Your Health and It's Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

If YOU'VE GOT IT YOU'RE STUCK WITH IT

Dr. Brady

I feel so sorry for the pretty girl or the goofy guy the philanthropists of Yankeeland picture in the act of gargling with our powerful germ killer. That sad situation stirs my emotions so deeply that I am scarcely able to bowl.

I, Ol' Doc Brady, do solemnly declare that no antiseptic, germicide (germ-killer) or disinfectant as yet discovered has any remedial or beneficial effect on any alleged "cold" or acute sore throat (tonsillitis, pharyngitis, diphtheria, quinsy, scarlet fever) when taken internally or used as gargle or spray.

Mind, now, this is not to imply that one should never gargle. If you derive any comfort or relief from gargling it may be harmless, as an occasional practice, provided you do it gently and use no very irritating solution. But don't be silly about it—so far as the germs causing the trouble are concerned you might just as well rub the gargle in your internal malleolus, for, unless I am greviously misinformed in pathology, once you've got any such infection you're stuck with it and no germ-deterring or germ-killing remedy you can apply to the surface of the throat can have the slightest influence upon the activity of the germs that have invaded the tissues.

Don't run away with the notion that I condemn all gargles. Watch this column. In an early issue I'll tell you how to make and use an excellent gargle for huskiness, hoarseness and roughness of voice in speakers and singers.

QUESTIONS & ANSWERS

Infra Red

What is the difference between an ultraviolet ray lamp and an infra-red ray lamp? Can each be used on sore and swollen muscles with the same result? (A. V.)

Answer—Ultraviolet light or ray has no particular action or effect on muscles. Infra-red light or ray has the effect of heat on sore muscles—such as the heat given off by a glowing electric or gas heater.

Hormone Hokum

Do you believe that the hormones in face creams can be absorbed and... (S. H. E.)

Answer—Don't be silly.

Asthma

I have received so much help from your pamphlet on Bronchial Asthma that I am sending the fee and stamped self addressed envelope for your booklet "Call It Cri". (O. T. M.)

Answer—I wish, friend, that you would specify what suggestion in the Asthma pamphlet you found helpful. I imagine it was the advice to supplement the diet with a suitable daily ration of calcium and vitamin D. That has brought great relief in many cases of asthma. The pamphlet is available to any reader who asks for it in writing and incloses stamped self-addressed envelope.

Cold Fish

I am another of those individuals who do not feel warm enough in the same room where everyone else is comfortable. I'd like information on taking iodine . . . (Mrs. H. A.—some of my friends call me "the cold fish")

Answer—Ask in writing for pamphlet "The Iodin Ration" and inclose stamped envelope bearing your address.

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On the Radio Chain

STATIONS

Chain affiliation and where they are on the dial

KALE (MBS) 1330; Portland KEX (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KGW (NBC) 620, Portland, KJR (ABC) 1000, Seattle, KNX (CBS) 1070, Los Angeles; KOA (NBC) 830, Denver; KOIN (CBS) 970, Portland, KOMO (NBC) 950, Seattle, KPO (NBC) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time Shown is PST

Tuesday

5:00 p. m.—Terry and Pirates, ABC; OK for Release, NBC; News, MBS; Knox Manning, CBS.

5:15 p. m.—Dick Tracy, ABC; Superman, MBS; Here's Glen Again, NBC; Daily Double.

5:30 p. m.—Date with Judy, NBC; Jack Armstrong, ABC; News, CBS; Captain Midnight, MBS.

5:45 p. m.—Raymond Swing, ABC; Tom Mix, MBS; News, CBS.

6:00 p. m.—Inner Sanctum, CBS; Guy Lombardo, ABC; Amos and Andy, NBC; Gabriel Heatter, MBS.

6:15 p. m.—Real Stories, MBS.

6:30 p. m.—Fibber McGee and Molly, NBC.

7:00 p. m.—Bob Hope, NBC; The Ford Show, CBS; Concert Orch., ABC.

7:15 p. m.—Overseas Report, MBS.

7:30 p. m.—Red Skelton, NBC; Congress Speaks, CBS; Orchestra, ABC.

8:00 p. m.—Supper Club, NBC; Lum and Abner, ABC; Jack Kirkwood Show, CBS.

8:15 p. m.—Fleetwood Lawton, NBC; Jack Smith Show, CBS; Kenny Baker, ABC.

8:30 p. m.—Johnny Presents, NBC; Theatre of Romance, CBS; Allan Young Show, ABC; The Falcon, MBS.

9:00 p. m.—Big Town, CBS; Glen Hardy News, MBS; Dark Venture, ABC; Roy Shield and Company, NBC.

9:15 p. m.—News, MBS.

9:30 p. m.—Hollywood Theatre, NBC; Murder Will Out, ABC.

10:00 p. m.—News, NBC; Charlie Chan, ABC; Fulton Lewis, MBS.

10:15 p. m.—Leland Stow, ABC; His Honor the Barber, NBC.

10:30 p. m.—Edwin C. Hill, CBS; Fenneman's Nite Club, ABC; Sweetheart Swingtime, NBC.

11:00 p. m.—Talks, CBS; News, NBC.

WEDNESDAY

5:00 p m Terry and Pirates, ABC; O. K. For Release, NBC; TBA, CBS; News, MBS.

5:15 p. m. Dick Tracy, ABC; When Evening Comes, NBC.

5:30 p m Jack Armstrong, ABC; News, CBS; Captain Midnight MBS; News NBC.

5:45 p m Elmer Peterson, NBC; Tom Mix, MBS; Raymond Swing ABC; News CBS.

6:00 p m Frank Sinatra, CBS; Treasure Hour of Song, MBS; Eddie Cantor, NBC; Dinner At Dinty's, ABC.

6:15 p m Lum and Late Stories, MBS.

6:30 p m Mr District Attorney, NBC; Maisie, CBS; Spotlight Bands, MBS; Elmer Davis, ABC.

7:00 p m Kay Kyser's Kollege, NBC; Island Adventure, CBS; Counterspy, ABC; Follies, MBS.

7:30 p m Andrews Sisters, CBS; Lone Ranger, MBS.

8:00 p m Supper Club, NBC; Jack Kirkwood, CBS; Main Line, MBS; News, ABC.

8:15 p m Fleetwood Lawton, NBC; Jack Smith Show, CBS; Main Line, MBS; News, ABC.

8:30 p. m. Hildegarde, NBC; Dr. Christian, CBS; Fresh Up Show, MBS.

9:00 p m Mr and Mrs North, NBC; Jack Carson, CBS; News, MBS.

9:15 p m Golden Harmonies, ABC.

9:30 p. m. Easy Aces, ABC.

10:00 p m News, NBC; Charlie Chan, ABC; Fulton Lewis, MBS.

10:30 p m Orchestra, CBS; Fenneman's Nite Club, ABC; Thomas Anthony and Orchestra, NBC; Excerpts from great Music, MBS.

11:00 p m News, ABC; Serenade, CBS; Hotel Biltmore Orchestra, NBC.

What the Girl Scouts Are Doing

Troop 22

Troop 22, made up of Junior high school eighth grade girls, has been very active in recent weeks.

A Christmas party was held at the Scout House Dec. 14. Forty boys and girls enjoyed a weiner roast and an evening of dancing. Joan and Jerry Haring, Janet Walton, Alice Gault and Jean Runtz were in charge of decorations, and Virginia Richmond, Sidney Smith, Norma Ward, Leah Peabody and Marjorie Williams were in charge of refreshments.

On the entertainment committee were Carol Sands, Marlys Franklin, Joan Dean, Jackie Henbest and Karla Johnson.

Eleanor Bragg and Bebee Millsap re-decorated the Scout House after the party for other troop parties to be held there.

Members of the troop sold Christmas seals one Saturday at Mann's Department store and Saturday, Dec. 22, a potluck luncheon and gift exchange were held at the home of the leader, Mrs. Max Leischner.

Next meeting of the troop will be Tuesday, Jan. 8.

News of 4-H CLUBS

Roxy Ann 4H Sewing club was organized at a meeting held Dec. 18. There are nine members.

Kay McClanahan was elected president, Barbara Stevenson, vice-president; Janet Poutre, secretary; Barbara Crocker, reporter.

Next meeting of the group will be Dec. 27 at 1:30 p. m. at the home of Barbara Crocker.

PLUNGE TO DEATH

New York, Dec. 26—(U.P.)—The final curtain fell today for Army Sgt. Russell Gleason, 36-year-old actor son of Jimmy Gleason, the film actor. He plunged to his death last night from the fourth floor of a mid-town hotel. A minute before Gleason's body landed on a second floor extension, police at the East 51st street station received a telephone call reporting a man standing on the rain-swept fourth floor ledge.

Motion Picture Shows In J'Ville Await Equipment

Jacksonville, Dec. 26—Regular presentation of movies at the city hall here will begin just as soon as the equipment arrives according to Fred Scott of Medford who is sponsoring the project.

Number of shows per week will depend on the availability of films.

As a theater, the hall will accommodate an audience of approximately 200, Scott believes.

The equipment ordered is mobile and Scott is negotiating to present movies in one or two other towns of the county.

Scott formerly operated pool halls in Jacksonville and Lakeview.

The International Latitude Observatory in Ukiah, Calif., is one of five around the world on the same parallel.

Summons For Publication

IN THE CIRCUIT COURT OF THE STATE OF OREGON, FOR JACKSON COUNTY.

CLAYTON B. GOODNIGHT, Plaintiff, vs. WINONA L. STEFANI and JOHN DOE STEFANI, wife and husband; J. L. STEFANI and MARY JANE STEFANI, husband and wife; MASON B. SEXTON and JUNE SEXTON, husband and wife; CITY OF MEDFORD, a municipal corporation; WM. R. PEXTON and MARTHA PEXTON, husband and wife; each and all of the unknown heirs of each and all of the above named defendants; also all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in the complaint herein, Defendants.

TO EACH AND ALL OF THE ABOVE DEFENDANTS EXCEPT CITY OF MEDFORD a municipal corporation.

IN THE NAME OF THE STATE OF OREGON, you and each of you are hereby required to appear and answer the complaint filed against you in the above entitled suit on or before the last day of four weeks from the date of the first publication of this summons, and if you fail so to appear and answer said complaint, for want thereof, the plaintiffs will apply to the court for the relief demanded in their complaint, succinctly stated as follows:

That each and all of the defendants herein be required to fully set forth any and all right, title, estate, lien, claim or interest whatsoever that they, or any of them, may have or claim in, to, or upon the real property described in the complaint herein, or any part or parcel thereof which said real property is situated in Jackson County, Oregon, and more particularly described as follows:

Lot 5 in Block 4 of "Hill View Addition" to the city of Medford, Jackson County, Oregon, according to the official plat thereof, now of record.

That each and all of the claims that may be made on the part of any or all of said defendants herein, in or to said real property herein described, or any part thereof, be adjudged and declared to be null and void, that the plaintiffs herein be decreed to be the owner in fee simple of said real property free and clear of any right or claim whatsoever on the part of said defendants, or any of them.

That each and all of the defendants herein, and each and all persons claiming, or to claim, by, through or under them, or any of them, be forever enjoined, restrained and barred from asserting, attempting to establish, or claiming any right, title, estate, lien or interest whatsoever, in, to, or upon said real property, or any part or parcel thereof, and that plaintiff's title to said premises be forever quieted and set at rest.

This summons is published by order of the Honorable H. K. Hanna, Judge of the Circuit Court of Jackson County, Oregon, made and entered on the 20th day of December, 1945.

The time prescribed in said order for publication of this summons is once each week for four consecutive weeks. The date of first publication of this summons is the 26th day of December, 1945.

O. H. BENGTSON,
Attorney for Plaintiffs.
126 East Main Street,
Medford, Oregon.

Summons For Publication

IN THE CIRCUIT COURT OF THE STATE OF OREGON, FOR JACKSON COUNTY.

SOL E. COX and MABEL COX, husband and wife, Plaintiffs, vs. APPLEGATE LUMBER COMPANY, a corporation, STERLING LUMBER COMPANY, a corporation, the unknown stockholders of Applegate Lumber Company, the unknown stockholders of Sterling Lumber Company; also all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in the complaint herein, Defendants.

TO EACH AND ALL OF THE ABOVE NAMED DEFENDANTS:

IN THE NAME OF THE STATE OF OREGON, you and each of you are hereby required to appear and answer the complaint filed against you in the above entitled suit on or before the last day of four weeks from the date of the first publication of this summons, and if you fail so to appear and answer said complaint, for want thereof, the plaintiffs will apply to the court for the relief demanded in their complaint, succinctly stated as follows:

That each and all of the defendants herein be required to fully set forth any and all right, title, estate, lien, claim or interest whatsoever that they, or any of them, may have or claim in, to, or upon the real property described in the complaint herein, or any part or parcel thereof, which said real property is situated in Jackson County, Oregon, and more particularly described as follows, to-wit:

Beginning at the northwest corner of Donation Land Claim No. 87, Township 37 South, Range 2 West, W. M., Jackson County, Oregon, and running thence east on north boundary of said claim 638.2 feet; thence south 0 degrees 25½ minutes east 102.97 feet to the north line of Southern Oregon Traction Co. right-of-way; thence north 89 degrees 55½ minutes west 638.2 feet along said right-of-way line to the west line of said claim; thence north 0 degrees 25½ minutes west 102.18 feet to the place of beginning.

That each and all of the claims that may be made on the part of any or all of said defendants herein, in or to said real property herein described, or any part thereof, be adjudged and declared to be null and void; that the plaintiffs herein be decreed to be the owners in fee simple of said real property free and clear of any right or claim whatsoever on the part of said defendants, or any of them.

That each and all of the defendants herein, and each and all persons claiming, or to claim, by, through or under them, or any of them, be forever enjoined, restrained and barred from asserting, attempting to establish, or claiming any right, title, estate, lien or interest whatsoever, in, to, or upon said real property, or any part or parcel thereof, and that plaintiffs' title to said premises be forever quieted and set at rest.

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O. H. BENGTSON,
Attorney for Plaintiffs.
126 East Main Street,
Medford, Oregon.

BLONDIE MISSING

Due to failure of matrices to arrive the Mail Tribune is unable to publish the comic strip "Blondie" for the current week.

Kay Kyser

says: "The students of the 'College of Musical Knowledge' give me the low-down on music, but when I want the latest news, I listen to the Richfield Reporter. He gives it all, and he gives it straight."

KAY KYSER'S "College of Musical Knowledge," 7 p. m. WEDNESDAY NBC

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STRANGE AS IT SEEMS By ERNEST HIX

FOR THE DIAGRAMLESS FANS

Crossword Puzzle

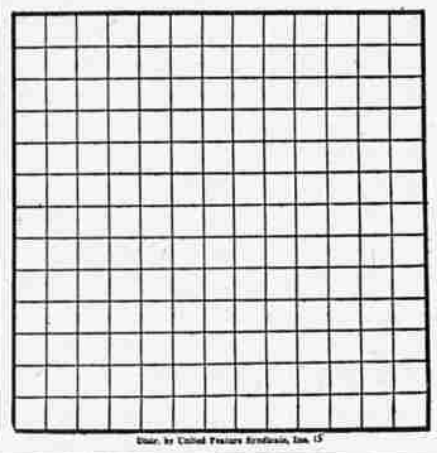
ACROSS

1—Weaken
4—Tally
9—Fondle
12—Make public
13—Deprived (from oil)
14—Period of time
15—Magic
17—Rope used in horse-training
19—Type of poetical accent
20—Walking stick
21—Lemma
23—Metal used in gilding
26—Girl's name
27—Worry
28—Artificial language
29—Contend
30—Notes of hunting horn
31—Title of respect
32—Dawn (comb. form)
33—Fibrous plant
34—Pairs
35—Lures
37—String
38—District in London
39—Pert
40—Daunt (arch.)
42—Having two angles
45—Beetle
46—Prefix: across
48—Age
49—Roman bronze
50—Dirt
51—Fish eggs

ANSWER TO PREVIOUS PUZZLE

DOWN

1—Hang
2—Trouble
3—Grazing range
4—Swim (Scot.)
5—Bat
6—Over (poet.)
7—Right (abbr.)
8—Pieces of pastry
9—Jury list
10—Prod
11—Golf ball starts flight from
16—Servant
18—Sole
20—Bill of fare
21—Dike
22—Vegetable
23—"City of Light"
24—Winter constellation
25—Scandinavian
27—Similar (comb. form)
30—Knife for cutting cane
31—Heavy drinker
33—Mob fight
34—One of pair
36—Autocratic ruler
37—Rubbish
39—Color
40—Town in Oklahoma
41—Morris
42—Barrier
43—Card game
44—Chemical suffix
47—Sun god



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BUZ SAWYER

L'IL ABNER

THE NEBBS

SUBURBAN HEIGHTS By GLUYAS WILLIAMS