RADIO PROGRAMS--FRIDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC - 1230 kc	KMED — 1440 kc	KWIN — 1400 kc
6:00—Edwin C. Hill*	Ser. Dir Playhouse*	News
6:15—Elmer Davis*	Ser. Dir Playhouse*	Suppertime Serenade
6:30—Sports News	Jimmy Durante*	Spotlight on Sports
6:45—McLain's On File	Jimmy Durante*	Dinner Music
7:00—Gillette Fight	Modern Concert Hall	Al Sack
7:15—Gillette Fight	Familiar Melodies	Aviation In The News
7:30—Gillette Fight*	Bill Stern*	At Sundown
7:45—Gillette Fight*	Evening Melodies	At Sundown
8:00—The Fat Man*	Light Up Time*	Medford-Ashland
8:15—The Fat Man*	News of the World*	Medford-Ashland
8:30—Your FBI*	Proudly We Hail	Medford-Ashland
8:45—Your FBI*	Proudly We Hail	Medford-Ashland
9:00—Ozzie & Harriet*	Life of Riley*	Medford-Ashland
9:15—Ozzie & Harriet*	Life of Riley*	Medford-Ashland
9:30—Driver's Playhouse	The Song Shop	News
9:45—Meet The Band	Barbershop Harmonies	Masterworks
10:00—Richfield Reporter*	Sam Hayes*	Juke Box Review
10:15—Clauss Mystery Melody	Halls of Ivy*	Juke Box Review
10:30—Jimmy Wakley*	Halls of Ivy*	Juke Box Review
10:45—Time To Dance	News	News
11:00—Platter Party	Sign Off	Sign Off
11:15—Platter Party		
11:30—Platter Party		
11:45—Platter Party		

RADIO PROGRAMS—SATURDAY

6:00—Rise N' Shine	Musical Roundup	
6:15—Rise N' Shine	Musical Roundup	
6:30—Rise N' Shine	Marines	News
6:45—Rise N' Shine	U P News	1400 Corral
7:00—News*	Top of the Morning	Wake Up Rogue Valley
7:15—Martin Agronsky	Guest Star	Wake Up Rogue Valley
7:30—Sports News	Mod. Concert Hall	News
7:45—Kelvin Keech Visits*	Sports & News	Sports Review
8:00—No School Today*	Fred Waring Show*	Album Time
8:15—No School Today*	Fred Waring Show*	Album Time
8:30—No School Today*	Smilin Ed McConnell*	Haven of Rest
8:45—No School Today*	Smilin Ed McConnell*	Haven of Rest
9:00—No School Today*	Friendship Circle	News
9:15—No School Today*	Friendship Circle	Chatter With Chuck
9:30—No School Today*	Mary Lee Taylor*	Gordon Mac Rae
9:45—No School Today*	Mary Lee Taylor*	All Star Dance
10:00—Trading Post	Music from Hollywd*	Saturday Serenade
10:15—Saturday Serenade	Music from Hollywd.*	Saturday Serenade
10:30—American Farmer*	The Pastor's Call	News
10:45—American Farmer*	U P News	Church In Home
11:00—Met Opera*	Lassie*	Lawrence Welk
11:15—Met Opera*	Meet the Band	Russ Morgan
11:30—Met Opera*	Farm & Home Hour*	Musical Horizon
11:45—Met Opera*	Farm & Home Hour*	Musical Horizons
12:00—Met Opera*	News	News
12:15—Met Opera*	Pioneers of Music*	Noontime Melodies
12:30—Met Opera*	Pioneers of Music*	Sports Extra
12:45—Met Opera*	Pioneers of Music*	Swap Shop
1:00—Met Opera*	Living—1950*	Western Music Box
1:15—Met Opera*	Living—1950*	Western Music Box
1:30—Met Opera*	Heart of the World*	Western Music Box
1:45—Met Opera*	Heart of the World*	Western Music Box
2:00—Met Opera*	Slim Bryant*	News
2:15—Met Opera*	Slim Bryant*	Western Music Box
2:30—Met Opera*	British Elections*	Western Music Box
2:45—Jacque Frey*	Confidential Closeups*	Western Music Box
3:00—Junior Junction*	News*	News
3:15—Junior Junction*	Religion In The News*	Western Music Box
3:30—Con. in American Jazz*	NBC Symphony*	Music Box
3:45—Con. in American Jazz*	NBC Symphony*	Music Box
4:00—Telephone Club 1230	NBC Symphony*	News
4:15—Telephone Club 1230	NBC Symphony*	Gems of Jazz
4:30—Telephone Club 1230	Harold E. Stassen*	Music by Martin
4:45—Telephone Club 1230	Harold E. Stassen*	Oddities in the News
5:00—Telephone Club 1230	It's Dance Time	Lynn Murray
5:15—Telephone Club 1230	What's Doing?	Lynn Murray
5:30—Christian Science Ch	Hal Wolfe Sports*	Jimmy Zito
5:45—Ink Spots	Elmer Peterson*	Gordon McRae Show
6:00—Sports Cast	Navy Time	News
6:15—"Y" Club	Camp White	Dinah Shore
6:30—Dave Coleman Trio*	Dennis Day*	Spotlight On Sports
6:45—McLain's On File	Dennis Day*	Dinner Music
7:00—One Nation Indivisible*	Judy Canova*	Naval Air Reserve
7:15—TBA*	Judy Canova*	Between The Lines
7:30—Chandu The Magician*	Grand Ole Opry*	At Sundown
7:45—Chandu The Magician*	Grand Ole Opry*	At Sundown
8:00—Lone Ranger*	Truth or Consequences*	Oregon-Idaho
8:15—Lone Ranger*	Truth or Consequences*	Oregon-Idaho
8:30—Athletic Track Meet*	Hollywood Star Theatre*	Oregon-Idaho
8:45—Athletic Track Meet*	Hollywood Star Theatre*	Oregon-Idaho
9:00—Bob Crosby Nightshift*	Your Hit Parade*	Oregon-Idaho
9:15—Bob Crosby Nightshift*	Your Hit Parade*	Oregon-Idaho
9:30—Blue Barron Presents	Just Relax	Medford-Kirby
9:45—Meet The Band	What Amer. is Playing	Medford-Kirby
10:00—News*	Music You Want	Medford-Kirby
10:15—Clauss Mystery Melody	Music You Want	Medford-Kirby
10:30—"T" Texas Tyler	Morton Downey*	Medford-Kirby
10:45—Time To Dance	News	News
11:00—Platter Party	Sign Off	Sign Off
11:15—Platter Party		
11:30—Platter Party		
11:45—Platter Party		

*—ABC *—NBC

Radio
Patter by Pat

Lightweight Champion Ike Williams of Philadelphia and Sonny Boy West, up-and-coming New Orleans welterweight, will provide the punches for the week's leading boxing bout when their 10-round non-title match is aired from Madison Square Garden over Station KYJC and ABC tonight at 7 o'clock. Sports fans are hoping the bout will be as good as last week's main event when Billy Graham and Kid Gavilan traded punches.

Pat Wilkinson

The fighting will not be confined to Madison Square Garden Friday night, as Ozie Nelson and Thornberry, Ozzie's neighbor, are cornered into putting on the gloves at the Boy Scouts fight arranged by their sons in "The Adventures of Ozzie and Harriet" at 9 p. m. over KYJC.

"No School Today," a new two-hour show for children and adults, featuring Jon Arthur, will have its premiere at 8 a. m. over Station KYJC and the American Broadcasting company.

Jon Arthur, founder and writer of the clever new program, was presenting his show every Saturday morning from the studios of Station WSAI in Cincinnati, O., quite oblivious of network interest and building up a listening audience the dream size of anyone in radio. It didn't take long for the network (ABC) to recognize the potentialities of his program and after the average deliberation with Mr. Arthur, got his signature on a seven-year contract.

The two principals around whom the format centers are "Big Jon" (Jon Arthur), and his small pal, "Sparky", a character created by a recording trick. In a general way, "Sparky's" dreams and hopes and problems are typical of those of small fry the world over.

"Should girls receive military training in high school" is the question of the week on the Saturday "Junior Junction" show heard over Station KYJC at 3 p. m.

Dead line on Classified Ads. 5:30 p.m. for following day; 10 a.m. Monday for Monday; noon Saturday for Sunday a.m.

Civilian Workers Captured On Wake Will Accept Cut

Chicago, Feb. 17—(U.P.)—Most of the 791 civilian workers captured on Wake island who sued for $55,000,000 damages have indicated they will accept lesser amounts set by law, an attorney said today.

The men were working on the island's defenses when captured. They brought suit for back wages and damages against five engineering companies. Because the firms worked on a cost plus basis any amounts awarded would ultimately be paid by the government.

Harold M. Keele, who represents the companies, said that all but 122 men have signed applications for compensation under the war claims act of 1948 and waived other claims.

Applications Processed

The applications of many others are being processed and will be added to the list, Keele said.

The men would receive about $16,000 each under the law.

Attorneys for the workmen, including Jacob Arvey, head of Chicago's democratic party, recently asked Federal Judge Walter J. La Buy to enforce a lien of $2,210,000 for attorneys' fees against any sums paid by the government to the workers and the matter is under consideration.

Keele asked dismissal of the suit at a hearing February 6 on the grounds that a large number of the originators have abandoned it but a ruling was upheld pending outcome of the lien.

$6 Billion Spent For Veteran Benefits

Washington, Feb. 17—(U.P.)—The veterans administration reported today that it spent $6,687,495,447 in veterans benefits during the year ended last July 1.

The figure included direct payments to veterans, their dependents and beneficiaries, and the cost of administering veterans' programs.

More than half the money went for two items—$1,891,283,111 in compensation, pension or retirement pay to veterans or their dependents, and $1,865,804,493 to veterans in training or education under the GI bill of rights.

A state-by-state breakdown included:

Idaho, $25,558,692; Oregon, $67,751,297; Washington, $97,284,635.

H-Bomb Blast Might Disintegrate World

Ottawa, Feb. 17—(U.P.)—Explosion of the first hydrogen bomb might cause the world and all in it to disintegrate in less than a minute, Dr. Allen Munn, one of Canada's foremost physicists, said today.

The super-bomb, if big enough, could set off a chain reaction that would encircle the globe and annihilate it, Munn said in an interview.

Discussion Here To Price Support Talks

Robert W. Smith, chairman of the Oregon State Grange agriculture committee, will be in Medford Saturday to conduct a discussion meeting on the agriculture price supports plan of the national Grange as opposed to the administration's Brannan plan.

The meeting is set for 1:30 p.m. Saturday in the county courthouse auditorium.

San Francisco is the only city in the United States which sponsors a year-round outdoor band cert.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

BELLY BREATHING EXERCISE FOR ASTHMA

At King's College hospital, Dr. Marjorie Gellespie of Glasgow reported in the London Lancet, only eleven of 75 patients with asthma who were treated with breathing exercises failed to be helped. These eleven "seemed incapable of mastering control of the diaphragm"—or as a well known character who conducts an alleged health column in this country might say, they were just too dumb . . .

Dr. Brady

The British doctors who observed Dr. Gellespie's work thought the good results were partly psychological. The nervous tension is reduced, they found, when the patient feels that he can relieve an impending attack by his own efforts.

In emphysema (dilation and atrophy of the air cells in the lungs) in children or adults there is more or less constant wheezing and difficult breathing on slight exertion, often a bluish or purplish or livid color although the patient is comparatively comfortable, and noticeably prolonged expiration — in other words it is easier to take air into the lungs than it is to get rid of it.

Most elderly people with chronic bronchitis have some emphysema which makes them puff and blow upon walking uphill or climbing stairs.

In any and all of these ailments, as I have been trying to tell you for years and years and you have dismissed as unworthy of trial because it doesn't come in pill form, the regular practice of the belly breathing exercise, as described in the booklet **How To Breathe,** is beneficial and sometimes virtually curative.

The belly breathing exercise, if you do it faithfully even just night and morning, better four or five times a day, enables you to regain control of the diaphragm—the breathing muscle.

I'd like to give instructions for belly breathing here, but too much sad experience has intimidated me. Absurd and alarming things can happen to recipes, formulas or technical directions before they reach print.

Few of us know how to breathe, how to, well, I'd say, give the diaphragm, the great breathing muscle, freedom to work naturally rather than "control of the diaphragm." After all, the diaphragm is automatically or autonomically controlled—it is least impeded when one is asleep or under the influence of a general anesthetic—and so, I think, one may well forget it except when one is doing the belly breathing exercise.

Athletes, physical educators, trainers and coaches who are espesially interested in "wind" might well consider whether natural belly breathing had anything to do with the winning of the Marathon swimming events by the Japanese.

QUESTIONS & ANSWERS

Ulcers In An Embalmer

Ben Told if I take up embalming as a profession it will aggravate my duodenal ulcer. (P. S. R.)

Answer—Hokum. If you like the idea, go right ahead. Who told you that one?

Quinine for Stage Fright

Is quinine good for stage fright? (A. L. B.)

Answer—Many persons have reported that small doses of quinine taken for a few days in advance, enables them to "get through" more easily. The effect may be due to improvement of circulation through the heart.

Polyp in the Rectum

Is a polyp in the rectum dangerous? (Mrs. R. P. J.)

Answer—A polyp anywhere in the digestive tract is potentially dangerous and should be removed immediately. Cancer is prone to develop in a polyp.

Sun Bathing

Dr. —— says sun bathing is harmful. Your opinion? (L. B.)

Answer—Moderate exposure to sunlight is beneficial. I agree that it is harmful when over-done. Deep tanning is a ridiculous and harmful affectation.

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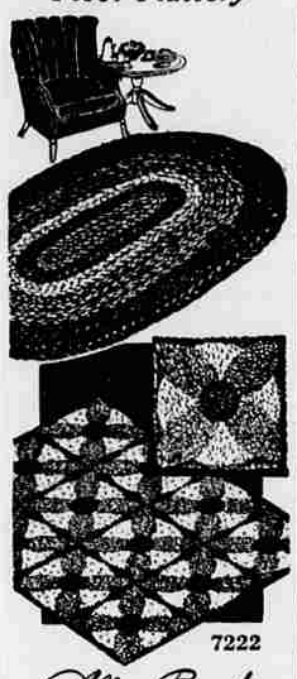
Floor Flattery



7222

Alice Brooks

New rugs from old rugs! Magic-making instructions tell you how to weave, braid, hook or crochet rugs at very little cost.

Make a rag rug! Instructions 7222; directions for 9 rugs; list of materials; necessary patterns included.

Our improved pattern—visual with easy-to-see charts and photos and complete directions—makes needlework easy.

Send **TWENTY CENTS** in coins for this pattern to Medford Mail Tribune, Household Arts Dept., P. O. Box 5640, Chicago 80, Ill. Print plainly **NAME, ADDRESS** with **PATTERN NUMBER.**

Just off the press—our new Alice Brooks Needlework catalogue! Send fifteen cents in coins for your copy. Illustrations of designs for crocheting, knitting, embroidery, toys, quilts, children's clothes. Free needlework pattern is printed in book.

Slimming Step-In

9286 SIZES 34—50

Marian Martin

You're sure of how you look when you wear this step-in dress! It will keep you cool and pretty from now to fall. Princess lines done in a new way are slimming.

Pattern 9286 sizes 34, 36, 38, 40, 42, 44, 46, 48, 50. Size 36 takes 4¾ yds. 35-in.; ⅝ yd. contrast.

This easy-to-use pattern gives perfect fit. Complete, illustrated Sew Chart shows you every step.

Send **TWENTY-FIVE CENTS** in coins for this pattern to MARIAN MARTIN, care of Medford Mail Tribune, Pattern Dept., P. O. Box 6740, Chicago 80, Ill. Print plainly **YOUR NAME, ADDRESS, SIZE, STYLE NUMBER.**

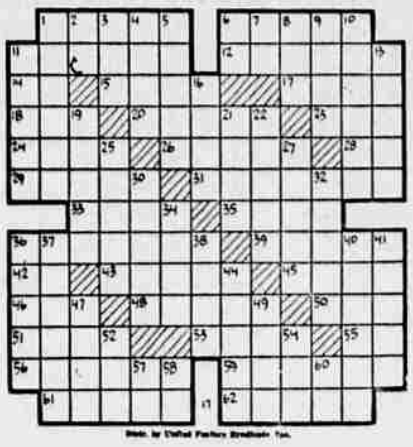
It's ready! Send just fifteen cents more for our new beautiful Marian Martin Pattern Book for Spring. Fashion news, one yard skirts and blouses, spring styles for all the family. And—printed in the book—free handbag pattern!

CROSSWORD PUZZLE

ACROSS
1—Out of date
6—Mongolian
11—College grounds
13—Puffed up
14—Three-toed sloth
15—River islands
17—Roster
18—Nahoor sheep
20—Heavy drinker
23—Play on words
24—Spreads for drying
26—Foot lever
28—Note of scale
29—Dropsy
31—Landed property (pl.)
32—Swordsman's dummy
35—Shop
38—Enumerates
39—Sly looks
42—Preposition
43—Wet
45—Pintail duck
46—Girl's name
48—To bend over
50—Music as written
51—Unaspirated
53—To scorch
55—Prefix: not
56—Jerked (colloq.)
59—Stirs up
61—Thick grasses
62—Satisfied

DOWN
1—Ached
2—Part of "to be"
3—Resort
4—Garment
5—To bar legally
6—Symbol for tellurium
7—Man's nickname
8—Pitch
9—Above
10—To come back
11—Class
12—Europeans
16—Hastened
19—Clever
21—Brother of Jacob
22—Having branches
25—To bearitrch
27—Household gods
30—Assumed name
32—Single entries
34—Small opening
36—Lace napkin
37—To render beloved
38—Superfl[illegible] person
40—Fastened again
41—Shuts tightly
44—Possessive pronoun
47—Girl's name
49—Malayan canoe
52—To piece out
54—Hard shelled fruit
57—Man's nickname
58—Dental surgeon (abbr.)
60—Symbol for selenium

ANSWER TO PREVIOUS PUZZLE



STRANGE AS IT SEEMS by Elsie Hix

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER

L'IL ABNER

BLONDIE

MUTT and JEFF

Shop PENNEY'S The Store That Thrift Built

Stamped Pillow Cases 1.39
Ready to Work—Floral, butterfly and other designs. Nation-Wide tubing. 42x36.

Embroidery FLOSS 2c skein
Cotton embroidery floss in a wide variety of colors.

Stamped Table Linens 3.79
Beautifully designed floral pattern table linens. Size 54 x 72. Plus color chart.

Baby Kimona 69c
Size 6 months to 1 year. Ready to work. Includes color chart and thread.