter Day*	No Soap—Music
4:45—Big Jon & Sparkie*	County Ext. Agent	No Soap—Music
5:00—Sports Parade	5 O'clock Headlines	Got A Date
5:15—Elmer Davis*	What Are You Doing	Three Quarter Time
5:30—Drive-in Quiz	Bill Stern*	Sports Round-Up
5:45—Footlight Favorites	Elmer Peterson*	Rich. Graham & News
6:00—Silver Eagle*	Bill Stern*	Music In The Air
6:15—Silver Eagle*	KMED Commentary	Music In The Air
6:30—Mayor of Times Square*	Truth or Consequence*	Bob Eberly Show
6:45—Mayor of Times Square*	Truth or Consequence*	Lean Back & Listen
7:00—Escape With Me*	What's My Line?*	Listening Post
7:15—Escape With Me*	What's My Line?*	Listening Post
7:30—On the Town*	Robt. Montgomery*	Northwest Round-up
7:45—On the Town*	Stan Kenton Concert*	Russ Morgan Show
8:00—Town Meeting*	One Man's Family*	The American
8:15—Town Meeting*	News of the World*	Concert Miniature
8:30—Town Meeting*	Cavalade of America*	Dick Haymes
8:45—Town Meeting*	Cavalade of America*	News
9:00—Happens Every Day*	Bob Hope*	John T. Flynn
9:15—Dream Harbor*	Bob Hope*	It's Time to Dance
9:30—Sports Report*	B. Craig, Conf. Invest.*	It's Time to Dance
9:45—Town House Orch.*	B. Craig, Conf. Invest.*	Between the Lines
10:00—Report to the People*	Richfield Reporter	KWIN Carousell
10:15—Remember	Novas Trio	KWIN Carousell
10:30—Musical Moods	Music You Want	KWIN Carousell
10:45—Musical Moods	Music You Want	Carousell & News
11:00—Platter Party	Melodies That Endure	Sign-Off
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OUT OF THE WOODS
By Jim Stevens

Circle of Progress
Olympia, Washington, is the center of a great circle filled with stories of Douglas fir forest triumphs on private and state lands. The Grays Harbor County and the Mason County examples have national fame. The Fort Lewis forest story is another star in the area's green crown. There is the St. Martin's college forest at Lacey. Southward are Vail and McDonald Tree Farms, nationally publicized.

Folks do tell that in the outskirts of Olympia itself the residents are fighting back the young growth of the forest—it creeps up on them in the night and smothers the traffic lights! At Nisqually is the thriving industrial forest nursery operated by the West Coast Lumbermen's association and westward in the Black Hills the State's Capitol Forest Nursery is surrounded by towering young growth.

Land Born Anew
It is all historic country. The first sawmills north of the Columbia were in the area. The smokes of many fires clouded summer skies year after year from the 1840s into the 1920s. Now on clear summer days the skies keep blue and ever the land is bright and green. And land history is in the making again. Next fall the 55 millionth seedling from the Forest Industries Nursery will be planted on privately owned, taxpaying land, and in the same season the 35 millionth tree seedling from the state nursery will be planted on a state or school acre.

Fiery, Smarting Itch
of Common Skin Rashes
Don't stand such torment another hour! Just smooth Resinol Ointment on your irritated skin at once. See how quickly its medicated proven ingredients in lanolin bring blissful, long-lasting relief.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.
Readers should address inquiries to: William Brady,
265 El Camino, Beverly Hills, Cal.

FIRST THINGS FIRST



Dr. Brady

Lest some racketeer tell his gullible customers that my teachings in reference to calcium metabolism or utilization in the body and calcium "deposits" or calcification in the tissues or organs are "unscientific," it may be well to quote here from two or three recognized authorities, whose views, I submit, corroborate what I have repeatedly stated, namely, that calcification or deposit of calcium or calcareous material in the arteries, in the joints or in other tissues or organs is the consequence and not the cause of disease, injury, strain or degeneration.

Speaking of atrophic arthritis, otherwise called rheumatoid arthritis, Margolis (Arthritis and Allied Disorders, Hoeber, N. Y.) says:

In its later stages the pathological process is characterized by calcification . . . Speaking of arteriosclerosis (hardening of the arteries) Best and Taylor (Physiological Basis of Medical Practice, Wood, Baltimore) say:

"The most pronounced changes occur in the intima" (lining membrane of arteries), "though degeneration of the elastic tissue, fibrosis and calcification of the media" (muscle coat of arteries) "are also seen . . . The pronounced tendency for calcification to occur in areas undergoing fatty change" (that is, fatty degeneration).

Speaking of diseases of the arteries Osler (Practice of Medicine, Appleton, N. Y.) said:

"Calcification of the arterial wall follows fatty degeneration and sclerosis . . . Do not misunderstand the significance of degeneration. The medical sense of the word is given in Webster, but Stedman's medical dictionary defines it as "a retrogressive pathological change in cells or tissues in consequence of which the functioning power is lost" (or more precisely, gradually declines) "and the living substance becomes converted into an inert mass."

If at 35 you can still run a mile, jump over a 4-foot hedge, roll somersaults, hold your breath 40 seconds or have a baby without trouble, you're o.k. If at 45 you can no longer do such things you have passed your peak and started down the other side; gradual decline of functional power; degeneration.

I'm sorry, but I've been trying to teach you how to keep young ever since you began wearing long pants or short skirts, as the case may be, and you have paid no heed because you considered such stuff of interest only to old crocks. But the routine or living habits I recommend to preserve youth and stave off premature decline are fun—described in detail in the booklet "The 7 Keys to Vite, for which send 25c and

MOO-O-OS and MUSINGS



A talent scout from one of the major studios will be in Medford this week casting for a new jungle picture.

Anyone interested in a Hollywood career should arrange to be hanging by their tail from a tree in Hawthorne Park Wednesday afternoon.

Little Daisy



stamped, self-addressed envelope.

QUESTIONS & ANSWERS
Hi, Mother!
My mother started reading your articles when you and Kallenborn were on the Brooklyn Eagle. Your article on anemia certainly fixed me up. With there were more like you. (Mrs. C. E.)
Answer—Send stamped, self-addressed envelope and ask for pamphlet THE GRAY SICKNESS (nutritional Deficiency Anemia). First time I met Mr. Kallenborn, we were about to leave the Eagle building to go to lunch, and he picked up an editorial shears and neatly trimmed the ragged edges of his cuffs. A trifle, but it gained my admiration and respect for the man who wore the cuffs.
Coffee is a Health Beverage
Is it true that coffee "stirs" you in some way with the assimilation of vitamins? I drink two cups of black coffee daily and take vitamin capsules. (Mrs. M. S.)
Answer—No. Coffee in such moderation is a health beverage for adults in general, though not for children under sixteen.
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CROSSWORD PUZZLE

ACROSS

- Stone carved in relief
- Brilliant estuaries
- Thorny shrubs
- Green marketplaces
- Note of scale
- Bird's beak
- Girl's name
- Structures
- Female deer
- Profound
- Disorders
- Overcharge (abbr.)
- Antient chariot
- Inactive
- Vol
- Transaction

DOWN

- Three-toed sloth
- Encountered
- God of love
- Parent (recluse)
- Symbol for silver
- Swal
- Drp
- Tavern
- Cutting part of knife
- Choose
- Placed
- Bird's homes
- State of mind
- Scatter
- Persian fairies
- Ang
- Sole
- Widespread
- Repeat
- Giver
- Self-satisfied
- Wipes out
- Evening party
- 10th President of U. S.
- Lying face downward
- Top of head
- Dirk
- Regrat
- Organ of hearing
- Road (abbr.)
- A state (abbr.)
- Japanese measure

BARNEY GOOGLE and SNUFFY SMITH



Live Frogs Found in Library Books

Cleveland, O.—(U.P.)—Resigned and steered against finding anything in returned books, librarians were mildly shocked here to discover two live frogs—in a paper bag—returned with a copy of Mark Twain's "Life on the Mississippi."

A librarian volunteered to free the frogs in some damp and woody nook. The same day, a pair of false eye lashes turned up and were later claimed by a young woman who explained she had been pressing them—to gain extra length—and had forgotten to remove them when returning an edition of "Gone with the Wind."

Miss Margaret Zoldak of the

BELL FOR DINNER

Marianna, Ark.—(U.P.)—It was not a dinner bell but it served the same purpose. Mrs. Walter Traylor said the fishing pole had a bell on it. Nearby sat a woman. The bell began to ring and the woman ran over and pulled up a nice fish.

St. Joseph's Aspirin
WORLD'S LARGEST SELLER AT 10¢
50 Tablets 30¢

STRANGE AS IT SEEMS



THE PECULIAR GERMAN DIALECT SPOKEN IN THE LOETSCHEN VALLEY, SWITZERLAND, IS DIFFICULT TO UNDERSTAND BY THOSE LIVING IN OTHER SECTIONS OF THE COUNTRY!

