

# ARMED SERVICES DISCHARGE MANY FROM THIS AREA

Among those recently given honorable discharges from the armed forces are Pfc. Cecil R. Welburn, box 207, and T/3 Clyde J. Perdue, box 169, both of Talent; Dean M. Lay, MM2/c, route 1, box 97, Sgt. Adrian L. Wigley, box 137, and Deward O. Waelty, sonarman 3/c, all of Central Point; Joseph I. Eller, Jr., SK 1/c, Star route 2, box 52, Pfc. Simon D. Johnson, box 66, both of Jacksonville; Pvt. George R. Engel, 276 Van Ness avenue, T/Sgt. John H. Miller, route 1, box 515, Sgt. Charles W. Cramer, 84 Dewey street, T/5 Merle M. Henson, 167 Mountain avenue, Cpl. Dale R. Froreich, 108 Pioneer street, Sgt. Dalton G. Speece, 107 Fourth street, and Kenneth W. Bell, Y 2/c, all of Ashland.

Pvt. Ethmer H. Boen, box 482, S/Sgt. John R. Mackey, route 1, T/5 Warren W. Rowlett, and Cpl. Arden C. Van Doren, box 212, all of Gold Hill; T/Sgt. Lyle A. Smith, box 686, Engle Point; Pfc. Charles L. Godfrey, route 1, box 101, Murphy; T/4 Calvin J. Chancelor, route 1, box 36, and Pfc. Cecil S. Hardin, route 1, box 195, both of Rogue River; Pfc. Bernard I. Governor, Trail; and Pfc. Fred E. Reed, route 3, box 238; T/5 Olan H. Sneed, 15 Barnegate Road; S/Sgt. Lyle E. Jarman, 14 North Bartlett street; S/Sgt. Alonzo E. Alexander, 814 West Eighth street; S/Sgt. Edward J. Stoll, box 1373; Cpl. William H. Milhoan, 122 Almond street; T/Sgt. Floyd C. West, box 1331; T/Sgt. Lester L. Igo, route 1, box 125; Pfc. James H. Sudbury, 1103 North Riverside avenue; Pfc. Roy L. Howe, 210 Vancouver avenue; S/Sgt. Robert L. Glather, 26 Newtown street; S/Sgt. Robert D. Pearson, 30 N. Front St.; Pfc. James F. Harris, route 1, box 454; Pfc. William D. Wood, 329 North Bartlett street; T/5 Elmer S. Jenkins, route 1, box 31; T/5 Lloyd L. Romine, route 2, box 396A; Pfc. Steven J. Dodge, 519 King street; T/5 Kenneth B. Thomas, route 2, box 319B; S/Sgt. Nile W. Christeson; Donald A. Gold, AR 3/c, route 3, box 26.

Glenn E. Wright, S 1/c, 1414 Euclid avenue; Cpl. Robert E. Lee, 103 North Central avenue; Robert F. Girard, B 1/c, 518 North Riverside; LeRoy W. Tye, painter third class, Coleman Creek; Robert D. Wild, PHM 1/c; Capt. Jack M. Hartley, 59 Rose avenue; T/5 Marion G. Thomas, route 4, box 32; Pfc. John E. Setchell, route 1, box 423; Cpl. Frank M. Robertson, 625 South Holly street; Richard E. Dale, Jr., ARM 2/c, 333 East Jackson street; Haskell D. Holt, S 1/c; William C. Sanderson, Cox, 816 West Second street; and Clyde C. Taylor, metalsmith 1/c, 112 Mistletoe street, all of Medford.

**CANNING SUGAR COUPON INVALID AFTER NOV. 30**  
Housewives who still have unused "special sugar coupons" for purchase of home canning sugar should use them before Nov. 30 since they will be invalid after that date it was announced today by the district OPA office at Portland. Consumers must sign the coupons with name and number of ration book 4 before presenting them to dealers.  
Increased maximum prices for mince meat at the retail level of two cents a pound was also announced by W. H. McCargar, district OPA food price specialist.

Victory Bond savings are a good way to build up a cash surplus so that you can buy the things you want when the fear of inflation has passed.

**"Will We Know And Be Known In Heaven"**

- How will we recognize small children?
- Will our heavenly body resemble our earthly body?
- If physical features are changed how shall we recognize our loved ones?

Tonight—7:30 p. m.  
Evang. M. L. Davidson  
of Houston, Texas

At  
Assembly of God Church  
11 Newtown St.  
G. O. Baker, Pastor

**MEDFORD NEON CO.**  
SIGNS AND SERVICE  
Personally supervised by  
RALPH ELLIS  
327 Putnam Phone 3276

## Your Health and It's Care

By DR. WILLIAM BRADY, M.D.  
Readers should address inquiries to: Dr. William Brady,  
265 El Camino Beverly Hills, Calif.

**THE POWER OF MEMORY**  
Anoxia, oxygen deficiency, insufficient oxygen supply to the functioning cells of the bodily organs and tissues, is the most frequent immediate cause of impairment of the power of memory.



Dr. Brady

Anoxia occurs in various circumstances. It is the explanation for the unpleasant symptoms of mountain sickness, air sickness, the nausea, vomiting, headache, sometimes diarrhea and always great depression that one is likely to suffer some hours or maybe the day after one has arrived at the high altitude.

Anoxia is the explanation for the symptoms of carbon monoxide gassing or exposure to air slightly polluted with carbon monoxide from any source.

These are well known scientific facts. Excluding altogether the familiar instances of failing memory in grave or prolonged illness and in advancing senile decline, the direct cause of a noticeable decline in the power of memory in most cases among people who are not seriously ill is in my opinion anoxia.

We can determine by precise measurement of the blood whether a patient has anoxia from carbon monoxide. But we have no test sufficiently accurate to determine whether a patient has an oxygen deficit in blood or tissues from say feeble or shallow breathing or from poor circulation and failure of the blood to carry sufficient oxygen to the tissues and cells.

So I advance the hypothesis that the bad habit of costal or chest breathing which most of us have acquired through bad education, plus the sedentary inactive life we lead most of the time, keeps us close to the borderline of anoxia or oxygen deficit and hence subject to frequent failure of memory.

Haldane and Priestley in their book "Respiration" (Yale University Press, '35) say:

"As the slow onset of anoxemia (oxygen deficit in the blood) advances, the senses and intellect become dulled without the person being aware of it."

That's a fact to be remembered when dealing with a seriously sick or aging person—such patients often say or do odd or irrational things because their power of judgment is impaired as much or perhaps more than their power of memory. This is difficulty that arises in the making of wills and other dispositions.

"The power of memory is affected early, and is finally almost annihilated, so that persons who have apparently never lost consciousness can nevertheless remember nothing of what has occurred..."

I believe regular practice of belly breathing as described in "How to Breathe" (for copy send 25 cts. and stamped self addressed envelope) improves the memory by improving circulation and preventing anoxia.

**QUESTIONS & ANSWERS**  
Recurrent Is Not Chronic  
Diagnose with your statement that there is no such thing as chronic appendicitis. I had it for six months, finally had a severe attack, had my appendix out, and have been all right since. (E. McA.)

**Answer**—From your description it seems likely that you had one or more attacks of acute appendicitis before you finally submitted to operation.

**Calcium Carbonate**  
Is calcium carbonate taken as an antacid assimilated? (Mrs. A. R.)

**TEACHER**

**BLUE BELL POTATO CHIPS**

Blue Bell Potato Chips—nourishing food that children like to eat. Youngsters say they're "in the groove" for school lunches. Mothers know they are high energy food. So good because "they're Sabinized"

**BLUE BELL POTATO CHIPS**  
they're Sabinized

## Summons For Publication IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.

HENRY O. CHILDRETH and EMMA CHILDRETH, husband and wife, Plaintiffs, vs. J. R. ZIMWALT, also known as J. R. ZIMWALT, and MABEL ZIMWALT, also known as MABEL ZUMWALT, husband and wife; FRANK F. SWEET and LENA SWEET, husband and wife; D. E. WATSON and EVA WATSON, husband and wife; HARRY MARKLE and ADA MARKLE, husband and wife; CHARLEY MARKLE and MAUDE MARKLE, husband and wife; THOMAS H. MARKLE and FLORENCE E. MARKLE, husband and wife; D. W. BALLARD and MARY E. BALLARD, husband and wife; GEORGE EMMETT MARKLE, also known as EMMETT MARKLE, single; BEN VIMONT and ANNA MARKLE VIMONT, husband and wife; each and all of the above named defendants; also, all other parties unknown claiming any right, title, estate, lien or interest in the real estate described in the complaint herein, Defendants.

TO EACH AND ALL OF THE ABOVE DEFENDANTS: IN THE NAME OF THE STATE OF OREGON, You and each of you are hereby required to appear and answer the amended complaint filed against you in the above entitled suit on or before the last day of four weeks from the date of the first publication of this summons, and, if you fail so to appear and answer said amended complaint, for want thereof, the plaintiffs will apply to the Court for the relief demanded in their amended complaint, succinctly stated as follows, to-wit:

That each and all of the defendants herein be required to fully set forth any and all right, title, estate, lien, claim or interest whatsoever that they, or any of them, may have, or claim, in, to, or upon the real property described in the amended complaint herein, or any part or parcel thereof, which said real property is situated in Jackson County, Oregon, and more particularly described as follows, to-wit:

Beginning at the Section corner common to Sections 11, 12, 13 and 14 in Township 37 South, Range 2 West, Willamette Meridian in Jackson County, Oregon, and running thence North 394.6 feet, thence East 418.9 feet; thence North 519.93 feet to center of County Road; thence East 20 feet; thence South 94.53 feet along the west line of Donation Land Claim No. 59, same township and Range; thence West 439.9 feet to the place of beginning, containing 4 acres, more or less.

That each and all of the claims that may be made on the part of any or all of said defendants herein, in or to said real property herein described, or any part thereof, be adjudged and declared to be null and void; that the plaintiffs herein be decreed to be the owners, in fee simple, of said real property, free and clear of any right or claim whatsoever on the part of said defendants, or any of them.

That each and all of the defendants herein, and each and all persons claiming, or to claim, by, through or under them, or any of them, be forever enjoined, restrained and barred from asserting, attempting to establish, or claiming, any right, title, estate, lien, or interest whatsoever in, to, or upon said

**How About a NEW TOASTER?**

Need one? Used fats are needed in making toasters, irons, fabrics and many other scarce items... as well as soaps.

**TURN IN YOUR USED FATS!**

## NOTICE OF FILING FINAL ACCOUNT

In the County Court of the State of Oregon, for the County of Jackson. In the Matter of the Estate of ISSIE McCULLY, deceased. NOTICE IS HEREBY GIVEN that the undersigned has filed his final account and report in the above entitled estate and that by order of the County Court in and for Jackson County, Oregon, a hearing upon the same has been set for Friday, the 23rd day of November, 1945, in the County Court Room at the hour of ten o'clock, A. M.

All persons having objections thereto are hereby notified to present the same on or before said time. Date of first publication of this notice is October 23, 1945. EUGENE THORNDIKE, Executor of the Estate of ISSIE McCULLY, deceased. GEORGE M. ROBERTS, Attorney for Executor.

## NOTICE IN THE COUNTY COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.

IN THE MATTER OF THE ESTATE OF GENEVIEVE SMALLEY, Deceased. Notice is hereby given that the undersigned, administrator in the above entitled matter, has filed herein his Final Report and Account and that Saturday, December 15, 1945, at 10 o'clock

a. m. at the courthouse in the city of Medford, in said county, has been fixed by the above named court as the time and place for hearing objections to said final account and for the examination and allowance thereof. Dated: November 13, 1945. OTTO J. FROHNMAYER, Administrator. NEFF & FROHNMAYER, Attorneys for Administrator.

## NOTICE TO CREDITORS

Notice is hereby given that I have been appointed by the County Court of Jackson County, Oregon, Administrator of the estate of Raymond E. Miller, deceased, and have qualified. All persons having claims against said estate are hereby notified to present them, with vouchers, and duly verified by me at the office of Harry Skyrman, Attorney for estate, at Room 409, Medford Center Building, in Medford, Oregon, within six months from the date of this notice.

Dated and first published November 20th, 1945. EDWARD G. MILLER, Administrator. Harry C. Skyrman, Attorney for Administrator.

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## A Bowlful of Health for your children's lunch!

One tin of soup, plus one tin of milk or water makes four portions delicious soup.

# Heinz Condensed Cream of Tomato Soup

A rich concentrate of "Aristocrat" tomatoes and thick pure cream!

Try It As A Sauce Base for meatloaf, spaghetti, eggs, seafood. Thick, rich and zesty. There's no better sauce!

Your car needs this

# NEW WAR BORN MOTOR OIL

Like oxidized putty—oxidized oil is no good

From wartime research comes a new Golden Shell with oxidation inhibitor

If YOU COULD SEE the inside of your engine, you'd know why it's important for a motor oil to resist oxidation. You'd see hard-working, close-fitting moving surfaces with clearances considerably less than a hair's breadth. Yet between those almost-touching surfaces you'd discover a thin, protective film of oil.

Or perhaps you wouldn't. Perhaps you'd see, instead, a thick, gummy substance on the oil screen. That would be sludge... the result of oxidation. Sludge that prevents sufficient oil from getting into places it's needed. Sludge that is the first step toward lubrication failure and a big repair bill.

To retard sludge formation in new Golden Shell Motor Oil, a war-born ingredient is added during manufacture... an oxidation inhibitor. It is the reason for Golden Shell's resistance to sludge... the reason this motor oil stays full-bodied and free-flowing from one oil drain to the next. Your car needs it. Change over today. Shell Oil Company, Incorporated.

SHELL CREDIT CARDS ARE BACK. Honored at all Shell stations in United States and Canada. Apply for yours at any Shell office or service station.

# Golden Shell

WITH OXIDATION INHIBITOR

# MOTOR OIL... 25¢ PER QUART

TAX EXTRA