

Officers Installed For Central Point Legion Auxiliary

Central Point — Myers-Holland post and auxiliary of the American Legion, Central Point, were hosts to units of Ashland, Cave Junction, and Medford at a joint installation of officers June 26 at Legion Memorial hall.

The district president, Mrs. Les Henry, was installing officer. She was assisted by the Josephine county salon, 8 et 40 installation team. Taking office for the Central Point unit were Mrs. Henry Kilburn, president; Mrs. M. F. Naples, first vice president; Mrs. Clarence Borah, second vice-president; Mrs. Albert Thompson, secretary; Mrs. Donald E. Faber, treasurer; Mrs. E. C. Faber, chaplain; Mrs. Hester Culbertson, sergeant-at-arms; Mrs. Eva Campbell, historian.

Mrs. Henry was presented a corsage of Japanese iris by the hostess unit, Mrs. Borah, retiring president, was presented a past-president's pin. Each officer was given a corsage of fresh garden blossoms.

Music for the evening was furnished by the Camp White orchestra.

Homemade cakes and coffee were served after the meeting, with Mrs. John McQuade and Mrs. Archie Parker as chairmen.



Miss Jacqueline Rhymes (Brainerd photo)

Tell Engagement Jacqueline Rhymes, William Newland

Mr. and Mrs. B. W. Rhymes, 1715 Crown avenue, announce the engagement of their daughter, Jacqueline, to William Neel Newland, son of Mr. and Mrs. H. W. Newland, 1134 Morrow road, Medford.

Both Miss Rhymes and Mr. Newland attended Medford Senior High school. Miss Rhymes is employed as an invoice records clerk with Montgomery Ward and company. Her fiancé attended Southern Oregon college and is now a senior at Oregon State college.

The wedding has been planned for early September.

Medford Woman To Be Honored

Mrs. Alice Sparks, 409 South Peach street, will be crowned "Queen of Sponsors" at the Women of Moose convention which will take place in Vancouver, B. C., July 10 to 12.

This honor is given to the member who brings in the most candidates to Women of Moose. Mrs. Sparks plans to leave Tuesday and be gone a week. While there she will visit with relatives and friends, for she is a former resident of Canada.

Olive Rebekah Lodge Plans Meeting Monday

Olive Rebekah lodge will meet at 8 o'clock Monday, July 7 at Odd Fellows hall.

Mrs. Alfred Schroeder, Noble Grand, will preside, and final plans will be made for the installation of Medford Odd Fellows and Olive Rebekah lodge which is set for July 15 at the hall. The group will also plan for initiation, Aug. 4, and for the visit of the state assembly president next fall.

Refreshments will be served by Mrs. Margaret Davis and her committee.

California Minister To Speak in Medford

Members of the Christian Business and Professional Women's club will meet at the Medford hotel at 6 p.m. Monday, July 7.

The Rev. Pharez Huggins, Williams, Calif., will be the speaker for the meeting. A special feature and music will be presented by Mrs. A. C. Pierce. Those wishing to attend are to phone 2-8576 for reservations.

Plan Demonstration Of Food Freezing In County Schools

Three food freezing demonstrations have been planned for women of the county this week according to Miss Eula Wintermote, county home demonstration agent.

The demonstrations are to be given at the Evans Valley school cafeteria Wednesday, July 9, beginning at 1:30 p. m.; at the Howard school cafeteria Thursday, June 10, at 1:30 p. m. and at the Ruth school cafeteria Friday, July 11, at 1:30 p. m.

Miss Wintermote points out that "freezing cherries, berries and fruits this summer will give homemakers more time for better living."

"Freezing food that is in abundance makes for economy in the food budget," she states. "Freezing food is a convenience, and it is always ready when friends drop in."

"Freezing food right from the garden or orchard gives high quality food and more food value is saved than in any other means of preservation."

Nutrition Specialist Urges Use of Rabbit

More and More Oregonians are discovering just how good rabbit meat can be. If you've never tried it, take a tip from Agnes Kolshorn and do it now.

Miss Kolshorn, extension nutrition specialist at Oregon State college, says that rabbit is one of the most economical meats you can buy.

And it makes mighty good eating, too. The meat of domestic rabbits resembles chicken. All of it is white, like the breast of chicken. It's fine-grained, delicately flavored, and very nutritious; pound for pound, there's more edible meat on a rabbit than on a chicken.

For frying, choose plump young rabbits weighing from two to two and a half pounds, dressed. Then go ahead and use your favorite chicken recipe.

Bigger rabbits, which may weigh up to six or seven pounds, need longer, slower cooking. They are excellent served in chop suey, fricassee, casserole dishes, salads, and meat pies.

Rabbit livers—cooked, mashed, and mixed with seasonings—make delicious spreads for sandwiches or appetizers.

When serving rabbit, remember that it is all white meat, and very delicately flavored. This means that it may be improved with a little extra seasoning—more spices.

Meeting Announced For Temperance Union

Degree of Honor has scheduled a meeting for Tuesday, July 8 in KP hall at 8 p.m.

Mrs. H. G. Wilson, state past president, announces that hereafter there will be only one meeting a month of the lodge, this to be on the second Tuesday of each month.

Gardeners To Hear Conservation Talk

W. R. Robinson of the Forest Service will speak on conservation at the next regular meeting of the Roxy Gardeners to be held at 10:30 a. m. Wednesday, July 9 at Hawthorne Park.

A picnic at noon will follow the business meeting. Those attending are to take lunch and their own table service.

Former Residents of North, South Dakota To Hold Annual Picnic

All former residents of South and North Dakota and friends are invited to a picnic starting at 10 o'clock Sunday, July 27, at Tou Velle state park.

Coffee, punch, and ice-cream will be furnished by the Picnic association. Games and contests will last all afternoon. The oldest and newest couples, the youngest baby, the largest family, and the person coming the farthest for the picnic will receive prizes.

One of the features of the day will be the annual tug-of-war between the North and South Dakotans. This will have three divisions — men, women and children.

The committee hopes to have a turn-out to break the previous record of 500 people attending the picnic.

Salads Now Important In Diet of Americans

Salads have grown in importance in the American diet and are now considered a must in planning a well balanced meal. Good salads abound in health-giving minerals and vitamins.

One of the smartest ways to serve salad today is in the popular salad bowl, popular because of its ease of preparation. The salad maker should remember that ingredients should be uniform in size and large enough to retain their identity and that there's more appetite appeal if the arrangement of the salad is casual rather than "fixed." The ingredients should be tossed lightly, or arranged on lettuce.

Always have salad greens fresh, crisp and clean. Both greens and other salad ingredients need thorough chilling. In addition to head and leaf lettuce, try watercress, endive, romaine, and the tender leaves of spinach. Pat greens dry with soft towel after washing.

To separate head lettuce for "cups," cut out core with pointed knife and allow cold water to run into opening.

The flavor of cooked vegetables for salad is improved by marinating in French dressing for 30 to 60 minutes. Drain fruits and vegetables thoroughly before using.

Ice-Cube Cool!



by Marjorie Martin

Talk about fashion, this is it! Make it in a gay pastel cotton broadcloth or light weight denim with contrasting rickrack—it's smart for work, pretty on a date! Pack it in your suitcase for a weekend, a week, the whole summer! Send now, sew it in a jiffy!

Pattern R9254: Misses' Sizes 12, 14, 16, 18, 20, 40. Size 16 takes 4 1/2 yards 35-inch fabric.

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Miss Doris Moore

Idaho Falls Girl To Become Bride Of Robert Frink

From Idaho Falls comes news of the engagement of Miss Doris Moore, daughter of Mr. and Mrs. Ray R. Moore of that city, to Robert L. Frink of Bozeman, Mont. Mr. Frink is a son of Mr. and Mrs. L. G. Frink, Thomas road, Medford.

The coming wedding was announced at an informal party which the Moores recently gave for their daughter. The rites are set for August in Idaho Falls.

Miss Moore, a graduate of the Idaho Falls High school, received a degree this spring from the University of Idaho. At the university she was a member of Kappa Kappa Gamma sorority, serving as president her senior year. She was also active in dramatics, Associated Women Students, Pan-Hellenic and served as news editor of the Argonaut.

Mr. Frink was graduated from Ashland High school, where he played basketball. Earlier he attended Talent High school, where he was a star on the football team, and he also played softball for Medford teams. Mr. Frink attended the University of Idaho, playing football his freshman year. He is now sales manager for the Lundgren Ford company in Bozeman.

Extension Specialist Gives Correct Freezing For Vegetable Freezing

The garden season is well underway, and home economics extension agents around the state report they're already getting questions about freezing vegetables.

"Should I blanch my vegetables?" seems to be asked most often.

Agnes Kolshorn says "yes." Miss Kolshorn is extension nutrition specialist at Oregon State college, and she advises you to blanch — or scald, whichever word you prefer — your vegetables even if they're going to be stored for only a short time.

Tests were made recently on asparagus, green beans, and sweet corn. Some were blanched before freezing and some were not.

The unsalted asparagus developed off-flavors, and it discolored. Not only that, but the scalded asparagus had a little more vitamin C at the end of three weeks storage.

Unsalted green beans developed off-flavors and poor color by the end of two weeks, when stored in the freezer. A definite off-flavor developed in the unblanched corn in only 24 hours, and the flavor was poor in four weeks' time.

On the other hand, the scalded vegetables showed little change in quality from beginning to end of the storage period.

So you can see that if you blanch vegetables before freezing, you'll protect their flavor, color, and general eating quality.

Workshops on Sewing Valuable to Members Of Extension Groups

Among the many valuable women who have gained much sewing and tailoring information through extension service work are Mrs. Artice Burns and Mrs. Margaret Fitzgerald, members of the Medford Home Extension unit.

A release from the Oregon State college extension service at Corvallis points out that both Mrs. Burns and Mrs. Fitzgerald have taken workshop training in making cotton dresses, better dresses and tailored garments, and have in turn given demonstrations for fellow members.

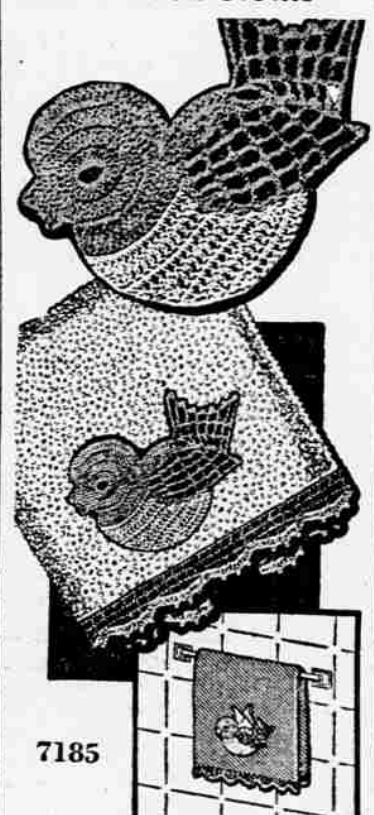
In tailoring, they learned to make the pattern up first in muslin. Thus they could adjust their patterns without fear of damaging expensive material. Then they cut their garments according to the muslin patterns, which of course fit perfectly.

Mrs. Burns and Mrs. Fitzgerald decided it would be a good idea, too, to make a muslin pattern for a basic dress, and they demonstrated this for members of the Medford Home Extension unit. Each woman made a muslin pattern, and one woman also made two basic skirt patterns, one for a straight skirt, and the other flared.

In fitting their muslins, many homemakers were surprised to find their body measurements were not the same on both sides. That's one reason for poor fits in both patterns and ready-made dresses.

But their muslin patterns were made to fit each woman perfectly, and they can now be used over and over, to make other dresses and to help alter ready-mades.

Holds Wash Cloths



by Alice Brooks

Pretty! Useful! Tuck your wash cloths in gay bluebird pockets—they're easy to crochet on hand or bath towels! Use string in two colors for colorful effect!

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Miss Jean Farley Ends Vacation Here

Miss Jean Farley returned to San Francisco Saturday after spending two weeks in Medford with her parents, Dr. and Mrs. Kenneth Farley. Miss Farley who is on the staff of Sherman Clay and company in San Francisco, studies voice at the San Francisco academy, Russian Hill, and is to sing the title role in "Tosca" in the coming production of the opera planned by the academy.

Miss Farley will also be presented in recital by the academy July 13.

Picnic Set for Sunday By Past Noble Grands

Past Noble Grands club of Olive Rebekah lodge will have a picnic at the home of Mr. and Mrs. W. H. Dyer, 29 Myrtle street, at 5:30 Sunday, July 13.

Those assisting the Dyers with the picnic will be Mrs. Minnie Bryant, Mrs. Dana Bowers, Mrs. P. M. Aldredge, Mrs. Arthur Scarseth, and Miss Bessie Frendenburg. Members are to bring a lunch cloth, table service and covered dish. The rolls and drink will be furnished, the committee states.

Many Wartime Workers Hold Same Jobs Today

Two Million girls and women who took factory and other kinds of jobs during World War II have never left their jobs in the years since then and today are still working for the same employers, according to U.S. census figures cited this month by the Institute of Life Insurance. This is ten percent of the twenty million women who held jobs during the peak of the nation's war effort.

Even though large numbers of women are continually moving in and out of their jobs because of marriage, children and other reasons, the census figures show that one woman out of eight with a job in American works in the same place she did ten years ago. In these years she may have been advanced from an apprentice job to a more important one, but her employer has remained the same.

Of the two million war-time women workers who are still working for the same employers today, the census figures show, half are now married and about a fifth of them have children. In the case of most of these mothers, their children are between six and 17 years old.

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