

Mrs. Dave Winningham Named Unit Chairman; Demonstration Planned

Applegate—Mrs. Dave Winningham was elected chairman of Upper Applegate Extension unit at the final meeting of the club year held at the home of Mrs. William Winningham. She will serve through 1952-53, beginning in October.

Other officers were re-elected and include Mrs. Loran Cooper, vice-chairman; Mrs. William Ziegler, secretary; Mrs. John Byrne, treasurer; Mrs. Lee Port, member of the county alumnae extension committee, installed the officers and presented corsages made by the hostess.

A sewing demonstration on making belts, buttons, and buckles was given by Mrs. Rolland Smith and Mrs. Port.

Announcement was made of a freezing demonstration tentatively for June at the Ruch school for extension units of Upper and Lower Applegate.

Articles in "Council Comments," state extension publication, were read, one of which made particular mention of Upper Applegate Unit.

Since all members have cooperated with the luncheon chairman, Mrs. Clarence Meier, in providing balanced luncheons throughout the club year, the picnic lunch was considered a special event. Seventeen members attended, and it is noted that five had perfect attendance records at eight meetings since October: Mrs. Thomas Antley, Mrs. Estell Cox, Mrs. Clarence Meier, Mrs. Rolland Smith, and Mrs. Al Williams.

Methodist Women Hold May Meeting at Burks

Circle 4, Woman's Society of Christian Service, held the May meeting at the home of Mrs. F. F. Burk, 1320 Ridgeway. Assisting Mrs. Burk were Mrs. C. H. Beery and Mrs. Ella Dossie. Dessert was served.

Mrs. G. Brood had charge of devotions. The chairman, Mrs. Burk, conducted the business meeting in which plans were made to serve luncheon for a sub-district meeting.

Members presented Mrs. Burk with a WSCS pin in appreciation of her leadership through the year.

As We Live

By ELIZABETH HURLOCK, PH.D.

BE RUGGED: SEE YOURSELF FOR THE PERSON YOU ARE

Seeing ourselves as we really are is not always pleasing. We would like to be as we see ourselves in our daydream world but this wishful thinking rarely is duplicated in reality. Then we have to make the choice. Shall we look at ourselves as we are, no matter how disappointing this vision may be, or shall we try to kid ourselves into believing that we are as we would like to be?

Far too many people choose the latter alternative. They shut their eyes to what they should see and see only what they want to see. As a result, they have a very unrealistic concept of themselves. Of course this is far pleasanter than what they would see if they kept their eyes wide

open, but does it lead to happiness? To me, a very interesting and not at all exaggerated picture of what a person who refuses to know himself is doomed to experience has been well illustrated in the play "Death of a Salesman," and in the movie of the same name. If you have seen it, you know how inevitable the end was.

Inflated Ego
Here was a man, mediocre in ability, who liked to think he was a "big shot" in the business world. It inflated his ego to think that his football-playing son was a "big shot" too. So he exaggerated their abilities beyond all proportions.

Of course the son could not live up to his father's expectations so he ran away from the constant reminders that he was falling short of parental expectations. And because his father had fostered in him the idea that he was capable of bigger and better things than he was, he could not settle down and make a go of what he was really capable of doing.

View Not Pleasant

The father, like anyone with an unrealistic concept of himself, sooner or later was forced to look at himself as he really was and what he saw was not pleasant. Actually, he could not face it and committed suicide.

Not all people will do this when they are forced to see themselves as they really are, but all will be unhappy and disillusioned. And because they believe they are capable of greater achievements than they actually are, they never make a success of what they can do. This adds to their unhappiness. How much wiser it is to see yourself as you are right from the start and get used to what you see. Then you won't have to face disillusionment.

LETTERS FROM READERS
Words vs. Deeds: "Why do so many people talk as if they were righteous and good, and yet do the very things they condemn in others?"

(A) People with lofty ideals mean to live up to their ideals but sometimes the flesh is weak and they yield to temptation. After falling below their ideals, they are usually bitterly disillusioned with themselves and have marked feelings of guilt. This may not make them better in the future but it almost always increases their intolerance toward others who do the same things that they do. An extremely critical, intolerant person is invariably one who has lofty ideals and is not living up to these ideals. So he vents his pent-up disappointment in a wrathful attack on others and condemns them bitterly, even if they are no worse than he.

Interest in Children: "My husband showed little interest in our children until they were 5 or 6 years old and could play with him. Now they are not as interested in their father as he thinks they should be and this hurts his feelings."

(A) You can't expect children to develop a fondness for a person overnight, especially when

No Coffee Grown At City of Mocha Says Trade Letter

In the 400 years that have elapsed since the beginning of the coffee trade, many "coffee" words have been added to the language of the world, according to the Coffee Newsletter of the Pan-American Coffee Bureau. One of the first and most famous of these words was the word "Mocha."

Over the centuries, there has grown an erroneous impression that the finest of coffees have been grown near the Arabian city of Mocha. The fact is that this locality, actually a sterile plain, has never produced even a single coffee bean.

In the 1500's and 1600's, virtually all the coffee in use throughout the civilized world was grown in Arabia and Turkey. Arabian coffee was cultivated by natives in almost inaccessible mountain valleys in the interior. Sixteenth century Turkish merchants, the first coffee middlemen, sent their prized coffee cargo by camel caravan

High School News

By ROBENE STARCHER

Miss Carol Coleman was installed president of Girls League for 1952-53 in a candlelight ceremony held in the auditorium Wednesday afternoon. Other officers installed were Gail McDuffee, vice-president; Vera Casey, secretary; and Roberta Manning, treasurer. Jane Phillips, who was elected treasurer, will not attend Medford high next year.

Retiring officers of the Girls League are JoAnn Larson, president; Shirley Garris, vice-president; Diane Findley, secretary; and Stella Wilson, treasurer.

The retiring officers were given corsages by the new officers and Mrs. Marjorie Butler, adviser, was also given flowers.

Newly elected officers of Phychem, science club, are Loretta Kelley, president; Ruth Ann Pederson, vice-president; Rita Grisila, secretary; and Bets Rinehart, librarian.

Copies of the Medford high school annual, Crater, arrived Friday and the annual signature party was held after school in the boys' gymnasium. Norma Jeanne Snell and Carolyn Shangle were co-editors of the annual.

Former Medford High school students were among those recently pledged by honor groups at Oregon State college. Jim Welty is a pledge of Alpha Delta Sigma, advertising honorary, and Dick Kyle has been pledged to National Collegiate players.

that persons has shown little or no interest in them. If your husband wants his children to like him and to want to do things with him, he must build up an affection in them for him almost from the time they are born. Of course little babies and toddlers are not as companionable as older children but there are plenty of interesting things in them if your husband will only keep his eyes open and look for them.

Engagement Ring: "My fiancé wants to give me an engagement ring but he can't afford to buy one of the kind I want. I think he should wait until he can get what I want but he wants to give me a ring now. What shall I do?"

(A) By all means, take the ring now. There is sentiment associated with an engagement ring no matter how small it may be. That same sentiment will never be associated with a ring he gives you later.

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Miss Betty Hopper Honored at Party
Phoenix — Mr. and Mrs. C. V. Hopper of Wagner creek road, entertained Sunday in celebration of the birthday of their daughter, Miss Betty Jean Hopper. Guests were Mr. and Mrs. Glenn Miller and family, Phoenix; and Mr. and Mrs. Harold Dollard, Grants Pass.



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At The Granges

Shady Cove Grange
Eagle Point Grange drill team Shady Cove Grange will meet Wednesday, May 28, at 8 p.m. Eagle Point Grange drill team will give third and fourth degrees to the following candidates, Mr. and Mrs. Gene Weitman, Mr. and Mrs. Walter Caddell, Miss Edna Perkins and Eugene Erickson.

Refreshment committee will be Mr. and Mrs. A. B. Clark and Mrs. Elsie Wilson.

H. E. C. will meet Tuesday, June 3, at 1:30 p.m., at the home of Mrs. Nellie Motschenbacher. Co-hostess will be Mrs. Sadie Vanderlipp. Making corsages will be the project. Members are to bring ribbon and wire for corsages.

Roll call will be answered by naming some town in Oregon and telling something of interest concerning it.

Roxy Ann Grange

Roxy Ann Grange met May 16 with Master Ivan Wolfe presiding. Lewis Bish was installed as overseer, and Lillie Meadows as lecturer.

Mention was made of the 16 new chairs purchased recently for the officers. Merrill Shaw gave the H.E.C. report as H.E.C. chairman Marguerite Shaw was absent.

H.E.C. met at Grange hall on May 14. Willetta Sims was hostess.

Muriel Shaw was appointed to find flowers, fruit and grain for the three Graces stations.

Building Committeeman Paul Larson reported he thought we should buy more shingles at this time and finish the roof. Dance Committeeman Ken Shaw reported the square dances have been doing real well.

It was voted that the secretary should write a letter of

to Cairo. From there, it was shipped down the Nile to Alexandria, then the chief port for Europe and the Near East.

However, with the growth of the coffee trade during the 1600's and early 1700's, Dutch, English and French traders began to send their ships clear around the Cape of Good Hope to Arabia to buy directly from the Arabians. Through this effort to eliminate the middleman, the port of Mocha became the center through which most European coffee was to be exported for many years.

As soon as the Europeans established direct trade with Arabia, they observed a startling development; suddenly, the quality of the coffee was greatly improved. It was discovered that the aging and "sweating" process which the beans underwent during the prolonged voyage through the humid tropics mellowed the coffee's flavor. So it was that the coffee called "Mocha" came to be known as the most desirable coffee obtainable.

Almost from the beginning, the crops of Mocha were far too small to meet the demand. In time, other countries began to grow coffee which was sent by windjammer to Arabia where the beans were "aged" in the sun to give them the yellow-brown color of Arabian coffees. Then they were christened with the magic name, "Mocha," and re-shipped to world markets.

Today, most Arabian coffee is consumed in Arabia. The amount received by the United States makes up less than one-tenth of one per cent of coffee used here.

Sunday, May 25, 1952

MEDFORD (OREGON) MAIL TRIBUNE—ELEVEN

CALIFORNIA WEATHER

Northern California: Fair through Sunday except increasing fog on coast; cooler in coastal valleys; northwest winds 10 to 22 mph off coast.

For a delicious tuna sandwich spread, combine a can of tuna with 1/2 cup each chopped nuts and sliced ripe olives, 2 tablespoons chopped pimento and a dash of tabasco. Moisten with salad dressing or mayonnaise. Good between slices of cracked or whole wheat bread.

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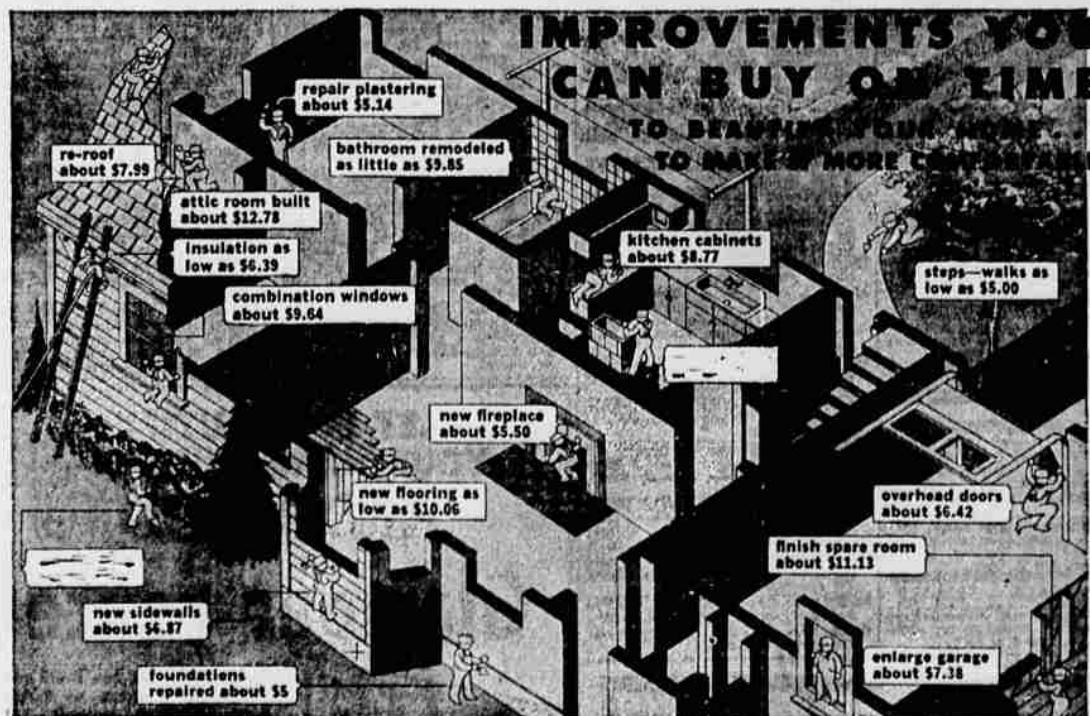
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