Your Health and It's Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

NOT A BRUSH IN THE BOOK

In the five hundred pages of "Nutrition and Physical Degeneration", the third printing of which has just been issued by the author, Weston A. Price, D. D. S., and the reading of which, I'd say, is a must before any dentist or physician can even discuss intelligently the conservation of the teeth — in the 527 pages of the new edition one word is conspicuously missing, at least in any significant association — the word **toothbrush.**

Dr. Brady

Now I hope you will not suspect there is some collusion here or that I had anything to do with the findings Dr. Price sets forth in this "profound significant book"—I quote the quotation from Prof. Earnest A. Hooton's foreword. Dr. Price probably never had heard of me when he was gathering the data and writing the book. No, Dr. Price didn't discover me. I discovered Dr. Price, his book, and I tell the world I now feel much more sanguine about the fate of the nation. What Dr. Price does NOT say about the five-and-ten-cent gesture of Wiseacre Yankee customers gives me new hope that Americans of the future may have some teeth.

Doctors and dentists reading this squib will, I imagine, understand what I mean when I say that four-fifths of the new books I buy (that is, books in the field of medicine, hygiene, dentistry, nutrition, health) are hardly worth shelf-space. Every professional man or woman must get stung by most of the textbooks that are so industriously promoted by the textbook publishers nowadays.

Well, this $5.50 volume of Dr. Price's serves to sweeten up the sour taste I get every time I run my eye over the yards and yards of publishers' excelsior I have been sold these last few years.

Any one who can enjoy reading other than the headlines and the so-called comic stripteases will enjoy "Nutrition and Physical Degeneration"—it is as interesting as an article about some strange place or people in the National Geographic Magazine. If your public library hasn't the book, surely the investment would be of inestimable benefit to the community.

To give you an idea—if you just won't read the book for yourself—Dr. Price tells of the people in the Loetschental Valley in Switzerland, hemmed in and almost exclusively isolated by snow-capped Alps from the outer world. Examination of the school children (six to sixteen years old) there revealed that only one out of three children had a cavity or a defective temporary or permanent tooth. The nutrition of the people there consists largely of whole rye bread, cheese, fresh milk of goats or cows, some meat perhaps once a week, and a limited amount of green garden stuff grown in the short summer. It is clear why they have healthy bodies and sound teeth, remarks Dr. Price. There, I think, you have a book in a sentence.

QUESTIONS & ANSWERS

Odd House

What ever became of that booklet about "Odd House" you were preparing? (M. S.)

Answer—C'est la guerre. Perhaps we may revive Odd House when the Blah artists get through describing the wonderful new gadgets in preparation and get one or two of them into production. At present it is like pants—no new pants for me till I can get just what I want without having a friend who is a friend of the fellow who sells pants.

Pulse

Is nearing your pulse a symptom of something? Sometimes I hear it loudly and sometimes not at all.

(Mrs. J. W. D.)

Answer—It doesn't signify you have bats in your belfry—I began to hear my own pulse loudly sometimes here two or three years ago, but I've been nutty so much longer than that . . . Hearing your own pulse or heartbeat suggests presence of a plug of hardened cerumen (wax) in ear canal, obstruction of Eustachian tube between post-nasal cavity and middle ear cavity, more rarely other causes. Give yourself the benefit of a thorough medical examination.

LEGAL NOTICES

NOTICE TO CREDITORS

Notice is hereby given that I have been appointed by the County Court of Jackson County, Oregon, Administrator of the estate of Frank J. McCarvel, deceased, and have qualified. All persons having claims against said estate are hereby notified to present them, with proper vouchers, and duly verified, to me at the office of Harry C. Skyrman, Attorney for said estate, at Room 409, Medford Center Building, in Medford, Oregon, within six months from the date of this notice.

Dated and first published October 10, 1945.

J. D. ROSS, Administrator
Harry C. Skyrman, Attorney for estate.

Call For Bids on Warrants

Willow Springs School District 14 will offer for sale a series of five negotiable interest bearing warrants payable one annually. Four at $669.99 and one at $670.01. These warrants to be dated October 11, 1945. Sealed bids will be received by Mrs. Robert H. Field, Clerk, Central Point, Oregon, Route 1. Bids are asked on both principal and interest rate. Bids will be received up to 7 p. m. October 11, 1945.

Mrs. Robert H. Field,
Clerk District 14.

NOTICE OF APPOINTMENT OF EXECUTOR

In the County Court of the State of Oregon, for the County of Jackson.

In the matter of the estate of ESTELLA K. ARMSTRONG, Deceased.

Notice is hereby given that I have been duly and regularly appointed Executor of the above named and entitled estate and and by virtue of an order of the County Court of Jackson County, Oregon, sitting in probate, duly made, rendered and entered on October 2, 1945, and all creditors or persons having claims against the said deceased or her estate are hereby notified to present the same, duly verified and with proper vouchers thereto attached, to me, and all persons owing said deceased at time of her demise or the said estate are hereby notified to pay their said indebtedness to me at 308 N. Ivy Street, Medford, Oregon, within six months from the date of this notice.

Dated at Medford, Oregon, this 2nd day of October, 1945, A. D.

HARRY E. ARMSTRONG,
Executor of the estate of Estella K. Armstrong, Deceased.

NOTICE TO CREDITORS

In the County Court of the State of Oregon for Jackson County

In the Matter of the Estate of LILLIAN GRACE REED, also known as LILLIAN G. REED, also known as MRS. GRACE REED, Deceased,

The undersigned, having been appointed administratrix of the above estate by the County Court of the County of Jackson, State of Oregon, and having qualified, notice is hereby given to all persons having claims against said estate to present them at the office of the undersigned's attorney, at 126 East Main Street, Medford, Oregon, properly verified and with proper voucher, within six months from the date of the first publication of this notice, which is the 3rd day of October, 1945.

FLORILLA REED COFFIN,
Administratrix.
O. H. Bengtson,
Attorney for Administratrix.

SUMMONS

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.

ARTHUR FLOYD WELLS and MARIE WELLS, husband and wife, Plaintiffs, vs. LEONA WATSON and THOMAS WATSON, wife and husband; GEORGE WELLS and MARIE WELLS, husband and wife; and any and all other persons or parties unknown having or claiming an interest or estate in the property described in the Complaint, Defendants.

TO Leona Watson, Thomas Watson, George Wells, Marie Wells and any and all other persons or parties unknown having or claiming an interest or estate in the property described in the Complaint, the above named Defendant.

IN THE NAME OF THE STATE OF OREGON, you are hereby notified and required to appear in the above Court and cause and answer the Complaint of Plaintiffs now on file therein against you, or otherwise plead therto, within four (4) weeks from September 26, 1945, the date of the first publication of this Summons upon you; and if you fail to so appear and answer within the time required, for want thereof, plaintiffs will apply to the Court for the relief prayed for in their Complaint, a succinct statement of which is as follows, to-wit:

For a partition of the following described real property:

The South half of Lot seven (7) Block two (2) of Cottage Home Addition to the city of Medford; and the East 90 feet of Lot three (3) Block six (6) of Riverside Subdivision in and to the city of Medford; all in Jackson County Oregon, according to the official plats thereof now of record.

The date of the Order for this service by publication is September 26, 1945.

DON R. NEWBURY,
Attorney for Plaintiffs.
Room 207, United States Nat'l Bank Bldg., Medford, Ore.

Many Hard of Hearing Can Hear Tomorrow

with Ourine drops used with a simple syringe. If you are deafened, bothered by ringing buzzing head noises due to hardened or congested wax (cerumen), try the Ourine Home Method test that so many say has enabled them to hear well again. You must hear better after making this simple test or you get your money back at once. We recommend Ourine.

Wallacott's Pharmacy

FOR SALE

ONE
Caterpillar 50
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TRACTOR
and Bulldozer

Located 17 Miles North of Medford on Crater Lake Highway

Gulf Red Cedar Co., Inc.
Box 308
Stockton, California

On the Radio Chain

STATIONS

Chain affiliation and where they are on the dial.

KALE (MBS) 1330, Portland; KEX (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KGW (NBC) 620, Portland; KJR (ABC) 1000, Seattle; KNX (CBS) 1070, Los Angeles; KOA (NBC) 830, Denver; KOIN (CBS) 970, Portland; KOMO (NBC) 950, Seattle; KPO (NBC) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time Shown is PWT.

WEDNESDAY

5:00 p m Terry and Pirates, ABC; O K For Release, NBC; Knox Manning, CBS; News, MBS.
5:15 p m Dick Tracy, ABC; Superman, MBS; Betty and Bob, NBC.
5:30 p m Jack Armstrong, ABC; Nelson Pringle News, CBS; Captain Midnight, MBS; News, NBC.
5:45 p m Elmer Peterson, NBC; Tom Mix, MBS; Capt. Midnight, ABC; News CBS.
6:00 p.m. Frank Sinatra, CBS; Eddie Cantor, NBC; Gabriel Heater, MBS; Curtain Time, ABC.
6:15 p m Bob Hawk Life Stories MBS
6:30 p m Mr. District Attorney NBC; Maisie, CBS; Spotlight Bands, MBS; Jones and I, ABC.
7:00 p m Kay Kyser's Kollege, NBC; Great Moments in Music, CBS; Counterspy, ABC; Human Adventure MBS
7:15 p m News MBS
7:30 p.m. Crime Photographer, CBS; Lone Ranger, MBS.
8:00 p m Supper Club, NBC; Man Named Jordan, CBS; Main Line, MBS; Lum and Abner.
8:15 p m Fleetwood Lawton, NBC; Jack Smith Show, CBS; Main Line MBS, News, ABC.
8:30 p m The Gay Mrs. Featherstone, NBC; Dr. Christian, CBS; Fresh Up Show, MBS
9:00 p m Mr. and Mrs. North, NBC; Jack Carson, CBS; News, MBS.
9:15 p m Golden Harmonies, ABC
9:30 p m Arch Oboler Plays, MBS
10:00 p m News, NBC; Charlie Chan, ABC; Fulton Lewis, MBS
10:30 p m Orchestra, CBS; Fenneman's Nite Club, ABC; Thomas Anthony and Orchestra, NBC; Excerpts from great Music, MBS
11:00 p m News, ABC; Orchestra, CBS; Hotel Biltmore Orch., NBC

THURSDAY

5:00 p m Sam Hayes and the News, MBS; O.K. for Release, NBC; Terry and the Pirates, ABC; News, CBS.
5:15 p m Dick Tracy, ABC; Superman, MBS; Betty and Bob, NBC.
5:30 p m Jack Armstrong, ABC; Captain Midnight, MBS; News, NBC.
5:45 p.m. Tom Mix, ABC; Elmer Peterson, NBC; Night News Wire, MBS.
6:00 p.m. Orchestra, NBC; Andre Kostelanetz, CBS; Gabriel Heatter, MBS; The Real Story, ABC.
6:15 p m Hidden Valley Gang, ABC.
6:30 p.m. Bob Burns, NBC; Variations of Van Cleve, ABC; Hobby Lobby, CBS; Starlight Serenade, MBS.
7:00 p.m. Abbott and Costello, NBC; First Line, CBS; One Foot in Heaven, ACS; Music, MBS.
7:15 p m News, MBS
7:30 p m. Your AAF, ABC; Red Ryder, MBS; Rudy Valee, NBC; Romance Rhythm and Ripley, CBS
8:00 p m Supper Club, NBC; Man Named Jordan, CBS; Bulldog Drummond, MBS; Lum and Abner, ABC.
8:15 p m Fleetwood Lawton, NBC; Lum and Abner, ABC; Jack Smith Show, CBS
8:30 p m Copobanco Orchestra, NBC; Maisie, CBS; America's Town Meeting of the Air, ABC; Rogue's Gallery, MBS.
9:00 p m News, MBS; Adventures of Pooper, NBC; Ellery Queen, CBS; America's Town Meeting of the Air, ABC.
9:15 p m Rex Miller, MBS.
9:30 p m Noah Webster Says, NBC; News, BN
10:00 p m News Reporter, NBC; News, ABC; San Francisco Opera, MBC
10:15 p m Charlie Chan, ABC.
10:30 p m Fenneman's Nite Club, ABC; Sweetheart Swingtime, NBC; Orchestra, CBS; News, MBS.
11:00 p m News, ABC

The first design for a parachute was made by A. Fausto Veranzio of Venice, who designed and used a parachute from sketches made by Leonardo da Vinci.

HELD OVER!
3rd Week By Popular Demand
Don Siglow's Band
Steak and Chicken Dinners
Jimmy O'Brien
Opening Oct. 14
Take-It-Easy Lodge
Mac and Anne McBee
Closed Tuesday

KAY KYSER
DIAL AND SMILE WITH THE OL' PROFESSOR, GEORGIA CARROLL AND ALL THE GANG!
7-8 P. M.
KMED
Sixty laugh-packed minutes of Songs, Music, Fun!
Presented by
PALMOLIVE SOAP and COLGATE DENTAL CREAM

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GOOD PERMANENT POSITIONS
PLEASANT WORKING CONDITIONS—GOOD WAGES
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SAFEWAY

Fall Dance Frolic Thursday, Friday Craterian Stage

As a special features event of the season the Craterian theater brings to their stage Thursday and Friday evenings the Colleen Hope Studio's "Fall Dance Frolic," a novel and colorful revue starring pupils of the studio. Included among the various dance numbers are "Jarabe Tapatio," Mexico's national hat dance. "Acrobatic Specialties," featuring Kathleen Hammock and Jerry Liebman, are to be featured as special numbers. More than 25 children of Medford and community will appear.

The screen attraction "The Great John L." playing Wednesday through Saturday introduces to movie fans for the first time Greb McClure, as John L. Sullivan, plus a stellar cast including Linda Darnell, Barbara Britton, Otto Kruger and Wallace Ford.

Merchant Mariner Plans to Organize League of Seamen

New Orleans—(U.P.)—The port of New Orleans, where many men go down to the sea in ships, may become the headquarters of a new nation-wide Legion of Merchant Mariners.

Still in the formative stage, the league is being whipped into shape by N. T. Beyer of New Orleans, who spent two years with the merchant marine.

Beyer thinks merchant seamen are entitled to a service organization of their own, and believes that the national headquarters should be established here—in the second port of the nation.

PAINTING STOLEN

Elmira, N. Y. Oct. 10—(U.P.)—A painting, valued at $10,000 and attributed to the 17th century Spanish master, Velasquez, has been stolen from the Arnot art gallery here, authorities reported today. The loss was discovered when patrons found the empty frame hanging in a first floor display room.

Albuquerque, N. M., Oct. 10—(U.P.)—An Albuquerque man, A. E. Buck, took over today as president of the southwestern district Kiwanis International, succeeding E. H. Will of El Paso.

Chalker's Motel & Lodge
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Dine-Dance-Refreshments
Chicken and Steak Dinners
Most Unique Place in So. Ore.
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Delicious Dinners
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Open Every Night Except Tuesdays
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ZERO CLUB
Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p. m. to 3:00 a. m. except Sunday. Phone day time 5300; night 9101

STRANGE AS IT SEEMS By ERNEST HIX

DO YOU KNOW?

that 15 games were played for the Worlds Series baseball championship in 1888 between Detroit (N) and St. Louis (A).

ROGUE RIVER CHEVROLET

Crossword Puzzle

ACROSS

1—Go aground
7—Old court in London
13—Wigwam
14—"Moon" on fingernail
15—Printer's measure
16—Group of items
17—Suffix: saturated compounds
18—Indefinite article
19—Body of water
21—Kiln for hops
22—Writing fluid
24—Highest card
25—Fine powder
26—Mineral deposit
27—Delivers
29—Thick
30—Those in power
31—Went swiftly
32—Sharp ending
35—Failed to fulfill promise
39—Heraldic bearing
40—Obscure
41—A number
42—Sesame
43—Gone by
44—Constructed
45—Like
46—Sailor
47—Danish money of account
49—Toward top
50—Final figures
52—Go to bed
54—Assault
55—Less irregular

DOWN

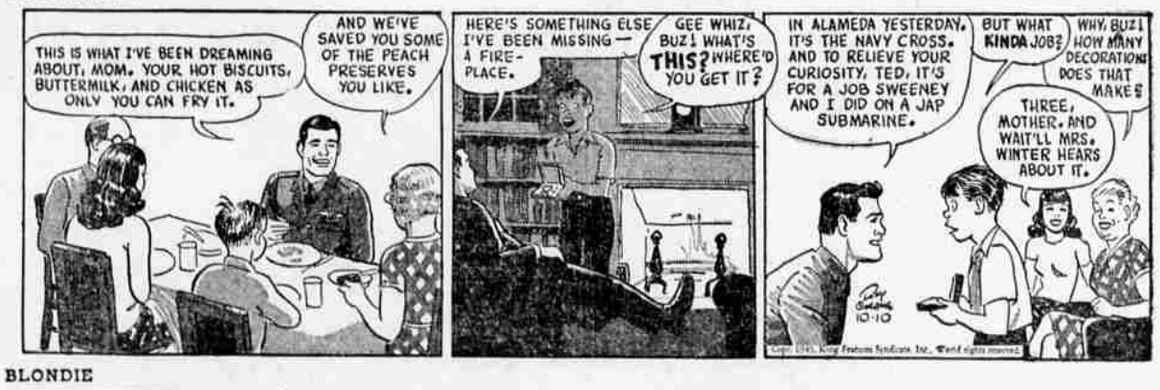
1—Marked by stones
2—Card holding
3—Musical note
4—Part of church
5—Born
6—Goes around
7—Explosion
8—Female relative
9—West Saxon king
10—Lutecium (symb.)
11—Large antelopes
12—New Englander
20—Knowledge
22—Fool
23—Charged particle
25—Slight depression
26—Smooth
28—Take food
29—Damp
31—Put back
32—Spud
33—Prayer
34—Sick
35—Prince of Abyssinia
36—Gazelle
37—Survive
38—More profound
40—Bog
43—Chums
44—Companion
46—Greek letter
48—Speed up (slang)
51—Famed President's initials
53—Within

ANSWER TO PREVIOUS PUZZLE

D	I	G	I	T	S		T	H	W	A	R	T
A	N	E	M	I	C		R	O	O	T	E	R
M	S		P	E	R	S	I	A	N		P	A
S	U	E		S	A	T	E	R		B	U	D
E	R	N	S		P	A	D		R	E	I	T
L	E	A	T	H	E	R		L	O	D	E	S
			M	O	O	S		R	E	A	R	
S	C	O	R	E		P	A	T	R	O	L	S
P	L	U	M		P	E	N		E	C	O	T
A	I	R		C	R	A	S	S		K	A	Y
R	E	N	O	I	S	O	M	E		F	L	
S	N	E	E	Z	E		M	E	S	T	E	E
E	T	U	D	E	S		I	S	W	E	A	R	S

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER



BLONDIE

L'IL ABNER

THE NEBBS

PERPETUAL MOTION — By GLUYAS WILLIAMS