

Your Health and It's Care

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DEFECTIVES TAKE TO DRINK

A defective, says Webster, is a person who is lacking physically or mentally.



"At times," a dipsomaniac tells me (dipsomaniac is a person affected with dipsomania, a morbid and uncontrollable craving, often periodic, for alcoholic beverage or liquor), "at times I drink to excess because I feel the need of a stimulant or rather I just want to feel better."

What the young person means by that seems impossible for him or her to put in other words. But I, Brady, interpret it as the young person's recognition of or her own inferiority, physical or mental or both.

A complex, good old Webster explains, is a "system of desires and memories, especially repressed and unconscious ones, which in disguised form exerts a dominating influence upon the personality."

The child participating vicariously in the heroic exploits of the fantastic characters of radio and the press, evades or scorns to take part in the comparatively dull play and other normal activities of childhood. In consequence the child does not develop as vigorous or healthy a physique as he or she might develop if he or she received a better education. As the child gets on into the teens he or she becomes increasingly conscious of inferiority or of something lacking, something he or she cannot help noticing that other young people have.

From this observation the young person acquires an inferiority complex. That is not so serious in itself. Heck, most of us have 'em, haven't we? It is not so serious but it is dangerous, more dangerous for a youngster today than it was when you and I were kids, I believe. It is dangerous if the child hasn't the help of a pledge against the use of alcohol or tobacco before twenty-one, for such a young person exposed to the present-day cocktail atmosphere inevitably gets the impression that it is the smart, the regular, the conventional thing to drink with the crowd.

The extraordinary frank reason the dipsomaniac assigns for drinking—"because I feel the need of a stimulant or rather I just want to feel better"—probably explains why a good many people cultivate the habit, once they have been induced to take that first drink.

It is one way of expressing it, although of course, it is not a stimulant the defective needs or wants. Nor does he or she want to feel better. What the defective wants is a narcotic, something that will make him or her for a brief period less conscious of inferiority physically, mentally, or otherwise, to people with whom he or she associates or would like to associate.

That the defective gets in alcohol. The primary effect of alcohol, say the quantity in a glass of beer, wine, a cocktail or almost any drink or round of drinks, is narcotic—that is to say it depresses the brain or nerve centers that control the higher faculties or senses. Thus the defective who, in his or her normal condition, is at least aware of his or her own inferiority, under the narcotic influence of a drink becomes less aware or unaware of it and for the time feels and behaves as though he or she were at least the equal of anybody present.

Alcohol is not so strongly narcotic as opium or cocaine, of course, but the desire for it is similar to the craving for dope

QUESTIONS & ANSWERS
Gall Bladder Trouble
We are grateful for your line booklet "So You Have Indigestion". My husband has had very little pain from his gall bladder trouble since he followed the non-surgical drainage treatment you suggest. (Mrs. B.J.L.)
Answer—Physicians with large experience estimate that 40 per cent of cases of chronic "stomach trouble" or "indigestion" are of this nature. Send ten cents and stamped envelope bearing your address, for booklet "So You Have Indigestion?" (Copyright 1945 by John F. Dille Co.)

Jacksonville

Jacksonville, Nov. 19—Irvin, Leroy, and Leon Boyd of Jacksonville are back to stay. Irvin will be discharged in about two weeks. Leroy was recently discharged from the army after being stationed in Alaska, Norway and North Africa. He has seen about four and one-half years of service. Leon is now recovering from injuries received in an automobile accident in Klamath Falls about three months ago.

Albert R. Santo, chief store keeper, has just returned from Okinawa on a 50 day leave. He is spending his time with his wife from Los Angeles, Mr. and Mrs. Santo of Medford, and Mr.

and Mrs. Lind of Jacksonville. The second edition of the Jacksonville press rolled off the press last week. The people are grateful for a swell paper. Jacksonville will also have a motion picture theater as soon as the machinery arrives. A feed store is also planned here.

The clothing store located on Main street, next to the Miners Cafe, features a fine line of men's ware and plans soon to carry women's wear also. Jacksonville was well represented in the Armistice Day parade at Medford. The Chamber of Commerce had a large burro with miners equipment. Three miners guided the burro. Next dance sponsored by Jacksonville I.O.O.F. will be a hard time affair Saturday, Nov. 24. The lodge held initiation Friday.

Ruth Rebecca Lodge was well represented at the annual Rebekah assembly in Ashland Nov. 13. They will vote on officers tonight. The housing situation here is bad with every building occupied. Even the city jail is full, keeping officer Ike Coffman busy. The city is drilling a well in order to supply Jacksonville with more water for the steadily increasing population. Mrs. Alice Ulrich is feeling much better now, and is staying at the home of her daughter, Mrs. H. K. Hanna. Mr. and Mrs. G. A. Kimball have sold their home and purchased property on top of the

summit, a little more than a mile from town. The city is building a new bridge on the south end of town on Third street. Fire Sunday afternoon, apparently from an over-heated stove, almost completely destroyed the residence of Mr. and Mrs. Donald Coffman on south 2nd street. Warren Lodge A. F. & A. M. expressed public thanks to Adarel chapter O. E. S. for the lovely dinner put on for the Masonic Lodge. Speakers for the evening were Capt. B. N. Ahl, of the navy and Captain Harold Hartzell of the marine corps.

Air Raid Shelters To Take Place Of Houses In France

Paris (U.P.)—France's bombed-out will live in air raid shelters this winter. Jean Kerisel, planning director of the reconstruction ministry, said that 450,000 cubic meters of air raid shelter material will come from England, Switzerland and Germany for housing purposes. "We asked the United States for another \$10,000,000 cubic feet," he said, "but owing to the demands of the Pacific war, we were only able to get 2,000 so far." Altogether, 1,500,000 French homes were destroyed during the war and rebuilding is hampered by coal and material shortages.

JACK DEMPSEY IN BOND PREMIERE

Fun and gala entertainment both of stage and screen will be in abundance at the mammoth victory bond premiere playing tomorrow night at the Holly theatre. The premiere is a special presentation of the Leverette Interstate theatres in cooperation with the war activities committee of the motion picture industry and the local war bond committee. Admission to the premiere is by bond only and tickets may be obtained at the

following bond agencies, the First National bank, U. S. post office, the United States bank, the Groceries or Jackson County Federal Savings & Loan association. Doors will open at 7:30 p. m. and the program will start at 8 p. m. Jack Dempsey in person will appear on the stage along with a varied array of talent including Staff Sergeant Don Safford, popular master of ceremonies; the U. S. navy orchestra, from Camp White; Thomas Eanes and his piano; Miss Dorothy Raub, of the American Red Cross, and Roger Wolf, Ph. M 3/c, of Medford, in a musical specialty, and Seaman William Furberg and

his violin. The candidates in Medford's Victory Loan queen contest will also be introduced from the stage. Irene Dunne, Alexander Knox and Charles Coburn in the hilarious comedy "Over 21," brings to the screen one of the season's comedy hits.

WOOL CLIP SOLD
Casper, Wyo.—(U.P.)—A total of 2,900,000 pounds of wool valued at \$1,202,000 was sold for central Wyoming wool growers during 1945. The wool was sold through the Wool Growers' Warehouse and Marketing Co. Much of the clip was purchased by the Commodity Credit Corp.

Dr. O. A. Welsh announces the removal of his offices to 320 Medford Center Bldg.

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