

Your Health and It's Care

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THE FUNCTION OF THE TONSILS

The ordinary visible tonsils (faucial) and the tonsil in the roof of the pharynx out of direct sight behind the soft palate (adenoid body or "adenoids") are composed of lymphoid tissue. This is a soft fine meshed network filled with small round cells. Virtually identical lymphoid or adenoid tissue composes the lymph nodes or "glands" throughout the body—for instance the "kernels" one can feel in the neck or under the jaw when the nodes are inflamed—and also the red bone marrow and that mysterious organ in the upper left region of the abdomen, the spleen.

Because of the similarity in the structure of all these organs or tissues physiologists and physicians believe they all contribute more or less to (1) the manufacture or development of red and white blood corpuscles and (2) the protection of the body against bacterial infections.

The faucial and pharyngeal tonsils are subject to frequent and striking swelling or enlargement as a feature of a consequent of repeated cri in childhood. Cri (kree) being a coined term to indicate any acute respiratory infection if you do not know whether it will prove to be, say, simple acute sore throat (pharyngitis) or coryza (acute nasal "catarrh") or measles or scarlet fever or whatnot—and you never do know in the early stage when any such infection is most likely to spread to other persons.

This swelling or enlargement of tonsils and "adenoids" is generally a temporary condition. If a doctor happens to examine the child shortly after the child has had such an infection or repeated infections, he will find the tonsils large and the pharyngeal tonsil (adenoid body) too. Too often such finding has led to an operation to remove the "enlarged" tonsils and adenoid "growths". But if the doctor is not so eager to operate and keeps the child under observation for a season, subsequent examination will generally show that the tonsils have spontaneously shrunk to their ordinary size, provided the child has not contracted any further cri.

Now I hope no one will infer that I say tonsils should never be removed. If the patient has constant obstruction of breathing, constant mouth breathing and constant tossing and changing position and snoring and choking at night in the struggle for air, removal of the enlarged tonsils is necessary to give the child a chance to grow and develop normally.

If the patient is constantly hard of hearing or has recurring ear-aches or middle ear inflammation, the tonsils and particularly the adenoids must be shrunk by X-ray treatments or removed by operation.

Children under six are seldom sufficiently co-operative to make electro-coagulation (diathermy) treatment of enlarged tonsils possible. If the patient can or will co-operate with the physician, this method, in my opinion, is always the method of choice for the treatment of simply enlarged tonsils or infected tonsils in persons of any age. That is, provided the physician is skilled in diathermy technique.

QUESTIONS & ANSWERS
Contact Lenses
Do you recommend or disapprove of contact lenses worn in place of glasses? (Mrs. A. K.)
Answer—It would be an impediment to my career. Of course one can wear them for a few hours only.
Business Before Pleasure
I read your column before the funnies. If we have to give up either we can do without the funnies, preferably. I am interested in a recent

FOR GOOD HEALTH!
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Marine Thriller At Craterian



A thrilling scene from "Pride of the Marines," starring John Garfield, Eleanor Parker and Dane Clark. The story is based on the adventures of Marine Hero Al. Schmid and is now showing at the Craterian.

Cagney Hit Coming



James Cagney as a hard-hitting reporter and Sylvia Sydney as a seductive Oriental beauty, match wits in the exciting "Blood On The Sun," opening tomorrow at the Holly theatre for a one-week engagement.

for meat, fats and sugar were to have been forwarded to the district office by Monday, Nov. 26, and after that date all petitions for adjustments, notifications as to transfer and sale of business and opening of new retail establishments will be handled by the food rationing division in the Portland office.

"THAT GIRL" BURIED
Stillwater, Minn., Nov. 28—(U.P.)—"That girl" of Ernie Pyle's lay at rest in a snow-covered Afton cemetery today. Mrs. Geraldine Siebolds Pyle, 44-year-old widow of the late war

346 GOLD HILL X-RAY PICTURES

The mobile X-ray unit's first day in Jackson county was a big one. Reports from Gold Hill last night revealed that 346 persons were X-rayed and a number turned away since 300 pictures a day constitute a heavy schedule. Undaunted by heavy rains, which continued throughout the day, the 300 people registered, appeared, and many extra people since appointments were not necessary. The time however would not permit the Oregon Tuberculosis association staff to care for all who wanted chest X-rays in the one day allotted to Gold Hill.

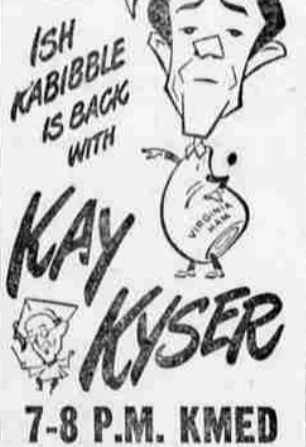
The unit continued to Central Point today, where the program is in charge of Mrs. John Clark, who is being assisted by Mrs. Merl Obenchain.

FOOD RATION HANDLED THRU PORTLAND NOW

With the removal of rationing from meats and fats, leaving only sugar, it has been announced that in the future all rationing records and transactions will be handled through the Portland district office and that a food clerk will be dispensed with in the local office.

A release from Portland states that all wholesale and retail files

FIRST VERSE:
KYSER HAS A LITTLE HAM
FUNNY AS CAN BE!
SECOND VERSE:
NOW HE'S BACK FROM ARMY LIFE!
GOOD GOSH! THE HAM IS ME!



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SKATING PARTIES by SPECIAL ARRANGEMENT

SUBURBAN HEIGHTS By GUYAS WILLIAMS
Cloning time for Sunday Too Late
to Clarity 4:00 Saturday afternoon
Please remember
When a cold strikes with those common symptoms you get out, rub Penetro on throat, chest and back. (1) Eases chest muscle soreness, looosens phlegm (2) Relaxes nerves at nerve ends in the skin. (3) Prevents sneezing, coughing, seasickness. Vapers help you breathe easier. Penetro acts fast. For it's Grandma's famous rhotin must idea made better with modern medication. 20c double supply 35c. Your family will go for Penetro, especially the children. So always be sure to get Penetro.

correspondent was buried 12 miles from here yesterday after a simple ceremony attended only by members of the immediate family and a few close friends.

DANCE TONIGHT
DON SIGLOW BAND
Returning by popular request with our favorite singer—Larry
Take-It-Easy Lodge
Famous for Steak and Chicken Dinners
Phone 24-F-2 Grants Pass
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STRANGE AS IT SEEMS By ERNEST HIX



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BARNEY GOOGLE and SNUFFY SMITH



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DO YOU KNOW?
Hundreds of thousands, yes, millions of new car buyers must wait longer for their new cars because the wheels of industry have been blocked at a CRITICAL time.
ROGUE RIVER CHEVROLET

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE
ACROSS
1—Wires
6—Man-like
11—Turns aside
12—Decorate
14—Mail steamer
15—Builds
16—Lack of humor
17—Drinks
19—Block tax
20—Period of fasting
21—Custodian
23—Hockey craze
24—Fuss
25—Leaky weight
27—Human
28—Back
30—Go to market
32—Arrow
33—Display sign
34—Slapdash jump
35—Let it stand
40—Danish money of account
41—Less
43—Black liquid
44—Lactate
45—Death
46—Betroths income
48—Traps
50—Paces
51—Lock of hair
DOWN
1—Part. to Pope
2—Escapes
3—Not long ago
4—Annoy
5—Let it stand
6—Belonging to her
7—Western Indian of Shoshonean tribe
8—One millionth of meter
9—Changes
10—Comes to rest
11—Sign at the crossroads
13—Tail grass
14—Traced
15—Greek mentioned by Shakespeare
16—Strike
17—Child
18—Calm
19—Stays away
20—Prohibit
21—Go back
24—Naps
25—Prober
26—Cousins
27—Faully shells
28—Machines to print paper
29—Cuts hay
40—Dispatched
41—Pity saying
42—Spool

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