

As We Live

By ELIZABETH MURLOCK, PH.D.

YOU CAN WORK OUT FROM UNDER A POOR NICKNAME

As a nation, we have a greater variety of names of different national origins than almost any nation in the world. This is to be expected because we have such a wide variety of national groups represented among our people.



Dr. Murlock

People with unusual names, however, usually feel self-conscious and embarrassed about their names. This holds true for family names as well as for their own given names. This embarrassment may even reach the point where the person develops an inferiority complex.

If you are a victim of such experiences, you are foolish. Why not regard your name as a mark of distinction, something to be proud of instead of ashamed of? If you feel that way about it, others will, too.

Of course, an unusual name often gives rise to trouble in pronunciation and spelling. Don't let that concern you, either. After all, what difference does it make if other people mispronounce your name or misspell it? You can easily set them straight.

Change Your Name

When you have a given name that disturbs you because you feel that it is inappropriate, undignified, or even infantile, use the other name your parents have given you or change your name. Your parents may be hurt at first but they will see your point of view if you explain it to them.

A nickname is something you can always control. Most children acquire a nickname as soon as they enter school. And this childhood nickname usually clings to them for the rest of their lives unless they do something to put a stop to it.

Can Control Nickname

Once again, that is something you can control if you take the matter in hand before the name becomes too firmly attached to you. When people call you a nickname you don't like, never

let them know how you feel. If you do, that is a sure way to make them cling to it.

Instead, say, "Most of my friends call me 'so-and-so.'" Once you can get the nickname of your choice started, it won't take long before it will replace the one you dislike. Parents of young children are smart to give their child a nickname he won't object to and use it so widely that there will be little chance for another nickname to get started.

LETTERS FROM READERS

Troublemaker: "It seems to me that there is a troublemaker in every family. How can this be corrected to avoid disrupting family harmony?"

(A) Unfortunately, you are correct in saying that every family has a troublemaker. It may not be in the immediate family, but there is sure to be one among the relatives. A troublemaker is a person who is trying to get even or to compensate for what he believes to be neglect or mistreatment on the part of other members of the family. The only way you can put a stop to troublemaking is to be kind and considerate to that person. When he feels that he is accepted and belongs, he will stop trying to make trouble.

Control of Money: "Why do so many husbands feel that they should keep the family money and pay all the bills? Women are just as careful of money as men."

(A) You are correct in saying that women, as a whole, are just as frugal as men. There are, however, exceptions to the rule among both men and women. Unfortunately, women have acquired the reputation of having "no money sense" or of thinking that "money grows on trees."

As a result, many husbands are afraid to turn over the household money to their wives. Even women who have "no money sense" quickly acquire it when they discover that money to pay the butcher does not "grow on trees."

Sports: "Why is it that teenage boys and girls rarely play games together as they did when they were young children?"

(A) There is not much romance connected with sports

COME HOME OF FREEDOM



GI CROWNED KING—The 100,000 Korean war veteran to be returned home through the port of Seattle, Cpl. Casper C. De Angelis, 24, of Brooklyn, waves a royal welcome to fellow vets as they depart from the transport Pvc. Joe P. Martinez. Beside him is the port's queen, 18-year-old Fray Hager. Cpl. De Angelis was crowned King GI when he stepped ashore. Those "scars" on his cheek are lipstick greetings from Queen Fray.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: William Brady, 263 El Camino, Beverly Hills, Cal.

MANY DOCTORS ARE DUMB ABOUT NEEDLE SURGERY

In 1935 the comic weekly of the American Medical Association said in answer to a query from an Arkansas physician about the ambulant (injection treatment of hernia) (rupture) (breach): "While there would appear to be no place at all for the injection treatment, it is possible . . . isolated instances in which an attempt of this sort might be justified."

In 1940 in a report by the Council on Pharmacy and Chemistry published in the official journal of the AMA the injection treatment fared better: "The Council now concurs in the opinion that the injection method involves less danger of serious complications than surgery . . ."

Obviously, the "serious complications" and "dangers" which the ever-ready operators so freely ascribed to the newfangled method in those days were as hypothetical as those conjured up for the Arkansas physician whose naive query drew the outburst quoted above. In fact, a report by Drs. Harris and White, published in the comic weekly in '38, stated categorically that "no serious complications or deaths occurred" in the injection treatment of 236 patients.

Despite these uncontroverted facts many thousands of persons who might be cured of hernia go uncured because they are not "good risks" for operation or because they do not choose to undergo operation, because their

and there is even less when the boy beats the girl in the game they are playing. Beating the girl is inevitable when the two sexes compete because boys develop stronger muscles than girls and they, therefore, have greater strength. When a girl beats a boy, the boy feels humiliated, and that likewise kills romance. To avoid such embarrassing experiences, boys and girls keep their sports separate. (Copyright, 1952, General Features Corporation)

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Favorable Action Urged in Formation of Water District

C. W. Corcoran, president of the committee which has been organizing support for a proposed new water district west of the Medford city limits, yesterday urged residents of the area to cast their ballots in favor of the district.

A special election on the formation of the district will be held on April 15.

Most of those in the area are anxious for "city water," Corcoran said, and this will be their first chance to take advantage of the enlarged supplies of water provided by the recently-completed Big Butte springs pipeline.

Water Unfit

Corcoran pointed out that the area has many shallow wells, septic tanks, a high surface water table and close concentration of buildings. As a result, much of the well water is unfit for human consumption, he said.

Directors for the proposed district will be elected at the same time.

The area involved is northwest of the city and is bounded roughly by Sage road on the east and north, a line parallel to and west of Ross lane on the west, and the Jackson Highway Water district and the city limits on the south.

By Late Summer

If the vote is favorable and the district is formed, it is hoped that city water will be made available to users in the area by late summer. A bond issue to cover costs of installing a pipeline has been tentatively planned, to be repaid from water fees over an extended period of years, Corcoran said.

ed, prejudiced and lacking in experience and skill in the office treatment of hernia.

Incidentally, physicians are people, and people communicate with me courteously if at all. Expect no reply unless you provide stamped, self-addressed envelope.

QUESTIONS & ANSWERS
Consult a Physician
I am diabetic and make urinalyses twice daily. Although I keep the insulin (protamine zinc) in the refrigerator the last few doses always seem to . . . (C. R. H.)

Answer—I tell all I can about the nature, cause and PREVENTION of diabetes in the booklet TRAINING FOR DIABETES—for which send 25c and stamped, self-addressed envelope. Only your own physician can answer your question.

No Difference
What is the difference between rheumatism and arthritis? (Mrs. M. S.)

Answer—Arthritis is one letter shorter. Both merely cover the ignorance of doctor and patient in regard to the nature of the trouble. If the doctors back home call it rheumatism and the x-ray artists at the "clinic" tell you it is arthritis you will find out for yourself that the difference is about \$100.50.

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Three Sentenced In Circuit Court

Three men were sentenced by Judge H. K. Hanna in circuit court Friday. Max Marvin May, 722 North Riverside avenue, route 1, box 387, Central Point, and Ronald Eugene Johnson, 722 North Riverside avenue, were each given three-year terms in the state penitentiary for forgery charges. They were accused of passing two checks at Anderson's Thrift market on March 7. District Attorney Paul Haviland said both have extensive criminal records.

Leon Berton Finchem, Allen hotel, was given a two-year suspended sentence on a charge of burglary involving the George Goodman service station on February 23. Haviland said that negotiations are being made to return Finchem to his home state, Iowa.

Henry Albert Hiatt, 69, of 704 North Beatty street, entered a plea of guilty in circuit court Saturday on a sodomy charge. His case was continued for study of records prior to sentencing.

According to city police and district attorney's reports, the case involved minor girls over a period time. Hiatt was arrested by city police on Friday.

Active Club Members Hear Paul Haviland

Paul Haviland, district attorney for Jackson county, was guest speaker at last week's meeting of the Medford Active club, held at the Rogue Valley Country club.

Haviland explained the function of the district attorney's office in the county and told of some of the cases he had been called to work on.

George Schuler, president of the club, reported on plans for the Oregon State Convention of Active Clubs to be held here April 26 and 27.

Dewey Wilson was program chairman.

Eisenhower Committee Announces Treasurer

R. B. "Bud" Thierolf has been named treasurer of the Medford Eisenhower-for-President committee. It was announced Saturday by Chairman William McAllister.

McAllister said that while the committee does not plan to spend a great deal of money in their campaign there will be some printing and office expenses.

The polling place in the election will be at the Medford Spring service, 817 McAndrews road, near the corner of West Jackson street and McAndrews road.

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