

Your Health and It's Care

By DR. WILLIAM BRADY M.D.
Readers should address inquiries to Dr. William Brady,
265 El Camino Beverly Hills Calif.

WATCH YOUR CHIN—NEVER MIND YOUR CHEST

One handsome youth in a group of two dozen young men undergoing physical examination for a coveted position impressed the examining physician by exhibiting a chest expansion of fully five inches. All the other youths (still in their teens or a year or two older) had just ordinary chest expansion—two to three inches, perhaps. Not that it matters a little bit whether one can expand one's chest scarcely 1 1/2 or 2 inches or all of three, four or five inches. This exceptional young man explained that he had been following, I forget whose mail-order "course" for development of superb manhood or something of the sort for several years. The boy's pride of achievement was almost pathetic—really so, as it turned out. As though unconsciously he contrived to pose several times during the interview in the superb manhood pose so effectively employed by Moose Musclesound. The youth said he had gone as far as sophomore year in high school but had left school then, for some obscure reason.

This one handsome young man with the abnormal chest expansion flunked because he had incipient pulmonary tuberculosis. All the other young men with just ordinary chest expansion passed the examination.

Moral: Chestiness outside of the comic strip doesn't mean a thing.

I hope no young reader will infer from this that he or she should pay no attention to posture or that it is all right to cultivate a slump or slouch when sitting, standing or walking. The suggestion is rather that for



Dr. Brady

good posture, good looks and good health you should watch the chin and never mind the chest.

A fundamental principle of posture is that at all times, whenever the thought of posture occurs to you, you should keep your chin in, not up. That is, keep it tucked inside of an imaginary high collar. In other words hold your head as though you were carrying a basket of bananas or a sack of coal balanced on your head. You will find if you try it that you can keep such a weight balanced on top of your head much more easily if you keep your chin in and the crown of your head, rather than the forehead high. In fact anyone can walk a tight rope or do a dance or skate or play golf or tennis or pitch or bat a baseball or paint a dog kennel or shoot an arrow or knit a sweater or read an announcement or sing a song better if he or she keeps the chin in and the crown high.

As you pursue the study of posture you will learn that good posture is a large factor of good looks and indeed that it is precisely the cultivation of or neglect of posture that explains why this individual somehow seems good looking even if he or she has no better features, form, complexion, etc., than that individual.

QUESTIONS & ANSWERS
Immunization for baby
I am raising a new baby at our home by "The Brady Baby Book" and if I do say so, she is the picture of health. My question now is do not find it answered in the book is what immunization should she have in her first year? (Mrs. G. W. J.)
Answer—Every infant should be vaccinated against small pox when three months old and immunized against diphtheria when two or three years old, or in any case before the child is old enough to attend nursery school or kindergarten or before the child begins to play with other children. Leave all other immunizing treatments to the judgment of the attending physician. Copy of "The Brady Baby Book" mailed on request if you inclose stamped self-addressed envelope and ten cents in enclosed additional ten cents for copy of "The Brady Baby Book". (Copyright 1945, John F. Dille Co.)

On the Radio Chain

STATIONS
Chain affiliation and where they are on the dial

KALE (MBS) 1330, Portland and KEN (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KAW (NBC) 620, Portland; KJR (ABC) 1000, Seattle; KXN (CBS) 1070, Los Angeles; KOA (NBC) 850, Denver; KQIA (CBS) 910, Portland; KOMO (NBC) 950, Seattle; KPO (NBC) 880, San Francisco; KSL (CBS) 1160, Salt Lake City.
Time shown is PST

THURSDAY
5:00 p. m. San Hayes and the News, MBS; O. K. For Release, NBC; Terry and the Pirates, ABC; TBA, CBS.
5:15 p. m. Dick Tracy, ABC; When Evening Comes, NBC.
5:30 p. m. Jack Armstrong, ABC; Captain Midnight, MBS; News, NBC.
5:45 p. m. Tom Mix, ABC; Elmer Peterson, NBC; Night News Wire, MBS; Raymond Swing, ABC.
6:00 p. m. Music Hall, NBC; Andre Kostelanetz, CBS; Gabriel Heatter, MBS; The Real Story, ABC; CBS.
6:30 p. m. Bob Burns, NBC; Hobby Lobby, CBS; Starlight Serenade, MBS; Detect and Collect, ABC.
7:00 p. m. Music Hall, NBC; NBC; First Line, CBS; Curtain Time, ABC; Music, MBS.
7:30 p. m. Fantasy in Melody, ABC; Red Ryder, MBS; Rudy Valze, NBC; Powder Box Theater, CBS.
8:00 p. m. Supper Club, NBC; Man Named Jordan, CBS; Drummond, MBS; Lum and Abner, ABC.
8:15 p. m. Fleetwood Lawton, NBC; Earl Godwin, ABC; Jack Smith, CBS.
8:30 p. m. Burns and Allen, NBC; Malsie, CBS; America's Town Meeting of the Air, ABC; Rogie's Gallery, MBS.
9:00 p. m. News, MBS; Dinah Shore, NBC; Elery Queen, CBS; America's Town Meeting of the Air, ABC.
9:15 p. m. News, MBS.
9:30 p. m. Noah Webster Says, NBC; News, ABC.
10:00 p. m. News Flashes, NBC; News, ABC; San Francisco Opera, MBS.
10:15 p. m. Charlie Chan, ABC.
10:30 p. m. Fenneman's Nite Club, ABC; Sweetheart Swingtime, NBC; Orchestra, CBS; News, MBS.
11:00 p. m. News, ABC.

Court House News

Marriages
Lawrence William Messal and Blanche E. Powers.
William Bayard Breeden and Erma Jean McCoy.
Robert Earl McCorkle and Doris Cecilia Prince.
Raymond L. Proctor and Bernadine Frances Wegmann.
Earl Wilbur Yaryan and Lois Gladys Yaryan.
Dale Marion Sims and Alice Lucile Branch.
William Lyle VanSoy and Johnnie Fleet Smith.
Ernest Dale Strahan and Marion Kathleen Hamby.
Charles William Lovell and Norma Jean Robertson.
Clarence Reuben Peebles and Georgia Muncie Anderson.
Everett Eugene Baugh and Mable Borland.
Herbert Salva McKinney and Emma Christina McKinney.
John R. Speece and Helen M. Hughes.
George Washington Goldenbee and Lela Pearl Hendrickson.
Howard Martin Spalding and Hazel Elaine Smith.
Gus Hoyle Marlin and Cleo Lee Mason.
John Francis Selvey and Hattie M. Taylor.
James D. Rock and Martina Virginia Hinrichson.

If a visitor from Mars had time to study only one animal on earth, the earthworm would be his first choice, for scientists believe it to be the nearest to the theoretical "average animal."

FRIDAY

5:00 p. m. Terry and the Pirates, ABC; O. K. For Release, NBC; News, MBS.
5:15 p. m. Dick Tracy, ABC; Supermen, MBS; Betty and Bob, NBC.
5:30 p. m. Jack Armstrong, ABC; News, CBS; Capt. Midnight, MBS.
5:45 p. m. Elmer Peterson commentary, NBC; Raymond Swing, ABC; Tom Mix, MBS; News, CBS.
6:00 p. m. Famous Jury Trials, ABC; Gabriel Heatter, MBS; People Are Funny, NBC.
6:15 p. m. Real Life Stories, MBS.
6:30 p. m. Waltz Time, NBC; Those Websters, CBS; The Sheriff, ABC; Spotlight Bands, MBS.
7:00 p. m. Mystery Theater, NBC; Sports Cavalcade, ABC; Durante and Moore Show, CBS; This Land of Ours, MBS.
7:30 p. m. Easy Listening, CBS; Lone Ranger, MBS; Bill Stern, NBC.

TONIGHT!

and every Thursday night

Abbott and Costello

Funnier and Faster than ever!

KMED 7 P. M.

for CAMEL CIGARETTES

VETERAN HOUSING PLEAS ARE URGED

Salem, Ore., Dec. 27—(U.P.)—Oregon cities in need of housing for veterans were today advised by Governor Earl Snell to file their applications for surplus federal housing units immediately with Jesse Epstein, regional director for FPHA, at Seattle.

Under the terms of an act passed by congress last week, the governor explained, surplus federal housing units will be dismantled and transported to congested areas for use by war veterans and their families. Cities requesting their units must provide the sites for their erection.

Livestock

Portland, Ore., Dec. 27—(U.P.)—Livestock:
Cattle 250, calves 35. Active, steady; good steers scarce, common grades \$12.00; common-medium heifers \$10.00-12.50; odd heads to \$15.00; canner-cutter cows \$6.50-8.50; fat dairy type cows to \$10.00; good beef cows upward to \$14.00; bulls scarce; common-good calves \$10.00-12.50; good-choice vealers salable \$14.00-15.00.
Hogs 100. Active, steady. 100-200 lb. butchers \$15.00; 147 lb. 15.50; good sows \$14.00-14.50; good-choice feeder pigs quotable \$14.50-15.50.
Sheep 400. No early sales. One large lot good-choice fed lambs held stronger at above \$14.25; asking up to \$9.00 for good ewes.

South San Francisco, Dec. 27—(U.P.)—Livestock:
Cattle 150. Mostly she-goats, generally steady. Medium to good steers and heifers absent. Half car range cows \$13.00; few loads common \$9.50-10.50; sprinkling cutters \$7.75-8.25; few canners \$6.50-7.25; common to good sausage bulk quoted \$10.00-12.00. Calves: salable noncommercial \$9.00. Steady. Arrived 25 head good 210 lb. barrows and gilts \$15.00; odd good sows \$15.05.

Chicago, Dec. 27—(U.P.)—(WFA)—Livestock:
Hogs 6,000. Active, fully steady; good and choice barrows and gilts 140 lbs. and up at \$14.85 the ceiling; good and choice sows at \$14.10. Cattle: 6,500. Good; 600 Fed steers and yearlings strong, instances 25 cents higher, most grades at new high on crop, quality considered. Most fat steers \$15.50 to \$18.00; mixed steers and heifers at \$18.00; steers sold relatively higher than heifers, bulk latter \$14.00 to \$16.00.
Sheep: 3,000. Several loads good and choice fed wooled western lambs bid 15 cents higher but salesmen asking more advance with lambs held at \$15.25.

Portland, Dec. 27—(U.P.)—Whole-sale markets:
Eggs, large, 57c; A large, 55c; A medium, 50c; small (pullet), 42c.
Lettuce, Calif., \$4.00-5.00 crate.

Chicago Wheat

Chicago, Dec. 27—(U.P.)—Wheat
Wheat Open High Low Close
May 180 1/2 180 1/2 180 1/2 180 1/2
July 179 1/2 179 1/2 179 1/2 179 1/2
Sept. 175 1/2 175 1/2 175 1/2 175 1/2
Dec. 174 1/2 174 1/2 174 1/2 174 1/2

S. F. DAIRY PRICES
San Francisco, Dec. 27—(U.P.)
Dairy market:
Butter: 93 score 48 1/2, 92 score 48, 90 score 47 3/4.

A FLAT DRINK IS A FORLORN FLOP

KEEP YOURS LIVELY WITH CANADA DRY WATER

Canada Dry Water is entirely different from ordinary club sodas. Original "PIN-POINT CARBONATION" insures life, to the last sip. And Canada Dry's exclusive formula points up flavor. Be sure—with Canada Dry Water.

Three Convenient Sizes
WORLD FAMOUS
CANADA DRY WATER
BIG BOTTLE 15¢ Plus deposit

GIFT WRAPPED

By GLUYAS WILLIAMS

LOOKS SELF IN BEDROOM WRAPPING CHRISTMAS GIFTS
COMES OUT TO GET SENS ORS AND LOCKS DOOR ON RETURN
BURSTS OUT TO DEMAND WHAT HE TOOK ALL THE RUBBEN WHILE HE WAS OUT

RETRIEVES RUBBEN AND COMES BACK TO FIND SCISSORS GONE
TRACES DOWN SCISSORS AND RETURNS TO FIND WIFE HAS LOOKED HERSELF INTO WRAPPER OWN PRESENTS

TIPTOES AWAY, KNOWING SHE WILL WRAP HIS 'OO

POSTPONE CHANGE IN FREIGHT RATES

Washington, Dec. 27—(U.P.)—The Interstate Commerce Commission today postponed indefinitely the effective date of the new railroad freight rates provided in its unprecedented equalization order of May 15.

The new rates were scheduled to go into effect Jan. 1, after two previous postponements. They have now been on file with the ICC almost a month, in accordance with commission regulations.

The proposed schedule provided a 10 per cent increase in so-called "class rates" for the northeastern section of the country and a 10 per cent drop everywhere else except the far west.

Wall Street
New York, Dec. 27—(U.P.)—Active demand for liquor shares and merchandising issues featured an otherwise irregularly lower stock market today. Trading was only moderately active.

Buying in liquor shares was touched off by publication of the earnings statement of Schenley Distillers for the quarter ended Nov. 30, showing net up 123 per cent over a year ago.

Preliminary closing Dow-Jones stock averages: Industrial 192.31, off 0.45; Rails 62.66, off 0.81; Utilities 38.06, off 0.34; 65 Stocks 71.90, off 0.44.

Sales totaled 1,260,000 shares compared with 1,410,000 yesterday.

Today's closing prices on selected stocks:
American Tel & Tel 189
Anaconda 44 3/4
Chrysler 135 1/2
Curtiss Wright 8
General Electric 46 3/4
General Motors 76 1/2
Montgomery Ward 72 1/2
Penn. R. R. 42 3/4
Phillips Petroleum 58 1/2
J. C. Penney 149
Radio 17 1/2
Southern Pacific 58 3/4
Standard Oil of Cal. 47 3/4
Texas Gulf Sulphur 48 3/4
Transamerica 21 1/2
United Aircrafts 34 3/4
U. S. Rubber Unquoted
U. S. Steel 81 1/2

ZERO CLUB

Out of bounds, civilians only
Delicious chicken and steak
dinners 7:00 p. m. to 3:00 a. m. except Sunday. Phone
day time 5300; night 9101

"CHALKERS" OFFICERS' CLUB

Dining, Dancing, Lounge
Chicken Dinners Our Specialty
Most Unique Place in So. Oregon
CLOSED MONDAYS
Thursdays Private Parties Only
For Reservations Ph. Gold Hill 474

STRANGE AS IT SEEMS By ERNEST HIX

THE THREE MOSTeller BROTHERS, ONE PARTIALLY AND TWO TOTALLY BLIND, HAVE WORKED TOGETHER FOR YEARS—FROM THE HAULING BUSINESS, REPAIRING TRUCKS AND STEERING GEAR TO MINING AND AIRCRAFT FACTORY WORK!

HOUSING PROBLEM! THE CHIRVA INDIANS, BOLIVIA, HAVE NO TREES OR PLANT LIFE WITH WHICH TO MAKE A HOUSE. EVEN THE BIRTH IS UNSUITABLE. BUCK MAKING SUN-DRIED BUCKS! THESE CHIRVA HOUSES ARE MADE OF SO!

A CAR OF 1901 HAD A TUBULAR FRAME, THROUGH WHICH COULD BE CIRCULATED!

THE MUELLER TRAP!

TEMPORARY MEASUREMENT OF THE UNIVERSE!

BARNEY GOOGLE and SNUFFY SMITH

TH BOGACIOUS IDJIT SAID TH WARTER IN MIRACLE CRICK TARNED MY WHISKERS CURLY

WHY, SHORE!! IT'S GOT SOME O' MY CURLIN' POTION IN IT

THEN YE ARE A BONEY-FIDE WUTCH LIKE SNUFFY SAID!!

WE DID, DID HE!!

WUT'LL I GIT MY PAWS ON THAT WAG-TONGUE VARMINT!!

BLIZ, DARLING, IM SO SORRY MAJOR DARE INTERRUPTED OUR LITTLE VISIT YESTERDAY. THERE WAS SO MUCH I WANTED TO GAV, COULDN'T YOU COME OVER IN ABOUT AN HOUR?

SURE, ANGEL.

HA! AND THERE'S THAT INSIDR BLONDE HE THINKS IS SO WONDERFUL. I WONDER WHAT SHE'D DO IF I TURNED TABOO LOOSE?

EEK! HELP!

DO I TALK LIKE A LADY NOW? DO I LOOK LIKE ONE?

Y-YES! YOU TALK LIKE A LADY. YOU LOOK LIKE ONE.

ARE YOU QUITE SURE "PEOPLE" WON'T REALIZE THAT—UNDERNEATH—I STILL FEEL LIKE A SHE-WOLF?

Q-QUITE SURE!!

ARE THERE ANY OTHER GIRLS WHO LOOK LIKE LADIES AND FEEL LIKE SHE-WOLVES INSIDE?

YES!! OH, SO MANY! MOST OF THEM!!

DOGPATCH—BOUND
SHE-WOLVES ARE JUST AS CUNNING ABOUT TRAPPING THEIR PREY AS SHE-HUMANS! THE DIRECT APPROACH MIGHT FRIGHTEN HIM!! I'LL USE THE INDIRECT APPROACH!!

YOU'LL EAT THIS OR NOTHING. THE DOCTOR PRESCRIBED A LIGHT DIET

MUSH AND MILK! TAKE IT AWAY!

WHAT'S THIS, BEMO? OH, IT'S FROM TEDDY AND TRUDY

PRETTY CUTE OF THE KIDS TO SEND ME A TOY. THANKS, BEMO. AND HERE'S SOMETHING FOR YOUR TROUBLE

WHAT A NICE SURPRISE—YOU FINISHED YOUR MUSH AFTER ALL

YEP, AREN'T I A GOOD LITTLE BOY?

SKIING CONDITIONS POOR AT UNION CREEK

Skiing conditions at Union Creek are reported to be very poor, rain having fallen in the area for the past two days. Through the Rogue River National Forest service it was learned this morning that the slushy snow which remained from the first snowfall is fast melting under the heavy rain.

ROUND UP BANDITS
San Francisco, Dec. 27—(U.P.)—Melbourne radio, quoting a dispatch from Singapore, said today the 25th British Indian division has started a roundup of bandits who have been "terrorizing" civilians in western Malaya.

Use Mail Tribune Want Ads.

DO YOU KNOW?

we fought and won a war to PRESERVE Democracy BUT never in the history of the United States have SO FEW held up production for SO MANY...

ROGUE RIVER CHEVROLET

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS
1-Lineal
7-Semour (abbr.)
9-Front
12-Name out
13-Volcanic glass used for polishing
18-Plant verb
19-Kind of tropical gum
17-Printer's measures
18-Household code
19-Permit
20-Answer (abbr.)
21-Raised platform
22-The Pt.
23-Small fish
24-Speak of cloth
25-Percentage

DOWN
20-Urbain
20-Time of illness
21-Swelling
22-Howl coat
23-Negative
24-Southern state
25-Adjoin
25-Musical note (pt.)
27-Cup
28-Bow
40-Howl
41-Sharply
43-Go by auto
45-Harriet
46-Verean god of light
47-Years (abbr.)
48-Former baseball player
49-Tax

DOWN
1-The (Pfr. pl.)
2-Was imminent
3-Advertising sign
4-Wanderer
5-Ripen
6-Musical note
7-Boxe lightly
8-Dustman
9-Devere
10-Land measure
11-Tidy
12-Manuscripts (abbr.)
16-Love
18-Pathway
20-Relief
21-Frince donna
22-City
23-Kind of bean
24-Shopping place
25-Washington baseball team
27-Kind of ore
28-Close back
30-Waters (Pfr.)
31-Sword
33-Parage between buildings
34-Tidy
37-Pair with rage
38-Burn
39-Dart
40-Kitchen utensil
42-Fronion
43-Profess wrong
44-Prince (AL.)
45-Mother

BLONDIE MISSING
Due to failure of matrices to arrive the Mail Tribune is unable to publish the comic strip "Blondie" for the current week.