

Your Health and It's Care

By DR. WILLIAM BRADY M.D.
Readers should address inquiries to: Dr. William Brady,
268 El Camino Beverly Hills Calif.

ONE OF MY BETTER ARTICLES

A Canadian medical colleague prescribes for me (Brady) a good dose of MacTavish's Stomach Powder and a sedative so I will rest better and tomorrow, perhaps, write one of my better articles. The doctor was irked by my article entitled "All God's Chillun Have Tonsils and Adenoids".

But no one seems to know what MacTavish's or Macanbody's Stomach Powder is—perhaps my Canadian colleague

meant to refer to the veterinarian. In the article which aroused the doctor's indignation, I said that far too many children have been subjected to crude and unnecessary surgery for "adenoids" they didn't have. I also said that the scandalous racket in wholesale tonsil and adenoid operations which flourished in the years of my youth (as a doctor) left one wrong impression on the popular mind and another wrong impression on the medical mind. The wrong impression left in the popular mind is that the mere presence of tonsils and adenoid body in the throat is abnormal; the wrong impression left in the medical mind is that it is necessary to "get every bit of tonsil tissue" when operating for simple enlargement of tonsils and adenoids in children or young adults.

In the article I suggested X-ray treatment to shrink enlarged tonsils and adenoids in cases where the children's hearing is impaired. I said also that tonsils and adenoids serve two useful purposes—first, they manufacture blood corpuscles and second, they protect the body against infection, respiratory infections. I didn't mention one respiratory infection which

I mention now—infantile paralysis. There have been numerous reports in medical literature of suspiciously high susceptibility to infantile paralysis in children whose tonsils have just been removed.

Here I beg to call my Canadian colleague's attention to a book by one of the foremost authorities on the question of removing tonsils: "Children's Tonsils In and Out", published (Lippincott Co.) in 1932 by Albert D. Kaiser, M.D., Professor of Pediatrics, U. of R. Medical School, Rochester, N. Y. Although Dr. Kaiser himself seemed to conclude that tonsillectomy is of some value, his observation of thousands of Rochester school children over a long period of years, half of them with tonsils untouched, the other half with tonsils removed, seems to me to have shown that the removal of tonsils is a procedure of questionable value in the great majority of cases.

For enlarged tonsils and/or adenoids in children under eight, if obvious obstruction of breathing makes treatment necessary, I'd advise nothing but tonsillectomy—"clipping" the tonsils. For "septic" or infected tonsils in older children or adults, nothing but diathermy (electro-coagulation) of course in the hands of a physician skilled in this difficult method.

QUESTIONS & ANSWERS

Canker Sores
What causes canker sores in the mouth? I have been getting them quite frequently for the past few years. (Mrs. W. F. S.)
Answer—Some investigators believe a virus causes them. Touch each sore once or twice daily with half glycerin and half tincture of iodine on a wisp of cotton on a toothpick. This smartens like the dickens for a moment, but gives relief afterward. Avoid other irritants (coarse food, hot things, dentures, toothbrush) and gently rinse mouth with agreeably warm boric acid solution (make up fresh every few days from teaspoonful of boric acid and teaspoonful of kitchen salt in pint of boiled water) after food, several times a day.

Scalp Free
Please send a copy of your booklet "The Hair and Scalp"—I enclose ten cents and a stamped envelope addressed to my friend. I am so thrilled, my scalp is now really free of dandruff for the first time in my adult life. (Mrs. L. V. C.)
Answer—Trouble is, so many persons will not take the trouble to follow the systematic, self-treatment of dandruff—they are forever searching for a cure that will work in one momentary application, and of course never finding it. Any one can keep his or her scalp free of dandruff if he or she will take the trouble once or twice a year.

DEATH CAUSE FIXED
San Jose, Cal., Feb. 21—(U.P.) County Pathologist Dr. Frederick Phoecher reported today that the deaths of Fred Hogan, 62-year-old mathematics teacher, and his wife, Margaret, were caused by carbon monoxide poisoning, probably caused by a faulty gas vent in their home.

CARD OF THANKS
We wish to express our sincere thanks to so many friends and especially the Townsends of Medford for their kind thoughts and cards during the recent illness and death of my husband.
Mrs. Lea Parker, Mr. J. C. Parker and family.
Mrs. Frank Parker and family.

Closing time for Classified Ads 8:30 a.m.—Too Late to Classify 12:15 p.m.

Summons
No. 9350 Equity
IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.
LLOYD B. SALING, Plaintiff
vs. HELEN PARKER SALING, Defendant.
To HELEN PARKER SALING the above-named Defendant: IN THE NAME OF THE STATE OF OREGON: You are hereby summoned and required to appear in the above-named Court and cause and answer the above-named plaintiff's com-

plaint on file therein against you, within four weeks after January 31, 1946, the date of the first publication of this summons. You are hereby notified that if you fail so to appear and answer said complaint within the time aforesaid, for want thereof, the plaintiff will apply to said Court for the relief demanded in said complaint, a succinct statement of which is:

For a decree of said Court forever dissolving the bonds of matrimony heretofore and now existing between the above-named plaintiff and the above-named defendant, and for such other and further relief as to the Court may seem meet and equitable.

The date of the order herein for service of this summons by publication is January 30, 1946, and such order fixed once each week for four successive weeks as the time for each publication.

RAWLES MOORE,
Attorney for Plaintiff.
Address: Cooley Theatre Bldg., Medford, Oregon.

Summons For Publication
Suit In Equity To Quiet Title IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF JACKSON.

A. L. OSBORNE, as Administrator of the Estate of Sylvester V. Hardin, deceased, Plaintiff, vs. B. L. SANDERSON; JOSEPH PERRY and MAE F. PERRY, his wife; MAE E. SALING, her husband, if married, and the unknown heirs of Mae E. Saling, if deceased; ANNA L. WILKINSON and JOHN DOE WILKINSON, her husband, if married; EMMA G. DEW and JOHN DOE DEW, her husband, if married; if married; VERTNA THAMES and JOHN DOE THAMES, her husband, if married; and unknown heirs of Anna L. Wilkinson, Emma G. Dew and Vertna Thames, if they, or either, be deceased, and also all other persons or parties unknown claiming any right, title, estate, lien or interest in and to the real estate described in the complaint herein. Defendants.

To Mae E. Saling and John Doe Saling, her husband, if married, and the unknown heirs of Mae E. Saling, if deceased; Anna L. Wilkinson and John Doe Wilkinson, her husband, if married; Emma G. Dew and John Doe Dew, her husband, if married; Vertna Thames and John Doe Thames, her husband, if married; and unknown heirs of Anna L. Wilkinson, Emma G. Dew and Vertna Thames, if they, or either, be deceased, and also all other persons or parties unknown claiming any right, title, estate, lien or interest in and to the real estate described in the complaint herein, the above named defendants:

IN THE NAME OF THE STATE OF OREGON: You, and each of you, are hereby required and summoned to appear in the above entitled court and cause, and answer the complaint of the plaintiff on file herein against you within four weeks from the date of the first publication hereof, and you will hereby take notice that if you fail to so appear and answer, for want thereof, plaintiff will pray to the court for the following relief against you and as prayed for in plaintiff's complaint on file herein and specifically referred to hereby and by this reference made a part hereof, a succinct statement of which is as follows, to-wit:

For a decree of this court forever quieting his title in fee simple in and to the following described premises lying and being situated in Jackson county, Oregon, to-wit: The Southwest Quarter of the Southwest Quarter and the South Half of the Northwest Quarter and the North Half of

the Southwest Quarter in Section 2, the Northeast Quarter of the Southeast Quarter and the Southeast Quarter of the Northeast Quarter in Section 3, the Northeast Quarter of the Southeast Quarter and the Southeast Quarter of the Southeast Quarter in Section 10, the West Half of the Northwest Quarter in Section 11, all in Township 34 South, Range 2 West of the Willamette Meridian.

The North Half of the Southeast Quarter and the South Half of the Northeast Quarter in Section 2, Township 34 South, Range 2 West of the Willamette Meridian. The South Half of the Southeast Quarter and the Southwest Quarter of the Southwest Quarter in Section 2, Township 34 South, Range 2 West of the Willamette Meridian. The South Half of the Southwest Quarter and the Northwest Quarter of the Southwest Quarter in Section 38, Township 33 South, Range 2 West of the Willamette Meridian and fractional North Half of the North Half in Section 2, Township 34 South, Range 2 West of the Willamette Meridian.

Together with the tenements, hereditaments and

appurtenances thereunto belonging or in anywise appertaining.

free and clear from all and any right, title, estate, lien and interest that said defendants, or any of them, or anyone claiming by, through or under them, may have or claim therein or thereto, and forever barring and preventing said defendants or anyone claiming by, through or under them, from ever setting up or asserting any right, title, estate, lien or interest therein or thereto, and holding that said claim is null and void and of no force and effect, and for such other, further and different relief as to the court may seem meet and proper in the premises.

This summons is published in the Medford Mail Tribune, a newspaper of general and regular circulation, published in the City of Medford, Oregon, once each week for a period of four weeks consecutively, and five times, and said defendants hereinabove named are required to appear and answer as herein provided, under and by virtue of an order duly made, rendered and entered by the Hon. H. K. Hanna, Circuit Judge of the State of

HOME PLAN SERVICE

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Thursday, Feb. 21, 1946

MEDFORD MAIL TRIBUNE—FIVE

Oregon for Jackson County, on February 20th, 1946.

The date of the first publication of this summons is February 21st, 1946.

GEORGE M. ROBERTS,
G. W. KELLINGTON,
Attorneys for Plaintiff.
Address: 201-5 U. S. National Bank Bldg., Medford, Ore.

Closing time for Classified Ads 8:30 a.m.—Too Late to Classify 12:15 p.m.

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This Offer Expires March 21, 1946

(CUT ON DOTTED LINE)



FREE A regular size package of JIFFIES...the extra-rich golden twists that are superior to egg noodles!

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