

Your Health and It's Care

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CALCIUM CARBON ATE GOOD ANTACID

To neutralize, absorb or counteract excessive acidity in the stomach and relieve pain, burning, "heartburn," "water-brush," "hunger pangs," "empty pain," "gas" or other distress or discomfort due to hyperacidity, the remedy most frequently used is saleratus, otherwise called baking soda or sodium bicarbonate. There is an old saying that "bicarbonate of soda has stopped more pains than morphine," which may be true, but nevertheless the use of it for this purpose day by day is objectionable because in some instances it brings on alkalosis, kidney injury, diminished excretion of nitrogen and even uremia. Such alkalosis is not caused by just occasional use of sodium bicarbonate but may seriously complicate the picture in some cases where sufferers have taken large doses of soda daily.

Magnesium hydroxide (milk of magnesia), magnesium carbonate and light heavy magnesium oxide powder may be ideal for counteracting excessive acid in some circumstances under the physician's instructions, but for habitual use any of these magnesium preparations has two serious objections. First, the by-product of its reaction with acid is purgative. Second, and more important, magnesium, either as an antacid or magnesium sulfate (Epson salts) used frequently as a purgative, causes calcium shortage in the body and furthermore magnesium actually inhibits or hampers physiological calcium metabolism, and most Americans suffer from calcium deficiency anyway.

Calcium carbonate (prepared chalk) is in my opinion the least objectionable and most satisfactory antacid for everyday use. A few grains of it neutralizes excessive acidity for hours. It has little if any effect on acid-base balance in the blood and hence will not cause alkalosis. And all the calcium one may take in this form is if anything a nutritional advantage. Then if a small quantity of absorbent magnesium trisilicate is incorporated with the calcium carbonate in discs which are almost tasteless, the adsorbent action of the latter combined with the antacid action of the former gives the most satisfactory preparation for everyday use.

In the pamphlet "Yankee Stomach" (for copy send stamped self addressed envelope) you will find suggestions about diet for hyperacidity and the way to prevent malnutrition from following cut and dried diets too strictly. Finally, I am convinced that no harm can come, even if no good is done by the use of this antacid and adsorbent preparation as often as you wish.

QUESTIONS & ANSWERS
Sophomore.
Daughter, aged 17, running around with girls of her own age and older.

PIN-WORM ITCH MAY THREATEN YOUR CHILD'S HEALTH

Don't let your child suffer a single needless minute of distress with Pin-Worms! Recent medical reports reveal that an amazing number of children (and grown-ups too) may be victims of Pin-Worms often without suspecting what is wrong. Do watch out for the warning signs—especially the tormenting, unrelenting rectal itch. Because now you can and should do something about it!

A highly effective way to deal with this ugly infection has now been made possible. It is based on the medically recognized drug known as gentian violet. This specific drug is the vital ingredient in F.W. the Pin-Worm tablets developed in the laboratories of Dr. D. J. Jarvis & Son.

F.W. tablets are small and easy to take, and they act in a special way to remove Pin-Worms. So, if you suspect Pin-Worms in your child or yourself, get a box of JARVIS' F.W. right away, and follow the directions.

Ask your druggist: F.W. for Pin-Worms!

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DON SIGLOW BAND
Returning by popular request with our favorite singer—Larry

Take-It-Easy Lodge

Famous for Steak and Chicken Dinners
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Mac and Anne Closed Fridays

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REMEDIES FOR STOMACH ULCERS
Heart Rheumatism Asthma Catarrh
Piles Prostate Gland Eczema and all skin
and orders of Liver, Kidney Trouble and
other complaints disappear after using
CHINESE HERBS
Removed to Sparta Bldg.
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Rickenbacker's Life Story



The story of the man who lived adventure and romance thrilling beyond belief, "Captain Eddie," a thrilling new screen hit starring Fred MacMurray

On the Radio Chain

Chain affiliation and where they are on the dial.
9:15 p.m. Golden Harmonies ABC
9:30 p.m. Arch Onions Plays, MBS
10:00 p.m. News NBC
10:30 p.m. Orchestra CBS
11:00 p.m. News, ABC; Serenade, CBS; Hotel Billmore Orchestra, NBC.

TUESDAY
5:00 p.m. Terry and Pirates ABC
5:30 p.m. For Release NBC; News, MBS
6:00 p.m. Dick Tracy, ABC; Superman, MBS; Here's Glen Again, NBC; Daily Double.
7:30 p.m. Date With Judy, NBC; Jack Armstrong, ABC; News, CBS; Captain Midnight, MBS.
8:00 p.m. Layton's Swing, ABC; Tom Mix, MBS; News, CBS.
8:30 p.m. Inner Sanctum, CBS; Guy Lombardo, ABC; Aron and Andy, NBC; Gabriel Heatter, MBS.
9:00 p.m. Red Skelton, NBC; Congress speaks, CBS; Orchestra, ABC.
9:30 p.m. Suggest Music and Moley, NBC; American Forum, MBS.
10:00 p.m. Bob Hope, NBC.
10:30 p.m. The Tonight Show, NBC.
11:00 p.m. Overseas Report, MBS.
11:30 p.m. Red Skelton, NBC; Congress speaks, CBS; Orchestra, ABC.
12:00 p.m. Suggest Music and Moley, NBC; American Forum, MBS.
12:30 p.m. Fleetwood Lawton, NBC; Jack Smith Show, CBS; Kenny Baker, ABC.
1:30 p.m. Johnny Presents, NBC; Theatre of Romance, CBS; Alan Young Show, ABC; The Falcon, MBS.
2:00 p.m. Dick Tracy, ABC; Glen Hardy News, MBS; Dark Venture, ABC; Atlantic Spotlight, NBC.
3:00 p.m. News, MBS.
3:30 p.m. Hollywood Theater, NBC; Murder With a Twist, ABC.
4:00 p.m. News, MBS; Charlie Chan, ABC; Fulton Lewis, MBS.
4:30 p.m. Leland Stowe, ABC; His Honor the Harbor, NBC.
5:00 p.m. Edwin C. Hill, CBS; Fenmore's Nite Club, ABC; Sweetheart's Evening, MBS.
5:30 p.m. Talks, CBS; News, NBC.

WEDNESDAY
5:00 p.m. Terry and Pirates ABC
5:30 p.m. For Release NBC; Knox Manning, CBS.
6:00 p.m. Dick Tracy, ABC; When Evening Comes, NBC.
6:30 p.m. Jack Armstrong, ABC; News, CBS; Captain Midnight, MBS; News, NBC.
7:00 p.m. Elmer Peterson, NBC; Tom Mix, MBS; Raymond Swing, ABC; News, CBS.
7:30 p.m. Frank Sinatra, CBS; Treasure Hour of Song, MBS; Eddie Cantor, NBC; Dinner At Dinty's, ABC.
8:00 p.m. M. Dietrich, MBS; NBC; Mable Gray, NBC; Southland Bands, MBS; Elmer Davis, ABC.
8:30 p.m. Kas Keweenaw, NBC; Island Adventure, CBS; Country, ABC; Follies, MBS.
9:00 p.m. Andrews Sisters, CBS; Lone Ranger, MBS.
9:30 p.m. Sapper Club, NBC; Jack Kirkwood, CBS; Main Line, MBS; News, ABC.
10:00 p.m. Fleetwood Lawton, NBC; Jack Smith Show, CBS; Main Line, MBS; News, ABC.
10:30 p.m. Evening With Romberg, NBC; Christian, CBS; Fresh Up Show, MBS.
11:00 p.m. Mr. and Mrs. North, NBC; Jack Laxon, CBS; News, MBS.

A GENUINE GI HAND GRENADE

ONLY \$1
MADE WITHOUT EXPLOSIVES
Don't make your own beach-head landings with this genuine GI HAND GRENADE... just like the GI's used in Europe and the Pacific. It's the Real McCoy... Swell for paper weights, door stops, etc... made without explosives. Be the first in your neighborhood to have one. Just clip the coupon and send for yours TODAY while they last.

NAME _____ CITY _____
Please send me ONE TWO APCO 1648 EIGHTEENTH STREET
Real GI Hand Grenades at \$1 each MANUFACTURED BY SANTA MONICA, CALIF.

SUBURBAN HEIGHTS

By GUYAS WILLIAMS

SHINES ARE A LITTLE DIMINISHED AT THE PERLEYS', BECAUSE ALIGHTING FROM THE 5-15 FRED SHIPPED TO DISCUSS MEN'S CLUB MATTERS WITH THE SECRETARY AND WHEN HE GOT TO THE CAR FOUND THAT MRS PERLEY HAD GONE TO LOOK FOR HIM AND FOLLOWED HER TO TELL HER HE WAS THERE, BY WHICH TIME SHE HAD RETURNED TO THE CAR AROUND THE OTHER SIDE OF THE STATION AND ASSUMING HE WAS COMING ON A LATER TRAIN, HAD DRIVEN OFF WITHOUT HIM.

ern Air Lines in conjunction with a \$14,000,000 expansion program. WAR President William A. Coulter disclosed that contracts have been signed with Douglas Aircraft company for the purchase of ten four-motored luxury liners.

AID TO BLIND

Santa Monica, Calif., Dec. 11 (U.P.)—A revolutionary electronic device which enables the totally blind to "see" enough to distinguish colors on automobiles by feeling the reflections of light was described today by its inventor, Byron Brown.

Chalker's Motel & Lodge OFFICERS' CLUB

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Chicken and Steak Dinners
Most Unique Place in So Ore.
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Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p.m. to 3:00 a.m. except Sunday. Phone day time 5300; night 9101

STRANGE AS IT SEEMS By ERNEST HIX

A SPECK OF IRON HEATED AT ST. LOUIS TO THE TEMPERATURE OF THE SUN'S INTERIOR WOULD RADIATE ENOUGH HEAT TO BLAST ALL LIFE IN THE UNITED STATES

Boy Scout News

Troop 8
The annual covered dish dinner and court of honor was held last Tuesday evening with 64 attending. Guests at the meeting were Don Newbury, Gordon Gilmore, Harold Ylvisaker, J. A. McDougall, Ed Drysdale, the Rev. George R. Turney and Seth Bullis. Scout Mothers Mrs. McKinney, Mrs. Bates and Mrs. Barneburg served the dinner following invocation by the Rev. Turney.

Scoutmaster Harry Barneburg introduced master of ceremonies C. A. Strothers, who presented the attending guests. Following was a tenderfoot ceremony by Vic Kengla and members of the troop. Tenderfoot Scouts participating were Jim Bryant and David Marr.

First class awards were given to Richard Ivie and Ralph Green; star awards to Bob DeArmond; and senior scout titles, including craftsman, sportsman, gardener and fruit manager, were presented to Gene Higgins, Jack Bailey, Ralph Green and Gene Higgins received Cabin Boy awards and an organizer award went to Gene Higgins. Nine perfect attendance pins were presented, as were 19 merit badges and four service stars, and the following badges were awarded: quartermaster, Richard Ivie; librarian, Ralph Green; scribe, Bob Stothers and musician, Marshall Ferg and Roger Hogstrom.

Marshall Ferg and Roger Hogstrom presented accordion numbers after which a report of the troop's activities was given.

A surprise gift of a wallet and key case was given Scoutmaster Harry Barneburg for outstanding service to the troop and the meeting was closed with the retiring of the colors.

PLANE DEAL

Los Angeles, Dec. 11—U.P.—Negotiations for the purchase or lease of 15 new passenger planes were announced today by West-

DO YOU KNOW?

the real reason for all the delay in new car and truck production! DO YOU want this sort of thing now?

ROGUE RIVER CHEVROLET

FOR THE DIAGRAMLESS FANS
Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS	DOWN
1-Pastoring for book covers	1-Customs
2-Thicket	2-Southern State
3-Voice range	3-Pigeon
4-Melody	4-Italian river
5-Body of water	5-Job
6-Eagle's nest	6-Gun mount on ship
7-End life	7-Exclamation of surprise
8-Inbound (abbr.)	8-Spanish villa or hamlet
9-Spirited	9-Rule
10-Pastors	10-Order of wine
11-Pollywag	11-Devotee of love
12-Persian colts	12-Showing mercy
13-Bain	13-Grassland
14-Cheese	14-Deposit (abbr.)
15-Sailor	15-One who ties
16-Biblical warrior	16-Prety; not
17-Tile	17-Chinese weight
	18-Troop
	19-Yellowish pigment
	20-Hung down
	21-Resounded
	22-Trunkline from base
	23-Bury
	24-Cross (Fr.)
	25-Assistant
	26-Dickens character
	27-Sign on full theater
	28-Size of shot

BARNEY GOOGLE AND SNUFFY SMITH

MIZ SMIF--IS GEELY RECOOPERATED ENUFF YET TO HAVE COMPANY?
CLUDD HOOPER!! WHAT ON AIRTH HAS HAPPENT TO VOIRE--UH--
TAKE OFF YOIRE HAT A SECOND, CLUDD
LAUSY ME!! I'M DRETFUL SORRY, MIZ SMIF--
GLORY BE!! IT SHORE IS!!
WHAT TH' DING DON IS IT, MIZ SMIF--VARMINTS?

BUZ SAWYER

HOTEL SPLENDOR? WILL YOU PLEASE TELL ME IF THE MAHARANI OF BATU IS REGISTERED THERE... SHE IS? GOOD, I'D LIKE TO SPEAK TO HER.
WHAT! SHE'S NOT RECEIVING CALLS? ...BUT I'M A FRIEND OF HERS. JUST TELL HER IT'S BUZ SAWYER CALLING AND I'M SURE SHE'LL... OH, SEE, I SEE.
IT'S PLAIN AS DAY, CHUM. SHE'S HAD ENOUGH OF YOUR CLUMSY LOVE. MAKING, SHE'S AVOIDING YOU. BOY, ARE YOU SLIPPING! FIRST, AN OVER-STUFFED TENDR BEATS YOUR TIME WITH LITTLE HOTS-YOTS, THEN THE TROPICAL PRINCESS GIVES YOU THE GO-BV.
OKAY, JUNIOR, HAVE YOUR FUN.

BLONDIE

THIS IS A WONDERFUL REPORT CARD, ALEXANDER! IT SHOWS YOU'VE GET ALONG OKAY IN THIS WORLD.
SURE THING, POP--I'LL NOT ONLY TAKE CARE OF MYSELF BUT I'LL SUPPORT YOU SO YOU CAN RETIRE.
OH, BOY, RETIRE!
ALEXANDER MEANT IN 1960... NOT TODAY!

L'LIL ABNER

INTRODUCING "DATELESS" BROWN
NO GAL THE'S EVAN SEEN ME WILL DATE ME. NATCHERLY--SO AN AXED ROMEO M'KAYSTACK T'GIT ME A BLIND DATE?--
BUT--HE DOUBLE-CROSSED ME?--SHE WARRNT BLIND AT ALL?? SHE COULD SEE ME--SO--SO--PLAIN AS DAY??--SO--SHE SCREAMED AN SHAMMED TH' DOOR IN MAH FACE??
ANOTHER DATELESS EVENIN'--AS WHUT OTHER KINDA EVENIN'S DOES AH EIGHT?? EVAH HAVE?--
WONDER EF AH OUGHTA GIVE UP WIMMEN? (THAT'S ONE??)

THE NEBBS

NOT IF YOU DON'T STOP PESTERING ME, GO AWAY!
EMBERT CANT YOU HURRY THE ANALYSIS?
WHAT'S THE MATTER, RUDY?
HAVENT YOU HEARD WE ACTUALLY BROUGHT IN A WELL?
OH, THAT! I KNEW YOU WOULD BEFORE THE WELL WAS DRILLED.
YOU LOCATED THE WATER WITH YOUR DIVINING ROD, BUT WE STILL DONT KNOW WHETHER IT'S NOXAGE.
ITS NOXAGE SURE ENOUGH.
WHOOPEE!