

RADIO PROGRAMS—WEDNESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied.

KYJC — 1230 kc	KMED — 1440 kc	KWIN — 1480 kc
6:00—Local News 6:15—Sports News 6:30—Kiddie Corner 7:00—Lone Ranger 7:15—Lone Ranger 7:30—L. Q. 7:45—Dr. I. Q.	Music Music Song Shop Fred Divesek (accordion) The Big Story The Big Story To Be Announced Political Light Up Time News of the World Great Gildersleeve Great Gildersleeve Break the Bank Break the Bank Mr. Dist. Attorney Mr. Dist. Attorney Sam Hayes Sam Hayes Music You Want Music You Want Sign Off Sign Off	News Mel Tormé Spotlight On Sports Here's to You These Great Americans Al Sack At Sundown At Sundown Stories To Remember Bob Eberle Rogue Rancho Heidelberg Harmonies News Lawrence Welk Masterworks Masterworks Juke Box Review Juke Box Review Juke Box Review Juke Box Review Sign Off Sign Off

RADIO PROGRAMS—THURSDAY

KYJC — 1230 kc	KMED — 1440 kc	KWIN — 1480 kc
6:00—Rise N' Shine 6:15—Rise N' Shine 6:30—Rise N' Shine 6:45—Rise N' Shine 7:00—Music Show 7:15—Martin Agronsky 7:30—Bob Garred-News 7:45—Sports Roundup 8:00—Breakfast Club 8:15—Breakfast Club 8:30—Breakfast Club 8:45—Breakfast Club 9:00—Ladies Be Seated 9:15—Ladies Be Seated 9:30—Quick As A Flash 9:45—Quick As A Flash 10:00—Trading Post 10:15—Mystery Shopper 10:30—My True Story 10:45—My True Story 11:00—Betty Crocker 11:15—Victor H. Lindisfar 11:30—Kiddie Corner 11:45—Kiddie Corner 12:00—Bulletin Board 12:15—Non News 12:30—Weather Report 12:45—County Agent 1:00—Welcome to Hollywood 1:15—Welcome to Hollywood 1:30—Surprise Package 1:45—Surprise Package 2:00—Hannibal Cobb 2:15—Hannibal Cobb 2:30—Bride & Groom 2:45—Bride & Groom 3:00—Pick a Date 3:15—Pick a Date 3:30—Art Baker 3:45—Art Baker 4:00—Modern Romances 4:15—Modern Romances 4:30—Organ Time 4:45—The Four Knights 5:00—Green Hornet 5:15—Green Hornet 5:30—Jack Armstrong 5:45—Jack Armstrong 6:00—Local News 6:15—Sports News 6:30—Edwin C. Hill 6:45—Kiddie's Corner 7:00—Counter Spy 7:15—Counter Spy 7:30—Blondie 7:45—Blondie 8:00—Amateur Hour 8:15—Amateur Hour 8:30—Amateur Hour 8:45—Robert Montgomery 9:00—Linger Awhile 9:15—Take To The Air 9:30—Baby Sitter Show 9:45—Baby Sitter Show 10:00—Richfield Reporter 10:15—Claus Mystery Melody 10:30—Time To Dance 10:45—Time To Dance 11:00—Platter Party 11:15—Platter Party 11:30—Platter Party 11:45—Platter Party	Musical Roundup Musical Roundup Beamed to Farmer U. P. News Top of the Morning Top of the Morning Music Music Southern Shindig Southern Shindig Waltz Time Mod. Concert Hall Friendship Circle Friendship Circle Music For You Hometowners Lunchbox With Lopez Next Gave Garrows Personality Time U. P. News Treasure Chest Dr. Crane, Psychologist Here Come the Bands Meet the Band News, Market Reports Road of Life Pepper Young Right to Happiness Backstage Wife Stella Dallas Young Widdie Brown Life Can Be Btfl. Mainly for Women News Swap & Sell Welcome Travelers Welcome Travelers Aunt Mary We Love & Learn Curtain Call Familiar Songs Musical Roundup Music U. P. News What's Doing? Prelude to Dusk Peter Pan Scr. Guild Theatre Scr. Guild Theatre George Fisher Calling George Fisher Calling Super Club Super Club Red Cross Between the Lines Dick Haymes Light Up Time News of the World Aldrich Family Aldrich Family Duffy's Tavern Duffy's Tavern Wrestling Matches Wrestling Matches Wrestling Matches Wrestling Matches Juke Box Review Juke Box Review Juke Box Review Juke Box Review Sign Off Sign Off	Sign On News 1400 Corral Wake Up Rogus Valley Wake Up Rogus Valley Sports Review Best On Wax Best On Wax Haven of Rest Haven of Rest News Listen Ladies Chuck Foster Rhythm and Reason Ray Bloch Presents Ray Bloch Presents News Church in Home Charlie Spivak Homemaker Harmonies Music for Thursday Music for Thursday Nontime Melodies News Farm News Swap Shop Western Music Box Western Music Box Music Box Music Box News Music Box Women in the News Women in the News News All-Star Dance Parade Voice of the Army Voice of the Army News Reflection of SOC Reflection of SOC Truth and Life Gordon Mac Rae News Michael Douglas Spotlight on Sports Dinner Music Between the Lines Red Cross Between the Lines Dick Haymes The Best on Wax Rogue Rancho Rogue Rancho Sixth Army Band Masterworks Masterworks Juke Box Review Juke Box Review Juke Box Review Juke Box Review Sign Off Sign Off

*ABC *NBC

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

MORE PRUNES, PLEASE

Speaking of fear, worry or anxiety, which are various manifestations of the same (flight) emotion; and of anger, irritation or annoyance, which are various manifestations of the same (fight) emotion; and of the flight emotion, as factors which retard peristalsis, the normal propulsion or digestion of food or food residues through the digestive tract, I suggest, say, on page 10 of the constipation booklet:

"Even a trifling anxiety, such as that about being on time at the office or catching your train or avoiding an encounter with your unpleasant creditor or keeping your wife ignorant of your gambling or your husband from discovering your extramarital tendencies to slow down the whole alimentary function."

This is the abnormal physiology which so many half-informed people, like the Malaprops who refer to the belly as "abdomen," "diaphragm," "stomach," or "tummy," now call their "ulcers."

So, as I go on: "It is not so ridiculous as it may seem at first blush to say that a clear conscience and a happy disposition are the best of all aids to digestion and the only really satisfactory bowel regulator."

Now, I don't know why, but I'm forever getting into trouble through my verbosity. For instance, I should have dropped that line and turned to another when I came to that last period. But I had to add ten words, to wit:

"Of course, there are prunes—but that is another story."

Well, sir, of the many thousands of persons who have received Little Lesson No. 25—The Constipation Habit and Colon Hygiene—only one has picked on that remark, and he is not, as you may suspect, a resident of San Jose or even

Santa Clara county but the proprietor of a clothing store in the Missouri valley. His query is not emotion; it is a question to explain what the remark about prunes was intended to convey, which are various manifestations of the flight emotion, as factors which retard peristalsis, the normal propulsion or digestion of food or food residues through the digestive tract, I suggest, say, on page 10 of the constipation booklet:

No, no, no. On the contrary, you should continue the use of prunes in your everyday diet. Prunes deserve a place at the top of the list of everyday foods especially desirable for one with the constipation habit. From experimental study Drs. Kantor and Cooper estimated that the daily intake of 20 small prunes, or three bananas or two apples, in addition to average amounts of vegetables and cereals, will supply the ideal natural requirement of stimulant in the form of food fiber.

Prunes are high on the list of everyday foods especially desirable for one with anemia. Dried prunes contain more iron than apples, peas or raisins. Four ounces of prunes supply as much iron as four ounces of lean beef.

Prunes are a good source of vitamin A and vitamin B1 (thiamine) and vitamin B2 (riboflavin). The vitamin B complex, of which these are the chief components, is a natural tonic to the muscle coat of stomach and intestine.

Some physicians believe the laxative value of California prunes is not due merely to the smooth bulk of the fruit but to an unidentified active principle in prunes which stimulates the intestine. Perhaps the "active principle" is the vitamin B1 (thiamine) and vitamin B2 (riboflavin). The vitamin B complex, of which these are the chief components, is a natural tonic to the muscle coat of stomach and intestine.

QUESTIONS & ANSWERS
What are the dangers involved, if any, when a woman of 21, married two years, childless, takes a hot bath before retiring every night and awakes it out for half an hour to an hour while reading. She feels wonderful the morning after. (H. P.)
Answer—Only danger I can think of is that some one else may be in a hurry to use the bathroom some



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(Acme Telephone)

ENDANGERED AIRLINER — John O'Reilly, 26-year-old war veteran (above), went berserk aboard a plane between Los Angeles and Oakland, Calif. He pulled a gun on crew and passengers, broke windows and claimed he was being gassed. The pilot made emergency landing at Fresno where O'Reilly surrendered to waiting officers.

Two stage shows coming up this week-end you won't want to miss. For the youngsters, it's 10 a.m. Saturday at the Rialto for "Song of the Prairie," followed by a stage presentation with June Storey... and Saturday, it's "Welcome to Hollywood," with Jack McElroy, followed by the big square dance. That, incidentally is in the senior high auditorium... with show time at 7:30 p.m. See you at both, we hope.

The Tony Martin of the Rogue, Fred Buehner, has been stacking in those requests, but says to tell you... "There's always room for at least one more."

Has anybody heard an early morning ditty called "The Alphabet Soup Song"? The girls at the Top Notch must have, from the comment we've heard. Or could it be they know the writer of the tune.

Socialist Party Action Postponed

Salem, Ore., May 31 — (U.P.) — Action on a proposal to re-establish the socialist party as a political organization in Oregon was postponed by members at their annual convention here Sunday.

State Chairman Wendell Barnett of Brooks said further consideration of the proposal will be given after Hugh Sheehan of Portland returns from the national convention at Detroit, Mich., this week.

Colin Cameron, an official of the Canadian socialist party, told the Oregon group that the "socialists are the advance guard of the country."

The delegates elected members of a state executive committee, included Thomas Scanlon of Portland, Harold L. King of

night.

Age 38, married 14 months, in navy three years. Wife has not conceived. Could it be my fault? (M. W.)

Answer—In any case it is fifty-fifty whether wife or husband is the sterile partner. Husband's fertility can be determined by micro-

scopic test. (Copyright 1950 by John F. Dille Co.)

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Answer—Only danger I can think of is that some one else may be in a hurry to use the bathroom some

Where's Their Little Dog Gone?

Give your youngsters and pets the protection they need, enhance the beauty of your home, by enclosing your property with sturdy, attractive FENCING from the Ed Niles Lumber Co. We've several distinctive types for you to select from, including Picket Fencing. Come in and see us today!

CONVENIENT MONTHLY BUDGET TERMS AVAILABLE

Ed Niles Lumber Co.

HIWAY 99 NORTH

PHONE 2-9175

Aurora, Ethel Bowers of Salem and Barnett, Mabel Snyder of Portland was named secretary of the state organization and Hazel Miller of Lake Grove was chosen treasurer.



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and

BODY and PAINT SHOP

Southern Oregon's Oldest and Finest

29 So. Bartlett

Medford

THE MAN WHO KNOWS

Has Answer to After-Dinner Distress

"Seems everybody has his favorite food," says Roundy Ball. "And when it's cooked rich, it seems everybody often over-eats. I know I do. But I don't sit around and suffer with stuffy, full feeling. I eat 1 or 2 Tums. Tums are really wonderful for over-loaded stomach, gas and heartburn due to acid indigestion."

Only 10c, 3-Box Package 25c

TUMS FOR THE TUMMY

POISON OAK

Science has discovered an excellent new treatment for ivy, oak or sumac poisoning. It's gentle and safe, dries up the blisters in a surprisingly short time, often within 24 hours. At drugists, 50c

Ask for IVY-DRY

PILES HEMORRHOIDS

and other Rectal Disorders

● COLON... STOMACH ailments

● RUPTURE (Hernia)

Treated Without Hospital Operation

10:00 until 5:00 Mon. through Fri.

10:00 until 5:00 Mon. through Fri.

FREE Descriptive Booklet

Write or call

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IN OUR 40th YEAR

Corner E. Riverside and Grand Ave.

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CROSSWORD PUZZLE

ANSWER TO PREVIOUS PUZZLE

ACROSS

- 1-Idol
- 2-Make suitable
- 3-Man's name
- 4-Collection of facts
- 5-Body of water
- 6-Drunkard
- 7-Writing
- 8-Implement
- 9-Transparent silk
- 10-Precipitation
- 11-Colder
- 12-Idle talk
- 13-Sea in Asia
- 14-Noises
- 15-Make laws
- 16-Part of "to be"

DOWN

- 1-Opening
- 2-Unit
- 3-Man's nicknames
- 4-Bird
- 5-Avenue (abbr.)
- 6-Parade
- 7-Group of three
- 8-Beast of burden
- 9-Old French coin
- 10-Consumed
- 11-Kub
- 12-Military verb
- 13-Orin down
- 14-Hanging branches
- 15-Near
- 16-Two-chambered
- 17-Make reparation
- 18-Orbits use of
- 19-Hawaiian wreath
- 20-Offspring
- 21-Guide
- 22-Casualty (synch)
- 23-Kind
- 24-Silver (synch)
- 25-Nohammedian name
- 26-Strikes
- 27-Comfort
- 28-Recort
- 29-Dance step
- 30-British
- 31-Small child
- 32-Weaken
- 33-Before
- 34-Dawn emblem
- 35-Behold!

Drawn by United Feature Syndicate, Inc.

BARNEY GOOGLE and SNUFFY SMITH

EVERYBODY CRAVES TO SEE YE GIT ELECTED MAYOR, 'RIDDLES', BUT NOBODY CAN GIT DOWN TO TH' VOTIN' POLE THAT DAY

WHY ON AIRTH CAN'T THEY?

LONZO'S GOT A BODACIOUS CHECKER GAME LINED UP-- MIZ DOWDY'S GOT BUTTER TO CHURN, AN' RUFE AIMS TO WHITTLE HISSE'F A AX HANDLE

WAAL-- BUST MY OVERHAULS!!

WAAL, LEASTWISE-- I CAN ALWAYS COUNT ON YORE VOTE, SNUFFY

NO, YE CAIN'T!! THAT'S TH' DAY I GOT TO GIT TH' MASH READY FER TH' COOKER

BUZ SAWYER

THIS IS MY HOME. I'M SURE IT'S MY HOME. I REMEMBER EVERY TREE, EVERY BUSH.

AND YET-- WHERE IS MY FATHER?

WHY DOESN'T HE LIVE HERE ANY LONGER?

CAN HE BE DEAD?

CHRISTY WANDERS FOR HOURS PART DIMLY FAMILIAR LANDMARKS. SUDDENLY SHE STOPS.

WHY? THIS IS THE SAWYER PLACE.

L'L ABNER

OH, BORN-- AH BIN IN THIS BURLAP BAG FO' THREE HOURS, OR WEEKS-- AH DON'T KNOW WHICH

AH BIN BANGED, DRAGGED, SCRAPED AND SOAKED IN (SOMETHING) BEETLE EXTERMINATOR!!

COME WITH ME, YOU LUCKY DOG!! SHE'S WAITING FOR YOU!!

FIRST, TELL ME THIS-- IS AH ALIVE OR IS AH DAID? DOH! FOOL ME.

AH KIN TAKE IT!!

OH, GOODIE! YOU'RE HOME JUST IN TIME FOR SUPPER

GET ON LE THERE! HOT

MUTT and JEFF

DON'T MAKE ME LAUGH! GET OUT OF MY LIFE, YOU LITTLE FOOL!

HOW'S DELIA, JEFF?

OH, I HAD TO BREAK OFF WITH HER! SHE WAS GETTING TOO SERIOUS!

TOO SERIOUS?

YEH, SHE WAS SO NUTS ABOUT ME SHE GOT DOWN ON HER KNEES AND PROPOSED TO ME!

YOU MEAN SHE WANTED TO MARRY YOU?

YEH! IT WAS VERY TOUCHING! POOR KID!

BUT NOT, OF COURSE, UNTIL I TOLD HER I ADMIRER HER TASTE!

BUT----- SHE'S NOT MY TYPE, SO I HAD TO TURN HER DOWN!

PENNEY'S

GO ON SALE

Thursday Morning 9:20

Boys' Cowboy Hats

Ten Gallon Hats—100% wool felt. Light colors

1.98

Cowboy Shirt

Washable rayon wool felt. Bright colors

1.98

BOYS' BLACK COWBOY JEANS

Sanforized black twill jeans for real cowboy wear! Cut like frontiers pants. White stitching. 4-12

1.98

Kit Carson Gun, double-holster set

All-leather with jewel and nailhead stud-ding. Double guns are lightweight with ivory-like plastic handles.

2.98

JR. BOYS' SHIRT & PANT Set 1.98

Gay figured cotton shirt in sanforized washable cotton plus sturdy little blue, brown, washable shorts. Ages 2-4 and 6.

1.98

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Wednesday, May 31, 1950

MEDFORD (OREGON) MAIL TRIBUNE—THIRTEEN

STRANGE AS IT SEEMS

ELSIE MIX

THE SAME HERD OF ROCKY MOUNTAIN BISHORN SHEEP SPENDS EACH SUMMER NEAR THE TOP OF MT. WASHBURN IN YELLOWSTONE NATIONAL PARK

Dr. Samuel Mudd--

CONVICTED AS A CONSPIRATOR IN THE ASSASSINATION OF ABRAHAM LINCOLN BECAUSE HE SET THE BROKEN LEG OF JOHN WILKES BOOTH, WAS NEVER GIVEN TRIAL BY JURY NOR ACTUALLY PROVED GUILTY!

WHILE SERVING A LIFE SENTENCE AT HARD LABOR, HE SAVED MANY LIVES AMONG THE PRISONERS AT FORT JEFFERSON, MO, DURING A YELLOW FEVER EPIDEMIC

NO. 11

NOV-- Mch., WAS NAMED FOR TOLL GATE NO. 11

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