

# Your Health and It's Care

By DR. WILLIAM BRADY, M.D.  
Readers should address inquiries to: Dr. William Brady,  
285 El Camino Beverly Hills Calif.



Dr. Brady

NOT ALL GARGLES ARE WORTHLESS

If the talk here the other day about the futility of using "antiseptic" gargles for acute cri-

(pharyngitis, rhinitis, tonsillitis, quinsy, diphtheria, scarlet fever or whatever it may prove to be) was not abruptly cut off before I had run out of breath, a sometimes happens when space is lacking, I promised to tell how to make and use an excellent gargle for sore throat, hoarseness and roughness of the singing or speaking voice.

Many years ago Mr. Jos. W. England was pharmacist in the Philadelphia General Hospital. He concocted this agreeable mildly astringent gargle, and you prepare it yourself or let your druggist prepare it for you, as follows:

Dissolve 2 drams (two level teaspoonfuls) of potassium chlorate in four fluid ounces (one-fourth of a pint) of boiling water, and let it stand to cool. Now dissolve one dram (level teaspoonful) of alum in 2 1/2 fluid ounces of Stronger Rose Water (Aqua Rosae Fortior, U. S. P.) and add to the solution, in the order named: one-half fluid ounce (tablespoonful) of glycerin, one half fluid ounce of plain syrup or clear honey and finally three fluid drams (teaspoonfuls) of fluid extract of eucalyptus rostrata (red gum). Shake this ruby red mixture up and add it to the potassium chlorate solution, which has been cooling. The product should be a clear ruby-red liquid of agreeable odor and taste. If fluid extract of eucalyptus rostrata is not available, substitute for it two fluid drams (teaspoon-

fuls) of tincture of Kino (U. S. P.).  
For use, add a tablespoonful of the gargle to an equal quantity of water, and gargle half an hour before singing or speaking or whenever the throat seems irritated, sore or rough.  
Lest there be some misunderstanding, I do not advise the use of this or any other gargle for acute sore throat or cri. On the contrary I'd advise against gargling in such cases, although gently swishing some simple solution (boric acid in water, teaspoonful to the pint) around the mouth and throat without gargling may keep the acute inflammation during the acute stage of the condition. If you are child-minded you can believe your "powerful antiseptic" penetrates the tissues to kill the germs that cause the trouble. No reputable physician believes that.

QUESTIONS & ANSWERS  
Asthma and Hay Fever  
Please send me a copy of your pamphlet on asthma—I enclose stamped addressed envelope and note of explanation from me. I have recovered entirely from hay fever by following your instructions and we have an asthmatic child in school for whose mother I request the pamphlet. (Name—) School—  
Answer—Either the pamphlet on Asthma or the one on Hay Fever is available on written request if you enclose stamped, self-addressed envelope. If you ask for both pamphlets, inclose ten cents.  
I am bothered with sweating feet.  
Answer—If it is simply excessive sweating and no other trouble with the feet, send stamped self-addressed envelope and ask in writing for the pamphlet on "Sweating Feet". If there is some underlying weakness or trouble with the feet, inclose ten cents for the booklet "Care of the Feet".  
Never Mind the Change  
Have you a pamphlet on the change of life? I am a woman 44 years old. I have good health except for some irregularity. (Mrs. C. G.)  
Answer—No. There is no such thing. I have a pamphlet on the Menopausal—that is the cessation of menstruation and ovulation. For copy send stamped envelope bearing your address.  
(Copyright 1945, John F. Dille Co.)

undeliverable of the record breaking Christmas mail which went through the local office. Of these, one contained a pound of butter which was later claimed and identified through the wrapping. This article of food, incidentally, is very hard to find.  
Along with other valley towns, Central Point is experiencing most business activity. Walter Leverette has purchased a site for a theater for that town and another new industry is a small factory to make kitchen furniture. Both the American Legion and Veterans of Foreign Wars are rapidly pushing plans for buildings to house veteran activities.  
From Washington, it is announced that Camp White, recently reactivated with several engineer units, will be retained as a training center for the present.  
The holidays proved again to be a popular time for weddings. Among weddings recently announced were those of Erma Jean McCay to Capt. William Breeden of Baltimore, Md.; Doris Cecilia Prince to Robert Earl McCorkle; Beverly Malone to Sgt. Theodore Bergold of Alameda, Calif.; Jean Hermanson to Sgt. Robert Carr, Los Angeles; Leona Rector to Harrison Gray Meyers of Fayetteville, N. Y.; Kathleen Hamby to Ernest Strahan, Rogue River; Mrs. Johnnie Fleet Smith to Lyle Van Scoy, Eagle Point. The engagement of Claire Withrow, Talent, to Earl A. Sommer, Ashland, has been announced.

## On the Radio Chain STATIONS

Chain affiliation and where they are on the dial  
KALE (MBS) 1330, Portland  
KX (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KGO (NBC) 620, Portland; KJR (ABC) 1090, Seattle; KXN (CBS) 1070, Los Angeles; KQA (NBC) 830, Denver; KOIN (CBS) 910, Portland; KOMO (NBC) 950, Seattle; KPO (NBC) 840, San Francisco; KSL (CBS) 1160, Salt Lake City.  
Time shown is PST  
FRIDAY  
5:00 p. m. Terry and Pirates, ABC; O. K. For Release, NBC; News, MBS; 5:15 p. m. Dick Tracy, ABC; Superman, MBS; Betty and Bob, NBC; 5:30 p. m. Jack Armstrong, ABC; News, CBS; Capt. Midnight, MBS; 5:45 p. m. Elmer Peterson commentary, ABC; Raymond Sving, ABC; Tom Mix, NBC; News, CBS; 6:00 p. m. Famous Jury Trials, ABC; Gabriel Heatter, MBS; People Are Funny, NBC; 6:15 p. m. Real Life Stories, MBS; 6:30 p. m. Waltz Time, NBC; Those Who Watch, CBS; The Sheriff, ABC; Spotlight Bands, MBS; 7:00 p. m. Mystery Theater, NBC; Sports Cavalcade, ABC; Dramatic and Moore Show, CBS; This Land of Ours, MBS; 7:30 p. m. Easy Listening, CBS; Lone Ranger, MBS; Bill Stern, NBC; Johnnie Russell, ABC; 8:00 p. m. Man Named Jordan, CBS; Supper Club, NBC; Blind Date, ABC; 8:15 p. m. Fleetwood Lawton, NBC; Jack South Show, CBS; 8:30 p. m. This is Your F. B. I., ABC; Hercules Poirot, MBS; 9:00 p. m. Night Editor, NBC; Roundup Time, ABC; News, MBS.

## ON THE HOME FRONT

News From Jackson County for Men in the Armed Services

The Mail Tribune suggests you clip and mail this news roundup to a relative or friend in service.

Even though Christmas has passed, a festive air still prevails with Christmas tree lights still glowing each evening and doors still hung with holiday wreaths. The past week brought the traditional Christmas programs at all Medford churches and dozens of parties, including special affairs for officers and enlisted men of the army and navy and parties for patients at the Camp White hospital. Further parties are set for this week-end and New Year's Eve, after which everyone will endeavor to settle down once more to the usual routine of business and school.  
Christmas was made especially happy in some Medford homes by the return of sons, daughters and fathers from far away points. Dozens are arriving daily after separation from their service duties, and others are home only for the holidays. Among those who arrived home from overseas in time for the holidays were Lt. Col. Wm. H. Fluhrer from Austria; Lt. Col. C. O. Lovejoy, also home from Europe; Lt. Col. Harlan Bosworth, home from the Netherlands; Sgt. Robert Vroman from England; Sgt. Martin B. Webb, Jr., who has been serving on the staff of the Stars and Stripes in Honolulu; Miss Cherokee Sells, who served two and one-half years in the Spars; Staff Sgt. Reuben O. Davis, who served with the 37th division in the Pacific theater; Dr. O. J. Halboth, who has been stationed at Camp Beale with the medical corps; Cpl. Lester Wright, overseas for 23 months; Cpl. Joe and T. Sgt. Casad, the former from Lt. McClellan and the latter from Manila; Bill Colley, Coxswain in the navy who will return to duty aboard the Livingston; Pfc. Walter R. Kurz, who served two

years in the Pacific and twice wounded and First Lt. Linsley Dorman, who spent 17 months with Patton's Third Army; Desmond L. Sweet, former sergeant who served 28 months in the Pacific and Ensign Herbert Harter, on leave from his ship.  
Sgt. Vroman arrived home in time to participate in the 63rd wedding anniversary celebration of his grandparents, Mr. and Mrs. A. L. Vroman, and to attend a family reunion. Visiting in Shady Cove is Jack M. Williams, Sic, who served on Guam as did his father, Clyde D. Williams, during the first world war. The elder Williams was a marine.  
Also arriving home from overseas in time for Christmas was Edward C. Kelly, who served as a captain in a military government unit in Germany. Kelly reports that the psychological and moral collapse of the Germans is more discouraging than the physical destruction of the cities and industries. Another returned veteran is Perry J. Gregg, chief warrant officer, whose release terminated 27 years of service in the navy.  
Twenty-six members of the 1945 Medford high school football team, southern Oregon conference and district two champions, were awarded football letters last week. Thirty-five players, two managers and three coaches will attend the East-West shrine game in San Francisco New Year's Day, the trip having been arranged by Medford business men and service clubs.  
But four packages remained

CHUNGKING INN  
28 North Front St.  
Phone 9132  
We Serve Fine Foods  
Chinese & American Dishes  
Open From  
4 P. M. to 2 A. M.  
SAT. 4 P. M. to 4 A. M.  
ORDERS TO TAKE OUT

How To Relieve Bronchitis  
Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.  
Creomulsion for Coughs, Chest Colds, Bronchitis

Aldrich Family, CBS  
8:15 p. m. Kate Smith Hour, CBS; Golden Harmonies, ABC; Three Sons, NBC; News, MBS; 8:45 p. m. Harry James Orchestra, MBS; 9:00 p. m. Fulton Lewis Jr., MBS; News, NBC; 10:30 p. m. Orchestra, NBC; Orchestra, CBS; 11:00 p. m. Orchestra, NBC; Sunset Serenade, CBS.

SATURDAY  
5 p. m. Woody Herman, ABC; Now Take a Chance, NBC; 5 p. m. The Music Strings, MBS; 5:30 p. m. Man From G-2, ABC; 6:00 p. m. Nip, Place and Show, ABC; 6:15 p. m. News, CBS; Elmer Peterson, NBC; 6:30 p. m. Barn Dance, NBC; Man Named Jordan, CBS; 6:30 p. m. Can You Top This?, NBC; Boston Symphony, ABC; That's a Good Idea, CBS; 6:45 p. m. Saturday Serenades, CBS; 7:00 p. m. Judy Canova, NBC; Hooster Hop, ABC; 7:15 p. m. Report to the Nation, CBS; 7:30 p. m. Grand Old Opry, NBC; Red Ryder, MBS; Dick Tracy, ABC; 8:00 p. m. Nip, Place and Show, ABC; Truth or Consequences, NBC; Dick Haynes, CBS; 8:15 p. m. Life of Riley, NBC; Saturday Senior Swing, ABC; Mayor of the Town, CBS; Chicago Theater of the Air, MBS; 9:00 p. m. Gang Busters, ABC; Hit Parade, CBS; News, MBS; Adventures of Superman, NBC; 9:15 p. m. Dream Boat, MBS; 9:30 p. m. Orchestra, MBS; Three Sons, NBC; 9:45 p. m. Don't You Believe It, CBS; Lee Sims Pianist, NBC; 10:00 p. m. News, NBC; Kay's Kanteen, ABC; 10:15 p. m. Paul Carson, ABC; 10:30 p. m. Hollywood Barn Dance, CBS; 10:45 p. m. Orchestra, NBC; 11 p. m. Talks, CBS; News, ABC; Orchestra, NBC.

RAZOR HEIRESS DIVORCED  
Reno, Dec. 28.—(U.P.)—Barbara Schick Yuille, New York heiress to an electric razor fortune was granted a divorce today from Ralph Douglas Yuille, Montreal, former member of the Canadian Black Watch regiment. The couple was married in 1942 and has a daughter, Cheryl Ann Yuille, 2.  
Closing time for Classified Ads 8:30 a.m.—Too Late to Classify 12:15 p.m.

## GOVT. SURPLUS STOCK

Brand New INTERNATIONAL DIESEL ENGINES  
Never Unequaled IMMEDIATE DELIVERY  
39-69-100 H.P. Units  
Write, Wire or Phone  
SUTTON-MORF TRACTOR CO.  
1615 Capitol Ave.  
Sacramento, Calif.  
Telephone 3-1727

BACKACHE, LEG PAINS MAY BE DANGER SIGN  
Of Tired Kidneys  
If backache and leg pains are making you miserable, don't just complain and do nothing about them. Nature may be warning you that your kidneys need attention.  
The kidneys are Nature's chief way of taking excess acids and poisonous waste out of the blood. They help most people pass about 3 pints a day.  
If the 15 miles of kidney tubes and filters don't work well, poisonous waste matter stays in the blood. These poisons may start nagging backaches, rheumatic pains, leg pains, loss of pep and energy, getting up nights, swelling, puffiness under the eye, headaches and dizziness. Frequent or recent passage of smelly, burning urines sometimes have these symptoms. Don't wait! Ask your druggist for Doan's Pills, a stimulant diuretic, used successfully by millions for over 40 years. Doan's gives happy relief and will help the 15 miles of kidney tubes flush out poisonous waste from the blood. Get Doan's Pills.

Learn the Latest Dance Steps  
At the Medford Dance Studio  
Want to be the most popular partner in your crowd?  
Classes are forming right now. Come or phone 5864 for a dance analysis. Enroll then and there... set off on the right foot at your next party. Rates are surprisingly low.  
Medford Dance Studio  
MERRICKS BALLROOM

SUBURBAN HEIGHTS  
By GLUYAS WILLIAMS  
LOOKS LIKE A MILLIONAIRE... HE GOT BOTH A BEDSHEET AND A TALKING CLOTH... HE DON'T WANT A USE ONE FO' TOTHER LIKE US PORE SOULS!!  
MUST BE A MILLIONAIRE... HE GOT BOTH A BEDSHEET AND A TALKING CLOTH... HE DON'T WANT A USE ONE FO' TOTHER LIKE US PORE SOULS!!  
ONE ORDINARY CHAIR... BUT DEEP SOFT LOVESEATS BUILT FO' TWO!!  
THEY REMOVED ALL TH' LIGHTS FUM' TH' CEILIN'...  
ANY-PUT IT IN JEST... ONE LAMP... THASS ALL TH' LIGHT THAR IS!!  
ANY-IT DON'T GIVE OUT NOTHIN' BUT A SOFT 'MELER GLOW... NOT QUITE BRIGHT 'NUFF 'T READ BY!!  
NATCHERLY... 'READIN' ON TH' MILLIONAIRE'S A FEEND FO' EASY LIVIN'... HOPES WE BECOMES BOOZUM PAIRS!!  
I-IM PETRIFIED... WHY YOU MUST BE THE... THE MAHARANI I'VE BEEN READING ABOUT.

THE NEBBES  
WELL, LOOK WHAT SANTA BROUGHT HIM... WHICH END OF THE STICK IS THE MONKEY ON?  
HELLO, WEASEL-PUSS!  
PULL UP A TACK AND SIT DOWN  
THE PERFECT HOST! HESPY MADE THIS BARLEY SOUP FOR YOU  
THAT'S VERY NICE OF HESPY. SHE SHOULDN'T HAVE GONE TO ALL THAT TROUBLE  
THAT'S WHAT I TOLD HER BUT HESPY IS ALWAYS KIND TO KIDS AND ANIMALS  
ONE, CAN YOU IMAGINE A GUY MY AGE COMING DOWN WITH THE MEASLES? I ALWAYS THOUGHT YOU WERE IN YOUR SECOND CHILDHOOD... 'THAS PROVES IT!

THE ANNUAL CHRISTMAS CHILDREN'S PARTY SPONSORED BY THE WOMEN'S CLUB, HAD TO DO WITHOUT A SANTA CLAUS THIS YEAR, BECAUSE FRED PERLEY, WHO HAD DRESSED FOR THE ROLE AT HOME, HAD ENGINE TROUBLE ON THE WAY OVER AND COULDN'T MAKE ANY PRESSING CARDS UNDERSTAND THAT HE WANTED A LIFT AND WAS NOT JUST STANDING ON THE CORNER, SOLICITING FUNDS.

## Anchorage Weather Warmer Than U. S., Alaska Paper Says

Mrs. H. L. Baker, formerly in the restaurant business in Medford but now a resident of Anchorage, Alaska, recently sent her daughter-in-law, Mrs. M. Chambers, 130 West Main street, a clipping from an Alaska paper which compared Alaska weather with that of the United States.

The article reported that the northern part of continental United States was suffering from a sub-zero temperatures with deaths of at least 30 people attributed to the cold weather while Anchorage was in the midst of "banana belt" weather. Anchorage residents were enjoying a warm spell of 31 degrees with temperatures of freezing or above forecast for the next two days, the article stated. "Temperatures may go as high as 40 degrees before a cold wave moves in from the west," the article quoted the weather bureau as stating.

Material for two of the cabins is already on hand, he says. McCrehin owns two acres of land here between the highway and Rogue river. Erection of a feed store adjoining his cold locker plant is contemplated by F. D. Favrow.

Returning Marine Stranger To Wife  
Los Angeles, Dec. 28.—(U.P.)—Marine Maj. Marvin T. Starr, who came home after four years in a Japanese prison camp to discover he was a "stranger" to his wife, today was given a divorce.  
"Although we'd been married for 11 years," Starr told Superior Judge A. K. Wylie, "when she met me at the boat, she was very formal."  
"She finally told me she no longer loved me and one of us should get a divorce," he testified.  
The death penalty in Wyoming is exacted by means of the lethal gas chamber, in accordance with state statutes.

## BLONDIE MISSING

Due to failure of matrices to arrive the Mail Tribune is unable to publish the comic strip "Blondie" for the current week.

CHICKEN and STEAK DINNERS  
KING'S CAFE  
Owned by OTTO and WAVE KING  
Highway 99 at Talent  
Come Out and See the Bears!

ZERO CLUB  
Out of bounds, civilians only  
Delicious chicken and steak dinners 7:00 p. m. to 3:00 a. m. except Sunday. Phone day time 5300; night 9101

## "CHALKERS" OFFICERS' CLUB

Dining, Dancing, Lounge  
Chicken Dinners Our Specialty  
Most Unique Place in So. Oregon  
CLOSED MONDAYS  
Thursdays Private Parties Only  
For Reservations Ph. Gold Hill 474

## STRANGE AS IT SEEMS By ERNEST HIX



PARIS TO THE NORTH POLE



MOTORLESS PLANE!



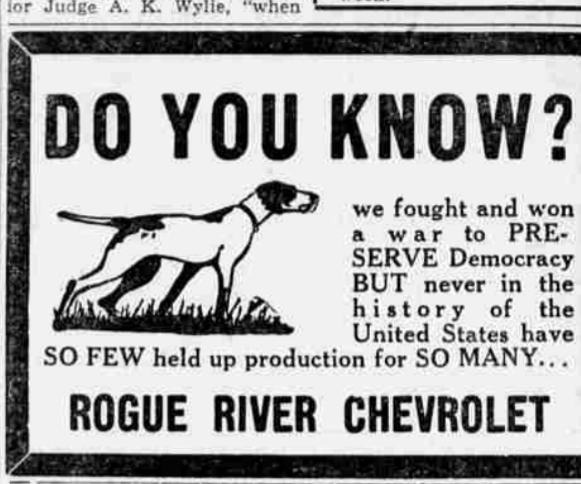
CRUSHING LIGHT



MOTORLESS PLANE!

## DO YOU KNOW?

we fought and won a war to PRESERVE Democracy BUT never in the history of the United States have SO FEW held up production for SO MANY...  
ROGUE RIVER CHEVROLET



## Crossword Puzzle

Crossword puzzle grid with clues for Across and Down. Includes a list of answers for previous puzzles.

## BARNEY GOOGLE and SNUFFY SMITH



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