

# Your Health and It's Care

By DR. WILLIAM BRADY, M.D.  
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**WHAT GOOD IS AN ANTISEPTIC?**  
Antiseptic means opposed to sepsis or septic. Sepsis means a poisoned state caused by absorption of disease-producing germs or their products from a region of infection into the blood stream. Septicemia means sepsis in the blood—"blood poisoning." Infection means invasion of the tissues by disease-producing germs. Germicide means germ-killing. Disinfectant means removal of infection. Sterilize means to free from all germs. Disinfection applies to wounds say the first aid application of tincture of iodine to a fresh wound, and to utensils or objects, say the disinfection of dishes with chlorine solution or disinfection of a clinical thermometer by washing it with cool water and soap or with alcohol or with any germicidal solution.

Most practical and reliable way to sterilize anything is by heat, say boiling water for five minutes, boiling milk for five minutes, subjecting bandages and dressings to superheated steam under pressure, passing a needle or other metal implement thru a blue flame. Ironing anything that has been properly washed makes it practically sterile.

If you are going to open a blister or a pimple or a boil or try to dig a silver out of the skin or attempt any minor surgery such as paring corns you will be on the safe side, in my opinion (as a one-horse-and-buggy doctor), if you plunge the needle or knife blade into a cake of wet soap two or three times just before the operation begins, and of course point the immediate field of operation with mild tincture of iodine to disinfect the skin.

Plain soap, any make suitable for kitchen or toilet use, is perhaps the best all around disinfectant and antiseptic we have for most purposes where a good disinfectant or antiseptic is required.

To the best of my knowledge and belief the first aid application of a disinfectant or antiseptic or germicide to a fresh wound is the only justifiable or necessary use of germicide or antiseptic. Once a fresh wound

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## Eggs Came in Well Feathered Nest



Anita Large (left), Twin Falls, Idaho, grocery clerk, who opened routine case of eggs and discovered golden egg of \$3000 inside, in Government bonds cashable by any one, but with the name of the purchaser, Theo M. Gehlke, Twin Falls, plainly written on the envelope containing the find. Miss Large, who immediately notified the owner, fondles the small fortune while discussing its "possibilities" with a fellow employe, Martha Reynolds.

## FLIES SEEN AS MAIN CAUSE OF POLIOMYELITIS

Salt Lake City—(U.P.)—There is less cause to fear poliomyelitis than measles and whooping cough, in the opinion of Dr. P. Gebhardt, professor of bacteriology at the University of Utah. Gebhardt, who has spent 16 years studying and experimenting with polio, has a five-point program for preventing the disease, but he says: "I would be more alarmed if my son should contract whooping cough or measles than if he should get polio."

"Most people fear polio more than common illnesses such as measles and whooping cough because its results have been more widely publicized," Gebhardt said.

**Death Ratio Lower**  
"Polio is terrible, but many people who are so afraid of it and of its often-resulting paralysis overlook the fact that measles often injures the heart and lungs and that whooping cough in many cases retards growth of the brain."

"And the number of deaths resulting from measles and whooping cough—both on a percentage and total basis—is much lighter than the number of polio fatalities."

In Gebhardt's opinion—and he says this is also the opinion of many other doctors and scientists—most human polio cases are contracted by eating food contaminated by flies.

"It has been proved," he said, "that certain species of flies, including the common housefly, carry polio virus and that they can contaminate food."

are clean when they eat. Gebhardt believes that from 70 to 80 per cent of adults are immune to polio, as a result of having had sub-clinical cases, probably appearing as sore throats or colds, when they were children.

Gebhardt is a former assistant professor of the bacteriology at Stanford University in California.

Closing time for Sunday Too Late to Classify 4:00 Saturday afternoon

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## STRANGE AS IT SEEMS By ERNEST HIX



G.B. HOWARD IS THE THIRD YOUNGEST CADET TO EVER GRADUATE FROM THE CITADEL. DID SO WITH BEST RECORDS AFTER COMPLETING THE NOTORIOUSLY RIGID FOUR-YEAR COURSE IN ONLY TWO YEARS, THREE MONTHS!

Supporting Gebhardt's belief that flies spread polio is the fact that all of the 241 Utah victims whom he interviewed admitted they had eaten fresh, unpeeled fruits or vegetables shortly before contracting the disease.

His five rules for preventing polio are: (1) Eliminate flies' breeding places. (2) Eliminate flies. (3) Educate children as soon as they are able to toddle to eat only what food their mother gives them and don't permit them to eat out of doors. (4) Wash fresh foods thoroughly—with soap and water. (5) See that children's hands

are clean when they eat. Gebhardt believes that from 70 to 80 per cent of adults are immune to polio, as a result of having had sub-clinical cases, probably appearing as sore throats or colds, when they were children.

# DO YOU KNOW?

that the first game of football in America was played between Yale and Harvard in 1875. Harvard won 4-0. Chevrolet is first in service, too!

## ROGUE RIVER CHEVROLET

## Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS

- 1—Pulsen
- 2—Turt
- 3—Foreign
- 4—Plant used to soap
- 5—Famed landing spot
- 6—Swit
- 7—Procession
- 8—Wrong
- 9—Estate
- 10—Bit of advice
- 11—Arise
- 12—Fiddle
- 13—noir
- 14—Filled with shame
- 15—Oath
- 16—Dance step
- 17—King (Fr.)
- 18—Butt fork
- 19—Kind of duck
- 20—Small body
- 21—Stranged animal
- 22—Group of three
- 23—Arab's cloak
- 24—Swit
- 25—Feet to mind
- 26—Orange and black bird
- 27—Group of rooms
- 28—Norwegian
- 29—Oerm
- 30—Sunk German battleship

DOWN

- 1—Turn white
- 2—Atmosphere
- 3—Prelis
- 4—Dinner courses
- 5—Having flavor
- 6—State in Arabia
- 7—Brest
- 8—Rout
- 9—Operate solos
- 10—Prepares for publication
- 11—On the sea
- 12—Dueling sword
- 13—Constructive
- 14—Career
- 15—Constructed
- 16—Cubism
- 17—Gap in mountain
- 18—Army food
- 19—Kind of cheese
- 20—Garments
- 21—Dreel
- 22—Determination of Heaven
- 23—Pant
- 24—Metastous
- 25—Narrow valley on moon
- 26—Deal out
- 27—Bundled
- 28—Pric
- 29—Let fall
- 30—Blind
- 31—Fury

## BARNEY GOOGLE and SNUFFY SMITH



HEEE HOOO I'M GOIN TO YORE UNK SNUFFY'S NECKTIE PARTY, LITTLE JUGHAID--HEEE HOOO

SHORELY, TH' LITTLE YARMINT COULDN'T A-BUSTED LOOSE AN' SNUCK OFF

BUZ SAWYER

JUST LIKE OLD TIMES

THE SAME OLD FRATERNITY HOUSE

AND THE SAME TWINKLE-EYED CHRISTY JAMESON, ONLY YOU'RE MORE ALLURING THAN EVER, ANGEL.

BUZ! YOU OLD DARLING! BUT WHERE'S YOUR UNIFORM?

BLONDIE

NOW, WHERE ARE THE PUPS? I'VE GOT THEIR BATH-WATER ALL READY

HERE DAISY HERE ELMER HERE PUPS

I'VE SEARCHED THE NEIGHBORHOOD FROM ONE END TO THE OTHER!

I CAN'T WASTE THIS HOT WATER!

L'L ABNER

PLEASE, SON! - DON'T ASK ME TO PREPARE WHAT'S GONNA HAPPEN TO YOU! COME SADDLE UP, WE'VE GOT A WIFE A WEAK HEART.

JUST ASK ME ONE THING, SON! - WOULD YOU MARRIAGE ME?

IS AN IS-OR-IS-A CAUGHT!

NO! IS NOT CALLED! SOB!! SOB!!!

YIPPAY!! THEN A HAPPY!!

SWING LOW SWEET CHARLOTTE! - WHAT'S THAT? - YOU GOTTA MAKE YOU PRE-DICK-SHUN!!

AWRIGHT!! - YOU AVEKED PO' IT'S HYAR GEESE!! - WHEE!! - YOU GOTTA MAKE YOU PRE-DICK-SHUN!!

SWING LOW SWEET CHARLOTTE! - WHAT'S THAT? - YOU GOTTA MAKE YOU PRE-DICK-SHUN!!

BUZ FLIES DOWN TO THE UNIVERSITY, AND QUICKLY FORGETS THE STRANGER WHO WAS SEEN SNOOPING AROUND HIS HOME

AND THE SAME TWINKLE-EYED CHRISTY JAMESON, ONLY YOU'RE MORE ALLURING THAN EVER, ANGEL.

NOW, WHERE ARE THE PUPS? I'VE GOT THEIR BATH-WATER ALL READY

PLEASE, SON! - DON'T ASK ME TO PREPARE WHAT'S GONNA HAPPEN TO YOU! COME SADDLE UP, WE'VE GOT A WIFE A WEAK HEART.

VER, GOTTA GOOD AND REEL FOR TEDDY, AND A DOLL BUGGY FOR TRUDY.

AND AN EVENING GOWN, IT'S A SURPRISE FOR MAMA

WHY DOES PHOEBE NEED AN EVENING GOWN? SHE NEVER GOES ANYPLACE

WHAT'S SHE ALWAYS WANTED ONE AND SHE'LL LOOK REAL PRETTY IN IT

ER-WILBUR, AREN'T YOU SPENDING YOUR HARD-EARNED DOUGH RATHER FOOLISHLY?

AW, WHAT GOOD IS MONEY IF YOU CAN'T HAVE FUN WITH IT?

DON'T YOU FOOLS EVER THINK OF TOMORROW?

SURE, POP SAYS IF IT'S A NICE DAY HE'LL TAKE US TO THE COUNTY FAIR!

## LET'S DANCE!

I'll show you how in just a few hours!

Yes, and after a few more hours you can be really expert—do the latest Rumba, Samba, Waltz or Fox Trot as if you'd always kept up with the new steps.

Classes and Private Instructions

Phone Mr. Johnson 2535 Merrick's Ballroom between 10 a. m. and 10 p. m.

**ACCIDENTAL DEATH**  
Los Angeles Oct. 18—(U.P.)—A coroner's jury ruled today that Alberto Silva, 20, Mexican national, who died after a boxing match at the Ocean Park arena Monday night, came to his death through "accidental" causes and all connected with the bout were absolved of blame.

Blue Wing Inn, built in the early 1840s in Sonoma, was the first hotel or public house north of San Francisco.