

RADIO PROGRAMS--TUESDAY

KYJC--1230 kc	KMED--1440 kc	KWIN--1490 kc
5:00-Space Cadet*	Weeks & Orr News	Story Time
5:15-Space Cadet*	What Are You Doing	Stars for Defense
5:30-Chet Huntley*	Killer Peterson*	Between the Lines
5:45-"V" Club Revue		
6:00-Sports Parade	Sports Roundup	Lyn Murray Show
6:15-Elmer Davis*	2 Pierce Commentary	Musical Mailbox
6:30-Drive-in Quiz	Fibber McGee & Molly*	Musical Mailbox
6:45-Election Returns*	Eddie Cantor Show*	Musical Mailbox
7:00-Silver Eagle*	Edna Cantor Show*	Valley News
7:15-Silver Eagle*	Bob Montgomery*	Lean Back & Listen
7:30-Newstand Theatre*	Man Called "X"	
7:45-Newstand Theatre*	News of the World*	
8:00-Metropolitan Audi*	One Man's Family*	Sports Round-up*
8:15-Metropolitan Audi*	News of the World*	Baseball*
8:30-"On the Town"	Cavalade of America*	Baseball*
8:45-"On the Town"	Cavalade of America*	Baseball*
9:00-Town Meeting of the	Barry Craig*	Baseball*
9:15-Town Meeting of the	Barry Craig*	Baseball*
9:30-Town Meeting of the	Barry Craig*	Baseball*
9:45-Erwin D. Canham*	Barry Craig*	Baseball*
10:00-Hank Weaver News*	Richfield Reporter*	Baseball*
10:15-Prism-Lite Parade	Novatine Trio	Baseball*
10:30-United-or Not?	Music You Want	Baseball*
10:45-United-or Not?	Music & News*	Baseball*
11:00-"Laura"	Circo's Tonight*	Sign-Off
11:15-"Laura"	Circo's Tonight*	Sign-Off
11:30-Platter Party	Circo's Tonight*	Sign-Off
11:45-Platter Party	Circo's Tonight*	Sign-Off
12:00-Sign Off	Circo's Tonight*	Sign-Off

RADIO PROGRAMS--WEDNESDAY

KYJC--1230 kc	KMED--1440 kc	KWIN--1490 kc
6:00-Yawn Patrol	Monkey Shines	Liberty Jamboree*
6:15-Yawn Patrol	Monkey Shines	Liberty Jamboree*
6:30-Lucky O Ranch*	Barnes News	Cal Tinney*
6:45-Lucky O Ranch*	Barnes News	Cal Tinney*
7:00-Farm News	Rural Party Line	Liberty Jamboree*
7:15-Martin Agronsky*	Clockwatcher	Cal Tinney*
7:30-Concert & Sports	Music & News	Cal Tinney*
8:00-Breakfast Club*	Ralph Edwards*	What of Communism
8:15-Breakfast Club*	Ralph Edwards*	What of Communism
8:30-Breakfast Club*	Music of Manhattan	Bible Institute (MBS)
8:45-Breakfast Club*	Ortho Garden Circle	Bible Institute (MBS)
9:00-Victor H. Lindahl*	Friendship Circle	Morning Special
9:15-Chet Huntley*	Friendship Circle	Morning Special
9:30-Break the Bank*	Neighbor Lady	Morning Special
9:45-Break the Bank*	Neighbor Lady	Morning Special
10:00-The Jack Berch Show*	Southern Singing	Breakfast in Phoenix*
10:15-Big "V" Relay Quiz	Tex Beneke Show	Breakfast in Phoenix*
10:30-True Story*	Strike It Rich*	1400 Coral
10:45-True Story*	Strike It Rich*	1400 Coral
11:00-Whispering Streets*	News & Reviews	Shop on Main St.
11:15-Trading Post	Dr. Crane Psychologist	Shop on Main St.
11:30-Against the Storm*	Swap & Sell	Musical Appetizer
11:45-Paul Harvey*	News & Weather	Musical Appetizer
12:00-Weather Report	News & Weather	Musical Appetizer
12:15-Oregon Finance News	Pepper Young*	Better Buys
12:30-Your County Agent	Right to Happiness*	Music for Wednesday
1:00-Bulletin Board	Backstage Wit*	Music for Wednesday
1:15-Visit With Bing	Young Wilder Brown*	Singing Time
1:30-Scramble Gamble*	Woman in My House*	Dick Hames Show
1:45-Waltz Time	Just Plain Bill*	Major Lively*
2:00-Lone Journey*	When a Girl Marries*	Dan Malloy*
2:15-When a Girl Marries*	Joyce Jordan, M.D.*	Liberty Jamboree*
2:30-Evelyn Winters*	News	Music Box
3:00-Betty Crocker*	Welcome Travelers*	John W. Vandercrook*
3:15-Git. Hr. With the Bible	Dr. Paul*	News & Music Box
3:30-Strictly for the Ladies	Dr. Paul*	Music Box
3:45-Strictly for the Ladies	Dr. Paul*	Music Box
4:00-Mary M. McBride*	Doctor's Wife*	Weather*
4:15-Mary M. McBride*	Vincent Lopez*	Jos C. Harbach*
4:30-Big Jon & Sparkie*	4-H Clubs	Brad Steele*
4:45-Mark Trail*	Prereading	4-H Clubs
5:00-Fun Factory*	Week's & Orr News	Story Time
5:15-Fun Factory*	H V Kallenborn*	Hank Thompson
5:30-Med. Schools Present*	Kiddie Hit Parade	News
5:45-P.T.A. Program	Sports Roundup	Between the Lines
6:00-Sports Parade	2 Pierce Commentary	The Three Suns
6:15-Elmer Davis*	Cisco Kid	Robt. Montgomery
6:30-Drive-in Quiz	Cisco Kid	Musical Mailbox
6:45-Ted Malone*	Cisco Kid	Musical Mailbox
7:00-The Lone Ranger*	Music Hall Varieties	Orson Welles
7:15-The Lone Ranger*	Music Hall Varieties	Orson Welles
7:30-Mystery Theatre*	Robt. Montgomery*	Valley News
7:45-Mystery Theatre*	Robt. Montgomery*	Valley News
8:00-The Top Guy*	One Man's Family*	Sports Round-up*
8:15-The Top Guy*	News of the World*	Baseball*
8:30-"Mr. President"	Great Gildersleeve*	Baseball*
8:45-"Mr. President"	Great Gildersleeve*	Baseball*
9:00-Crossfire*	Groucho Marx*	Baseball*
9:15-Crossfire*	Groucho Marx*	Baseball*
9:30-"On the Town"	The Big Story*	Baseball*
9:45-"On the Town"	The Big Story*	Baseball*
10:00-Hank Weaver News*	Richfield Reporter*	Baseball*
10:15-Prism-Lite Parade	Heidelberg Harmonies*	Baseball*
10:30-Sports Report*	Music You Want	Baseball*
10:45-Take to the Air	Music & News*	Baseball*
11:00-"Laura"	Circo's Tonight*	Sign-Off
11:15-"Laura"	Circo's Tonight*	Sign-Off
11:30-Platter Party	Circo's Tonight*	Sign-Off
11:45-Platter Party	Circo's Tonight*	Sign-Off
12:00-Sign Off	Circo's Tonight*	Sign-Off

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.
Readers should address inquiries to: William Brady,
245 B Camino, Beverly Hills, Cal.

PEOPLE JUST WON'T BELIEVE IT

Eastern reader writes that he is 62 years of age and in excellent physical condition except that he has had a mild arthritis in neck, knees and back in the past two years. Following a suggestion in this column he has been taking Calcium gluconate (180 mg., approximately 3 grains), dicalcium phosphate 290 mg. (approximately 4 1/4 grains) and vitamin D 375 units, combined in the form of capsules, (sugar-coated pills like capsules), six of them every day, I suppose. It isn't worth while to take less.

The reader must have taken them for 50 days—he says he has used 300 to date.

Six such capsules daily supply no more calcium, phosphorus and vitamin D than what is required for optimal nutrition.

The reader says: "All traces of pain have disappeared and I am almost certain that those capsules have turned the trick. I thank you from the bottom of my heart for the suggestion..."

So far everything is fine and dandy. I take it purring. But suddenly I hit the ceiling and from here on I'm going to snarl and growl.

"Should I continue till I have used up the remaining 200 capsules? Could too much calcium cause hardening of the arteries or deposits in the joints...?"

I believe 6 such capsules twice a day or a dozen once a day for ten weeks can do no harm, in my opinion, else I wouldn't recommend it.

So, my friend, you haven't had the half of it yet, and you are ready to throw away what you have gained merely because you have listened to old wives' tales about calcium causing "hardening of the arteries" or "deposits in the joints."

Calcium deposits in the artery walls, in and about the joints or elsewhere in the body mark the advanced stage of physical degeneration. That is to say, when

the body can no longer replace damaged or worn out cells with new, functioning cells it has to make the best repairs it can with plaster—calcium deposits. Thus calcium deposits in joints or arteries are the consequence of degeneration or disease, not the cause of it. No competent pathologist will question this.

You have taken daily for the past seven weeks as much calcium as every adult should get in an adequate diet—which includes liberal amount of milk, cheese, eggs, peas, beans, nuts and peanuts, leafy vegetables and greens. These are the calcium rich foods. As Sherman said: The ordinary mixed diet of Americans and Europeans, at least among dwellers in cities and towns, is probably more often deficient in calcium than in any other chemical element. Calcium deficient because the diet includes insufficient proportions of the calcium rich food mentioned.

Finally, it is my conviction that calcium deficiency through the years is the cause of chronic rheumatism.

QUESTIONS AND ANSWERS

Where can I locate a lying-in institution where the expectant father is urged to be present? All institutions I have phoned not only do not urge husbands to be present but have strict rules excluding... (Mrs. A. W.)

Answer—Long ago I learned that it is far beyond my capacity to comply and maintain any such directory for doctors or institutions throughout the U. S. and Canada. Why be confined in an institution, anyway? Have you no home?

Pimples
My son is very unhappy because his face is covered with pimples. (Mrs. D. R.)

Answer—So was I at that age. Some of the remedies suggested in the Acne pamphlet included may be helpful. If not let the boy write me again. Any reader who asks for it in writing and incloses stamped, self-addressed envelope may have a copy of the pamphlet on ACNE—BLACKHEADS AND PIMPLES. But remember, a reasonable number of pimples and blackheads are not at all bad for the average boy and even for some girls in their early teens.

(National Newspaper Syndicate Chicago 6, Illinois)

Monmouth, Ore.—(U.P.)—Emil Jack Perkins Jr., of Astoria, with a perfect 4.0 mark, topped the academic list at Oregon College of Education here for the winter term, according to honor listings released Monday.

* Dead line on Classified Ads: 3:30 p.m. for following day; 10 a.m. Monday for Monday; noon Saturday for Sunday a.m.

As We Live

By ELIZABETH HURLOCK, Ph.D.

SOMETIMES YOUR DOCTOR CAN SAY WHAT YOU CAN'T

It is a well known fact that people will take suggestions and advice more readily from outsiders than from members of their own family. That is why, when some problem arises that needs help in solution, the best thing to do is to turn to an outsider for help. The following case is a good example:

O. "I am a nurse. My only son is married to a girl who likes to sleep late in the morning. They have a three-month baby. My daughter-in-law sleeps until noon, never giving the baby a breakfast. Of course she cannot get three meals into the baby between noon and 6:30 at night when he is put to bed again. He gets outdoors only twice a week, on shopping days. I have tried to explain why the baby should get more food and fresh air but my son and his wife won't accept any advice. Her mother has tried, too, but gets the same answer, 'don't interfere.' I feel desperate. I work with mothers and children all the time but I am not able to help my own grandson."

Mrs. D. M.
A. So long as your son and daughter-in-law feel as they do about your advice, your only hope of helping your grandson is indirectly, through the baby's doctor. Go to him and tell him, in your professional capacity as a nurse, what kind of treatment the child is receiving.

Then, if your daughter-in-law doesn't bother to take the baby to the doctor for periodic check-ups (she probably doesn't if she is so careless about the baby's routine) make an excuse for taking the matter into your own hands and call the doctor yourself. The cost of his visit will be worth the results you get.

If a baby is not given the right kind or the right amount of food, and if he is deprived of fresh air and sunlight, these defects in his care will quickly show up in his growth and in his personal health condition. That is why you need the backing of the doctor to impress upon the baby's parents the seriousness of their neglect.

In time, your grandson will protest against his neglect and will force his mother to give him more care. I am surprised that his protests have not already started. It seems remarkable to me that a three-month-old baby would sleep or be quiet from

early evening to noon the following day. This fact alone would suggest that his physical condition is so poor that he hasn't the strength to protest and should, therefore, have medical attention.

Dr. Hurlock will help you with family problems. Write her in care of this newspaper. (Copyright 1952, General Features Corp.)

Los Angeles — (U.P.) — Sen. Estes Kefauver (D-Tenn.) candidate for the Democratic presidential nomination will deliver his first major political speech in California here April 8, it was announced Saturday.

Sacramento, Calif. — (U.P.) — Anti-Warren Republican forces have announced the selection of a slate of 70 delegates pledged to the Republican candidacy of Congressman Thomas H. Werdel, of Bakersfield.

Portland — (U.P.) — Charles T. Hoge, 72, who retired in 1947 as associate editor of the editorial page of the Oregon Journal after 33 years of service on the newspaper, died Monday after a long illness.

MOO-O-OS and MUSINGS



We certainly admire Lauren Wesseg for being so modest and unassuming.

He shot an eight point buck last week. (Not easy to do at 15 yards with just a 30-30, a flashlight, and a cake of salt.)

We still can't understand why he doesn't want any publicity for this marvelous feat.

Little Daisy



Jewelry Salesman Beaten and Robbed

Palo Alto, Calif. — (U.P.) — Robert Lamson, 29-year-old diamond salesman from Yakima, Wash., was recovering Tuesday from a beating after being robbed and dumped on Skyline boulevard Sunday.

Lamson, Pacific Coast representative for Sampson and Masters, Inc., San Francisco, said he became friendly with a man in a bar Saturday night and over drinks confided he was a diamond salesman.

They met the next day, he said, and had three drinks in a San Francisco bar. Then they got into a taxi. "Then I passed out," he said.

He told police he was robbed

Low-Cost Television For Small Towns Seen

Chicago — (U.P.) — A new low-cost, low-power ultra high frequency television transmitter will make telecasting possible in cities in 100,000 population or less, has been reported.

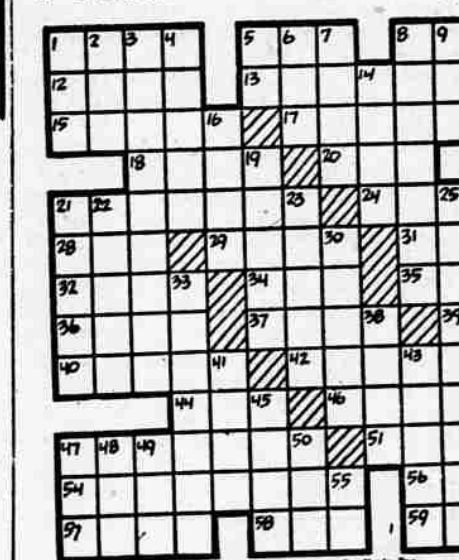
The new transmitter was designed by General Electric.

Frank P. Barnes, GE broadcast equipment sales manager, said that the 100-watt transmitter and antenna would sell for \$55,000. Associated equipment which would permit telecasting of network programs and local films, he said, would cost about \$38,000.

of a 1.19 carat diamond valued at \$1,300, a \$500 wristwatch and \$200 in cash. He suffered severe head cuts.

CROSSWORD PUZZLE

ACROSS
1-Separate
2-Sodium chloride
3-Restaurant
4-Scattered
5-Musical composition
6-Happen again
7-Mouth of volcano
8-New Zealand
9-Owing
10-Unfruitful
11-Walk heavily
12-Tibetan priest



Answer to Yesterday's Puzzle

DOWN
1-Equality
2-Mature
3-Extortioner
4-More accurate
5-Therefore
6-Part of circle
7-Fat of swine
8-Chilly
9-Poet
10-Evergreen tree
11-Dawn goddess
12-Tense
13-Mud hen
14-Strikes
15-Transactions
16-Stomach of ox
17-Correct
18-Easily fitted
19-Motion picture (colloq.)
20-Bog
21-Bestow
22-Mean
23-British prison
24-Antlered animal
25-Freshman (colloq.)
26-Moon
27-Mournful
28-Prefixed three
29-Limb
30-Lair
31-Biscuit
32-Affirmative
33-Prefix: down

BARNEY GOOGLE and SNUFFY SMITH



BUZ SAWYER



L. L. ABNER



BLONDIE



MUTT and JEFF



Salem — (U.P.) — Gov. Douglas Tuesday after being absent a week because of influenza.

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- Reliability

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STRANGE AS IT SEEMS

Kentucky—was both a UNION and CONFEDERATE STATE during the CIVIL WAR—AND WAS THE BIRTHPLACE OF THE PRESIDENTS OF BOTH GOVERNMENTS! (Lincoln and Davis)

Answer to Yesterday's Question:
WHAT BILLS—EXCLUDING ONE-DOLLAR BILLS—WILL TOTAL 63 DOLLARS?
ONE = \$50
FOUR = \$5 AND \$2

MT. KATAHDIN, Maine, THE FIRST PLACE IN THE UNITED STATES TO BE GREETED BY THE RISING SUN—IT IS JUST 15 FEET SHORT OF BEING A MILE HIGH!

Shady Wakefield

Roller Shades

Breakfast - Lunch - Dinner

1230 Dial 1230

•KYJC

For a Winner

7:15 A.M.

11:45 A.M.

6:45 P.M.

"MARTIN AGRONSKY"

"PAUL HARVEY"

"TED MALONE"

Family Fare All Can Share

on

KYJC

Your Mail Tribune Station