

RADIO PROGRAMS--MONDAY

Table of radio programs for Monday, including stations like KVBC, KMED, and KWIN, with program titles and times.

RADIO PROGRAMS--TUESDAY

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Your Health and Its Care

By DR. WILLIAM BRADY, M.D. Readers should address inquiries to: William Brady, 265 El Camino, Beverly Hills, Cal.

THE BASHFUL EXPECTANT FATHER



Dr. Brady

Typical young American woman reports that her husband was too bashful to accompany her when she visited the doctor for examination of hospitals and lying-in institutions and restore human dignity to childbirth.

Shame, shame on the... well, I am enjoying from any more, but I hope many readers who are familiar with my propensity can supply it.

But even this young husband is not utterly noisome, as his wife's report indicates: "Now, with my second pregnancy, George asks more questions than the doctor and I can answer, and he sees to it that I follow instructions faithfully."

The bashfulness of this typical young American man... I mean it is malodorous. It is a sad commentary on the education of potential or prospective parents in America.

The booklet for the young woman mentions is the little lesson titled Preparing for Maternity. For a copy send 25c and stamped, self-addressed envelope. It is designed to fill the gap between the woeful ignorance of most young prospective parents and the healthy state of mind represented by these young parents who do not permit the birth of children to separate them.

I contend that the 19th century practice, still maintained in certain hospitals and other institutions, of isolating prospective mother from prospective father, is vicious in every respect, medical and moral.

It encourages the st... the prospective father to take the attitude of the irresponsible, pampered and, too often, absconding husband. The chief reason why these antiquated institutions set up "rules" excluding the husband from the premises is that the doctors, nurses and other attendants can get away with malpractice, errors, gross negligence and the like with impunity.

Federal Men Seize Seven Boxcarloads Of Poisoned Grain

Minneapolis — (U.P.) — Federal agents are holding seven carloads of poisoned wheat and said they were pressing their search for additional loads of the mercury coated grain.

Maurice P. Kerr, chief of the Minneapolis office of the Food and Drug Administration, believed all of the wheat had been rounded up and none of it had slipped through, although he could not be certain.

Officials for two large milling firms said they believed rigorous inspection of grain prior to milling would prevent any of the grain being processed.

deadly seed grain became mixed with the wheat intended for consumption. The confiscated grain was shipped to Minneapolis, Duluth and St. Cloud, Minn., from points in South Dakota, North Dakota, Montana and Minnesota, he said.

Kerr said it was the usual practice to color seed grain pink to identify it from grain intended for processing into flour.

Mercury Aids Growth Such grain often is coated with mercury to aid in its eventual growth.

Kerr refused to say how the

CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down. Includes a small illustration of a man and a woman.

STRANGE AS IT SEEMS

Illustration of a man in a hat looking at a woman, with text about rural electric cooperatives and their own meters.

BARNEY GOOGLE and SNUFFY SMITH

Comic strip panels featuring Barney Google and Snuffy Smith with humorous dialogue.

BUZ SAWYER

Comic strip panels featuring Buz Sawyer with dialogue about a locust plague and a vacation.

LL ABNER

Comic strip panels featuring LL Abner with dialogue about a kiss and a sissy.

BLONDIE

Comic strip panels featuring Blondie with dialogue about a blue dress and Dagwood.

MUTT and JEFF

Comic strip panels featuring Mut and Jeff with dialogue about a letter and a car.

As We Live

By ELIZABETH HURLOCK, PH.D.

DON'T FEEL BADLY ABOUT BEING PETITE. It is the rare person who is ever satisfied with his looks. Teen-agers invariably wish they were different, no matter how attractive they may be.

Q. "I'm only 4 feet 10 inches tall, and am so very self-conscious about my height. All my girl friends are quite tall and I can't even meet boys because I'm so short. My parents are both tall. I've been to the doctor and he says there is nothing wrong with me. I am constantly growing out of my clothes. I buy clothes that make me look taller but they don't do much good. Will you please tell me how I can make myself taller?"

A. You cannot make yourself taller. You can, however, help nature along by getting plenty of the right food for growth, especially meats, milk, eggs, vegetables, and fruit, and by getting plenty of sleep at night. Occasionally lie down when you come home from school. Fatigue is detrimental to growth and you want to avoid it.

You have said two things in your letter that are very hopeful signs about your ultimate size. First, since both your parents are tall more or less guarantees that you will be tall too. Height runs in families, just as eye and hair color do.

Then, that you are outgrowing your clothes in a year means that you are in the "adolescent growth spurt." This comes about two years before and a year or two after your first menstruation. You will have three to four years of rapid growth, after which your growth will slow down until you are 18 to 19 years old. Then you will stop growing completely.

Great Consolation It should be a great consolation to you to know that girls who are slow in starting to mature usually end up taller than those who start their maturing earlier. Your girl friends are taller than you now but five years from now, it is very probable that they will not be as tall as you.

As for the boys, you are being silly. Boys like "petite" girls, not big ones. Stop being self-conscious about your size. That only reflects in your behavior and drives them away. Instead, cultivate the habit of tilting your head as you look at them. This will make them feel that they are very tall and masculine. Nothing could be more flattering to them.

If you have a personal problem, write Elizabeth Hurlock in care of this newspaper.

Dead line Sunday Classifieds is at 3:30 p.m. for following day; 10 a.m. Monday for Monday; noon Saturday for Sunday a.m.

Good Bear Creek TOP SOIL PHONE MEDFORD CONCRETE CONSTRUCTION CO. 2-6469

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Little Daisy



Soap Box Derby ENTRANTS

Special Meeting for all Medford boys building racers, and their sponsors

Tuesday, June 17 2 p.m Hawthorne Park LOOK FOR THE OFFICIAL CAR NORTH OF THE PARK SWIMMING POOL!

HONESTY PAYS LITTLE St. Augustine, Fla., (U.P.) — A maid discovered \$7,193.11 in cash left under a pillow at a tourist court here. She caught the visitors before they left the court and was rewarded with \$5.

Advertisement for St. Joseph Aspirin, featuring a box of aspirin and text about its benefits for various ailments.