

On the Side—By E. V. Durling

(Distributed by King Features Syndicate, Inc.)

Love and luck are birds
That soar from sight,
Arrows are in vain
To stop their flight.

—Rubio.

George Gershwin's first song was titled "When You Want Them You Can't Have Them and When You've Got Them You Don't Want Them." An interesting collection would be of the first songs of famous composers of popular ditties. In addition to being a nice thing to have, it could be made a source of income by renting it to music shops for window display purposes.

Please Note
It was Viscount Castellorosso who said: "Dogs understand women. A woman's dog is usually disobedient and troublesome, knowing full well that a languishing eye and a wagging tail will wipe out a series of shocking crimes."

N' hores
How about the lady living next door? Is she a good looking? What is her birth sign? If she is a Libra (September 23-October 22) you should keep in mind that females born under that sign have a way with men. Some of them enjoy putting it to use in a flirtatious way. She may try to steal your husband. If your next door neighbor is a Virgo (August 23-September 22) she is probably a good housekeeper and an efficient handler of a budget. Your husband may hold her up to you as an example. If she is a Gemini (May 21-June 20) she is probably a wisecracker with a good sense of humor. She can cheer you up when you are blue. If she is a Pisces (February 20-March 20) she may try to create the impression of being a

woman of mystery and will bore you stiff with stories of her past life. Or so say the stargazers.

Asking

Queries from clients. Q. Was Texas Guinan, the night club queen, really educated in a convent or was that just a publicity story? A. In her early youth Miss Guinan attended the Loretta convent in Waco, Tex. She was a wonderful woman. I knew her quite well. She was generous, loyal, considerate, sympathetic and had the keenest sense of humor of any woman I ever met. Q. How long after the old Waldorf-Astoria hotel was torn down was the Empire State building open to visitors? A. The old Waldorf was torn down in October, 1929, and the completed Empire State building was formally opened on May 1, 1931. Some speedy construction job, that. When construction was in full swing an average of four and a half stories were erected every week.

Briefly
Am asked if there has ever been a film version of the Biblical tale of Joseph and his brethren. Many years ago there was a silent film version made. I don't remember who played Joseph but Marguerite Snow played Potiphar's wife. . . . Enrico Caruso liked to eat, and consequently was troubled with a bulging waistline. To reduce this excess poundage Enrico originated an exercise calling for throwing a handful of confetti on the floor and then picking it up piece by piece. Keep that in mind, lady, if you have a husband whose waistline needs streamlining.

Passing By
Katharine Cornell. Brilliant lady of the theater. Has been happily married to Guthrie McClintic for 28 years. Katharine once said: "One of the reasons our marriage has been so successful is that our house is large and we can get away from each other when we want to." I understand Katharine and Guthrie each have a floor of their own. So when Mr. McClintic gets worked up and goes out of the room slamming the door he can go to his own floor instead of into the dark of the night.

New Reader
Now I have a reader in Saratoga, Tex. He manufactures oil well strainers, whatever they are. I am going to keep in touch with him. Maybe he can tip me off as to where I could buy a bit of land where I might strike oil. Just a little oil is all I want. I wouldn't want to get too much money out of it because then I wouldn't have as much fun playing my racing system.

Says He
As the organization I work for prefers its executives to be married, I had no other alternative but to get myself a wife," writes a Chicagoan. "I delayed matters as long as possible, as I love liberty. When I decided to marry I was able to approach the situation in a practical way. I looked around for a good, strong, intelligent girl with a talent for housework and homemaking. I disregarded the raving beauty angle. The young woman I decided upon has proven a very satisfactory wife. She maintains



NOT ENOUGH—Dr. Richard Ford (above), pathologist of Harvard University, struck at the heart of the state's "mercy-murder" case against Dr. Hermann N. Sander in Manchester, N. H., by stating: "Forty C. C.'s (of air) is not enough to clog the arterial system leading to the human lung." Dr. Sander is charged with murdering a woman cancer patient by injecting air into her veins.

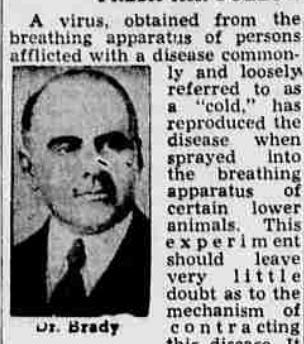
Los Angeles, Mar. 11.—(U.P.)—Funeral services will be held Friday for William A. Moses, a 61-year-old Kansas pioneer, frontier sheriff and early-day buffalo hunter.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

FRESH AIR FOLLOWING ANESTHESIA



A virus, obtained from the breathing apparatus of persons afflicted with a disease commonly and loosely referred to as a "cold," has reproduced the disease when sprayed into the breathing apparatus of certain lower animals. This experiment should leave very little doubt as to the mechanism of contracting this disease. It establishes the disease as contagious, by being transferred from one person to another, through the air. While, seemingly, hardly anybody questions the contagiousness of diphtheria or scarlet fever, the public apparently resists the fact that a so-called "cold" is actually contagious.

Nearly any one can recall, once having acquired what he diagnoses as a "cold," some experience involving a change of weather, or a draft, which preceded the onset of the disease. The fact that the moon came over the mountain at about the same time, is ignored, although everyday experience would serve to indicate that the two occurrences are of equal importance.

or unimportance, insofar as respiratory disease is concerned.

Who ever heard of the butcher being constantly plagued with "colds" because he enters the refrigerator countless times each day? Who ever proved that a "draft" of nice, crisp air ever did anything to anybody except to refresh them, or merely to annoy them?

Were you ever impelled by curiosity to gather around with the rest of the curious to see what goes on in the middle of the crowd? And did you ever have the experience of having a big policeman stand on your feet and push you in the chest along with the order to "stand back and give 'em air?" The desire for "air" is instinctive with most persons following any type of injury. The miserable person who has consumed a quantity of alcoholic beverage too great for him to "handle," instinctively seeks the "air"—the colder the better.

The patient still under anesthesia following the completion of an operation, needs air. He is intoxicated just as surely as the alcoholic—but with a different, but comparable, drug. The notion that such a patient should be shielded from the air is absurd. Nevertheless, the old, morbid and unscientific notion that fresh air will cause a "draft" and "chill" the patient, leads to the practice in many institutions, even in this enlightened day, of shutting the patient's window, or in other ways "shielding" him from fresh air. The notion that fresh air in the form of a draft (there is no other way of getting it) will cause the patient to develop "post-operative pneumonia" can not be supported by scientific evidence. Nobody has ever proved that fresh air ever hurt anyone.

It is curious, to say the least, that in high class hospitals the ancient custom of depriving a drugged, senseless patient from contact with fresh, revivifying stimulating air is still perpetuated. Is the incidence of pneumonia, following surgery in the open, near the battle field, where there are no windows to close, higher than in the stuffy, stale rooms of the hospital? The answer is NO. A reasonable relative or friend of a patient undergoing surgery, is completely within the brackets of intelligent conduct when he demands fresh air, and plenty of it at all times, for the victim.

QUESTIONS & ANSWERS
Eighteen Year Cure
By a lucky chance I happened to read an article of yours on constipation, sent for your booklet, studied the matter for a while and decided you knew what you were talking about. I followed your instructions faithfully, was scared for a few days, but everything went just as you said it would. That was 18 years ago and I have never used physic or other aids since. Believe me, your teachings are great. (P. H.)
Answer—Thank you. For the booklet THE CO-OPERATION HABIT AND COLON HYGIENE send twenty-five cents and stamped self-addressed envelope.
Decrepit Old Ball

Sunday, March 12, 1950

MEDFORD (OREGON) MAIL TRIBUNE—THREE

Simple Formula Here For Physical Fitness

Champaign, Ill. —A University of Illinois professor says he has a two-step formula for getting rid of that tired feeling.

Furthermore, the system will eliminate the spare tire around your middle, according to T. K. Cureton, physical education professor.

Cureton developed the formula over the past 25 years which he has spent "studying healthy people while doctors have been studying sick people." Here are the rules:

1. Walk "rhythmically and briskly" at least two miles every day. (An alternative is to go swimming for a half-hour at least every other day.)
2. Get a proper diet—not too much food, avoiding large quantities of fats and eating more soy beans and green vegetables. "That's the nub of it," Cureton said.

You'll feel younger and you can practically forget worries about heart trouble and hardening of the arteries, he says.

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