Your Health and It's Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

UNTIL TWENTY-ONE

When under the influence of alcohol a dipsomaniac—that is, a person with dipsomania, a morbid and uncontrolable craving for alcolic liquor or beverage, whether as a regular daily indulgence or for periodic bouts—is not a rational or reasonable person. It is futile to appeal to his or her better nature and unwise to depend on his or her protestations or promises. Notoriously unreliable is the dipsomaniac's indignant assertion, between bouts, that he or she can take it or let it alone and therefore needs no treatment or help from any one. Occasionally a dipsomaniac, with the help of the right sort of friends, associates, family, physician, psychiatrist, spiritual adviser, and especially Alcoholics anonymous, if he or she is fortunate enough to get in touch with a group and attend their meetings, can and does succeed in letting it alone for the rest of life. But family and friends of the addict should never rely on the unaided will power of the addict alone to break the habit. The very fact that he or she craves alcohol proves that he or she hasn't sufficient will power for that.

Dr. Brady

It seems to me that the two reasons why young people begin drinking are plain enough:

1. Because their parents, teachers, aunts, uncles, grandparents, physicians and spiritual advisers, if any, have failed in their duty to give the children the advantage of a pledge against the use of alcohol or tobacco.
2. The young person is afflicted with an inferiority complex.

Right here, lest any reader accuse me of being inconsistent because I advise the use of ale, beer or wine by elderly folk and at the same time pretend to advocate total abstinence, let me say it is none of the layman's business what a doctor prescribes or advises for patients or clients—and that means you.

It is easy for parent, guardian, teacher, doctor or pastor to duck the pledge—signing ceremony, especially if he or she happens to be fond of tippling. It is a sin against the child, however. More than ever before, as it seems to me, the child today needs every bit of help parents and other responsible people can give, to keep him or her from going the wishy-washy way, taking the weakling's refuge in alcohol.

Taking the pledge should be an annual ceremony, beginning, say, on Mother's Day, or on the child's birthday anniversary, or on some such occasion, and the first pledge should be given when the child is ten years old or thereabouts. Each year thereafter the child should renew the pledge or at least be reminded of it in some way. But the pledge should be "until 21" in every instance. I tell you, folks, the boy or girl who takes such a pledge is lucky. It will help the kid over many a hurdle which might otherwise put him or her out of the race.

QUESTIONS & ANSWERS

Boy in Danger

Boy, 14 last July, has leg cramps after he gets in bed at night, after a strenuous day . . . he has been put on the football team and we are anxious to help him make good. (Mrs. H. C.)

Answer—As you describe him, the boy is physically too big for his years, and to let him compete with youths of his own size but years older is to endanger his heart. If the boy goes in for football at all before he has reached college age, it should be only under the regular observation of your physician. Send ten cents and stamped self addressed envelope for booklet "V-I-T-E Spells Youth."

Gray Hair

Our family has received untold benefit from your teachings. I have followed your advice about restoring prematurely gray hair for nearly a year. As you say, my health is so much improved that I no longer worry about my hair. (Mrs. R. S.)

Answer—My advice is about PREVENTING premature graying of the hair and other manifestations of premature aging. It is given in the booklet "The Hair and Scalp" for copy send ten cents and stamped self addressed envelope.

(Copyright 1945 by John F. Dille Co.)

LEGAL NOTICES

Notice

IN THE COUNTY COURT OF THE STATE OF OREGON FOR JACKSON COUNTY

IN THE MATTER OF THE ESTATE OF MISSOURI M. McCREDIE, Deceased.

Notice is hereby given that the undersigned has filed her Final Account in the above entitled matter, and the above entitled Court has fixed December 12th, 1945, at 10:00 o'clock a. m., in the County Court room, in the Courthouse in Medford, Oregon, as the time and place for hearing objections to said Final Account, and for the settlement thereof.

VELMA LULL,
Executrix.
HARRY C. SKYRMAN,
Attorney for Executrix.

NOTICE TO CREDITORS

Notice is hereby given that I have been appointed by the County Court of Jackson County, Oregon, Administrator of the estate of Raymond E. Miller, deceased, and have qualified. All persons having claims against said estate are hereby notified to present them, with proper vouchers, and duly verified, to me at the office of Harry C. Skyrman, Attorney for said estate, at Room 409, Medford Center Building, in Medford, Oregon, within six months from the date of this notice.

Dated and first published November 20th, 1945.

EDWARD G. MILLER,
Administrator.
Harry C. Skyrman,
Attorney for
Administrator.

Citation

IN THE COUNTY COURT OF THE STATE OF OREGON IN AND FOR THE COUNTY OF JACKSON,

IN THE MATTER OF THE ESTATE of S. S. SWENNING, Deceased.

TO: Lillian Swenning, Ducea Swenning, Joyce Swenning, Sam Swenning, Paul Swenning, Nadine Hiserman and unknown heirs of S. S. Swenning, Deceased.

IN THE NAME OF THE STATE OF OREGON: You and each of you are hereby notified and required to appear in the above entitled Court at the Court Room thereof in the Court House in the City of Medford, Jackson County, Oregon, on or before 28 days from the date of the first publication of this Citation and show cause, if any exists, why an Order should not be made and entered in the above entitled Court and matter authorizing the sale of the following described property of the estate of S. S. Swenning, deceased, to-wit:

Lots 13 and 14 in Block two (2) Helms Addition to the City of Medford, Jackson County, Oregon,

as prayed for in the petition of F. P. Farrell, Administrator of the above entitled estate on file herein. This Citation is issued pursuant to an Order of the Honorable J. B. Coleman, Judge of the above entitled Court entered in the above entitled Court and made on the 20th day of November, 1945.

The date of first publication of this Citation is November 27, 1945.

IN WITNESS WHEREOF I have hereunto set my hand and affixed the seal of said Court this 26th day of November, 1945.

G. R. CARTER, County Clerk.
By NYDAH NEIL, Deputy.

Notice

IN THE COUNTY COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.

IN THE MATTER OF THE ESTATE OF GENEVIEVE SMALLEY, Deceased.

Notice is hereby given that the undersigned, administrator in the above entitled matter, has filed herein his Final Report and Account and that Saturday, December 15, 1945, at 10 o'clock a. m. at the courthouse in the city of Medford, in said county, has been fixed by the above named court as the time and place for hearing objections to said final account and for the examination and allowance thereof.

Dated: November 13, 1945.

OTTO J. FROHNMAYER,
Administrator.
NEFF & FROHNMAYER,
Attorneys for Administrator.

Notice To Creditors

NOTICE IS HEREBY GIVEN that the undersigned has been appointed by the County Court of Jackson County, Oregon, Executrix of the estate of Ralph Harrison Shirley, deceased. All persons having claims against said estate are hereby notified to present the same duly verified to the Executrix at the office of Gus Newbury, United States National Bank Building, Medford, Oregon, within six (6) months from the date of this notice.

Dated the 27th day of November, 1945.

FLORA ELIZABETH SHIRLEY,
Executrix of the Estate of
Ralph Harrison Shirley,
Deceased.
GUS NEWBURY,
Attorney for Executrix.

PIN-WORMS GO! New Treatment Gets Real Results

People don't like to talk about Pin-Worm infection. Sometimes they are too embarrassed to mention the tormenting rectal itching. And in many cases they have not known of any effective way to deal with this pest that lives inside the human body.

Today, thanks to a special, medically recognized drug (gentian violet), a highly effective treatment has been made possible. This drug is the vital ingredient in P-W, the Pin-Worm tablets developed in the laboratories of Dr. D. Jayne & Son.

The small, easy-to-take P-W tablets act in a special way to remove Pin-Worms.

So if you suspect Pin-Worms in your child or yourself, ask your druggist for a package of JAYNE'S P-W right away, and follow the directions. Satisfaction guaranteed or your money back.

It's easy to remember: P-W for Pin-Worms!

CHUNGKING INN
At 28 North Front Street
Phone 9132

WE SERVE
All kinds of Chop Suey, Chow Mein, Noodles and American Dishes
WATCH FOR OPENING DATE!

On the Radio Chain

STATIONS

Chain affiliation and where they are on the dial.

KALE (MBS) 1330; Portland KEX (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KGW (NBC) 620, Portland; KJR (ABC) 1000, Seattle; KNX (CBS) 1070, Los Angeles; KOA (NBC) 850, Denver; KOIN (CBS) 970, Portland; KOMO (NBC) 950, Seattle; KPO (NBC) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time Shown is PST

TUESDAY

5:00 p.m. Terry and Pirates, ABC; O K For Release NBC; News, MBS; Knox Manning CBS.
5:15 p.m. Dick Tracy, ABC; Superman MBS; Here's Glen Again, NBC.
5:30 p.m. Date With Judy, NBC; Jack Armstrong, ABC; News, CBS; Captain Midnight MBS.
5:45 p.m. Raymone Swing, ABC; Tom Mix, MBS; News CBS.
6:00 p.m. Inner Sanctum, CBS; Guy Lombardo, ABC; Amos and Andy NBC; Gabriel Heatter MBS.
6:15 p.m. Real Stories, MBS.
6:30 p.m. Fibber McGee and Molly NBC; American Forum, MBS.
7:00 p.m. Bob Hope, NBC; The Ford Show, CBS; Concert Orch., ABC.
7:15 p.m. Overseas Report, MBS.
7:30 p.m. Hildegarde NBC; Hollywood Preview, CBS; Orchestra, ABC.
8:00 p.m. Supper Club NBC; Lum and Abner, ABC; Jack Kirkwood Show, CBS.
8:15 p.m. Fleetwood Lawton, NBC; Jack Smith Show, CBS; Kenny Baker, ABC.
8:30 p.m. Johnny Presents, NBC; Theater of Romance, CBS; Allan Young Show, ABC; The Falcon MBS.
9:00 p.m. Big Town, CBS; Glen Hardy News, MBS; Dark Venture ABC; Atlantic Spotlight, NBC.
9:15 p.m. News, MBS.
9:30 p.m. Hollywood Theater, NBC; Murder Will Out ABC.
10:00 p.m. News NBC; Charlie Chan ABC; Fulton Lewis, MBS.
10:15 p.m. Leland Stow ABC; His Honor the Barber NBC.
10:30 p.m. Edwin C. Hill, CBS; Fenneman's Nite Club ABC; Sweetheart Swing-time NBC.
11:00 p.m. Talks CBS; News, NBC.

WEDNESDAY

5:00 p.m. Terry and Pirates, ABC; O K For Release NBC; Knox Manning CBS; News MBS.
5:15 p.m. Dick Tracy, ABC; Betty and Bob, NBC.
5:30 p.m. Jack Armstrong, ABC; News, CBS; Captain Midnight MBS; News NBC.
5:45 p.m. Elmer Peterson NBC; Tom Mix, MBS; Raymond Swing, ABC; News CBS.
6:00 p.m. Frank Sinatra CBS, NBC; Maisie, CBS; Treasure Hour of Song, MBS.
6:15 p.m. Real Life Stories MBS.
6:30 p.m. Mr. District Attorney NBC; Maisie CBS; Spotlight Bands MBS; Elmer Davis, ABC.
7:00 p.m. Kay Kyser's College NBC; Island Adventures, CBS; Counterspy, ABC; Follies, MBS.
7:30 p.m. Andrews Sisters, CBS; Lone Ranger, MBS.
8:00 p.m. Supper Club, NBC; Jack Kirkwood, CBS; Main Line, MBS; News ABC.
8:15 p.m. Fleetwood Lawton NBC; Jack Smith Show CBS; Main Line MBS; News ABC.
8:30 p.m. Evening With Romberg, NBC; Dr. Christian, CBS; Fresh Up Show MBS.
9:00 p.m. Mr. and Mrs. North NBC; Jack Carson CBS; News, MBS.
9:15 p.m. Golden Harmonies ABC.
9:30 p.m. Arch Oboler Plays, MBS.
10:00 p.m. News NBC; Charlie Chan ABC; Fulton Lewis MBS.
10:30 p.m. Orchestra CBS; Fenneman's Nite Club ABC; Thomas Anthony and Orchestra NBC; Excerpts from great Music MBS.
11:00 p.m. News, ABC; Serenade, CBS; Hotel Biltmore Orchestra, NBC.

New Iranian Note Goes To Russia

Tehran, Dec. 4 — (U.P.) — The Iranian foreign minister today sent a new note to Soviet Russia, urging withdrawal of Russian troops from Iran, expressing hope that alleged Russian interference in Azerbaijan had ended and demanding permission to move Iranian troops into the rebellious province.

The note was a reply to one from the soviet last week refusing the Iranian government permisison to move troops into the Russian occupation zone in Azerbaijan and denying Iranian charges that the Russians were supporting the autonomous movement there.

The family investing in Victory Loan Bonds is buying a controlling interest in its future.

20,330 ANIMALS ARE COUNTED IN ROGUE FORESTS

There are an estimated 20,330 wild animals in the Rogue River National forest, according to figures provided by Karl Janouch, forest supervisor. Estimates show there are 360 black bear now in the area, a decrease of 55 compared with last year's estimate.

Blacktail deer is estimated to number 6,300, a 40 per cent increase over a year ago. The figure includes the estimated 2,240 killed during the past year by various means. The mule deer population was unchanged, at figures showed. Rocky Mountain elk, numbering an estimated 50, also was unchanged.

Bobcats Increased

The report showed a slight increase in the number of bobcats, now totalling 800. There are 25 mountain lions (cougars) in the area. Coyotes number 3900. There was a coyote increase of 135 per cent over last year's figures, but death at the hands of hunters and other means left the increase at only 40. It is known that some wolves are present along the Rogue-Umpqua divide, Janouch said, but they drift into Rogue River forest only occasionally and it is assumed that the Umpqua reports them in the South Umpqua and Diamond Lake districts.

All except three of the 12 varieties of fur bearing animals showed a population gain, according to the wildlife figures. Foxes showed a 160 per cent increase over last year's estimates but death at the hands of hunters, trappers and predators left the population only 50 above that of last year.

80 Badgers

Badgers showed a net increase of five, making a total of 80 in the area while Marten number 250, an increase of 10. Mink showed a gross increase of 90 per cent; a net increase of 20 animals. Fisher population totals 30 while the Otter is unchanged at 25. Muskrats number 1,600, an increase of 65 while racoons total 340, an increase of 30. Ringtail cats number 70, a 10 increase.

Skunks, according to the figures, showed a 150 per cent increase to bring the number of animals to 6,700, but various means of death brought the net total to 3,800, a decrease of 30 under last year's estimate. The estimated weasel figure was unchanged at 1,300.

The report showed there are 1,400 licensed big game hunters in the area, 400 small game hunters, 60 trappers and 4,300 fishermen. Small game hunters consist of hunters of birds, rabbits and squirrels.

Use Mail Tribune Want Ads

FOOLISH TO NEGLECT SNIFFLES, SNEEZES OF **Head Colds**

A bottle of Vicks Va-tro-nol is mighty handy to have around the house because this double-duty nose drops...

Quickly Relieves sneezy, sniffly, stuffy distress of head colds. Makes breathing easier.

Helps Prevent many colds from developing if used at the first warning sniffle or sneeze.

This Double-Duty Nose Drops should save you much misery. Works fine! Follow directions in the package.

VICKS VA-TRO-NOL

DANCE TONIGHT
DON SIGLOW BAND

Returning by popular request with our favorite singer—Larry

Take-It-Easy Lodge
Famous for Steak and Chicken Dinners
Phone 24-F-2 Grants Pass
Mac and Anne Closed Fridays

SUBURBAN HEIGHTS By GLUYAS WILLIAMS

Would Ban Corn Use By Whiskey Makers

Washington, Dec. 4 — (U.P.) — Rep. John Coffee, D., Wash., today asked Secretary of Agriculture Clinton P. Anderson to ban use of corn in whiskey-making for three to six months in order to increase production of corn sugar.

"It seems to me that it is more important to solve the current sugar shortage now than to worry about the whiskey shortage several years hence," Coffee said in a letter to Anderson.

Chalker's Motel & Lodge
OFFICERS' CLUB
Dine-Dance-Refreshments
Chicken and Steak Dinners
Most Unique Place in So. Ore.
CLOSED MONDAYS
Thursdays Private Parties Only
For Reservations Ph. Gold Hill 474

ZERO CLUB
Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p. m. to 3:00 a. m. except Sunday. Phone day time 5300; night 9101

ROGUE RIVER LODGE
Delicious Dinners
Cocktail Lounge — Dancing
Open Every Night
Except Tuesdays
Phone Frau 1404

STRANGE AS IT SEEMS By ERNEST HIX

DO YOU KNOW?

That car and truck production line tie-ups now will be felt in nearly every home across the nation due to the many industries associated with automotive production.

ROGUE RIVER CHEVROLET

Crossword Puzzle

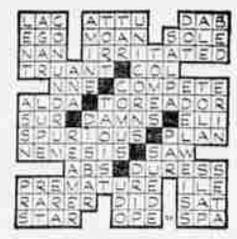
ACROSS

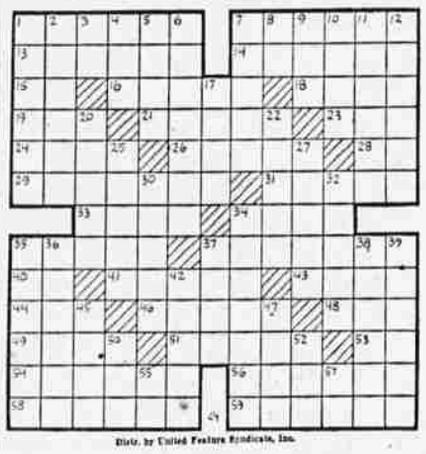
1—Affront
7—Persian settler in India
13—Wise teacher
14—Detain in port
15—Greek letter
16—Prepares for publication
18—Slap
19—Took food
21—Heroic poems
22—Socialist Soviet Republic (abbr.)
24—Pipe joints
26—Root used as food
28—Engineering degree
29—Missions
31—Pocketbook
33—Wading bird
34—Knot
35—At that point
37—Boatmen
40—Sun god
41—Flair
43—Kind of cheese
44—Kind
46—Southeast wind
48—Health resort
49—Scheme
51—Derisive expression
53—Transitive (abbr.)
54—Chinese tea
56—Trap for eels
58—Pigs
59—Peepers

DOWN

1—Inhabitant of asylum
2—Sexless
3—Steamship (abbr.)
4—Plains Indian
5—Vein of metal
6—Three-legged stands
7—Fish (comb. form)
8—Indefinite article
9—Rights (abbr.)
10—Stitches
11—Wipes out
12—Dinner course
17—Containers
20—Spooky
22—Deep sleep
25—Cavalry sword
27—Prod
30—Female relative
32—Tall grasses
34—Characteristics
35—Honor exam at Cambridge
36—Consecrate
37—Nude
38—Kind of hawk
39—Stings
42—Breathing organs
45—Glasswort
47—Pace
50—Prefix: not
52—Wily
55—Compass point
57—Hebrew letter

ANSWER TO PREVIOUS PUZZLE





Distr. by United Feature Syndicate, Inc.

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER

BLONDIE

L'IL ABNER

THE NEBBS