

RADIO PROGRAMS--SUNDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC - 1230 kc	KMED - 1440 kc	KWIN - 1490 kc
7:00-Band Box Revue*	Family Time*	Family Time*
7:15-Band Box Revue*	Family Time*	Family Time*
7:30-Band Box Revue*	Family Time*	Family Time*
7:45-Band Box Revue*	Family Time*	Family Time*
8:00-Old Fashioned Revival*	Treasure Chest	News
8:15-Old Fashioned Revival*	Morning Serenade*	Do You Remember
8:30-Old Fashioned Revival*	Church of Christ	Wings of Healing
8:45-Old Fashioned Revival*	For Young Scientists*	Wings of Healing
9:00-Southernaires*	The Gospel Hour	U.S. Story
9:15-Southernaires*	The Gospel Hour	Freedom Story
9:30-Gill Garden Talks	Trade Winds Tavern	Sunday Vespers
9:45-Sunday Serenade	U.P. News	Sunday Vespers
10:00-News	America United*	News
10:15-Romance of Hwy's*	Chicago Roundtable*	News
10:30-Mid-Morning Melodies	Chicago Roundtable*	Wait Time
10:45-Mid-Morning Melodies	Chicago Roundtable*	Wait Time
11:00-Church Services	NBC Theatre*	Baptist Church
11:15-Church Services	NBC Theatre*	Baptist Church
11:30-Church Services	NBC Theatre*	Baptist Church
11:45-Church Services	NBC Theatre*	Baptist Church
12:00-Frank & Ernest	One Man's Family*	News
12:15-News	One Man's Family*	Paul Weston
12:30-Milton Cross	Quiz Kids*	Sports Review
12:45-Milton Cross	Quiz Kids*	Sketch Henderson
1:00-Blue Baron Presents	News	Assembly of God
1:15-Meet the Band	What's Doing*	Assembly of God
1:30-Voice of Prophecy*	High Adventure*	Assembly of God
1:45-Voice of Prophecy*	High Adventure*	Assembly of God
2:00-Meet the Band	Richard Diamond*	Gospel Hour
2:15-Meet the Band	Richard Diamond*	Gospel Hour
2:30-Greatest Story*	Harvest of Stars*	Christian Churches
2:45-Greatest Story*	Harvest of Stars*	Band concert
3:00-Lutheran Hour*	Catholic Hour*	Trinity & Life
3:15-Lutheran Hour*	Catholic Hour*	Trinity & Life
3:30-Music With The Girls*	Henry Morgan*	Trinity & Life
3:45-Music With The Girls*	Henry Morgan*	Trinity & Life
4:00-Mr. President*	Christopher London*	Ray Bloch Presents
4:15-Mr. President*	Christopher London*	Ray Bloch Presents
4:30-Plano Playhouse*	Harris & Faye*	Weekend News Review
4:45-Plano Playhouse*	Harris & Faye*	Weekend News Review
5:00-Stop The Music*	Sam Spade*	Classical Favorites
5:15-Stop The Music*	Sam Spade*	Classical Favorites
5:30-Stop The Music*	Theatre Guild*	Classical Favorites
5:45-Stop The Music*	Theatre Guild*	Classical Favorites
6:00-Walter Winchell*	Theatre Guild*	Classical Favorites
6:15-Walter Winchell*	Theatre Guild*	Classical Favorites
6:30-Chance Of A Lifetime*	Album of Music*	Public Health
6:45-Chance Of A Lifetime*	Album of Music*	Public Health
7:00-Blondie & Dagwood	Take It or Leave It*	KWIN Concert Hall
7:15-Blondie & Dagwood	Take It or Leave It*	KWIN Concert Hall
7:30-Mr. Malone*	Bob Crosby Show*	Washington Inside, Out
7:45-Mr. Malone*	Bob Crosby Show*	Washington Inside, Out
8:00-Drew Pearson	Science Editor*	Lynn Murray Show
8:15-Drew Pearson	Science Editor*	Lynn Murray Show
8:30-Walter Winchell*	Standard Symphony*	Concert in Miniature
8:45-Walter Winchell*	Standard Symphony*	Concert in Miniature
9:00-Get More Out Of Life*	Standard Symphony*	Concert in Miniature
9:15-Get More Out Of Life*	Standard Symphony*	Concert in Miniature
9:30-Get More Out Of Life*	Standard Symphony*	Concert in Miniature
9:45-Get More Out Of Life*	Standard Symphony*	Concert in Miniature
10:00-Richfield Reporter*	Sign Off	Sign Off
10:15-Richfield Reporter*	Sign Off	Sign Off
10:30-Richfield Reporter*	Sign Off	Sign Off
10:45-Richfield Reporter*	Sign Off	Sign Off

RADIO PROGRAMS--MONDAY

KYJC - 1230 kc	KMED - 1440 kc	KWIN - 1490 kc
6:00-Rise N Shine	Musical Roundup	Musical Roundup
6:15-Rise N Shine	Musical Roundup	Musical Roundup
6:30-Rise N Shine	Musical Roundup	Musical Roundup
6:45-Rise N Shine	Musical Roundup	Musical Roundup
7:00-Music Kettle	Top of the Morning	Wake Up Rogue Valley
7:15-Martin Agronomy	Marriage for "We"	Wake Up Rogue Valley
7:30-Bob Garred-News	Music and News	Wake Up Rogue Valley
7:45-Sports News	Music and News	Wake Up Rogue Valley
8:00-Breakfast Club*	Eddie Albert Show*	Sidekick Chapel
8:15-Breakfast Club*	Eddie Albert Show*	Sidekick Chapel
8:30-Breakfast Club*	Eddie Albert Show*	Sidekick Chapel
8:45-Breakfast Club*	Eddie Albert Show*	Sidekick Chapel
9:00-Ladies Be Seated*	Friendship Circle	Sidekick Chapel
9:15-Ladies Be Seated*	Friendship Circle	Sidekick Chapel
9:30-Quick As A Flash	Music As You Like It	Sidekick Chapel
9:45-Quick As A Flash	Music As You Like It	Sidekick Chapel
10:00-Trading Post	Curtain Call	Sidekick Chapel
10:15-Trading Post	Curtain Call	Sidekick Chapel
10:30-My True Story*	U.P. News	Church In Home
10:45-My True Story*	U.P. News	Church In Home
11:00-Betty Crocker*	Melody Time	Dinner Sisters
11:15-Victor Lindahl*	Concert Master	Music For Monday
11:30-Baukage Talking*	Meet the Band	Music For Monday
11:45-News	News & Markets	Music For Monday
12:00-News	News & Markets	Music For Monday
12:15-News	News & Markets	Music For Monday
12:30-Weather Report	Pepper Young*	Music For Monday
12:45-County Agent	Right to Happiness*	Music For Monday
1:00-Welcome to Hollywood*	Backstage Wife*	Music For Monday
1:15-Welcome to Hollywood*	Backstage Wife*	Music For Monday
1:30-Salute To You	Stella Dallas*	Music For Monday
1:45-Salute To You	Stella Dallas*	Music For Monday
2:00-Surprise Package*	Life can be Beautiful*	Music For Monday
2:15-Surprise Package*	Life can be Beautiful*	Music For Monday
2:30-Surprise Package*	Life can be Beautiful*	Music For Monday
2:45-Surprise Package*	Life can be Beautiful*	Music For Monday
3:00-Bride & Groom*	Welcoming Travelers*	Music For Monday
3:15-Bride & Groom*	Welcoming Travelers*	Music For Monday
3:30-Pick A Date*	Aunt Mary*	Music For Monday
3:45-Pick A Date*	Aunt Mary*	Music For Monday
4:00-Modern Romances*	We Love & Learn*	Music For Monday
4:15-Modern Romances*	We Love & Learn*	Music For Monday
4:30-News	Voice of the Army	Music For Monday
4:45-News	Voice of the Army	Music For Monday
5:00-Challenge of Yukon*	Trade Winds Tavern	Music For Monday
5:15-Challenge of Yukon*	Trade Winds Tavern	Music For Monday
5:30-Sky Kings*	Echoes From Tropics*	Music For Monday
5:45-Sky Kings*	Echoes From Tropics*	Music For Monday
6:00-Edwin C. Hill-News*	H.V. Kallenborn*	Music For Monday
6:15-Elmer Davis*	U.P. News	Music For Monday
6:30-Headline Edition*	What's Doing	Music For Monday
6:45-McLain's On File	Voice of Firestone*	Music For Monday
7:00-Lone Ranger*	Voice of Firestone*	Music For Monday
7:15-Lone Ranger*	Voice of Firestone*	Music For Monday
7:30-Ethel & Albert Show*	Report From Washington	Music For Monday
7:45-Ethel & Albert Show*	Report From Washington	Music For Monday
8:00-Solo & Soliloquy*	Rhythm & Rhythm	Music For Monday
8:15-Solo & Soliloquy*	Rhythm & Rhythm	Music For Monday
8:30-Henry J. Taylor*	Candy Matson*	Music For Monday
8:45-Henry J. Taylor*	Candy Matson*	Music For Monday
9:00-Proudly We Sail*	Nightbeat*	Music For Monday
9:15-Proudly We Sail*	Nightbeat*	Music For Monday
9:30-Salon Serenade	Dangerous Assignment*	Music For Monday
9:45-Salon Serenade	Dangerous Assignment*	Music For Monday
10:00-Meet the Band	Light Up Time*	Music For Monday
10:15-Meet the Band	Light Up Time*	Music For Monday
10:30-Richfield Reporter*	News of the World*	Music For Monday
10:45-Richfield Reporter*	News of the World*	Music For Monday
11:00-Platter Party	Railroad Hour*	Music For Monday
11:15-Platter Party	Railroad Hour*	Music For Monday
11:30-Platter Party	Railroad Hour*	Music For Monday
11:45-Platter Party	Railroad Hour*	Music For Monday

*-ABC *-NBC

Radio Patter by Pat

Flagstaff, Ariz., the gateway to the Grand Canyon, which has become a year-round vacation land, will be the destination of the "radio bus" when Commander A. W. Scott conducts his "Romance of the Highways" broadcast over Station KYJC and ABC's Pacific Coast network today at 10:15 a.m.

A biblical drama titled "The Mote and the Beam" will be presented on ABC's "The Greatest Story Ever Told" today at 2:30 p.m. over KYJC.

Essentially, the story deals with the friendship of two men, Caleb and Ezra, business partners in the town of Jezreel in Galilee. After long association, Ezra has broken with Caleb because the latter refuses to accept the teaching of Jesus as a way of life that Ezra has only just discovered.

Actor Broderick Crawford, whose performance in the movie, "All the King's Men," has gained him an academy award nomination, will tell Louella O. Parsons what it's like to experience such a sensational rise to success when he guests on the Hollywood commentator's broadcast today over Station KYJC at 6:15 p.m.

The 4-H couple who met at

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.
Readers should address inquiries to: Dr. William Brady,
243 El Camino, Beverly Hills, Calif.



THE CALCIUM SHORTAGE

Thanks to what we learned about better nutrition from your booklet *The Calcium Shortage*, writes the Health Commissioner of the Household, the wife and mother, of course—my 78 year old dad who lives alone on an 18 acre truck garden and does nearly all the work, looks about 60 and usually feels like a frisky colt. In the past few years he has had broken bones—he just bounces (Mrs. O. F. W.)

There may be more than coincidence in what the lady says. Dad's bounce may indeed be due to better nutrition he has gained and maintained by supplementing his diet with calcium and vitamin D as suggested in the booklet—for copy of the booklet send twenty-five cents and stamped self-addressed envelope.

Remember what Sherman said? Dr. Henry C. Sherman, that is, the noted nutrition authority who wrote the famous textbook, *Chemistry of Food and Nutrition*, MacMillan Co., New York. From that book I quote:

A food supply may appear liberal and varied, and yet unless milk and green leaf vegetables are well represented it may be calcium-poor. Hence the "ordinary mixed diet" of Americans and Europeans, at least along dwellers in cities and towns, is probably more often deficient in calcium than in any other chemical element.

The everyday diet of most of us does not include a reasonable amount of milk and green leaf vegetables, but that is not the only fault of the standard of nutrition in America today. The diet of most Americans is composed largely of refined carbohydrate food—starch, sugar—which yields plenty of calories but cheats the body of the minerals, vitamins and nitrogenous or protein material (amino-acids) essential for growth and repair. That's why I call sugar, syrup, candy, cake, refined white flour, cornstarch, white bread, ice cream, sweetened carbonated beverages "cheat foods." They give a brief "lift" or "refreshment" which sustains the body in a brief spurt of energy, but such foods do not "stick to the ribs" and supply the material the body requires to keep functioning efficiently.

Here are three recommendations which I believe would bring the level of vitamins to the optimal if they were followed by everybody:

1. Use plain wheat in the everyday dietary, as described in pamphlet *Wheat to Eat*.
2. Make a real salad the first course of dinner or lunch every day. A real salad is a dish of raw herbs.
3. Every growing child should consume at least a quart every adult at least 1½ pints of milk daily.

Every growing child or adult who does not follow these recommendations should supplement his or her diet with the three vitamins and three minerals our typical American diet lacks, as

described in the booklet *The 7 Keys to Vite*. For the wheat pamphlet send stamped self-addressed envelope. For the vite booklet send twenty-five cents and self-addressed envelope.

QUESTIONS & ANSWERS

Reducing the Easy Way
Have just had a reducing machine installed in my home. Please tell me if it is injurious in any way to use it regularly. It has a large sort of ham-mock in which one stands leaning as it shakes, thus rolling fat off the...

(Mrs. M. M. E.)
Answer—When you are ready to be serious about it, send twenty-five cents and stamped self-addressed envelope for booklet *RULES FOR REDUCING*.

Pasteurization
What change occurs in the calcium content of milk from pasteurization? rendering a part of the calcium in milk unassimilable. Animals and children fed with pasteurized milk do not grow as fast as animals and children fed with uncooked milk.

Whole Applesauce
We make our applesauce by cooking the apples with skins and all and running through food mixer. This makes a better flavored product, but we wonder whether we get any poison spray residue in the applesauce.

(Mrs. M. J. J.)
Answer—Some of the lead arsenite residue may remain on the apples, but not out of control of stem and opposite dimples—that would remove most of any dried spray residue. (Copyright 1950 by John F. Dille Co.)

This We Can Do

Medford, Ore., Feb. 28

We, the people, of the Rogue valley can now buy Upholstered furniture direct from the manufacturer. We can save as much as \$175 on a set of furniture this way. The manufacturer can be proud to be able to make this savings possible.

Modern Upholstered Furniture Company
1222 S. Riverside Phone 2-2473

The Standard Hour

JESUS MARIA SANROMA
Pianist
PIERRE MONTEUX
Conductor
San Francisco Symphony Orchestra

Academic Festival: Overture... Brahms
Symphony No. 8, in F Major: Selected Movements... Beethoven
Piano Concerto in A Minor: Selected Movements... Grieg
Facade: Suite No. 1, in F Major... William Walton

Program subject to possible change
Sunday 8:30 p.m. KMED

Jet Bomber Crash Claims Two Lives

Dayton, O., Feb. 25 (U.P.)—Two persons including a British wing commander died in a crash here Friday of an army B-45 jet bomber, the Wright field public relations office announced.

The names of the dead were not disclosed.

One member of the crew, Capt. J. L. Armstrong of Wright field, parachuted from the burning four-jet bomber and suffered a broken arm in landing.

The plane was carrying only two crew members and the British wing commander, on board to observe performance of the plane. Normal strength of the B-45 crew is four men.

POISON OAK?

Try a Bottle of ZEMACOL
You must be satisfied or your money cheerfully refunded. Get a bottle to day at WESTERN THRIFT.

TRUSSES SURGICAL BELTS WEST SIDE PHARMACY

The Rexall Store
135 W. Main

CROSSWORD PUZZLE

ANSWER TO PREVIOUS PUZZLE

ACROSS
1-Colorless
2-Heavenly body
3-Bull on spind
4-Break
5-Crippled
6-Pedal digit
7-Note of scale
8-Midday
9-Click beetle
10-Symbol for selenium
11-Statue
12-To mix
13-Point of hammer
14-To fondle
15-Cries like goat
16-Heretic letter
17-Considers terms of settlement
18-Globe
19-Symbol for tellurium
20-Club with jaw
21-Bitter vetch
22-Word of sorrow
23-Military medal
24-Biase
25-Period of time
26-Note of scale
27-Possessive pronoun
28-Short hit
29-Symbol for sodium
30-Viper
31-Powdered pumice
32-Fumate
33-Female deer
34-Toward sheltered side
35-Plate



Down
1-Vague
2-Swaggerers
3-Nar
4-To bar
5-One-headed vase
6-One behind another
7-Part of "to be"
8-Communist
9-Strip of leather
10-Toward
11-Old pronoun
12-Condition
13-River in Siberia
14-Ireland
15-Cough
16-Portray
17-Spilled horses
18-Couch
19-Sicilian volcano
20-Short sleep
21-Sicilian volcano
22-Pretnae
23-Transaction
24-Distiller
25-To say in wrong way
26-To shot from cover
27-Dressing
28-French for "and"
29-Symbol for tin
30-Must as written
31-Youngster
32-Hard-wood tree
33-Paid outfit
34-Therefore
35-Man's nickname
36-Symbol for nickel

By United Features Syndicate, Inc.

BARNEY GOOGLE AND SNUFFY SMITH



BUZ SAWYER



L'IL ABNER



BLONDIE



MUTT AND JEFF



STRANGE AS IT SEEMS by Elsie Hix



JOHN L. CLEM--

Enlisting as a drummer boy with the 22nd Michigan Volunteers at the age of 12, ESCAPED CAPTURE DURING THE BATTLE OF CHICKAMAUGA BY KILLING A CONFEDERATE COLONEL AND WAS GIVEN THE RANK OF SERGEANT!

2-25

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