

Feeding the Family

By Zola Vincent
Food Editor

Italian Pizza That Compares With Experts'

Let's go for pizza (peetsa, that is). Real Italian pizza, we should remind you, is made with a raised yeast dough, like a very short bread dough. However, a short biscuit dough may be used with quite good results and is much quicker and easier to make.

For 6 four-inch pies or one very large one, line pie plates or a large, shallow round plate or tin with very short biscuit dough rolled a scant 1/4 inch thick, pressing the dough firmly against the plate or pan.

For the filling, peel and chop 3 large, firm, ripe tomatoes, 1/4 pound Italian salami, chopped coarsely or cut in small pieces, 3 tablespoons chopped green or black olives, 1 very large onion chopped very fine, 1 to 2 tablespoons parsley and 1/4 pound white Italian cheese or Swiss cheese, cut in very small bits.

Spread filling over the dough and bake in a moderate oven for about 20 minutes or until crust is brown and stuffing bub-

bly and very hot. Mix a little oregano or thyme with the filling or sprinkle lightly over it before baking. Six servings; probably enough for four persons because they'll like it so much.

French Fried Onions

Masculine Favorite
Notice how often the men order French fried onions when they appear on a restaurant bill of fare? They're easy to do at home.

6 or 8 medium size mild onions

1 cup flour
1/8 teaspoon poultry seasoning

1 cup milk
1 egg

1/4 teaspoon salt
Shortening or cooking oil

Skin the onions, slice very thin, separate into rings, dip into batter made from the flour, eggs and seasoning, drain well.

Have ready kettle of fat hot enough to brown a small piece of bread in 60 seconds. Lower onions in wire basket into hot fat; fry to golden brown; drain

on absorbent paper. Sprinkle with salt. Serve at once.

Honey Talk—Sweet Stuff

Honey of excellent quality and in exceptional quantity is available from the Intermountain area and the Northwest. Honey is sold in the comb, strained and in homogenized form especially for table use.

With occasional exceptions, the lighter colored honeys are of a higher grade than the dark. It serves as a spread and contributes its unusual flavors to cooked and baked dishes and in sauces and dressings.

Honey Care

Honey naturally granulates and can be restored to its original liquid form by placing the container in a pan of hot, not boiling, water.

Honey Butter

Cream 1/2 cup butter or margarine thoroughly and gradually beat in 1/2 cup of strained honey until mixture is light and fluffy. Delicious on hot breads, toast and crackers.

Cottage Cheese and Honey

A delicious dessert combination; pour cream over cottage cheese and drizzle honey over the top. Frozen or canned berries make a further pleasing addition.

Honey Sauce for Desserts

For fruit desserts, custards, ice cream. Beat 1 egg; add 1/2 cup honey, 1 cup hot water, 1 1/2 tablespoons butter, 1/2 lemon (juice and grated rind) in the order given. Cook over hot water for about 15 minutes, stirring constantly.

Honey-Lemon Milk

To 1 quart of chilled homogenized milk, add 1/8 teaspoon salt, 1/2 cup honey; beat until thoroughly mixed. Add 1/4 cup strained lemon juice slowly, beating constantly. Serve at once. Four servings.

Chocolate-Banana Dessert

You can't say this isn't differ-

IT'S AN OLD CUSTOM

Starkville, Miss. — (U.P.) — Modern day fathers needn't think it's anything new-fangled for students to write home for money. Dr. John Bettersworth of Mississippi State College says they've been doing it for centuries. Bettersworth says that during the middle ages the word student was synonymous with beggar.

Iron From South Africa May Soon Be Fed to Plants

Pretoria, South Africa — (U.P.) — Great mountains of iron across the bushland north of this capital city soon may start feeding hungry steel mills in South Africa and eventually throughout the world.

The khaki-colored countryside in the vicinity of Airlie, Transvaal, is estimated to be the biggest medium-grade ore reserve in the world.

The South African-financed Dominion Iron and Steel Corporation, using the German-developed Krupp-Renn process, expects to start production within the year. At first, the ore will move only to South African plants which, like those all over the world, are suffering an acute steel shortage.

Shipments Planned
It is intended that as soon as large-scale production gets started, shipments will be made to adjoining African territories and overseas.

The strategic implication of the new deposits is considerable. By becoming self-sufficient in steel, South Africa ceases to be a drain on the vital British and North American industries through import.

Instead, the country not only is able to be lavish with blueprints for its own industrial expansion but also will be able to boost adjoining underprivileged areas.

Industrial construction in areas such as Rhodesia and the Belgian Congo, sorely pressed through lack of steel, will be assisted with the ultimate benefit passing to Africans in increased employment.

To start with, the new South African ore plants will produce 70,000 tons a year. Technical manager of the plant is Martin Gubitz, former chief engineer and deputy production manager of the Hermann Goering Works, Germany.

Gubitz is assisted by a squad of engineers from the Krupp works.

The main iron mountain at Airlie dominates a beautiful valley where a new township is expected to rise. It rises 3,500 feet above the valley, with the ore occurring in three layers. It is estimated that 118,000,000 tons of iron ore is buried in the surface layer alone.

This ore could meet all South Africa's requirements for several years. The iron content is about 47 per cent.

So far, the central and bottom layers have not been explored but it is believed that together they represent one of the largest reserves of medium-grade ore in the world.

The search for iron ore is not

ent! Easy to do and the children will love it. Melt 1 package semi sweet chocolate morsels and 3 tablespoons butter, margarine or shortening over hot, not boiling, water. Stir occasionally until melted. Cut in half cross-wise. Dip into melted chocolate. Place on waxed paper in refrigerator until chocolate hardens. Twelve banana halves; six generous servings. Maybe more?

Cranberry Chutney

Rare Relish Delight

Canned cranberry sauce is an all-time bargain right now; actually costs less than the fresh cranberries alone at the peak of their fresh season. This chutney is a handsome and tasty accompaniment for any pork dish or poultry favorite.

1 1/2 cans whole cranberry sauce

1 1/2 cups vinegar

1 cup brown sugar

1/4 pound seedless raisins

1/4 pound blanched almonds, finely chopped

1 teaspoon garlic salt

1 teaspoon ground ginger

1/2 teaspoon red pepper

To the cranberries, add the vinegar and other ingredients; boil slowly, stirring occasionally until chutney is fairly thick. Pour into hot sterilized jars; seal.

Barbecued Fish

Is Unusual Dish

Use trout, cod or other small fish, split and boned; or use any of the popular fresh or frozen fish fillets.

2 to 3 pounds fish, boned

1 onion, finely chopped

2 tablespoons butter or margarine

Juice of 1/2 lemon

2 teaspoons vinegar

1 teaspoon honey

1/4 teaspoon curry powder or turmeric or 1 teaspoon Worcestershire sauce

1/3 cup catsup

Cayenne pepper to taste

Arrange fish on well greased baking dish, skin-side down, if whole fish is used. Sprinkle with salt. Simmer together remaining ingredients to consistency of thick sauce. Spread thinly over fish with a pastry brush. Broil under moderate heat, basting with sauce from time to time, for 15 to 20 minutes until cooked through but not dry. Serves four to six.

confined to the Airlie region. The Bethlehem Steel Corporation, one of the two largest U. S. steel corporations, has obtained prospecting rights over a vast area of South West Africa, led by Dr. E. T. Hodge, the firm's representative in Africa.

The prospecting is expected to start in June and will continue for three years, with up to 50 geologists engaged in the work. Dr. Hodge predicted that if worthwhile ore discoveries were made in South West development of the area would follow the same lines as that undertaken by the company at El Pao, Venezuela. Railways and harbors would be built or existing facilities improved upon to get the ore to shipping points.

Queen Selection For June Roundup Scheduled May 18

Selection of the 10th annual Rogue River roundup queen and her two princesses, considered by Jackson County Mounted Sheriff's possemen as one of the most important events leading up to the June 14 and 15 roundup, will be made Sunday, May 18, at 1:30 p.m. at the posse grounds on Sage road.

Names of the judges and rules of the judging were announced today by the Ladies Mounted troop members who are working with the posse in the queen's contest.

Out-of-Town Judges

The judges, from out-of-town riding groups, are Lee Pruitt, Grants Pass; Loy Fixen, captain, Josephine county posse; and Henry Enders, Ashland.

The contestants will be judged 80 per cent on riding ability including handling, saddling and bridling of a horse, and posture, mounting and dismounting; 25 per cent on appearance and manners of the contestant and mount; and 15 per cent on neatness and suitability of equipment, according to Mrs. Guy Hughes, troop captain.

Plan Prizes

The queen will receive as prizes a Stetson hat and a hand embroidered western shirt, and her two princesses each will be given western belts with engraved buckles, the captain added.

Applications for the queen contest may still be obtained from Mr. or Mrs. Fred Slate, Lodge motel, and will be accepted up to noon Sunday, May 18, the day of the judging, the troop officer said.

The public is invited to the judging and to a buffet lunch which will precede the event at 12:30 p.m. A small charge will be made for the lunch but there are no charges for the day's other activities, the troop officer pointed out.

IKE LOSES OUT

Hastings, Mich. — (U.P.) — Gen. Dwight D. Eisenhower got one write-in vote for first Ward alderman in the Hastings municipal election. He lost, however, to Albert Osborne.



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