Your Health and It's Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

THE NEXT GENERATION

Dr. Brady

Readers of this column are aware that the conductor is (1) bitterly prejudiced against alcohol as liquor or beverage and (2) believes it should be available only by prescription of a reputable physician and (3) advises elderly persons (no specific chronological age) to take some beer, ale or wine regularly every day in order to make life easier to live and themselves easier to live with.

What worries me nowadays is not whether a person should take any ale or wine at sixty or seventy, but what is happening to the next generation, in the damnable "cocktail" spots that have apparently crowded out the saloons or bar-rooms of the old days. If you ask me, a cocktail joiatis several degrees lower in every respect than was saloon or bar-room of the gay nineties or even the wicked nineteen 'teens. These nauseating places are shrewdly calculated to facilitate the practice of those degenerate adults who take pleasure in persuading youths of low I. Q. to indulge in a little drink.

The psychologists estimate that 30 per cent of the population have low I. Q. A man or woman with the intelligence of a 12-year-old child may be a useful, honest, happy citizen, successful in business, a fond and admirable parent, a loyal friend—if he or she gets a fair deal. But an individual of deficient mental development has little chance of amounting to anything if he or she is handicapped in youth with alcohol.

Not all of these young people who begin drinking in youth or early adult life become addicts. Through fortunate circumstances some of them are able to stop indulging before the habit or the craving or the feeling of need for a drink becomes fixed. Even so, there can be no question that they suffer from what drinking they have done. I mean their physical, mental and moral health cannot fail to be damaged. In talks to follow I shall endeavor to show just how the physical and mental health or efficiency is injured or lowered by alcohol. I'll leave the moral effects to parents, teachers and spiritual advisers.

QUESTIONS & ANSWERS

Children Must Not Fool With Diet

Please send me your pamphlet "How to Lose Weight." I am fifteen years old and I am twelve pounds overweight. (D. W.)

Answer—It is dangerous to attempt to reduce weight of a child under eighteen. That is a serious problem and it requires the careful supervision of your physician. I am glad to send the pamphlet to any reader over eighteen who asks for it in writing (do not use a clipping) and incloses a stamped self addressed envelope.

Stampede the Doctors

I want just the kind of doctor you described in the article "Practice Limited to Prophylaxis". I'm not six but sixty, and I'm willing to pay such a doctor $5 for a complete physical examination. (H. H. L.)

Answer—Believe me, I've seen the time when I'd come a running . . . but I'm agraid $5 will not buy such an examination today.

Hair Not Growing

My hair hasn't grown in five years—it stays the same length. Have had some thyroid trouble. Could that be the cause? (E. C. H.)

Answer—Thyroid deficiency or inactivity might account for it. Send ten cents and stamped self addressed envelope for booklet "The Hair and Scalp."

N. B.

My son had a nervous breakdown and as a result has been drinking heavily in recent months. I inclose herewith ten cents and stamped self addressed envelope for your booklet on Dipsomania. Will be grateful for your advice. (A. W. E.)

Answer—Whatever nervous breakdown may be. Let's waive the explanation for the drinking and take prompt steps to get in touch with a local group of Alcoholics Anonymous, by letter or possibly by telephone if they are in your telephone directory.

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9:00—Wm. Lang
10:00—Glenn Hardy
11:00—Cedric Foster
12:00—Don Lee
2:00—Don Lee
3:00—Griffin Reporting
4:00—Fulton Lewis Jr.
4:15—Rex Miller
5:00—Sam Hayes
5:45—Night News Wire
6:00—Gabriel Heatter

FEATURES

8:30—Take It Easy
9:15—Morton Downey
10:15—Something To Talk About
11:30—Queen For A Day
1:15—Johnson Family
5:15—Superman
5:30—Tom Mix

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On the Radio Chain

STATIONS

Chain affiliation and where they are on the dial.

KALE (MBS) 1330; Portland KEX (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KGW (NBC) 620, Portland; KJR (ABC) 1000, Seattle; KNX (CBS) 1070, Los Angeles; KOA (NBC) 830, Denver; KOIN (CBS) 970, Portland; KOMO (NBC) 950, Seattle; KPO (NBC) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time Shown is PST

Sunday

5:00 p.m. Charlie McCarthy, NBC; Mediation Board, MBS; Sunday Evening Hour, ABC; Beulah, CBS.
5:30 p. m. Fred Allen, NBC; TBA, CBS.
5:45 p.m. Gabriel Heatter, MBS.
5:55 p.m. News, CBS.
6:00 p.m. Merry-Go-Round, NBC; Walter Winchell, ABC; Request Performance, CBS; Human Adventure, MBS.
6:15 p.m. Louella Parsons, ABC.
6:30 p.m. Star Theater, CBS; American Album of Familiar Music, NBC; Double or Nothing, MBS; Hollywood Mystery Time, ABC.
6:45 p.m. Jimmy Fidler, ABC.
7:00 p.m. Theater Guild, ABC; Hour of Charm, NBC; Take It or Leave It, CBS.
7:15 p. m. Mutual Victory Hour, MBS.
7:30 p.m. Baby Snooks, CBS; Meet Mr. at Parky's, NBC; What's the Name of That Song, MBS.
8:00 p.m. Crime Doctor, CBS; Great Gildersleeve, NBC; Song Time, ABC.
8:25 p.m. Song of the Week, CBS.
8:30 p.m. Symphony Hour, NBC; Quiz Kids, ABC; Blondie, CBS.
9:00 p.m. Adventures of the Thin Man, CBS.
9:15 p.m. Rex Miller, MBS.
9:30 p.m. Jack Benny, NBC; Playhouse Favorites, CBS; Orch., ABC; Jimmy Fidler, MBS.
10:00 p.m. News, NBC; In Focus, ABC; So You Think You Know Music, MBS.
10:15 p.m. Mary Ann Mercer, NBC.
10:30 p.m. Tommy Dorsey Show, NBC; Trans-Atlantic Call, CBS.
10:45 p.m. Chet Stewart Orch., MBS.
11:00 p.m. News ABC; Music in the Night, NBC; Orchestra, CBS.

Monday

5:00 p.m. O. K. For Release, NBC; Terry and Pirates, ABC; News, MBS; Knox Manning, CBS.
5:15 p.m. Dick Tracy, ABC; Superman, MBS; Betty and Bob, NBC.
5:30 p.m. Voice of Firestone, NBC; News, CBS; Jack Armstrong, ABC; Captain Midnight, MBS.
5:45 p.m. News, CBS; Tom Mix, MBS.
6:00 p.m. Memo to America, ABC; Hoagy Carmichael, NBC; Radio Theater, CBS; Gabriel Heatter, MBS.
6:30 p.m. Information Please, NBC; Spotlight Bands, MBS; Pacific Serenade, ABC.
7:00 p.m. Screen Guild Players, CBS; Contented Hour, NBC; Radio Auction Gallery, MBS.
7:15 p.m. Lowell Thomas, MBS.
7:30 p.m. Dr. I. Q., NBC; Thanks to the Yanks, CBS; Lone Ranger, MBS; Re-Union USA, ABC.
8:00 p.m. Supper Club, NBC; Lum and Abner, ABC; Michael Shayne, MBS; Jack Kirkwood Show, CBS.
8:15 p.m. Jack Smith Show, CBS; Fleetwood Lawton, NBC; Hedda Hopper, ABC.
8:30 p.m. Calvacade Theater, NBC; Hawthorne House, ABC; Joan Davis, CBS.
9:00 p.m. News, MBS; The Whistler, CBS; Telephone Hour, NBC.
9:15 p.m. Rex Miller, MBS.
9:30 p.m. Vox Pop, CBS; Green Hornett, ABC.
9:45 p.m. Lee Sims Pianist, NBC.
10:00 p.m. Fulton Lewis, NBC; Charlie Chan, ABC.
10:15 p.m. Sherlock Holmes, MBS; Songs by Mary Ann, NBC.
10:30 p.m. Sweetheart Swingtime, NBC; Orch., CBS.
11:00 p.m. News, ABC; Orch., NBC; Serenade, CBS.

Vets Ask Union To Free Lumber

Portland, Ore., Nov. 23—(U.P.)—The Northwestern Council of Lumber and Sawmill Workers, AFL, received an appeal today from 25 veterans, asking the union to release material so work can be finished on their partly completed homes.

In their petition to the striking AFL lumber chiefs, the veterans asked the northwestern council to designate yards where material could be bought, pointing out that all of the petition's signers have served on foreign soil and have expected to have homes under the G-I bill of rights.

Yamashita Charges His Trial Illegal

Manila, Nov. 23—(U.P.)—The defense for Gen. Tomoyuki Yamashita charged today that Gen. Douglas MacArthur had "taken the law into his own hands" and asked the Philippines supreme court to free the defendant on the grounds that he was being tried illegally.

An application for a writ of habeas corpus to release Yamashita was presented at the court's first session by Lt. Col. Walter C. Hendrix, Atlanta, Ga., of defense counsel.

Use Mail Tribune Want Ads.

Two portions of a chain of mountains in Kentucky are connected by Natural Bridge, in Wolfe county. The bridge spans a chasm 60 feet wide and 40 feet high.

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Night Soliloquy . . Kent Kennan
Rosenkavalier Suite . Strauss
Symphony No. 1: 1st Movement . Brahms

Program subject to possible change

Sunday 8:30 P.M.

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REPUBLICAN WOMEN WILL MEET MONDAY

A meeting of the Council of Oregon Republican Women will be held at the Holland Hotel, Monday, November 26, at 1:30 p. m.

The council urges all Republican women to attend and bring their friends.

Closing time for Sunday Too Late to Classify 4:00 Saturday afternoon. Please remember.

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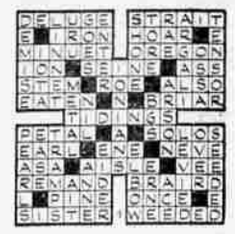

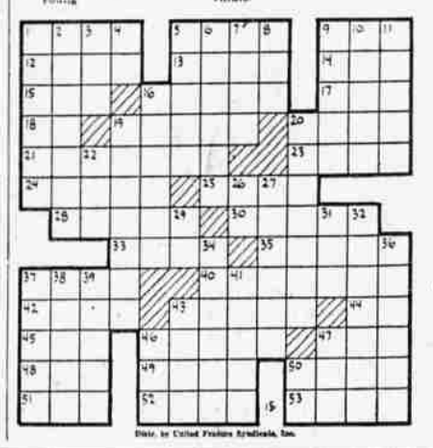

ACROSS

1—Inclined plane
5—Uncooked
9—Parachute cord
12—Ripens
13—German river
14—Girl's name
15—Hole
16—Viper
17—Noise
18—Form of "in"
19—Smoke (Scot.)
20—Noun suffix
21—Manner of speaking
23—The Eternal City
24—Cubic meter
25—Accomplished
26—Brings forth young
30—Ship used in Mediterranean
33—Egyptian goddess
35—Smooth
37—Rave wildly
40—To the side
42—Extinct wild ox
43—Songs
44—Compass point
45—Conducted
46—Distinguishing taste
47—Farthest point
48—England (abbr.)
49—Baking chamber
50—Confined
51—Sail yard (Scot.)
52—English duneland
53—Shakespearean villain

DOWN

1—Swift parts of river
2—Dexterity
3—Joined
4—Postscript (abbr.)
5—Cowboy carnival
6—Number added to another
7—Fume
8—Stray
9—Wireless
10—Figure of speech
11—Wicker basket
16—City in France shelled in 1918
19—Narrow waterways
20—Triples
22—A letter
26—Beast of burden
27—Wise counsellor of Greece
29—Yes (Sp.)
31—Before (poet.)
32—Stopping
34—Untidy person
36—Habitual thief (slang)
37—King
38—Sphere of action
39—Prod
41—Solitary
43—Hoard
46—Turf
47—Beverage
50—3.1416

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