

RADIO PROGRAMS—MONDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KVJC—1230 kc	KMED—1440 kc	KWIN—1400 kc
5:00—Fun Factory	Weeks & Orr News	Story Time
5:15—Fun Factory	H. V. Kaitenborn	Social Security
5:30—Chet Huntley	Voice of Firestone	News Round-up
5:45—On Stage, Everyone	Voice of Firestone	Between The Lines
6:00—Sports Parade	Sports Roundup	Dinner Melodies
6:15—Elmer Davis	J. Pierce Commentary	Dinner Melodies
6:30—Drive-In Quiz	Cisco Kid	Musical Mailbox
6:45—Ted Malone	Communist For FBI	Musical Mailbox
7:00—Lone Ranger	Communist For FBI	Musical Mailbox
7:15—Lucky U Ranch	Communist For FBI	Musical Mailbox
7:30—Henry J. Taylor	Communist For FBI	Musical Mailbox
7:45—World Wide Flash	Dangerous Assignment	Lean Back & Listen
8:00—The Big Hand	One Man's Family	Sports Round-up
8:15—The Big Hand	News of the World	Baseball
8:30—Fine Arts Quartet	Railroad Hour	Baseball
8:45—Fine Arts Quartet	Railroad Hour	Baseball
9:00—Paul Whiteman Club	Telephone Hour	Baseball
9:15—Paul Whiteman Club	Telephone Hour	Baseball
9:30—On the Town	Men Behind Melody	Baseball
9:45—On the Town	Men Behind Melody	Baseball
10:00—Hank Weaver News	Richfield Reporter	Baseball
10:15—Prim-Lite Parade	Heidelberg Harmonies	Baseball
10:30—Your Heritage	Music You Want	Baseball
10:45—Survival	Music & News	Baseball
11:00—Laura	Ciro's Tonight	Sign-Off
11:15—Laura	Ciro's Tonight	Sign-Off
11:30—Platter Party	Ciro's Tonight	Sign-Off
11:45—Platter Party	Ciro's Tonight	Sign-Off
12:00—Sign-Off	Sign-Off	Sign-Off

RADIO PROGRAMS—TUESDAY

KVJC—1230 kc	KMED—1440 kc	KWIN—1400 kc
6:00—Yawn Patrol	Monkey Shines	Liberty Jamboree
6:15—Yawn Patrol	Monkey Shines	Liberty Jamboree
6:30—Lucky U Ranch	Earth Barnes News	Liberty Jamboree
6:45—Concert and Sports	Rural Party Line	Liberty Jamboree
7:00—Farm News	Clockwatcher	Liberty Jamboree
7:15—Martin Agronsky	Clockwatcher	Liberty Jamboree
7:30—Bob Garrett	Music & News	Liberty Jamboree
7:45—Concert and Sports	Ralph Edwards	Morning Moods
8:00—Breakfast Club	Ralph Edwards	Morning Moods
8:15—Breakfast Club	Ralph Edwards	Morning Moods
8:30—Breakfast Club	Ralph Edwards	Morning Moods
8:45—Breakfast Club	Ralph Edwards	Morning Moods
9:00—Victor H. Lindahl	Friendship Circle	Morning Special
9:15—Chet Huntley	Friendship Circle	Morning Special
9:30—Break the Bank	Neighbor Lady	Morning Special
9:45—Break the Bank	Neighbor Lady	Morning Special
10:00—Jack Berch Show	Festival of Waltzes	Breakfast in Phoenix
10:15—Big "Y" Relay Quiz	Text Beneke Show	Breakfast in Phoenix
10:30—My True Story	Strike It Rich	Breakfast in Phoenix
10:45—My True Story	Strike It Rich	Breakfast in Phoenix
11:00—Whispering Streets	News & Reviews	Shop On Main St.
11:15—Trading Post	Dr. Crane	Shop On Main St.
11:30—Against the Storm	Swap & Sell	Shop On Main St.
11:45—Paul Harvey	One Night Stand	Shop On Main St.
12:00—Weather Report	News & Weather	Shop On Main St.
12:15—Oregon Finance News	Weather Report	Shop On Main St.
12:30—Weather and Markets	Weather Report	Shop On Main St.
12:45—Your County Agent	Weather Report	Shop On Main St.
1:00—Bulletin Board	Backstage Wife	Music for Tuesday
1:15—T.B.A.	Stella Dallas	Music for Tuesday
1:30—Memory Favorites	Young Widie Brown	Music for Tuesday
1:45—Waltz Time	Woman in My House	Music for Tuesday
2:00—Lone Journey	Just Plain Bill	Major Lively
2:15—When a Girl Marries	Front Page Farrell	Dan Malloy
2:30—Joyce Jordan, M.D.	Life Can Be Beautiful	Music Box & News
2:45—Evelyn Winters	News	Music Box & News
3:00—Betty Crocker	Welcome Travelers	Music Box & News
3:15—Strictly for the Ladies	Welcome Travelers	Music Box & News
3:30—Strictly for the Ladies	Welcome Travelers	Music Box & News
3:45—Strictly for the Ladies	Welcome Travelers	Music Box & News
4:00—Mary M. McBride	Doctor's Wife	Weather Summary
4:15—Mary M. McBride	Doctor's Wife	Weather Summary
4:30—Big Jim & Sparkie	Vincent Lopez	Frazier Hunt
4:45—Mark Trail	County Agent	Brady's News
5:00—Space Cadet	Weeks & Orr News	Story Time
5:15—Space Cadet	Weeks & Orr News	Story Time
5:30—Chet Huntley	What Are You Doing	Stars for Defense
5:45—Y. Club Revue	Kiddie Hit Parade	News Round-up
6:00—Sports Parade	Elmer Peterson	Between The Lines
6:15—Elmer Davis	Sports Roundup	Lyn Murray Show
6:30—Drive-In Quiz	Pierce Commentary	Jan Murray Show
6:45—Wisconsin Primary	Fibber McGee & Molly	Musical Mailbox
7:00—Silver Eagle	Fibber McGee & Molly	Musical Mailbox
7:15—Silver Eagle	Fibber McGee & Molly	Musical Mailbox
7:30—Newsstand Theatre	Robt. Montgomery	Valley News
7:45—Newsstand Theatre	Man Called X	Lean Back & Listen
8:00—Metropolitan Auditions	One Man's Family	Sports Round-up
8:15—Metropolitan Auditions	One Man's Family	Sports Round-up
8:30—On the Town	Cavalcade of America	Baseball
8:45—On the Town	Cavalcade of America	Baseball
9:00—Town Meeting of the Air	Bob Hope	Baseball
9:15—Town Meeting of the Air	Bob Hope	Baseball
9:30—Town Meeting of the Air	Bob Hope	Baseball
9:45—Erwin D. Canham	B. Craig, Conf. Invest.	Baseball
10:00—Hank Weaver News	Richfield Reporter	Baseball
10:15—Prim-Lite Parade	Novelty	Baseball
10:30—United—Or Not?	Music You Want	Baseball
10:45—United—Or Not?	Music & News	Baseball
11:00—Laura	Ciro's Tonight	Sign-Off
11:15—Laura	Ciro's Tonight	Sign-Off
11:30—Platter Party	Ciro's Tonight	Sign-Off
11:45—Platter Party	Ciro's Tonight	Sign-Off
12:00—Sign-Off	Sign-Off	Sign-Off

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.
Readers should address inquiries to: William Brady,
265 El Camino, Beverly Hills, Cal.

GROWING PAINS, EH?

Sons aged 10 and 5 years complain of aching legs, especially in the night. The 10-year-old seems to be "outgrowing" it, his mama says, but the trouble is getting worse in the five-year-old. So she would like to know whether she can do anything to prevent similar trouble when her one-year-old reaches that stage of growth.

Notice how prominent the growth idea is in the mother's concept of the complaint.

You see, this mother belongs to the human race, particularly the American division of it. Do "growing pains" occur in other parts of the world? Now that's another I didn't investigate in Tristan da Cunha, but from what I saw there and learned in talking with the inhabitants I'm confident they grow painlessly there.

For that matter children grow painlessly here. It is an easy out for parents or guardians to neglect proper treatment by attributing a child's complaint of ache or pain in the legs at night to "growing" but it is hardly excusable.

Not only uninformed parents but too often physicians dismiss such ache or pain as trivial, especially physicians who still follow 19th century principles. Sometimes, too, physicians regard such ache or pain as "rheumatic" and mumble in their heads about the child's tendency to develop rheumatic fever (acute articular rheumatism, acute infectious arthritis) event-

ually. On what evidence the old timers reach this conclusion is beyond my low comprehension.

It is my opinion that these pains in children and the painful cramps in the feet and legs which mature adults get at night are manifestations of tetany, and the nutrition authorities now generally agree that tetany is due to calcium and vitamin D deficiency.

The diet of most of us is more likely to be deficient in calcium than in any other element, for two reasons: First, they do not consume enough milk, cheese, eggs, peas, beans, nuts, peanuts and green leafy vegetables—these are the best food sources of calcium; second, they do not enjoy enough exposure of naked body to sunlight or diffuse daylight to the normal production of vitamin D in the body—vitamin D is essential for the utilization of calcium.

This applies particularly to growing children who are permitted to feed on cheat-food and to mature adults who for various reasons try to live on refined, "digestible," vitamin-poor and mineral-poor foods. I refrain from naming these reasons, for, after all, I don't want to make you poor old geezers mad, I just want to warn the young-ones before they have lost most of their teeth. The purpose of this column is to educate, not to dish out sympathy.

On written request (a clipping will not do) I'll send the pamphlet Adult Tetany and Growing Pains to anyone who provides stamped, self-addressed envelope.

QUESTIONS & ANSWERS
For the past three months indigestion is becoming more and more pronounced. Tried change in diet and

As We Live...

By DR. ELIZABETH HURLOCK

WHEN TABLES ARE TURNED, A TEASE RETREATS FAST. (Q) "Some years ago, I met a young couple through a mutual friend and liked them very much. Within the last two years, the husband has started ribbing me about my age. I am seven years my husband's senior. He says such things as, 'You're getting old,' or 'It's old age creeping up on you.' This happens each time I visit them. The other evening, when I stopped there to meet his wife, he said to me, 'Hello, how's your young husband?' I tried to laugh it off as usual but really I felt embarrassed. I don't want to break off my friendship with his wife. Please advise me."

(A) Of course you shouldn't break a friendship that has meant much to you because of a little ribbing. But, at the same time, you do not want to put yourself in a position where you will be embarrassed or annoyed every time you see them.

You must know your friend well enough by now so you can have a heart to heart talk with her and explain that her husband's ribbing gets under your skin. She can stop the ribbing or she can see that her husband is not around when you are there.

Because you yourself are sensitive about your age difference, you react more to his ribbing than you otherwise would. And, he can quickly sense this. It is his way of trying to be funny, but you do not see the humor of the joke.

Try, for your own peace of mind, to forget about it. After all, if your marriage is happy, what difference does it make if you are seven years older than he? You have the consolation of knowing that your chances of widowhood are far less than

stopped eating, but it is no relief. Answer—Don't fool around another day—consult a physician.

Rare Combination
My husband is diabetic, takes insulin, and has had bronchial asthma for years. (Mrs. P. L.)

Answer—That is such a rare combination of conditions that I suspect the diagnosis of asthma is wrong. Better leave the treatment, diet and other questions to the judgment of your husband's physician.

How to Tell Your Child
Daughter, nine, whom I love very much. I want to tell her the facts of life in the right way but don't know. (Mrs. O. W.)

Answer—Write The Child Study Assn. of America, 211 West 57th St., New York 19, N. Y., for list of publications which help you to instruct the child in the right way.

Okinawans Smuggling US Supplies to Reds

Okinawa — (U.P.) — Organized smugglers are attempting to supply Chinese Communists with American weapons and ammunition stolen from U. S. bases here, American Army officers have revealed.

The investigation division of the military police said 70,000 rounds of ammunition crated for shipment were seized in a raid

your friend's if her husband is her age or older.

Return Remarks
Try tossing back to this man remarks that will embarrass him as he embarrasses you. By now, you should know his sensitive points. Play on them as he has played on yours.

If, for example he is getting bald or developing a "bay window," remind him of these signs of age creeping on him. People who like to tease, you will discover, hate to be teased. When the tables are turned, they usually crawl into their shells.

If you have a personal problem, write Elizabeth Hurlock in care of this newspaper.

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MOO-O-OS and MUSINGS



We were talking to a Mr. Grabow on the golf course the other day and he was showing us his diamonds (in the rough, of course).

"This one will knock your eye out," he said.

If anyone finds a slightly astigmatic, limpid blue eye, will they please turn it in at the caddy house.

Little Daisy



Oklahoma Residents Have Daily Prayer

Blackwell, Okla.—(U.P.)—The 9,000 residents of this northern Oklahoma city know they won't solve the problems of the world by themselves.

They think a little prayer in the middle of the day will help, however.

Every morning at 11 o'clock when Fire Chief George Gebel pulls the switch on the town

on an Okinawa household. American officers said Okinawans were engaging in the smuggling, not because they are anti-American, but because it is much more lucrative than normal island business.

CROSSWORD PUZZLE



Answer to Saturday's Puzzle

ACROSS
1—Food fish
2—Harbor
3—End
4—Collection of facts
5—Aroma
6—Jason's ship
7—Dine
8—Concerning
9—Lift with lever
10—Evil
11—Concerning
12—Search for
13—Article of furniture
14—Sunburn
15—Equality
16—Fruit (pl.)
17—Pronoun
18—Assail
19—Small child
20—Tiny
21—Recent
22—Lacking firmness
23—Cushion
24—Seed container
25—Female (colloq.)
26—Printer's measure
27—Small rug
28—Irish
29—Before
30—Inside
31—Information (slang)
32—Crimson
DOWN
1—Uncouth person
2—Unit
3—Wet down
4—Bunch of flowers
5—Poem
6—Artificial language
7—Walk on
8—Ship channel
9—Conjunction
10—Aster
11—Solitary
12—Irritate
13—Paid notice
14—Chastised
15—Fruit drink
16—Pierce
17—Comfort
18—Prohibit
19—Possessive pronoun
20—Stroll
21—Restless
22—Intersection
23—Brain
24—Wager
25—At present
26—Mourful
27—Craftier
28—Famous
29—Resinous substance
30—Man's nickname
31—Among
32—Parent (colloq.)
33—Departed
34—Males
35—Drink slowly
36—Exist
37—Conducted
38—Note of scale
39—Artificial language

BARNEY GOOGLE and SNUFFY SMITH



BUZ SAWYER



L'L ABNER



BLONDIE



MUTT and JEFF



FIREMEN. SPARE SAUSAGE!

Baytown, Tex.—(U.P.)—George Munger's smoked sausages nearly became soaked sausages. Passersby saw smoke pouring from a shed and turned in an alarm. Munger raced out in time to stop firemen from drenching the shed. It was just the curing process.

a renewed spiritual life to the community and makes the town a better place in which to live.

Demand, accept only —

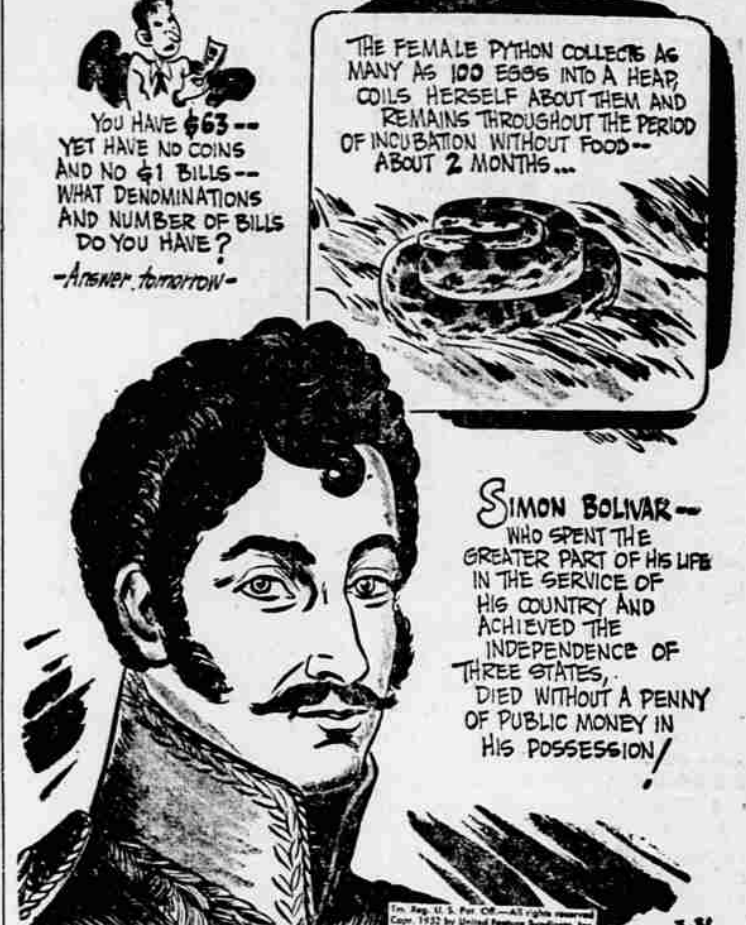
St. Joseph
ASPIRIN

WORLD'S LARGEST SELLER AT 10¢

A 20th century fund study estimates that a sound program for rehabilitating and developing the nation's agricultural land resources would cost in the neighborhood of \$19 billion.

Creates Protective Warmth for
ACHING CHEST COLDS
to relieve coughs and sore muscles
Musterole instantly creates a wonderful protective warmth right where applied on chest, throat and back. It not only promptly relieves coughing and inflammation but breaks up painful local congestion.
RUB ON **MUSTEROLE**

STRANGE AS IT SEEMS



THE FEMALE PYTHON COLLECTS AS MANY AS 100 EGGS INTO A HEAP, COILS HERSELF ABOUT THEM AND REMAINS THROUGHOUT THE PERIOD OF INCUBATION WITHOUT FOOD—ABOUT 2 MONTHS...

SIMON BOLIVAR—WHO SPENT THE GREATER PART OF HIS LIFE IN THE SERVICE OF HIS COUNTRY AND ACHIEVED THE INDEPENDENCE OF THREE STATES, DIED WITHOUT A PENNY OF PUBLIC MONEY IN HIS POSSESSION!

If You DID NOT or CANNOT Finish
HIGH SCHOOL
You Can Study at Home in Spare Time and Earn a High School Diploma
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KMED—7 P.M.
AND EVERY MONDAY NIGHT HEREAFTER
Brought to You by the Bakers of
MORNING FRESH BREAD

SIR, I'D LIKE TO DO BUSINESS WITH THIS BANK—BUT I'D LIKE CERTAIN INFORMATION FIRST!
CERTAINLY, SIR! FEEL FREE TO ASK ANYTHING AT ALL!
HOW LONG IS THIS BANK IN EXISTENCE?
150 YEARS!
IS IT UNDER GOVERNMENT INSURANCE?
OF COURSE!
WHAT ARE ITS ASSETS AND LIABILITIES?
ASSETS—\$200,000,000! LIABILITIES—\$10,000,000! A SURPLUS OF \$190,000,000!
WELL, O.K. GIVE ME CHANGE OF THIS HALF DOLLAR!