RADIO PROGRAMS—SUNDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC — 1230 kc	KMED — 1440 kc	KWIN — 1400 kc
7:00—Band Box Revue*		
7:15—Band Box Revue*		
7:30—Bandbox Revue*	Family Time*	
7:45—Bandbox Revue*	Family Time*	
8:00—Old Fashioned Revival*	Treasure Chest	News
8:15—Old Fash. Revival*	Morning Serenade*	Do You Remember
8:30—Old Fash. Revival*	Church of Christ	Wings of Healing
8:45—Old Fash. Revival*	For Young Scientists*	Wings of Healing
9:00—Preach the Word	The Gospel Hour	U.N. Story
9:15—At The '88	The Gospel Hour	Freedom Story
9:30—Sunday Serenade	March of Dimes	Sunday Vespers
9:45—Sunday Serenade	U P News	Sunday Vespers
10:00—News*	America United*	News
10:15—Romance of Hwys.*	America United*	Showers of Blessing
10:30—Mid-Morning Melodies	Chicago Roundtable*	Waltz Time
10:45—Mid-Morning Melodies	Chicago Roundtable*	Waltz Time
11:00—Church Services	NBC Theatre*	Baptist Church
11:15—Church Services	NBC Theatre*	Baptist Church
11:30—Church Services	NBC Theatre*	Baptist Church
11:45—Church Services	NBC Theatre*	Baptist Church
12:00—Frank & Ernest	One Man's Family*	News
12:15—News	One Man's Family*	Paul Weston
12:30—The Baptist Hour	Quiz Kids*	Paul Weston
12:45—The Baptist Hour	Quiz Kids*	Sports Review
1:00—Blue Barron Presents	News	Assembly of God
1:15—Meet the Band	What's Doin'?	Assembly of God
1:30—Voice of Prophecy*	American Forum*	Sunday Serenade
1:45—Voice of Prophecy*	American Forum*	Carmen Cavallero
2:00—Meet The Band	Richard Diamond*	Music Room
2:15—Meet the Band	Richard Diamond*	Music Room
2:30—Greatest Story*	Harvest of Stars*	Christian Churches
2:45—Greatest Story*	Harvest of Stars*	Band concert
3:00—Lutheran Hour*	Catholic Hour*	News
3:15—Lutheran Hour*	Catholic Hour*	Excursions in Science
3:30—Hormel Girls*	Henry Morgan*	Proudly We Hail
3:45—Hormel Girls*	Henry Morgan*	Proudly We Hail
4:00—Mr. President*	Christopher London*	Ray Bloch Presents
4:15—Mr. President*	Christopher London*	Ray Bloch Presents
4:30—Piano Playhouse*	Harris & Faye*	Week a News Review
4:45—Piano Playhouse*	Harris & Faye*	Sunday Salon
5:00—Stop The Music*	Sam Spade*	Church of the Nazarene
5:15—Stop The Music*	Sam Spade*	Church of the Nazarene
5:30—Stop The Music*	Theatre Guild*	Albert Sack
5:45—Stop The Music*	Theatre Guild*	Guest Star
6:00—Walter Winchell*	Theatre Guild*	News
6:15—Louella Parsons*	Theatre Guild*	Jan August
6:30—Chance Of A Lifetime*	Album of Music*	Public Health
6:45—Chance Of A Lifetime*	Album of Music*	David Rose
7:00—Blondie & Dagwood	Take It or Leave It*	KWIN Concert Hall
7:15—Blondie & Dagwood	Take It or Leave It*	KWIN Concert Hall
7:30—Mr. Malone*	Bob Crosby Show*	Washington, Inside, Out
7:45—Mr. Malone*	Bob Crosby Show*	Fiesta Time
8:00—Drew Pearson	Science Editor*	Lynn Murray Show
8:15—Monday Headlines*	Pescha Kagan*	Lynn Murray Show
8:30—Walter Winchell*	Standard Symphony*	Concert in Miniature
8:45—Louella O. Parsons*	Standard Symphony*	Concert in Miniature
9:00—Get More Out Of Life*	Standard Symphony*	News
9:15—Chapel Of The Air	Standard Symphony*	Hal Derwin
9:30—Chapel Of The Air	Edgewater Beach Orch.*	Masterworks
9:45—Meet The Band	Edgewater Beach Orch.*	Masterworks
10:00—Richfield Reporter*	Sign Off	Sign Off
10:15—Clauss Mystery Melody		
10:30—Foy Willing		
10:45—Time To Dance		

RADIO PROGRAMS—MONDAY

6:00—Rise N' Shine	Musical Roundup	
6:15—Rise N' Shine	Musical Roundup	
6:30—Rise N' Shine	Beamed to Farmer	News
6:45—Rise N' Shine	U P News	1400 Corral
7:00—Music Kettle	Top of the Morning	Wake Up Rogue Valley
7:15—Martin Agronsky	Personality Time	Wake Up Rogue Valley
7:30—Sports Roundup	Marriage for Two*	News
7:45—Trading Post	Music and News	Sports Review
8:00—Breakfast Club*	Eddie Albert Show*	Album Time
8:15—Breakfast Club*	Eddie Albert Show*	Album Time
8:30—Breakfast Club*	Waltz Time	Roadside Chapel
8:45—Breakfast Club*	Dave Garroway*	Roadside Chapel
9:00—Ladies Be Seated*	Friendship Circle	News
9:15—Ladies Be Seated*	Friendship Circle	Chatter With Chuck
9:30—Quick As A Flash*	Music As You Like It	Tony Pastor
9:45—Quick As A Flash	Music In Modern Mood	All-star Dance
10:00—News	Curtain Call	Music from Hollywood
10:15—Art Baker	This Rhythmic Age	Music From Hollywood
10:30—My True Story*	Treasure Chest	News
10:45—My True Story*	U P News	Church In Home
11:00—Betty Crocker*	Melody Time	Dinning Sisters
11:15—Victor Lindlahr*	Melody Time	Eddy Howard
11:30—Baukage Talking*	Concert Master	Music For Monday
11:45—News	Meet the Band	Music For Monday
12:00—Man Of Melody	News & Markets	News
12:15—News	Road of Life*	Noontime Melodies
12:30—Weather Report	Pepper Young*	Sport And Farm News
12:45—County Agent	Right to Happiness*	Swap Shop
1:00—Welcome to Hollywd*	Backstage Wife*	Western Music Box
1:15—Welcome to Hollywd*	Stella Dallas*	Western Music Box
1:30—Salute To You	Lorenzo Jones*	Music Box
1:45—Salute To You	Young Widder Brown	Music Box
2:00—Surprise Package*	Life can be Beautiful*	News
2:15—Surprise Package*	Mainly For Women	Music Box
2:30—Hannibal Cobb*	News	Music Box
2:45—Hannibal Cobb*	Swap & Sell	Music Box
3:00—Bride & Groom*	Welcome Travelers*	News
3:15—Bride & Groom*	Welcome Travelers*	Music Box
3:30—Pick A Date*	Aunt Mary*	Hollywood Headlines
3:45—Pick A Date*	We Love & Learn*	Hollywood Headlines
4:00—Modern Romances*	Voice of the Army	News
4:15—Modern Romances*	Trade Winds Tavern	Swing Time
4:30—News	Echoes From Tropics*	Music by Martin
4:45—Club 1230	H V Kaltenborn*	Dennis Day
5:00—Challenge of Yukon*	U P News	Teller of Tales
5:15—Challenge of Yukon*	What's Doing	Sunset and Vine
5:30—Jack Armstrong	Voice of Firestone*	The Inside Story
5:45—Jack Armstrong*	Voice of Firestone*	Rockin' Chair
6:00—World Of Sports	Report From Wash'ton	News
6:15—Elmer Davis*	Rhythm & Reason	Frank Sinatra
6:30—Headline Edition*	Candy Matson*	Spotlight On Sports
6:45—McLain's On File	Candy Matson*	Dinner Music
7:00—Lone Ranger*	Martin & Lewis*	Report From Congress
7:15—Lone Ranger*	Martin & Lewis*	Musical Smorgasbord
7:30—"Ethel & Albert" Show	Dave Garraway*	Eddie LeMar Show
7:45—"Ethel & Albert" Show	Dave Garraway*	Hal Derwin
8:00—Kate Smith Calls*	Light Up Time*	Songs of Our Times
8:15—Kate Smith Calls*	News of the World*	National Guard Show
8:30—Henry J. Taylor*	Railroad Hour*	Rogue Rancho
8:45—Foy Willing	Railroad Hour*	Rogue Rancho
9:00—Salute To F.D.R.*	Telephone Hour*	News
9:15—Salute To F.D.R.*	Telephone Hour*	Lullaby In Rhythm
9:30—March of Dimes*	Song Shop	Masterworks
9:45—Meet The Band	Barbershop Harmonies	Masterworks
10:00—Richfield Reporter*	Sam Hayes*	Juke Box Review
10:15—Clauss Mystery Melody	Music You Want	Juke Box Review
10:30—"T" Texas Tyler	Music You Want	Juke Box Review
10:45—Time To Dance	News	News
11:00—Platter Party	Sign Off	Sign Off
11:15—Platter Party		
11:30—Platter Party		
11:45—Platter Party		

*—ABC •N.B.C.

Radio Patter by Pat

Commander A. W. Scott headed his "radio Bus" in the wrong direction last Sunday and revealed interesting facts other than those he was supposed to. However, we hear from good authority that a winter vacation land where the sun can be counted on to shine and where outdoor swimming is a year-round sport will be visited by Commander Scott when he travels toward Phoenix, Ariz., and surrounding areas for the "Romance Of the Highways" broadcast over Station KYJC today at 10:30 a.m.

Pat Wilkinson

Metropolitan Opera baritone Leonard Warren and tenor Jan Peerce will sing the duet, "Solenne in Quest Ora", from Verdi's opera "La Forza Del Destino", on the "Milton Cross Opera Album, at 12:30 p.m. over Station KYJC and ABC.

Louella O. Parsons will highlight her Sunday ABC broadcast over Station KYJC at 6:15 p.m. with a trans-Atlantic telephone conversation with various celebrities—including the governor general—attending the Berlin, Germany, festivities attendant International's picture, "Francis" upon the premiere of Universal-International's picture "Francis".

Ervic Lazlo, 17-year-old concert pianist from Hungary, and nimble fingered jazz pianist Frankie Carle will be guests of two-piano team Cy Walter and Stan Freeman on their ABC network "Piano Playhouse", broadcast every Sunday over Radio Station KYJC at 4:30 p.m.

Beginning Monday, January 30, ABC's "Bride & Groom" program moves to a new time, 3 p.m., and to a new origination point, the Lido room of the Hollywood Knickerbocker hotel, which is being remodeled into a studio to fit specific needs of the pre-nuptial program.

Starting Monday "Hannibal Cobb" will be heard at 2:30 p.m., "One Man's Opinion" at 3:25 p.m., and "Pick A Date" at 3:30 p.m.—all on KYJC.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

UNTOWARD EFFECTS OF TAKING SALTS

In an earlier talk the therapeutic nihilist who conducts this column told how the frequent or habitual use of magnesium (Epsom salts, milk of magnesia, magnesium carbonate, light and heavy magnesium oxide) forces calcium from the system, and thereby favors the manifestations of calcium deficiency.

Dr. Brady

In view of the fact that most of us suffer from calcium deficiency, due to faulty refined diet and insufficient exposure of naked skin to daylight, to manufacture enough vitamin D to maintain normal calcium metabolism, we cannot over-emphasize any common error of hygiene which aggravates this universal calcium (lime) deprivation. If this muddles a new reader's mind, he or she may get the essential facts, in plain language, in the vest-pocket booklet **The Calcium Shortage**, by asking for the booklet in writing (no clipping, please) and inclosing twenty-five cents and stamped self addressed envelope.

Tetany, in children or adults, is by no means the only nor even the most familiar manifestation of calcium deficiency which is precipitated or aggravated by an excessive intake of magnesium.

I hesitate to mention more familiar manifestations of this widespread nutritional deficiency because I know from experience that most readers infer that I recommend calcium as medicine for this or that ailment, perhaps "try" it for a week and quickly forget it. Many others who experience notable benefits from high calcium diet and/or supplementing the daily diet with Ca and D meet Mrs. Sairey Gamp, who warns them that there is danger of getting deposits of calcium in their arteries, joints et cetera—so they stop taking the stuff, pending some sort of affidavit from me, and that is a long time pending.

Not only the Saireygamps—you know, the "trained" nurses who love to go yakety-yakety-yak—but some old fogy medical practitioners, particularly the brass "specialists" that infest the profession today, manage to implant in the mind of the credulous customer, without actually committing themselves irrevocably, this quaint notion that an adequate daily ration of calcium and vitamin D may bring on hardening of the arteries and ossification or stiffering of the joints if you don't watch out.

The amusing part of this pseudo-professional caution is that the individual who supplements his or her ordinary diet with the amount of calcium and vitamin D I recommend as an adequate daily ration, actually gets no more calcium than a baby gets from three pints of milk a day and no more vitamin D than a child gets from a good daily dose of cod liver oil.

An assistant editor of a medical weekly oracularly, if not gramatically asserts in a newspaper article that "deposits of calcium in the walls of the blood vessels is the principal thing responsible for hardening of the arteries." This is a schoolboy repetition of a notion conceived out of thin air by the eminent medical authorities of the nineteenth century.

The preponderance of the scientific and experimental evidence available today is against the notion that either high calcium diet or an ordinary diet supplemented with extra calcium is likely to cause either hardening of the arteries or stiffening of the joints. On the contrary, modern studies of calcium metabolism uniformly indicate that "calcium deposits" in the walls of the blood vessels or in the joints occur only in consequence of degenerative changes and not as a cause of such changes.

QUESTIONS & ANSWERS

Required Reading for Every Prospective Mother

Please advise how and where I may purchase Gardiy Dick Read's book titled "Childbirth Without Fear", also the price. Address all correspondence to the writer at above address. (T. A. C.)

Answer—Yours of even date received and contents d.n., and in reply we L. to s. some d.s. has purloined our copy again. Dr. Read's book is published by Harper and Bros. I believe it should be carefully read by every expectant mother and her husband. Probably your public library has it. Incidentally it will do the expectant parents no harm to study also PREPARING FOR MATERNITY by Ol' Doc Brady, available to any reader who sends twenty-tive cents and stamped self addressed envelope.

Eczema

Friend tells me you had an article about vitamins for eczema. My daughter, aged 3, has had eczema since she was 6 months old. Doctor determined she is allergic to egg, but . . . (S. M.)

Answer—Send stamped self addressed envelope and ask in writing for pamphlet on ECZEMA. Only vitamin I recall having mentioned is D, and that only incidentally—it should always accompany calcium, which is deficient in the diet of most children with eczema.

(Copyright 1950 by John F. Dille Co.)

THIS WE CAN DO

Medford, Ore., Jan. 29

We, the people, of the Rogue valley can now buy Upholstered furniture direct from the manufacturer. We can save as much as $175 on a set of furniture this way.

The manufacturer can be proud to be able to make this savings possible.

Modern Upholstered Furniture Company

1222 S. Riverside Phone 2-2473

Voters Due To Get Reapportionment Bill

Portland, Ore., Jan. 28—(U.P.) Jim Collins, state president of the young republicans, said today that a new plan for reapportionment for the Oregon legislature will be presented to the voters in an initiative petition.

Collins said the proposal would be based on population as well as area for representation.

The plan, he said, goes on the assumption that Oregon's population will be 1,500,000 by next year. He said this would provide 60 representatives, one for each 25,000 people, and 36 senators, one for each 40,000.

A group of CIO, AFL, young republicans and young democrats already has another petition in circulation for reapportionment with 60 representatives and 30 senators.

In California a total of 6,000,000 acres was granted the state as "school sections" of which less than 1,000,000 acres remain unsold.

CROSSWORD PUZZLE

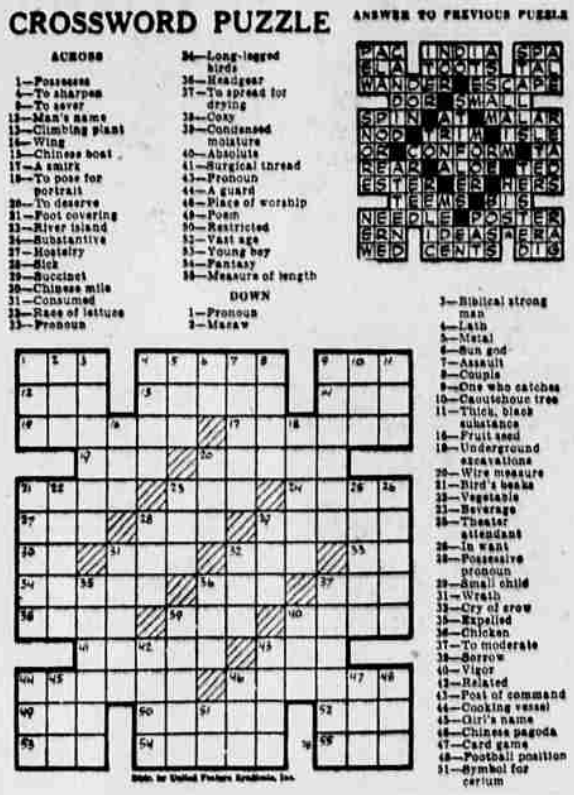
ACROSS

1—Possesses
4—To sharpen
8—To sever
12—Man's name
13—Climbing plant
14—Wing
15—Chinese boat
17—A smirk
18—To pose for portrait
20—To deserve
21—Foot covering
23—River island
24—Substantive
27—Hostelry
28—Sick
29—Succinct
30—Chinese mile
31—Consumed
33—Race of lettuce
35—Pronoun
36—Long-legged birds
38—Headgear
37—To spread for drying
38—Cozy
39—Condensed moisture
40—Absolute
41—Surgical thread
43—Pronoun
44—A guard
46—Place of worship
49—Poem
50—Restricted
52—Vast age
53—Young boy
54—Fantasy
55—Measure of length

DOWN

1—Pronoun
2—Maraw
3—Biblical strong man
4—Lath
5—Metal
6—Sun god
7—Assault
8—Couple
9—One who catches
10—Caoutchouc tree
11—Thick, black substance
16—Fruit seed
19—Underground excavations
20—Wire measure
21—Bird's beaks
22—Vegetable
23—Beverage
25—Theater attendant
26—In want
28—Possessive pronoun
29—Small child
31—Wrath
32—Cry of crow
35—Expelled
36—Chicken
37—To moderate
38—Sorrow
40—Vigor
42—Related
43—Post of command
44—Cooking vessel
45—Girl's name
46—Chinese pagoda
47—Card game
48—Football position
51—Symbol for cerium

ANSWER TO PREVIOUS PUZZLE



STRANGE AS IT SEEMS by Elsie Hix

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER

L'IL ABNER

BLONDIE

MUTT and JEFF

BETTY SUE by "Mr. and Mrs. Johnson"

If you're planning on getting married, plan now to have JOHNSON'S MODEL BAKERY bake your cake. You'll be proud and happy, when you see how beautiful and delicious it will be. Another beautiful addition to a beautiful wedding. We specialize in this work...guarantee satisfaction.

PHONE 2-4752 307 E. Main

Johnson's Model Bakery
Johnson's Bakery Lunch
MEDFORD, OREGON

PHONE 2-4720 Leverette Bldg.

AT PENNEY'S THRIFT'S A-BLOOMIN'

WOMEN'S NYLON BLOUSE

Sizes 32-38 **1.98**

Fussy and tailored blouses made of that ever-loving magic nylon. You'll want several at this low low price.

RAYON GABARDINE SKIRTS

Sizes 22-30 **2.98**

Yes, a brand new shipment of spring pastel rayon gabardine skirts. They're beautiful and the price only 2.98.