RADIO PROGRAMS—WEDNESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied.

KYJC — 1230 kc	KMED — 1440 kc	KWIN — 1400 kc
6:00—Local News	Proudly We Hail	News
6:15—Sports News	Proudly We Hail	Mel Torme
6:30—Edwin C. Hill*	Song Shop	Spotlight On Sports
6:45—Tune-O	Fred Divesek (accordion	Here's to Vets
7:00—Lone Ranger*	The Big Story*	Salute to Reservists
7:15—Lone Ranger*	The Big Story	Al Sack
7:30—Dr. I. Q.*	Richard Diamond*	At Sundown
7:45—Dr. I. Q.	Richard Diamond*	At Sundown
8:00—Detour*	One Man's Family*	Stories to Remember
8:15—Detour*	News of the World*	Bob Eberle
8:30—Cliche' Club	Great Gildersleeve*	Rogue Rancho
8:45—Cliche' Club	Great Gildersleeve*	Heidelberg Harmonaires
9:00—Chandu*	Break the Bank*	News
9:15—Chandu*	Break the Bank*	Lawrence Wilk
9:30—Baby Sitter Show	Mr Dist Attorney*	Masterworks
9:45—Baby Sitter Show	Mr Dist Attorney*	Masterworks
10:00—News*	Sam Hayes*	Juke Box Review
10:15—Sports Report*	Halls of Ivy*	Juke Box Review
10:30—Time To Dance	Halls of Ivy*	Juke Box Review
10:45—Time To Dance	Music and News*	News
11:00—Platter Party	Sign Off	Sign Off
11:15—Platter Party		
11:30—Platter Party		
11:45—Platter Party		

RADIO PROGRAMS — THURSDAY

6:00—Rise N' Shine	Musical Roundup	
6:15—Rise N' Shine	Musical Roundup	Sign On
6:30—Rise N' Shine	Beamed to Farmer	News
6:45—Rise N' Shine	U. P. News	1400 Corral
7:00—Music Show	Top of the Morning	Wake Up Rogue Valley
7:15—Martin Agronsky*	Top of the Morning	Wake Up Rogue Valley
7:30—Bob Garred-News*	Breakfast Music	News
7:45—Sports Roundup	Music & News	Sports Review
8:00—Breakfast Club*	Red Foley Show*	Best On Wax
8:15—Breakfast Club*		Best On Wax
8:30—Breakfast Club*	Waltz Time	Haven of Rest
8:45—Breakfast Club*	Mod. Concert Hall	Haven of Rest
9:00—Ladies Be Seated*	Friendship Circle	News
9:15—Ladies Be Seated*	Friendship Circle	Listen Ladies
9:30—"Tune-O"	Tips And Tunes	Chuck Foster
9:45—"Tune-O"	Voice of the Army	Rhythm and Reason
10:00—Trading Post	Luncheon With Lopez*	Ray Bloch Presents
10:15—Mystery Shopper	Next Gave Garroway*	Ray Bloch Presents
10:30—My True Story*	Personality Time	News
10:45—My True Story*	U. P. News	Church in Home
11:00—Betty Crocker*	Treasure Chest	Charlie Spivak
11:15—Victor H. Lindlahr*	Dr. Crane, Psychologist	Homemaker Harmonies
11:30—Barbaranne Burns	Three Alarm	Music for Thursday
11:45—News	Meet the Band	Music for Thursday
12:00—Bulletin Board	News, Market Reports	Noontime Melodies
12:15—Noon News	Road of Life*	News
12:30—Weather Report	Pepper Young*	Farm News
12:45—County Agent	Right to Happiness*	Swap Shop
1:00—Welcome to Hollywd*	Backstage Wife*	Western Music Box
1:15—Welcome to Hollywd*	Stella Dallas*	Western Music Box
1:30—Surprise Package*	Lorenzo Jones*	Music Box
1:45—Surprise Package*	Young Widder Brown*	Music Box
2:00—Chance of Lifetime*	Life Can Be Btfl.*	News
2:15—Chance of Lifetime*	Mainly for Women	Music Box
2:30—Bride & Groom*	News	Music Box
2:45—Bride & Groom*	Swap & Sell	Music Box
3:00—Today in Hollywood	Welcome Travelers*	News
3:15—Footlight Favorites	Welcome Travelers*	Music Box
3:30—"Tune-O"	Aunt Mary*	Women in the News
3:45—Ted Malone*	We Love & Learn*	Women in the News
4:00—Quick as a Flash*	Record Shop	News
4:15—Quick as a Flash*	Familiar Songs	All-Star Dance Parade
4:30—Organ Time	Music	Voice of the Army
4:45—The Four Knights	Music	Guest Star
5:00—Hannibal Cobb*	U. P. News	Reflection of SOC
5:15—Hannibal Cobb*	What's Doing?	Reflection of SOC
5:30—Sky King*	Kiddie Hit Parade	Carl Chandler
5:45—Sky King*	Elmer Peterson*	Gordon Mac Rae
6:00—Local News	Scr Guild Theatre*	News
6:15—Sports News	Scr Guild Theatre*	Michael Douglas
6:30—Edwin C. Hill*	George Fisher Calling	Spotlight on Sports
6:45—Tune-O	George Fisher Calling	Dinner Music
7:00—Counter Spy*	Dragnet*	Between The Lines
7:15—Counter Spy*	Dragnet*	Red Cross
7:30—Blondie	Music	Between the Lines
7:45—Blondie	Music	Dick Haymes
8:00—Amateur Hour	One Man's Family*	Concert in Minature
8:15—Amateur Hour*	News of the World*	Gay Nineties
8:30—Amateur Hour*	Aldrich Family*	Rogue Rancho
8:45—Paul Harvey*	Aldrich Family*	Rogue Rancho
9:00—Linger Awhile	20th Century Serenade	News
9:15—Take to the Air	20th Century Serenade	Sixth Army Band
9:30—Baby Sitter Show	Memories of Hawaii	Masterworks
9:45—Baby Sitter Show	Music & News	Masterworks
10:00—News*	Music	Juke Box Review
10:15—Sports Report*	Music	Juke Box Review
10:30—Time To Dance	Morton Downey*	Juke Box Review
10:45—Time To Dance	Music & News*	News
11:00—Platter Party	Sign Off	Sign Off
11:15—Platter Party		
11:30—Platter Party		
11:45—Platter Party		

*ABC • NBC

Radio Dial Lights

By Johnny Ahern

Tonight at 8 o'clock . . the second episode of "Detour." If you missed it last week, better put a pointer on the dial tonight, because you'll really get a kick out of this little psychological drama.

A marshal is murdered and a web of circumstantial evidence closes in on young Pete Lacey. Pete is innocent . . as the Lone Ranger knows, and you'll see how circumstantial evidence is beaten down . . on the Lone Ranger program tonight at 7 o'clock.

Who was the strange apparition in our studios on Monday night. Any resemblance of this character to any other characters we known is strictly intentional. Ah, what a flash bulb will do.

"Take to the Air," will be back at its regular time tomorrow at 9:15 p. m. Immediately after the "Linger Awhile" show . . at 9 o'clock.

If the first item in this column didn't make sense, plase don't blame us. It didn't make much sense to us, either.

Former Representative Passes at Wallowa

Wallowa, Ore., June 28—(U.P.)—C. A. Hunter, 73, former state representative and ex-mayor of Wallowa, died last night while on the annual spring cattle drive in the north woods of Wallowa county.

Hunter was widely known as one of the leading cattle raisers in the Wallowa area.

Use Mail Tribune Want Ads

Consumers Drawing Margarine Dividends

Washington, June 28—(U.P.)—Many consumers already are drawing dividends from a tax repeal which hasn't even gone into effect yet.

They now can buy yellow margarine 10 cents a pound cheaper, although the 10-cent federal tax won't be repealed until 12:01 a. m. Saturday.

Sharp competition forced many margarine makers to lower prices prematurely. One of the leading manufacturers jumped the gun by cutting prices more than a week ago. Many others followed suit.

For years the consumer has had to pay the 10-cent tax on manufactures in form of higher prices. Temporarily, many manufacturers now are paying out of their own pocket.

No 'Step-Up' Noted In Atomic Operations

Los Alamos, N. M., June 28—(U.P.)—Atomic commission officials said today that "No step-up" in operations here had resulted from the Korean war, but pointed out that the laboratories had been on an extended work week since March 18.

One official said some laboratories at this key nuclear research installation had been on a six-day week since March, while others were working five and a half. Night shifts have been in operation regularly.

Dead line on Classified Ads: 5:30 p.m for following day; 10 a.m Monday for Monday; noon Saturday for Sunday a.m.

HEART ATTACK OR INDIGESTION?

THANK HEAVENS! Most attacks are just acid indigestion. When it strikes, take Bell-ans tablets. They contain the fastest-acting medicines known to doctors for the relief of heartburn, gas and similar distress. 25¢.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

VITE REQUIRES VITAMINS

A reader sends the label from a package of expensive hokum. According to the label the nostrum contains whopping portions of every vitamin I ever hear of and also several I have not yet heard about, not to mention a dozen or more minerals...

Dr. Brady

To be sure, numerous factors or components of the B complex invariably occur in combination, for instance in wheat, liver, ham, alfalfa, dried beans. That scarcely warrants the practice of combining all vitamins in one shot.

An adequate daily ration or supply of vitamins is as necessary for health, vite, functional efficiency as is food and water. One can live longer without food than without water, and without vitamins and/or minerals, than without food, but one can't live indefinitely without vitamins and minerals nor can one enjoy good functional efficiency, good health, vite vite if one's daily ration of vitamins is deficient for an extended period — throughout childhood and youth, for example.

I must keep reminding you credulous customers that vitamins are not magic, not medicine at all, but just accessory nutritional factors. With rare exceptions no effects can be noticed or expected from taking vitamins until the daily ration has been taken without interruption for two or three months. It is absurd to imagine a "shot" or "dose" of vitamins can produce or restore "pep" in the course of a few hours or days. Try to get it through your head that any symptoms due to need of this or that vitamin have inevitably developed in consequence of prolonged deficiency in the daily intake of the vitamin in the diet and the gradual degeneration of cells, tissues or organs. This degeneration is known as nutritional deficiency disease. Some of the functioning cells are replaced by inert fatty or scar tissue instead of new functioning cells. If the degenerative process can be reversed or even arrested it will certainly take many months of supplemental vitamin feeding to achieve it. So you had better have some understanding of what you hope to do with vitamins if you take them at all. Don't expect immediate effects, as you might from medicine. First be sure which vitamin or vitamins you need, and then take an adequate daily ration of it for at least three months if at all.

In the pamphlet **Young Folks and Old Folks** (send stamped self addressed envelope for it) I give my belief about the nutritional deficiency of most Americans, young and old, who live on refined food. To supplement my own everyday food I eat at lunch a suitable ration of the three vitamins and three minerals which are lacking in our modern refined food—namely, thiamine (B1), riboflavin and D; calcium, phosphorus and iodine. Just enough of each to keep my daily intake adequate for good nutrition, I think.

From time to time some old timer, irked by the popular abuse of vitamins, asserts that a balanced diet, whatever that may mean, will provide all the vitamins one needs. But rarely does such a doctor or health authority specify which foods for breakfast, lunch and dinner will provide the needed vitamins.

The corrective, protective or basic health diet outlined in **The 7 Keys to Vite** (for this booklet send twenty-five cents and stamped self-addressed envelope) includes the best food sources of minerals and vitamins — milk, eggs, fresh fruit, leafy vegetables, fresh greens, cheese, nuts.

People with enough brains and gumption to surmount the popular obsession against it may greatly improve their ordinary diet by substituting plain wheat for part of the white flour in bread and other items. On written request, accompanied with stamped self-addressed envelope, I'll send a pamphlet titled **Wheat to Eat** which suggests various ways of using plain wheat in the family diet.

QUESTIONS & ANSWERS

Tony's Tail Still Wags

No, No. Not a pill—the thing you might have given your beloved Tony the Wirish Terror an hour before you took him to the veterinary for execution, but some of the same medicine you have suggested that the physician or dentist give a patient who has excessive dread of dental treatment. (M. C.)

Answer—Thank you. But, after all, Tony hardly suspected why I was handing him over to the kindly veterinary—not till the very last moment, when he faltered just a bit with that wag. I still think the veterinary's opinion was a wise one—that in injection of strychnine into the heart is the most merciful way to execute an animal.

Glandular Deficiency

Could thyroid deficiency keep a woman from having children? (Mrs. H. S.)

Answer—Yes

Husband Deserves Paddling

Our five months old son has crying spells like any other baby, especially when we put him to bed. My husband says I spoil him, and what he deserves is a good paddling. (T. J. M.)

Answer—Maybe he does. Any one who would whip or otherwise punish an infant deserves more than a good paddling—he deserves to have his teeth kicked out. The baby probably cries for a little love and mothering, a lullaby and nursing or at least his bottle to comfort him at bedtime.

(Copyright 1950 by John F. Dille Co.)

Use Mail Tribune Want Ads

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6th & Grape Phone 3-9174

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Don't stand such torment another hour! Just smooth Resinol Ointment on your irritated skin at once. See how quickly its medically proven ingredients in lanolin bring blissful, long-lasting relief.

I Was Nearly "Nuts" With Fiery Itch—

Until I discovered Dr. D. D. Dennis' amazingly fast relief—D. D. D. Prescription. World popular, this pure, cooling, liquid medication speeds peace and comfort from cruel itching caused by eczema, pimples, scabies, athlete's foot, factory itch and other itch troubles. Greaseless, stainless. Trial bottle, 35¢. First application checks even the most intense itch or money back. Ask druggist for D. D. D. Prescription.

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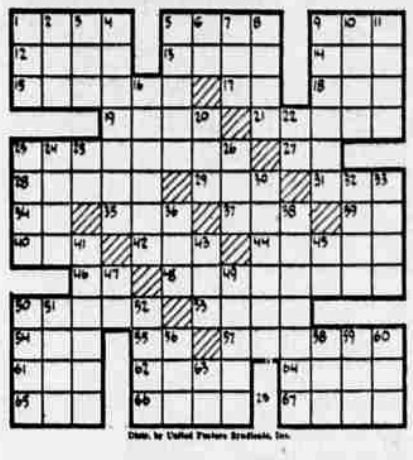
CROSSWORD PUZZLE

ACROSS

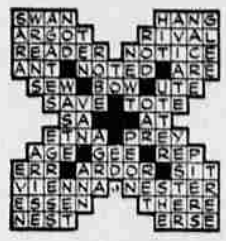
1—Pant
5—Huge
9—Edible fish
12—Pitcher
13—Arrow poison
14—Japanese sash
15—Doctrines
17—While
18—Emerge victorious
19—Go by water
21—Freshet
23—Captured
27—Teutonic deity
28—Compute
29—Title of respect
31—Condensed moisture
34—Symbol for nickel
35—Number
37—Ship's clock
38—Parent (colloq.)
40—Cloth measure
42—Sink in middle
44—Clearer
46—Maiden loved by Zeus
48—House plant
50—West African tree
53—Cut of meat
54—Collide
55—Paid notice
57—Characterized by melody
61—Fruit drink
62—Weaving machine
64—Girl's name
65—Lair
66—Finishes
67—Raise

DOWN

1—Obtain
2—Reverence
3—Japanese coin
4—Gift
5—Short stay
6—Indefinite article
7—Ocean
8—Heroine of novel by Thomas Hardy
9—Bastard
10—Death notice (colloq.)
11—Eat
16—Relishes
20—French plural article
22—Hebrew letter
23—Skin disease
24—Disturb
25—Symbol for ruthenium
26—Noise
30—Mend
32—Large bird
33—Heat
36—Scold
38—More humorous
41—Need
43—Coagulate
45—Japanese measure
47—Bone
49—Wanders
50—Edible fish
51—Assistant
52—New England university
58—Put on
59—Poem
59—Nahoor sheep
60—Organ of hearing
63—Hypothetical force



ANSWER TO PREVIOUS PUZZLE



STRANGE AS IT SEEMS by ELSIE HIX

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Z SAWYER

L'IL ABNER

BLONDIE

MUTT and JEFF

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Women's Knit Gowns SIZES 32-40 1.50

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