

Your Health and It's Care

By DR. WILLIAM BRADY M.D.
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A good dentist is worthy of his hire. That is, I think so. I'd much rather pay the dentist \$200 to fill a tooth, even if it may last only a year or two, than pay him \$10 to extract it. I have a high regard for the value of teeth. At the very minimum a sound tooth in a good state of repair is worth \$1000, in my opinion. So, I say, the good dentist is worthy of his hire.

Eugene Talbot, M.D., D.D.S., still recognized as an authority on oral pathology by the dentists, advocated careful applications of iodine-iodide medications to the gums by the dentist in the treatment of pyorrhea. The same excellent authority advocated the application of a similar solution to the gums and other surfaces in the mouth of the child, at monthly intervals, to prevent tooth decay, or such an application a few minutes before any tonsil or mouth operation. The formula Talbot published (JAMA April 2, '10) is too strong for any one other than physician or dentist to attempt to use. But Diluted Talbot's Solution, glycerite of iodine and zinc iodide, as in the National Formulary, is suitable for the patient to use as instructed by physician or dentist. Speaking merely as a bull in the ch — I mean as a doctor, I believe the use of Talbot's solution or some modification of it, iodine in form or another, is a valuable aid in the treatment of most cases of pyorrhea. But only an aid, or shall we say incidental treatment. Correction of nutritional deficiencies and restoration of function—normal mastication—are the essential features in the treatment of pyorrhea.

QUESTIONS & ANSWERS
Her First at Forty
I am 40, have never been really strong but, without my husband's anxiety to have a child, family doctor said it would be the finest thing that could happen, but I fear that at my age. (Mrs. A. H. M.)

Answer—Records of childbirth in a large number of cases show that the HEALTHY woman who bears her first child at forty may expect a normal delivery. Better read the chapter "Her First at Forty" in the book "Preparing for Maternity" mailed on request if you inclose ten cents and stamped self-addressed envelope. Women whose education has been so sadly neglected may learn something to their advantage by reading Dr. Grantly Dick Read's "Childbirth Without Fear" published by Harper's, 44. A woman who can still roll a half dozen somersaults and come up on her feet smiling and unharmed is young enough to have a baby. The young women whose education has been sadly neglected are too old at thirty to bear a child without request if you inclose ten cents and stamped self-addressed envelope. It is physiological, not chronological age that matters.

One friend says 50,000 units of vitamin D in capsule, four times a day over a period of three to six months, ever does any harm. On the other hand, I have come to believe that merely an optimal nutritional amount of vitamin D daily, of course combined with calcium, will give as much relief in various complaints called chronic rheumatism as massive doses of vitamin D alone can give. For paralytic Calcium and Rheumatism, send stamped self-addressed envelope. Ask for it in writing. A clipping will not do.

Polyneuritis and Marriage
Intend to marry girl who had infantile paralysis in childhood. She is strong and healthy today and has no apparent physical weakness or defect. I am eight years older than she—she is 24. What do you advise? (M. H. E.)

Answer—The difference in age is immaterial. Any physical weakness or defect left by infantile paralysis would have no bearing on the question of fitness for marriage and parenthood. (Copyright 1945, John F. Dille Co.)

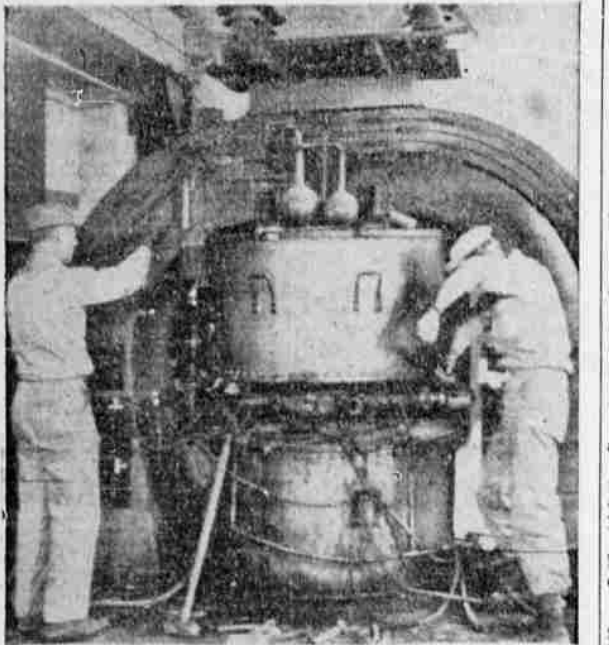
VULTEE STRIKE FAVORED

San Diego, Cal., Dec. 19—(U.P.)—A national labor relations board vote showed 77.2 per cent of 3720 employes in favor of a walkout at Consolidated Vultee Aircraft Corp., it was revealed today. Only 1003 members of the AFL aeronautical mechanics union cast ballots, but union officials declared they would close the entire plant if demands for a 30 per cent increase were not met.

ACTRESS DIVORCED

Hollywood, Dec. 19—(U.P.)—Film Actress Ella Raines, who said her husband not only ignored her friends but "slapped her several times without provocation," today held a divorce from Ex-Air Force Major Kenneth W. Trout. "He was moody and sulky all three years we were married," Miss Raines told Superior Judge Goodwin J. Knight. "I thought it might wear off, but it didn't."

U. S. Destroys Jap Atomic Equipment



Small atomic equipment of Japs is taken apart by U. S. occupation troops as they prepare to destroy it by order of Secretary of War Robert Patterson. American scientists have protested the destruction of the 5 cyclotrons and related equipment in three Jap cities. Photo by Tom Sharer, ACME/NEA photographer.

Hitler's Factories Go Up in Smoke



Clouds of smoke and debris fill the air as underground factory near Gelsenkirchen, Germany, is destroyed by dynamite placed by U. S. engineers in American occupied sector.

In Weird Story



A scene from "Jungle Captive," one of the weirdest screen stories ever told which opened at the Rialto today and starring Otto Kruger and Amelia Ward. Van Johnson and Faye Emerson in "Born for Trouble," is the companion hit.

INDUSTRIAL SUGAR ALLOTMENTS WILL HOLD SAME LEVEL

Allotments to industrial users of sugar generally will be continued at the same levels for the first quarter of 1946 as during the fourth quarter of this year, Mrs. Marjorie Leo, OPA food specialist of the Portland district, has announced. The only exception is for products such as jams, jellies, fruit butters and marmalades, according to the announcement.

An adjustment procedure, together with the percentage of base use of sugar that will be granted to producers of products of this class for the first quarter, will be announced soon, Mrs. Leo said.

Sugar allotments for institutional users for the January-February period will be computed on the basis of the same per-mill allowances as at present. There will also be no change in the rate of refreshment allotments.

CONTROL RELAXED ON MINOR ITEMS

Approximately 200 minor household, professional and commercial items and a small number of minor food items have been made exempt from price control, according to word received by the local Office of Price Administration. Ceilings on four other commodities have been suspended for a 90-day period. All are of slight importance in living or business costs, the report said.

Effective Dec. 12, items without ceiling prices include food dehydrators for household use, fireplace equipment, tooth picks, some sportings goods and custom-made rugs and a number of other household furniture articles.

Items completely exempted from price control Dec. 15 included some spices and granulated bouillon.

Controls are being indefinitely suspended on most DDT products, it was stated.

If you can find a safer place for your cash than Victory Loan Bonds it will probably be in more Victory Bonds. Invest to the limit in your country's future.

On the Radio Chain STATIONS

- Chain affiliation and where they are on the dial.
- KALE (MBS) 1330, Portland
 - KEX (ABC) 1190, Portland; KGW (ABC) 810, San Francisco; KGO (NBC) 620, Portland; KJR (ABC) 1090, Seattle; KXN (CBS) 1070, Los Angeles; KOA (NBC) 850, Denver
 - KOIN (CBS) 870, Portland; KXOMO (NBC) 550, Seattle; KPL (NBC) 680, San Francisco; KSL (CBS) 1160, Salt Lake City
 - Times shown in PST
- WEDNESDAY**
- 5:00 p. m. Terry and the Pirates, ABC
 - 6:00 p. m. K For Release, NBC; Knox Manning, CBS; News MBS
 - 5:15 p. m. Dick Tracy, ABC; When Evening Comes, NBC
 - 5:30 p. m. Tom Armstrong, ABC; News CBS; Captain Midnight, MBS; News NBC
 - 5:45 p. m. Elmer Peterson, NBC; Tom Mix, MBS; Raymond Swing, ABC; News CBS
 - 6:00 p. m. Frank Sinatra, CBS; Treasure Hour of Song, MBS; Eddie Cantor, NBC; Dinner at Dinty's, ABC
 - 6:15 p. m. Doc, Late 31, News MBS
 - 6:30 p. m. District Attorney, NBC; Maxie CBS; Spotlight Bands, MBS; Elmer Davis, ABC
 - 7:00 p. m. Kay, CBS; Kojak, NBC; Island Adventure, CBS; Country, ABC; Folies, MBS
 - 7:30 p. m. Andy Sisters, CBS; Lone Ranger, MBS
 - 8:00 p. m. Super Club, NBC; Jack Kirkwood, CBS; Main Line, MBS; News ABC
 - 8:15 p. m. Sweetwood Lawton, NBC; Jack Smith Show, CBS; Main Line, MBS; News ABC
 - 8:30 p. m. Hilltop, NBC; Dr. Christian, CBS; Fresh Up Show, MBS
 - 9:00 p. m. 50 and 90, NBC; Jack Larson, CBS; News MBS
 - 9:15 p. m. Gopher, NBC; NBC; 9:30 p. m. Easy Aces, ABC
 - 10:00 p. m. News, NBC; Charlie Chan, ABC; Pappy Lewis, MBS
 - 10:30 p. m. Orchestral CBS; Fernandina, ABC; News NBC; Thomas AB; Show and NBC; NBC; Excerpt from great music, MBS
 - 11:00 p. m. News, ABC; Serenade, CBS; Hotel Baltimore, NBC; NBC
- THURSDAY**
- 5:00 p. m. Sam Haves and the News, MBS; OK for Release, NBC; Terry and the Pirates, ABC; News CBS
 - 5:15 p. m. Dick Tracy, ABC; When Evening Comes, NBC
 - 5:30 p. m. Tom Armstrong, ABC; Captain Midnight, MBS; News NBC
 - 5:45 p. m. Elmer Peterson, NBC; Tom Mix, MBS; Raymond Swing, ABC; News CBS
 - 6:00 p. m. Frank Sinatra, CBS; Treasure Hour of Song, MBS; Eddie Cantor, NBC; Dinner at Dinty's, ABC
 - 6:15 p. m. Doc, Late 31, News MBS
 - 6:30 p. m. District Attorney, NBC; Maxie CBS; Spotlight Bands, MBS; Elmer Davis, ABC
 - 7:00 p. m. Kay, CBS; Kojak, NBC; Island Adventure, CBS; Country, ABC; Folies, MBS
 - 7:30 p. m. Andy Sisters, CBS; Lone Ranger, MBS
 - 8:00 p. m. Super Club, NBC; Jack Kirkwood, CBS; Main Line, MBS; News ABC
 - 8:15 p. m. Sweetwood Lawton, NBC; Jack Smith Show, CBS; Main Line, MBS; News ABC
 - 8:30 p. m. Hilltop, NBC; Dr. Christian, CBS; Fresh Up Show, MBS
 - 9:00 p. m. 50 and 90, NBC; Jack Larson, CBS; News MBS
 - 9:15 p. m. Gopher, NBC; NBC; 9:30 p. m. Easy Aces, ABC
 - 10:00 p. m. News, NBC; Charlie Chan, ABC; Pappy Lewis, MBS
 - 10:30 p. m. Orchestral CBS; Fernandina, ABC; News NBC; Thomas AB; Show and NBC; NBC; Excerpt from great music, MBS
 - 11:00 p. m. News, ABC; Serenade, CBS; Hotel Baltimore, NBC; NBC

6:30 p. m. Bob Burns, NBC; Robby Lobby, CBS; Serenade, MBS; Detect and Collect, ABC

7:00 p. m. Abbott and Costello, NBC; First Line, CBS; Curtain Time, ABC; Music, MBS

7:30 p. m. Fantasy in Melody, ABC; Red Ryder, MBS; Hud; Valerie, NBC; Powder Box Theater, CBS

8:00 p. m. Midge, CBS; NBC; Man named Jordan, CBS; Building Drum, MBS; Lulu and Annie, ABC

8:15 p. m. Piersman Lawton, NBC; Earl Godwin, ABC; Jack Smith, CBS; M. Burns and Alice, NBC; Music CBS; America's Town Meeting of the Air, ABC; Rogues, MBS

9:00 p. m. News, MBS; Dinah Shore, NBC; Elery Queen, CBS; America's Town Meeting of the Air, ABC

9:15 p. m. News, MBS

9:30 p. m. Noar, Webster Says, NBC; News, NBC

10:00 p. m. News, Flasher, NBC; News, ABC; San Francisco Opera, MBS

10:15 p. m. Charlie Chan, ABC

10:30 p. m. Feudenia's Nite Club, ABC; Sweetheart's Swingtime, NBC; Orchestra CBS; News MBS

11:00 p. m. News, ABC

Closing time for Sunday Too Late to Classify 4:00 Saturday afternoon. Please remember.

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THE NEBBS



DO YOU KNOW?

Thomas, President of United Auto Workers, predicts TERRIBLE economic calamity for UNITED STATES. We agree IF there are no jobs open to the millions of people WHO WANT TO WORK AT FAIR PAY TO PRODUCE BADLY NEEDED GOODS.

ROGUE RIVER CHEVROLET

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS

- Ship records
- Brive energy
- Religious service
- Director
- Beverage
- Monumental call to prayer
- Thin maulin
- Roman creator's cape
- Shade tree
- Part to punishment
- Big highly
- Things (L)
- Bimbal seed
- Messy public
- Numbered by tens

DOWN

- Tart word of mouth
- Microbe
- Salt
- Type of beads
- Spill
- Household gods
- This motion
- Blood disease of horses
- Toile tale
- Break
- Copie
- Variety
- Ingredient
- Measure
- Prohibit
- Start time
- Lawyer's fee
- Accomplished
- Exercising
- Permit
- Figure on pitas
- Measure
- Sand-hill
- Hinder
- Give off
- Pathway
- Root used as
- Slave
- Source in Greece
- Employer
- Deare
- Meadow

1 2 3 4 5 6 7 8 9 10 11

12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

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