

Your Health and It's Care

By DR. WILLIAM BRADY, M.D. Readers should address inquiries to Dr. William Brady, 285 El Camino Beverly Hills, Calif.

SHOULD AULD ACQUAINTANCE BE FORGOT

Mental torpor! That is not doubt the reason why it never occurred to me that your description of the common complaints of persons with iodine deficiency was the very spit and image of myself—a constant tired feeling and no refreshment from rest or vacations, lack of former ambition, bleak and melancholy outlook, accumulation of slacker flesh, mental torpor, tendency to doze off even among cheerful friends and to lie abed too long, and especially poor memory—this was so noticeable that all my friends wondered if I was getting old prematurely...

Whoa, Topsy! Now, Ma'am, all I ask of you in return for any benefit you may have received from the Iodine Ration is that you refrain from telling me in wrong with your friends. I do hope your alertness of mind and your memory may have improved enough to make you clearly conscious of the fact that the Iodine Ration is not medicine, but just food, nutritional material which is essential for health, without going into detail for which we haven't space. You and your friends must take the Iodine Ration, if you take it at all, wholly upon your own responsibility. I can't say at your own peril because I'm convinced there is no peril involved in any instance. But just try to remember that I do not offer any one any assurance or guarantee of any effect from the Iodine Ration. I tell what I know and believe about it, in the pamphlet "The Iodine Ration"—available on written request (no clipping will suffice) if you provide stamped self-addressed envelope—and it is entirely up to the poor geek who reads the pamphlet to take it or let it alone.

I repeat here what I have said many times before: In my opinion—and I'm still just a common, one-horse-and-whiffle-d-o-w-sill-patent-e-a-t-h-e-r-dash-rubber-tired-buggy—yes, sir, genuine cushion tires, too—practitioner—in my opinion, for what it may be worth to you, every man, woman and growing child in the North American continent who is not or should not be under the care or treatment of a physician should take a suitable daily ration of iodine to supplement the inadequate amount of iodine present in the water, soil and food grown on the soil in most regions of this continent. Furthermore I believe the regular daily intake of an iodine ration as described in my pamphlet can do no harm even if you happen to get enough iodine in the water you drink, the food you eat or the iodized salt you use in place of ordinary salt.

QUESTIONS & ANSWERS Wait for Me Does the milk of cows fed on hay and grain grown on soil with a low limestone content, on the meat of pigs fed on corn grown in limestone-poor areas, contain less calcium and phosphorus than standards? (A. F.) Answer—Huh? Why bring up such worries? I'm sorry, but I haven't any scientific knowledge, have noticed no studies in nutrition literature, and until now, have assumed that the calcium and phosphorus content of milk is practically constant everywhere. Neither pork nor beef is a

WAVE OF COLDS HITS THOUSANDS Many Turn To Grandma's Idea For Chest Cold Relief Colds are spreading alarmingly at school and at work. So don't fool around with a cold when it strikes your home with its coughs, chest muscle tightness, body aches and pains. Remember pioneer Grandma liked to "rub colds" and her "old reliable" home medicated rub for relieving these chest cold miseries had to contain mutton suet. Today, science has modernized this principle with Penetro, the salve with a base containing the same old-fashioned mutton suet, plus five active ingredients. And millions are switching to this newer relief. You'll like Penetro. It spreads so smoothly on chest, throat and back. Its mutton suet makes it melt instantly, so it gets to work 3 ways at once. (1) Penetro relieves chest pain as mutton suet helps carry medication to nerve ends in the skin. (2) Relieves muscular tightness and congestion through counter-irritation. (3) Inhaled vapors help loosen phlegm, soothe bronchial irritation and check coughing. Naturally as you feel quick relief from these painful miseries you'll rest more comfortably, feel better. So do as millions are doing—today be sure to get your jar of Penetro.

Advertisement for Penetro chest cold relief. Includes a large illustration of a man's face and text describing the product's benefits and ingredients.

FOREIGN TRAVEL SEEN RISING BY EARLY IN SPRING

New York—(U.P.)—Foreign travel will begin rising to unprecedented proportions when the state department starts issuing passports, possibly as early as next April for Atlantic crossings, according to Ralph T. Reed, president of the American Express Co.

"A generation ago, the automobile freed people from their dooryards and their local communities," Reed wrote in the January issue of The American Magazine. "Today, airplanes and fast steamships are about to liberate us from our continents. The war has stimulated interest in foreign lands. Savings are at an all-time peak."

Bergain-Rate Tours The president of America's largest travel organization fore-

cast that with the resumption of commercial competition, travel costs will "tumble and bargain rates for special tours of all kinds" will become the vogue.

Germany Seen Banned He recalled that after the first world war 11 months elapsed before the first passports were issued for pleasure travel to Europe. If the same period of waiting is required this time, he expects tourists to start moving across the Atlantic next April and across the Pacific in July.

Christ Ambassadors Third Annual Rally Slated Tomorrow The third Annual Christ Ambassador's rally will be held at the Assembly of God Church tomorrow. The first two rallies were well attended, according to G. O. Baker, the pastor, the last one having around 300 present, young people from the neighboring churches participating.

On the Radio Chain STATIONS Chain affiliation and where they are on the dial KALE (MBS) 1330, Portland KEZI (ABC) 1190, Portland KJIA (ABC) 1100, San Francisco KGW (NBC) 620, Portland KJH (ABC) 1000, Seattle KXN (CBS) 1070, Los Angeles KJA (NBC) 830, Denver KOIN (CBS) 970, Portland KOMO (NBC) 950, Seattle KPO (NBC) 680, San Francisco KSL (CBS) 1160, Salt Lake City Time shown is PST

Tomorrow's Piano To Be Lighter By 75 Pounds, Claim Oregon, Ill. (U.P.)—The piano of tomorrow can be pushed around the room by even the frailest of housewives. That's what John Parnham, superintendent of the Schiller-Cable Piano Co., promises.

Closed Temporarily Watch For Re-opening Take-It-Easy Lodge Chungking Inn 28 North Front St. Phone 9132 We Serve Fine Foods Chinese & American Dishes Open From 4 P.M. to 2 A.M. SAT. 4 P.M. to 4 A.M. ORDERS TO TAKE OUT

"INFORMATION PLEASE" KMED Tonight 6:30 P.S.T. GUESTS Fred Allen Gregory Ratoff SPECIAL REWARD: If any member or former member of the Armed Forces submits a question to "Information Please," and that question is used, he will receive a \$50 Victory Bond instead of the usual \$10 in Victory Stamps.

STRANGE AS IT SEEMS By ERNEST HIX JUNIOR POLITICS! A CONGRESSIONAL RALLY SO FIRED 12-YEAR-OLD W.W. JENNINGS BEYAN HE DELIVERED AN EXTEMPORANEOUS SPEECH FOR HIS FATHER! IT WAS SO SUCCESSFUL IT STARTED HIM ON HIS LONG POLITICAL CAREER!

you will be able to make a tour of German battlefields in 1946, or view the bomb damage in Japan," Reed said. "The enemy countries probably will remain under stern military restrictions for a long time. It is doubtful, too, if such disturbed countries as Italy, Poland, and Yugoslavia will be opened to tourists soon, but travel mecca's such as England, France, Switzerland, the Scandinavian countries, Egypt, India, and China are almost certain to be sufficiently recovered from the war to place welcome mats in front of their doors.

"Meanwhile, the government is sure to permit the resumption of travel to many other glamorous parts of the world which have been less directly affected by the war."

"CHALKERS" OFFICERS' CLUB Dining, Dancing, Lounge Chicken Dinners Our Specialty Most Unique Place in So. Oregon CLOSED MONDAYS Thursdays Private Parties Only For Reservations Ph. Gold Hill 474

"CHALKERS" IS FILLED TO CAPACITY NEW YEAR'S EVE NO MORE RESERVATIONS ACCEPTED Will Be Closed Jan. 1st Through Jan. 4th Open As Usual Starting Sat., Jan. 5th We wish to thank all of our friends and patrons for your past patronage and wish you all a very, very Happy New Year! RAY, CATHY AND MONA LANGE

NO TIME By GLUYAS WILLIAMS AS HE WAITS FOR THE SELZERS TO TAKE HIM TO THE MOVIES MOTHER DISCOVERS HE HAS ON HIS MUDDY FLY SHOES BUT MAKES LITTLE PROGRESS ON ACCOUNT OF CONSTANTLY RUNNING TO DOOR TO SEE IF THE SELZERS HAVE ARRIVED

BARNEY GOOGLE and SNUFFY SMITH HE HE HE I'VE GOT ME CORNERED NOW, SNUFFY!! PLEEZE!! I'VE CALLED ME A "WUTCH" AN I AIM TO WUTCH ME GOOD 'N PRAPPER PLEEZE!! MYZ TATTERSALL!! DON'T SQUINCH YORE EYES AT ME THAT-A-WAY PLEEZE DONT WUTCH ME!! PLEEZE!! LOOK ME IN TH' EYEBALL, SNUFFY, I GOT TO L'ARN ME A LESSON!!

BUZ SAWYER IT WAS SO SWEET OF YOU TO INVITE ME FOR A CUP OF TEA, (SHARANI) AND NOW— GO MISS WINTER I'D LIKE FOR YOU TO MEET A VERY DEAR FRIEND OF MINE. JUST AS YOUR FORMER FIANCEE HE'S AN EX-NAVY PILOT. I THINK HE'S AT THE DOOR NOW. BUZ, DARLING!

BLONDIE APPEARANCE ISN'T EVERYTHING, BUT IT MEANS A LOT I LIKE TO LOOK NEAT NOW THEY'RE ALL READY TO PUT ON IN THE MORNING

THE NEBBIS THIS CERTAINLY ISN'T PUNCH. IT'S WEAKER THAN A SLAP ON THE WRIST MADAM LEFT THE FRUIT IN AND THE PUNCH OUT! HEAR LO HEAR THE GENTLE LA-ARK MY WIFE LIKES AN AUDIENCE. THAT'S WHY SHE THROWS THESE PARTIES. WHAT COULD WE DO FOR SOME FUN? ITS ONLY TEN O'CLOCK, HOW WOULD YOU LIKE TO GO TO MIDNIGHT! 12 O'CLOCK, HAPPY NEW YEAR EVERY BODY! WAIT A MINUTE, SNIFFER, WHERE ARE THE MEN? BEG YOUR PARDON, M'LADY, I ON DEAR WHAT'S THE LAM, WITHOUT MEN?

Quonset Huts Make Emergency Housing San Pedro, Cal. (U.P.) Quonset huts—those same steel igloos that housed servicemen all over the world—are being decked out in fancy colors and chintz curtains here to make two-family emergency dwellings during the housing shortage. Each family unit has two bedrooms, a large living-dining room, kitchen alcove and bathroom. Navy and Marine Corps families live in the corrugated-iron-and-composition board dwellings.

TO-NIGHT TOMORROW ALRIGHT ALL-VEGETABLE LAXATIVE... ZERO CLUB Out of bounds, civilians only Delicous chicken and steak dinners 7:00 p. m. to 3:00 a. m. except Sunday. Phone day time 5300; night 9101

DO YOU KNOW? The last New Years we celebrated without war was 1941 or 5 years ago SO— HAPPY NEW YEAR!!!!!! ROGUE RIVER CHEVROLET

Crossword Puzzle ANSWER TO PREVIOUS PUZZLE DOWN 1-Bull 2-Hawian bird 3-Bur-realist painter 4-Wipes out 5-Blumbering 6-Rise man 8-Father 9-Adherent of 10-Sicote as fellow member 11-Hives 12-Loop of rope 13-Delirium tremens 14-Ocean liner 15-Torn at sea 16-Metal element in air 17-Parasit of latitude 18-Enclave 19-Coil framework 41-Hipen 42-Troubles 43-Manc's name 49-Took food 51-Type of naval craft 53-Tellurium (symb.) 55-Indefinite article

BUZ SAWYER BUZ, DARLING!

BLONDIE APPEARANCE ISN'T EVERYTHING, BUT IT MEANS A LOT

THE NEBBIS THIS CERTAINLY ISN'T PUNCH. IT'S WEAKER THAN A SLAP ON THE WRIST

THE NEBBIS 12 O'CLOCK, HAPPY NEW YEAR EVERY BODY!