

RADIO PROGRAMS--MONDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

Table with 3 columns: Station (KYJC, KNED, KWIN), Time, and Program Name. Includes shows like 'Fun Factory', 'Sports Parade', and 'Platter Party'.

RADIO PROGRAMS--TUESDAY

Table with 3 columns: Station, Time, and Program Name. Includes shows like 'Farm News', 'Breakfast Club', and 'Platter Party'.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D. Readers should address inquiries to William Brady, 265 El Camino, Beverly Hills, Cal.

PHYSIOLOGICAL FUNCTIONS OF CALCIUM



Dr. Brady

Today, folks, it isn't just Doc Brady having a pipe dream. It is the real McCoy, stuff copied right out of a physiology textbook, without embroidery.

Long bones (of thigh, leg, arm and forearm) grow in length at the junction of epiphyses (cartilaginous ends near joints) and diaphyses (shafts). It is my belief that an adequate daily ration of calcium and vitamin D, not for a few months but throughout childhood and early youth promotes growth in stature.

- (i) Essential for ossification of bone. (ii) Regulates excitability of nerve fibres and nerve centres. (iii) Necessary for adequate contraction of heart muscle. (iv) Necessary for clotting of blood and curdling of milk. (v) Diminishes permeability of capillary endothelium.

Physiological chemists have not yet determined precisely how the calcium in food is converted into bone, nerve, artery and other tissues. But they know that calcium in the bones exists in two forms, namely, calcium carbonate, and tri-calcium phosphate. Calcium carbonate is chemically identical with eggshell, chalk, limestone and marble.

Whether an optimal daily ration (that is, two or three times as much as nutrition authorities consider necessary to prevent manifestations of nutritional deficiency) of calcium and vitamin D speeds or helps the knitting or healing of fractures is a moot question.

Chief offered us a Kaywoodie with a broken stem. We still don't know if it was a pipe of peace or a piece of pipe.

MOO-O-OS and MUSINGS



EDITORIAL CORRESPONDENCE

(Wimer)—We sat in a teepee today and made talk about world affairs with old Chief Synthetic Puss (Rayon in the face).

Little Daisy



Chief offered us a Kaywoodie with a broken stem. We still don't know if it was a pipe of peace or a piece of pipe.

QUESTIONS & ANSWERS

My husband's feet sweat. If something isn't done about it I'm afraid... (Mrs. S. P.)

Fiery, Smarting Itch of Common Skin Rashes. Don't stand such torment another hour! Just smooth Resinol Ointment on your irritated skin at once.

CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down. Includes a small illustration of a cow.

use a clipping) if you provide stamped, self-addressed envelope. Obliteration of Varicose Veins. A year ago had operation for varicose veins. It didn't help much.

Farmer's Packing Co. CUSTOM KILLING, CUTTING AND CURING Double Wrapping for Lockers Dealers in Livestock Phone 2-6966

STRANGE AS IT SEEMS

Illustration of a man and a cow. Text: FROM DATA COMPILED BY THE NEBRASKA AGRICULTURAL EXPERIMENT STATION, IT IS ESTIMATED THAT THE TOTAL LENGTH OF ALL THE ROOTS FROM ONE CORN PLANT IF LAID END TO END WOULD REACH A DISTANCE OF 6 MILES!

BARNEY GOOGLE and SNUFFY SMITH

Comic strip panels showing Barney and Snuffy. Dialogue: ORDER IN TH' COURTHOUSE!! TH' JUDGE IS FIXIN' TO READ OFF HIS BODACIOUS DECISION—LIT—NOW, WHAR'S THAT TOM-FOOL PAPER I SCRIBBLED ON??

BUZ SAWYER

Comic strip panels showing Buz Sawyer. Dialogue: I'M SORRY ABOUT YOUR BROTHERS, YUMA. LOOK, I KNOW WHAT MY BROTHERS WERE LIKE, THEY WERE BOUND TO COME TO A BAD END.

L1 ABNER

Comic strip panels showing L1 Abner. Dialogue: Y-YO! WRT FOR A BABY? HATCHELRY!! ORDERED IT FUM TH' ORPHANS' HOME!! THIS IS PROBABLY HIM NOW.

BLONDIE

Comic strip panels showing Blondie. Dialogue: DAGWOOD--WAKE UP! I HEAR A BURGLAR AT OUR SILVERWARE DRAWER. IS THERE A BURGLAR DOWN THERE?

MUTT and JEFF

Comic strip panels showing Mut and Jeff. Dialogue: WHAT 'CHA DOIN', MUTT? I'M WRITING MY WILL! WILL? I DIDN'T KNOW YOU HAD ANOTHER SON!

As We Live

By ELIZABETH HURLOCK, PH.D.

WIDOW, 56, SHOULD MARRY ONCE HER FAMILY GROWN. Should a widow consider her children's feelings when she thinks of remarriage? The answer depends largely on the age of her children at that time.

(Q) "I have been keeping company with a widower older than myself. He has two married sons and a single daughter who, through an accident, got mentally ill. I have two married daughters. This man has asked me to marry him but I am afraid of the reactions of the children of both sides. Please tell me what you think I should do."

(A) Go right ahead and marry this man. Why should you face a lonely old age when you have found someone congenial with whom you can spend the last years of your life? Your life is your own now to do with as you please.

If your children and this man's children were toddlers or even teenagers, you should consider their reactions before making a final decision. Step-parents are often difficult to adjust to. A parent owes it to his or her children to see that the person who takes the place of

Vacation Time LOANS

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Rogue Valley SOAP BOX DERBY July 13 1952 MEDFORD, ORE.

Illustration of a man at a desk. Text: HECK! I DIDN'T KNOW THEY MADE IRONING BOARDS OUTTA STEEL!