

# Your Health and It's Care

By DR. WILLIAM BRADY, M.D.  
Readers should address inquiries to: Dr. William Brady,  
285 El Camino, Beverly Hills, Calif.

## NOT A BRUSH IN THE BOOK

In the five hundred pages of "Nutrition and Physical Degeneration," the third printing of which has just been issued by the author, Weston A. Price, D. D. S., and the reading of which, I'd say, is a must for any dentist or physician can intelligently discuss the conservation of the teeth — in the 527 pages of the new edition one word is conspicuously missing, at least in any significant association — the word tooth-brush.

Now I hope you will not suspect there is some collusion here or that I had anything to do with the findings Dr. Price sets forth in this "profound significant book" — I quote the quotation from Prof. Earnest A. Hooton's foreword. Dr. Price probably never had heard of me when he was gathering the data and writing the book. No, Dr. Price didn't discover, he discovered. Dr. Price, his book, and I tell the world I now feel much more sanguine about the fate of the nation. What Dr. Price does NOT say about the five-and-a-half-cent gesture of Wisconsin Yankee customers gives me new hope that Americans of the future may have some teeth.

Doctors and dentists reading this squib will, I imagine, understand what I mean when I say that four-fifths of the new books I buy (that is, books in the field of medicine, hygiene, dentistry, nutrition, health) are hardly worth self-space. Every professional man or woman must get stung by most of the textbooks that are so industriously promoted by the textbook publishers nowadays.

Well, this \$5.50 volume of Dr. Price's serves to sweeten up the sour taste I get every time I run my eye over the yards and yards

of publishers' last year. I have been sold these last few years. Any one who can enjoy reading other than the headlines and the so-called comic stripsteases will enjoy "Nutrition and Physical Degeneration" — it is as interesting as an article about some strange place or people in the National Geographic Magazine. If your public library hasn't the book, surely the investment would be of inestimable benefit to the community.

To give you an idea — if you yourself — Dr. Price tells of the people in the Loetschental Valley in Switzerland, hemmed in and almost exclusively isolated by snow-capped Alps from the outer world. Examination of the school children (six to sixteen years old) there revealed that only one out of three children had a cavity or a defective tooth, the nutrition of the people there consists largely of whole rye bread, cheese, fresh milk of goats or cows, some meat perhaps once a week, and a limited amount of green garden stuff grown in the short summer. It is clear why they have healthy bodies and sound teeth, remarks Dr. Price. There, I think, you have a book in a sentence.

What ever became of that booklet about "Old House" you were preparing? — Answer: — C'est la guerre. Perhaps we may revive Old House when the Blah article get through describing the wonderful new gadgets in preparation and get one or two of them into production. At present it is like getting into new pants for me till I can get just what I want without having a friend who is a friend of the fellow who sells pants.

Is hearing your pulse a symptom of something? Sometimes I hear it loudly and sometimes not at all. (Mrs. J. W. D.) Answer: — It doesn't signify you have bats in your belly — I began to hear my own pulse loudly sometimes here two or three years ago, but I've been nutty so much longer than that. Hearing your own pulse or heartbeat ened certum in ear can suggest obstruction of a plug of hardened cerumen (wax) in ear canal, post-nasal cavity and middle ear — to new pants for me till I can get just what I want without having a friend who is a friend of the fellow who sells pants.

LEGAL NOTICES  
NOTICE TO CREDITORS  
Notice is hereby given that I have been appointed by the County Court of Jackson County, Oregon, Administrator of the estate of ERIC J. McCARVEL, deceased, and have qualified. All persons having claims against said estate are hereby notified to present them, with proper vouchers, and duly verified, to me at the office of Harry C. Skyrman, Attorney for said estate, at Room 409, Medford Center Building, in Medford, Oregon, within six months from the date of this notice.

FLORILLA REED COFFIN, Administratrix.  
O. H. Bengtson, Attorney for Administratrix.

SUMMONS  
IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.  
ARTHUR FLOYD WELLS and MARIE WELLS, husband and wife, Plaintiffs, vs. LEONA WATSON and THOMAS WATSON, wife and husband; GEORGE WELLS and MARIE WELLS, husband and wife; and any and all other persons or parties unknown having or claiming an interest or estate in the property described in the Complaint, Defendants.

NOTICE OF APPOINTMENT OF EXECUTOR  
In the County Court of the State of Oregon, for the County of Jackson.  
In the matter of the estate of ESTELLA K. ARMSTRONG, Deceased.

NOTICE TO CREDITORS  
In the County Court of the State of Oregon for Jackson County in the Matter of the Estate of LILLIAN GRACE REED, also known as LILLIAN G. REED, known as MRS. GRACE REED, Deceased.

FOR SALE  
ONE Caterpillar 50 DIESEL TRACTOR and Bulldozer  
Located 17 Miles North of Medford on Crater Lake Highway

Many Hard of Hearing Can Hear Tomorrow  
with Distor-drops used with a simple exercise. If you are deafened, fastened or deafened by ringing hearing-aid, or by any other means, you can hear again. You can hear better after making this simple test, or you get your hearing back at once. We recommend Distor-drops.

service by publication is September 26, 1945.  
DON R. NEWBURY, Attorney for Plaintiffs, Room 207, United States Nat'l Bank Bldg., Medford, Ore.

## On the Radio Chain

Chain affiliation and where they are on the dial.  
KALE (MBS) 1310 Portland; KEA (ABC) 1199 San Francisco; KGW (NBC) 510 Portland; KJR (ABC) 1900 Seattle; KXN (CBS) 970 Los Angeles; KOA (NBC) 350 Denver; KOB (CBS) 970 Portland; KOMO (NBC) 550 Seattle; KPO (NBC) 650 San Francisco; KSN (CBS) 1160 Salt Lake City.  
Time shown is PWT.

WEDNESDAY  
5:00 p.m. The News and the News, CBS; 5:15 p.m. Dick Tracy, ABC; 5:30 p.m. Dick Tracy, ABC; 5:45 p.m. Dick Tracy, ABC; 6:00 p.m. Dick Tracy, ABC; 6:15 p.m. Dick Tracy, ABC; 6:30 p.m. Dick Tracy, ABC; 6:45 p.m. Dick Tracy, ABC; 7:00 p.m. Dick Tracy, ABC; 7:15 p.m. Dick Tracy, ABC; 7:30 p.m. Dick Tracy, ABC; 7:45 p.m. Dick Tracy, ABC; 8:00 p.m. Dick Tracy, ABC; 8:15 p.m. Dick Tracy, ABC; 8:30 p.m. Dick Tracy, ABC; 8:45 p.m. Dick Tracy, ABC; 9:00 p.m. Dick Tracy, ABC; 9:15 p.m. Dick Tracy, ABC; 9:30 p.m. Dick Tracy, ABC; 9:45 p.m. Dick Tracy, ABC; 10:00 p.m. Dick Tracy, ABC; 10:15 p.m. Dick Tracy, ABC; 10:30 p.m. Dick Tracy, ABC; 10:45 p.m. Dick Tracy, ABC; 11:00 p.m. Dick Tracy, ABC; 11:15 p.m. Dick Tracy, ABC; 11:30 p.m. Dick Tracy, ABC; 11:45 p.m. Dick Tracy, ABC; 12:00 a.m. Dick Tracy, ABC.

## Merchant Mariner Plans to Organize League of Seamen

New Orleans — (U.P.) — The port of New Orleans, where many men go down to the sea in ships, may become the headquarters of a new nation-wide Legion of Merchant Mariners. Still in the formative stage, the league is being whipped into shape by N. T. Beyer of New Orleans, who spent two years with the merchant marine. Beyer thinks merchant seamen are entitled to a service organization of their own, and believes that the national headquarters should be established here — in the second port of the nation.

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FRIDAY  
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THE FIRST DESIGN for a parachute was made by A. Fausto Veranzio of Venice, who designed and used a parachute from sketches made by Leonardo da Vinci.

HELD OVER!  
3rd Week By Popular Demand  
Don Sigler's Band  
Steak and Chicken Dinners  
Jimmy O'Brien  
Opening Oct. 14  
Take-It-Easy Lodge  
Mac and Anne McBees  
Closed Tuesday

7-8 P. M. KMED  
Sixty laugh-packed minutes of Songs, Music, Fun!  
Presented by PALMOLIVE SOAP and COLGATE DENTAL CREAM

CHECKERS WANTED  
GOOD PERMANENT POSITIONS  
PLEASANT WORKING CONDITIONS — GOOD WAGES  
Apply in person at either Safeway Store in Medford

PERPETUAL MOTION  
By GLUYAS WILLIAMS  
LIKES TO LIE, AND KICK UP HIS HEELS WHEN HE'S FEELING CHEERFUL  
GETS SO EXUBERANT HE CLOUTS HIS NOSE WITH HIS KNEE

FOR SALE  
ONE Caterpillar 50 DIESEL TRACTOR and Bulldozer  
Located 17 Miles North of Medford on Crater Lake Highway  
Gulf Red Cedar Co., Inc.  
Stockton, California

THE NEBBES  
HERE COME THE GUILTS!  
YOU SAY YOU SOLD COLON FANNY'S SECRETLY LOVED BECAUSE YOU WANTED TO EARN SOME MONEY

SLAM BANG  
DO YOU WANT A CUP OF COFFEE?  
YES, DEAR

L'LIL ABNER  
IT'S SHREW'D TO PREPARE FOR YOUR FEW-CHER, WANDA MEATBALL — BUT HOW KIN YOU BE SHORE YOU'LL LIP UP AN' ON TRET PARTIK'LAR DAY?

BUZ SAWYER  
WHAR WUZ SNUFFY ON TH' NIGHT HE SHOT TH' LATE AN' LAMENTABLE SUT TATTERSALL. MIZ SMIF??

JEDGE!!  
YE CAINT PUT MY OL' WOMAN ON TH' WITNESS STAN — IT'S AGIN TH' LAW!!

BARNEY GOOGLE and SNUFFY SMITH  
SNUFFY'S RIGHT!! STAND OVER HERE AN' TELL US HOW YORE MAN DONE TH' DEED. MIZ SMIF

PAINTING STOLEN  
Elmira, N. Y. Oct. 10 — (U.P.) — A painting, valued at \$10,000 and attributed to the 17th century Spanish master, Velasquez, has been stolen from the Arnot art gallery here, authorities reported today. The loss was discovered when patrons found the empty frame hanging in a first floor display room.

Chalker's Motel & Lodge  
OFFICERS' CLUB  
Dine-Dance-Refreshments  
Chicken and Steak Dinners  
Most Unique Place in So. Ore.  
CLOSED MONDAYS  
Thursdays Private Parties Only  
For Reservations Ph. Gold Hill 474

ROGUE RIVER LODGE  
Delicious Dinners  
Cocktail Lounge — Dancing  
Open Every Night  
Except Tuesdays  
Phone Trail 1404

ZERO CLUB  
Out of bounds, civilians only  
Delicious chicken and steak dinners 7:00 p. m. to 3:00 a. m. except Sunday. Phone day time 5300; night 9101

## STRANGE AS IT SEEMS By ERNEST HIX



BARNEY GOOGLE and SNUFFY SMITH



# DO YOU KNOW?

that 15 games were played for the Worlds Series baseball championship in 1888 between Detroit (N) and St. Louis (A).

## ROGUE RIVER CHEVROLET

## Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

1-Down	2-Down	3-Down	4-Down	5-Down	6-Down	7-Down	8-Down	9-Down	10-Down	11-Down	12-Down
13-Down	14-Down	15-Down	16-Down	17-Down	18-Down	19-Down	20-Down	21-Down	22-Down	23-Down	24-Down
25-Down	26-Down	27-Down	28-Down	29-Down	30-Down	31-Down	32-Down	33-Down	34-Down	35-Down	36-Down
37-Down	38-Down	39-Down	40-Down	41-Down	42-Down	43-Down	44-Down	45-Down	46-Down	47-Down	48-Down
49-Down	50-Down	51-Down	52-Down	53-Down	54-Down	55-Down	56-Down	57-Down	58-Down	59-Down	60-Down

## DOWN

- 1-Marked by stones
- 2-Card holding
- 3-Musical note
- 4-Part of church
- 5-Born
- 6-Cross around
- 7-Explosion
- 8-Female relative
- 9-West coast ring
- 10-Lutesium (symbol)
- 11-Large antelope
- 12-New Englander
- 13-Knowledge
- 14-Fool
- 15-Charged particle
- 16-Slight depression
- 17-Smooth
- 18-Quick food
- 19-Damp
- 20-Put back
- 21-Slick
- 22-Prayer
- 23-Prayer
- 24-Prayer
- 25-Prayer
- 26-Prayer
- 27-Prayer
- 28-Prayer
- 29-Prayer
- 30-Prayer
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