

# Your Health and It's Care

By DR. WILLIAM BRADY, M.D.  
Readers should address inquiries to Dr. William Brady,  
265 El Camino, Beverly Hills, Calif.

### CALCIUM, D AND RHEUMATISM

Last May I wrote you for the name of a remedy for stiffness of joints... my arthritis began in 1924... I have visited (the best advertised "clinic") three times, (three sanitariums or health resorts) and the (quack) health school. I am still taking calcium and D as you suggest in your pamphlet and am delighted at my great improvement. My knees are so limber now that I seriously think of joining up at Arthur Murray's... (G.K.M.)



Six years ago I suffered terribly with Arthritis. I read your article about calcium and rheumatism, began supplementing my diet with the necessary daily rations of these... the terrible pain in my right knee left... I can run up stairs as well as I could twenty years ago... (A. H.)

The truth is that G. K. M. and A. H. do not know, and neither do I know, whether calcium and vitamin D had anything to do with the improvement or relief they experienced after they began supplementing their deficient diets with these essential nutritional elements.

All I know is that, no matter what ails you, it can do no harm to boost your intake of calcium (and phosphorus) and vitamin D to optimal (two or three times the amount required daily to maintain normal nutrition) for several months. It seems that a great many individuals with what they regard as chronic "rheumatism" (which doesn't mean a thing) or "arthritis" (Greek for inflammation of a joint or joints, which is nearly as meaningless, for inflammation seldom characterizes the disability) experience such relief or improvement after a month or two of rather better nutrition. This is not medicine at all, please try to bear in mind. It would be absurd to assume that joint disabilities are not due

wer said complaint for want thereof, the Plaintiff will apply to the Court for the relief demanded in her complaint, to-wit: For a decree of this Court forever dissolving the bonds of matrimony now existing between Plaintiff and Defendant and granting Plaintiff a divorce from Defendant.

The date of the order for publication of this summons is October 29, 1945. The time prescribed for publication of this summons is once each week for four consecutive weeks. The date of the first publication of this summons is October 30, 1945.

HARRY C. SKYRMAN, Attorney for Plaintiff. Post Office Address: Medford Oregon.

### SUMMONS FOR PUBLICATION IN THE CIRCUIT COURT OF THE STATE OF OREGON, IN AND FOR THE COUNTY OF JACKSON.

VERNON CHRISTOPHERSON and VIOLA CHRISTOPHERSON, husband and wife, Plaintiffs,

vs. SARAH E. KENNEDY (sometimes known as S. E. Kennedy), and P. A. KENNEDY, her husband, if living, and their respective unknown heirs, if dead; JOHN WOOD (sometimes known as John Woods) and if married, MARY JANE WOOD, true given name unknown, his wife, if living, and their respective unknown heirs, if dead; JOHN MOODY, a single man, if living, and his unknown heirs, if dead; EMMA A. HOWE, and if married, JOHN DOE HOWE, true given name unknown, her husband, if living, and their respective unknown heirs, if dead; and all parties or persons unknown claiming any right, title, estate, lien or interest in or to the real property hereinafter described, or in or to any portion thereof. Defendants.

To the defendants above named, and to each thereof, Greetings: In the name of the State of Oregon, you and each of you, are hereby summoned and required to appear in the above entitled Court and cause, and answer the complaint of the plaintiffs now on file therein against you, within four weeks after the date of the first publication of this Summons.

YOU ARE HEREBY NOTIFIED that if you fail to appear and answer said complaint within the time aforesaid, for want thereof the plaintiffs will apply to the said court for the relief demanded in said complaint, succinctly stated as follows: For a decree of this Court decreeing and adjudging the above named plaintiffs and Viola Christopherson and Viola Christopherson, husband and wife, to be the absolute fee simple owners of the real property hereinafter described, and in possession and entitled to the exclusive possession thereof, and forever quieting plaintiffs' title thereto; and adjudging that none of the defendants above named, or any party or persons unknown claiming by, through or under said defendants, or any thereof, have any interest or right whatsoever in or to said real property, or in or to any portion thereof, and perpetually enjoining and restraining said defendants, or any thereof, from claiming or attempting to claim, or setting up or asserting any interest whatsoever in said real property, or any part thereof, adverse to the interest and title of plaintiffs herein in said premises, and giving and granting unto the plaintiffs a judgment for the costs and disbursements in this suit against any of the defendants who may appear herein to question or contest the rights of the plaintiffs; all as is further and more fully set forth in the said complaint now on file and of record in the records and files of this Court and cause, to which complaint reference is hereby made.

That the said real property is situated in the County of Jackson, State of Oregon, and described as follows: All that portion of the Robert S. Jewett Donation Land Claim No. 40 situated on the North bank of Rogue River, in Sections 20 and 21, Township 36 South, Range 4 West of the Willamette Meridian, in Jackson County, Oregon, EXCEPTING THEREFROM the land described in Vol. "T" Page 315 Miscellaneous Records of Jackson County, Oregon. ALSO: Lots Five (5) and Six (6) in Section 21; and the Southwest Quarter of the Southwest Quarter of Section 16, all in Township 36 South, Range 4 West of the Willamette Meridian, Jackson County, Oregon, excepting therefrom the following: Beginning at the Northeast corner of the Southwest Quarter of said Section 16, and running thence South 225 feet to the County Road; thence following Southwesterly along the County Road, 850 feet; thence West 440 feet; thence North 880 feet to the North line of the said Southeast Quarter of the Southwest Quarter of Section 16, in said Township and Range, containing 40 acres, more or less, according to the U. S. Government survey thereof.

Together with all water and water rights, ditch and ditch rights, and all of the tenements, hereditaments and appurtenances appurtenant or pertaining to any or all of said several tracts or parcels of land, or to any part or portion thereof.

YOU ARE FURTHER NOTIFIED that the date of the first publication of this Summons is October 23, 1945, and that you are required to appear herein within four weeks from and after the said date under and pursuant to an Order of the Honorable H. K. Hanna, Judge of the above entitled Court, duly made and entered on the 22nd day of October, A. D. 1945, to which said Order reference is also hereby made.

Dated and first published October 23rd, A. D. 1945. J. NEWMAN, Attorney for Plaintiffs. Office and Post Office Address: Craterian Building, Medford, Oregon.

### Summons for Publication in the Circuit Court of the State of Oregon for Jackson County.

EDGAR DELYLE and EDGAR DELYLE, JR., Plaintiffs,

vs. ALBERT D. BEARDSLEY and JANE DOE BEARDSLEY, his wife, her true given name being to the plaintiff unknown; all unknown heirs at law of said Albert D. Beardsley and Jane Doe Beardsley if they be deceased; and all other persons claiming any right, title, interest, lien or estate in or to the lands described in the Complaint, Defendants.

TO the above named Defendants and each thereof: YOU AND EACH OF YOU are hereby notified and required to appear in the above entitled Court and cause and answer the Complaint of Plaintiff now on file therein against you within four (4) weeks from the date of the first publication of this Summons, which is the 16th day of October, 1945; and if you fail to appear and answer or otherwise plead to plaintiff's complaint within the time required, for want thereof, the plaintiff will apply to the Court for a decree of the Court quieting the title in plaintiff as the owner thereof of Government Lot One (1) and the Northeast Quarter of the

Northwest quarter of Section 20, in Township 36 South, Range 3 West of the W. M. Meridian, in Jackson County, Oregon, less the lands described in Volume 229, page 352, of the Deed Records of said county.

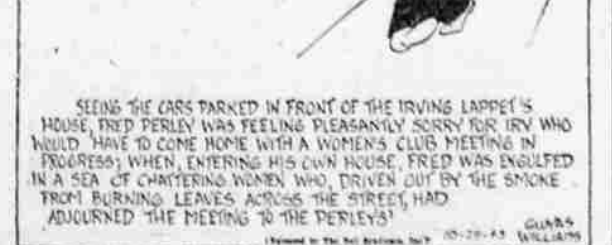
This summons is served upon you by publication in the Medford Mail Tribune once a week for four (4) consecutive weeks by virtue of an Order of Honorable H. K. Hanna, Judge of said Court, which Order was made on the

15th day of October, 1945. The last day for appearance is November 13, 1945. GUS NEWBURY, Attorney for Plaintiffs. U. S. Nat'l Bank Bldg. Medford, Oregon.

Chalkers' Motel & Lodge OFFICERS' CLUB Dine-Dance-Refreshments Chicken and Steak Dinners Most Unique Place in So. Ore. CLOSED MONDAYS Thursday, Friday, Saturday Only For Reservations Ph. Gold Hill 674

ROGUE RIVER LODGE Delicious Dinners Cocktail Lounge - Dancing Open Every Night Except Tuesday Phone Trail 1404

### STRANGE AS IT SEEMS By ERNEST HIX



BARNEY GOOGLE and SNUFFY SMITH

Northwest quarter of Section 20, in Township 36 South, Range 3 West of the W. M. Meridian, in Jackson County, Oregon, less the lands described in Volume 229, page 352, of the Deed Records of said county.

This summons is served upon you by publication in the Medford Mail Tribune once a week for four (4) consecutive weeks by virtue of an Order of Honorable H. K. Hanna, Judge of said Court, which Order was made on the

15th day of October, 1945. The last day for appearance is November 13, 1945. GUS NEWBURY, Attorney for Plaintiffs. U. S. Nat'l Bank Bldg. Medford, Oregon.

Chalkers' Motel & Lodge OFFICERS' CLUB Dine-Dance-Refreshments Chicken and Steak Dinners Most Unique Place in So. Ore. CLOSED MONDAYS Thursday, Friday, Saturday Only For Reservations Ph. Gold Hill 674

ROGUE RIVER LODGE Delicious Dinners Cocktail Lounge - Dancing Open Every Night Except Tuesday Phone Trail 1404

### STRANGE AS IT SEEMS By ERNEST HIX



BARNEY GOOGLE and SNUFFY SMITH

## DO YOU KNOW?

SATURDAY, Nov. 3 is "the day." The 1946 CHEVROLET will be on display from 8 a. m. to 9 p. m. at our showroom.

### ROGUE RIVER CHEVROLET

### Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS

- 1-White family
- 2-Bobbin
- 3-Land
- 4-Port. to nerve
- 5-Bon god
- 6-Calf's cry
- 7-Artifice
- 8-Toward (Dial.)
- 9-A number
- 10-Practice
- 11-Lanard
- 12-Very solemn
- 13-Greek island
- 14-Bird vegetable
- 15-Rhythms
- 16-Shackles
- 17-Railroad (abbr.)
- 18-Negative
- 19-Viper bottle
- 20-African tree
- 21-Rodent
- 22-Also
- 23-Rowboat
- 24-One (Fr.)
- 25-Extra training in baseball
- 26-Starbo
- 27-Southern State (abbr.)
- 28-Lanard
- 29-Fairground
- 30-The woman
- 31-Preced
- 32-Iron
- 33-Kind of jury
- 34-Venue
- 35-Recomm

DOWN

- 1-Young shoot
- 2-A color
- 3-Musical note
- 4-Indistinct
- 5-Gus of Isaac
- 6-Guards again
- 7-Obstacles
- 8-Palmer (Fr.)
- 9-Away from home
- 10-Correlative of either
- 11-Type of soil
- 12-Incisions
- 13-Scade tree
- 14-Meat dairy
- 15-Sign of rotting
- 16-Accent (Fr.)
- 17-Pounder
- 18-West Saxon king
- 19-Chess notation
- 20-Spanish ranch
- 21-Western Indian
- 22-Nuisance
- 23-Fly larva
- 24-A district
- 25-In Spain
- 26-Trova
- 27-Forward
- 28-Common adverb
- 29-Cover (Ital.)
- 30-By way of
- 31-Part of "to be"
- 32-South America

### On the Radio Chain

- Chain affiliation and where they are on the dial.
- TUESDAY**
- 8:00 p.m. Terry and Friends, ABC; O. K. For Release, NBC; News, MBS; Knox Manning, CBS.
  - 8:15 p.m. Dick Tracy, ABC; Superman, MBS; Betty and Bob, NBC.
  - 8:30 p.m. Date With Judy, NBC; Jack Armstrong, ABC; News, CBS; Captain Midnight, MBS.
  - 9:00 p.m. Raymond Swing, ABC; Tom Mix, MBS; News, CBS.
  - 9:30 p.m. Hollywood, CBS; Guy Lombardo, ABC; Amos and Andy, NBC; Gabriel Heatter, MBS.
  - 10:00 p.m. Real Stories, ABC.
  - 10:30 p.m. Fubar Meffie and Molly, NBC; Herald Tribune Forum, MBS.
  - 11:00 p.m. Bob Hope, NBC; The Ford Show, CBS.
  - 11:15 p.m. Fulton Lewis, MBS.
  - 11:30 p.m. Hollywood, CBS; Hollywood Preview, CBS; County Fair, ABC.
  - 12:00 p.m. Super Club, NBC; Lum and Abner, ABC; Jack Kirkwood Show, CBS.
  - 12:15 p.m. Fleetwood Lawton, NBC; Jack Smith Show, CBS; Sportscopy, ABC.
  - 12:30 p.m. Johnny Presents, NBC; Theater of Romance, CBS; Allan Young Show, ABC; The Falcon, MBS.
  - 1:00 p.m. Big Town, CBS; Glen Hardy News, MBS; Dark Ventures, ABC.
  - 1:15 p.m. Rex Miller, MBS.
  - 1:30 p.m. Hollywood Theater, NBC; Murder Will Out, ABC.
  - 2:00 p.m. News, NBC; Charlie Chan, ABC; Fulton Lewis, MBS.
  - 2:15 p.m. Leland Show, ABC; His Honor the Barber, NBC.
  - 2:30 p.m. Edw. C. Hill, CBS; Feneman's Nite Club, ABC; Sweetheart Swing-time, NBC.
  - 2:45 p.m. Talks, CBS, NBC.
- WEDNESDAY**
- 8:00 p.m. Terry and Friends, ABC; O. K. For Release, NBC; Knox Manning, CBS; News, MBS.
  - 8:15 p.m. Dick Tracy, ABC; Superman, MBS; Betty and Bob, NBC.
  - 8:30 p.m. Date With Judy, NBC; Jack Armstrong, ABC; News, CBS; Captain Midnight, MBS.
  - 9:00 p.m. Raymond Swing, NBC; Tom Mix, MBS; News, CBS.
  - 9:30 p.m. Hollywood, CBS; Guy Lombardo, ABC; Amos and Andy, NBC; Gabriel Heatter, MBS.
  - 10:00 p.m. Real Stories, MBS.
  - 10:30 p.m. Fubar Meffie and Molly, NBC; Herald Tribune Forum, MBS.
  - 11:00 p.m. Bob Hope, NBC; The Ford Show, CBS.
  - 11:15 p.m. Fulton Lewis, MBS.
  - 11:30 p.m. Hollywood, CBS; Hollywood Preview, CBS; County Fair, ABC.
  - 12:00 p.m. Super Club, NBC; Lum and Abner, ABC; Jack Kirkwood Show, CBS.
  - 12:15 p.m. Fleetwood Lawton, NBC; Jack Smith Show, CBS; Sportscopy, ABC.
  - 12:30 p.m. Johnny Presents, NBC; Theater of Romance, CBS; Allan Young Show, ABC; The Falcon, MBS.
  - 1:00 p.m. Big Town, CBS; Glen Hardy News, MBS; Dark Ventures, ABC.
  - 1:15 p.m. Rex Miller, MBS.
  - 1:30 p.m. Hollywood Theater, NBC; Murder Will Out, ABC.
  - 2:00 p.m. News, NBC; Charlie Chan, ABC; Fulton Lewis, MBS.
  - 2:15 p.m. Leland Show, ABC; His Honor the Barber, NBC.
  - 2:30 p.m. Edw. C. Hill, CBS; Feneman's Nite Club, ABC; Sweetheart Swing-time, NBC.
  - 2:45 p.m. Talks, CBS, NBC.

### Winter Is Almost Here!

Let us check your car over now. Tune it up for cold morning starts. Repair all cooling system trouble so you won't waste your anti-freeze. Let us put the proper lubricants in their proper places. In other words, let us put your car in proper condition for winter driving.

### Selby Chevrolet Co. ASHLAND, OREGON



SUBURBAN HEIGHTS by GLUYAS WILLIAMS



BUZ SAWYER



BLONDIE



LIL ABNER



THE NEBBES



### WEATHER

Northern California: Moderate showers in mountains and scattered light showers in the valleys today and tonight. Partly cloudy Wednesday with more rain likely late Wednesday. Cooler at night. Moderate to fresh south to southwest wind off coast.

Use Mail Tribune Want Ads.