

LUMAN'S

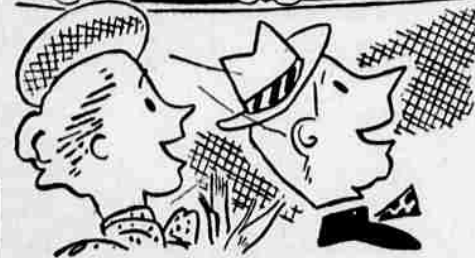
CORNER 4th & FRONT

Round Trip To Pleasant Shopping...



SWANCO 49^c
MARGARINE 2 lbs.

HONEY 69^c
5 Pounds



DEL ROGUE TOMATO JUICE 46 oz. can 23c

PINK SALMON No. 1 can 33c

CAMPBELLS VEG. SOUP 2 cans 23c

DOLE FRUIT COCKTAIL 2 1/2 size can 29c

SCOT TOWELS MADE OF THIRSTY FIBRE 150 Towel Roll 2 for 29c

COFFEE Hills, MJB, Folger's, S&W, Empress, Chase & Sanborn, Maxwell House 2 lb. \$1.53 lb. 77c

SWIFT'S PREM can 39c

MORRELL'S CHILI With beans----11 oz. can 19c

CAMPBELLS PORK & BEANS 23 oz. 2 cans 35c

CORN Whole Kernel can 10c

BEST FOODS



French Dressing

23c

LA CHOY CHINESE FOODS

WATER CHESTNUTS can 29c
BAMBOO SHOOTS can 29c
BROWN GRAVY SAUCE bot. 16c
SOY SAUCE 21c

MEATLESS DINNER can 49c
CHICKEN CHOW MEIN DINNER can 89c
BEEF CHOP SUEY DINNER can 79c
CHOW MEIN NOODLES 2 cans 29c

CHINESE VEGETABLES, no celery. 39c



TEA BAGS
25 bags 33c - 50 bags 59c

SEASONAL
SERVINGS OF

SAVINGS

Radishes 2 bun. 9c

GREEN
Onions . . . 2 bun. 9c

Artichokes 2 for 15c

SHAFTER NEW
Potatoes 4 lbs. 29c

FRESH GREEN
Peas 2 lbs. 19c

Bananas . . . lb. 17c

LARGE REDLAND
Oranges . . doz. 58c



MEAT & POULTRY Specials

CHICKENS Colored Roasters--Fresh Dressed lb. 39c

PORK ROAST Center Cuts lb. 39c

PORK SAUSAGE Country Style lb. 45c

SLICED BACON Morrells, Eastern cured lb. 39c

SIDE PORK Fresh, Nice and Lean lb. 47c

COLD CUTS Assorted kinds lb. 49c

COTTAGE CHEESE Fresh Bulk lb. 19c

MEAT PRICES FRIDAY AND SATURDAY

OPEN EVERY SUNDAY

LUMAN'S

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RECIPE OF THE WEEK

By Mary Lee Taylor
Stuffed Meat Slices
1/2 cup Fat Milk few grains pepper
1 1/2 cups grated 2 cups cooked
American cheese noodles
1/2 teaspoon dry 8 slices lunch meat*
mustard (1/2 lb.)
1/2 teaspoon salt
Mix milk, cheese, mustard, salt and pepper. Cook and stir over boiling water until cheese melts. Add noodles and heat thoroughly. Brown meat slices slowly on both sides. Put half of meat slices on serving plates. Cover with noodle mixture. Top with remaining meat slices. Makes 4 servings.
*Canned lunch meat, large bologna or boiled or baked ham can be used.
You will need:
Fat Milk, Lunch Meat, Noodles and American Cheese.