Your Health and It's Care

By DR. WILLIAM BRADY M.D.

Readers should address inquiries to: Dr William Brady. 265 El Camino Beverly Hills Calif.

POSITIVELY NO WHEEDLING

Recently you stated that a little wine or beer is good for those of declining years. How about this temperate use of wine or beer when one has high blood pressure or a tendency in that direction? P.G.B.)

Dr. Brady

Answer: If anything ails you, better have your physician's advice.

Now that we have disposed of your problem, sir, I shall repeat here precisely what I said about the use of wine or beer:

First let me say frankly that I am bitterly prejudiced against alcohol as liquor or beverage and if I had my way it would be available only on bona fide prescription by a reputable physician.

With that clearly understood I'll add that I believe life would be easier for a good many elderly persons to live, and those same elderly persons would be easier to live with if they took some beer, ale or wine regularly every day.

No amount of wheedling will make me modify that by one jot or tittle. I leave it to you and/or your physician to decide whether you are elderly.

Declining years you say.

Every individual grows, developes in the first twenty-five years of life. Having attained full development the man or woman remains at his or her acme or best for nearly another twenty-five years, let us hope. Not every one, but the ones who know how to live and live that way. So far so good.

As a matter of fact it is doubtful if one remains at the acme as long as that Life is not like that. Life is constant change. Either building, growth, development continues up to the age of eighteen, twenty-five, thirty, forty, or atrophy, decline has in fact begun. We may kid ourselves or one another about keeping in fine fettle at this acme period of life, but all hooey aside we are dying, slowly but surely dying from the moment we attain the acme. The unsentimental people of the Air Corps recognize this when they speak of a pilot of thirty or thirty-five years as the "old man."

How long you take to die is a question for you and/or your physician to discuss Thanks to our national malnutrition (mineral and vitamin deficiencies) few of us are built in such a logical way as the Deacon's wonderful one-hoss shay. We are generally weak in the mouth—the teeth the gums—and that is where we begin to die.

QUESTIONS & ANSWERS

Young Folks and Old Folks

Tired all the time, same as the 17-year-old niece of the reader who . . but maybe I am supposed to feel so, as I am nearing by 75th birthday. (S. W. McH.)

Answer—No. Send stamped envelope bearing your address and ask for (do not use clipping) pamphlet "Young Folks and Old Folks".

Itching

For four or five years I have been afflicted with what various physicians call pruritus. (W. L. P.)

Answer—Medical term meaning itching without apparent cause, without skin rash. Send stamped envelope bearing your address, for pamphlet on "Pruritus"—but ask for it in writing. I do not reply to clippings.

Dyeing

I have dyed my hair for years. Now some one says I would have better health if I didn't dye it. Have you any information on this, or a pamphlet on care of the hair? (Mrs. B. M.)

Answer—It is harmless, provided the dye itself is not poisonous. For booklet "The Hair and Scalp" send ten cents and stamped self addressed envelope.

(Copyright 1945, John F. Dille Co.)

Relief At Last For Your Cough

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CREOMULSION
for Coughs, Chest Colds, Bronchitis

PLAYING THIS WEEK
Don Siglow's
Nationally Known Band
Take-It-Easy Lodge
Mac and Anne McBee
Resuming Management

On the Radio Chain

STATIONS

Chain affiliation and where they are on the dial

KALE (MBS) 1330 Portland, KEX (ABC) 1190 Portland KGO (ABC) 810 San Francisco KGW (NBC) 620 Portland KJR (ABC) 1000 Seattle KNX (CBS) 1070 Los Angeles, KOA (NBC) 850 Denver KOIN (CBS) 970 Portland, KOMO (NBC) 950 Seattle, KPO (NBC) 680 San Francisco KSL (CBS) 1160 Salt Lake City

Time Shown is PWT.

Monday

5:00 p m O.K. For Release, NBC; Terry and Pirates, ABC; News, MBS; Knox Manning CBS

5:15 p m Dick Tracy, ABC; Superman MBS Betty and Bob NBC

5:30 p m Voice of Firestone NBC; News CBS Jack Armstrong, ABC Captain Midnight, MBS.

5:45 p m News CBS; Rosa Rio ABC Tom Mix, MBS

6:00 p m Pan American Concert, ABC Dinny Carmichael, NBC; Radio Theater, CBS; Gabriel Heatter, MBS

6:30 p m Rise Stevens Show NBC; Spotlight Bands MBS The Sea Has a Story, CBS

7:00 p m Screen Guild Players, CBS; Contented Hour, NBC; Reconversion Forum, ABC; Radio Auction Gallery MBS.

7:15 p m Lowell Thomas, MBS

7:30 p m Dr. I Q NBC, Thanks to the Yanks CBS Lone Ranger MBS Reunion U S A ABC

8:00 p m Supper Club, NBC; Lum and Abner, ABC, Michael Shayne, MBS Man Named Jordan, CBS

8:15 p m Jack Smith Show, CBS; Fleetwood Lawton, NBC; Hedda Hopper, ABC

8:30 p.m. Cavalcade Theatre, NBC; Hawthorne House, ABC; Joan Davis CBS

9:00 p m Blind Date, ABC; News Glen Hardy, MBS, The Whistler CBS Telephone Hour NBC

9:15 p m Salute to our Heroes MBS

9:30 p.m Vox Pop CBS; Three Sons, NBC; Green Hornett ABC Jimmy Fidler MBS

9:45 p m Lee Sims Pianist NBC

10:00 p m Fred Morrison MBS Charlie Chan ABC

10:15 p m Now It Can Be Told MBS, Songs by Mary Ann, NBC; Derry and His Guitar, NBC.

10:30 p m Sweetheart Swingtime NBC Listen to the Waves MBS

11:00 p m News, ABC; Orchestra NBC Orchestra CBS

TUESDAY

5:00 p m Terry and Pirates ABC O.K. For Release NBC, News MBS Knox Manning CBS

5:15 p m Dick Tracy ABC, Superman MBS Betty and Bob NBC

5:30 p m Date With Judy NBC; Jack Armstrong ABC News CBS Captain Midnight, MBS.

5:45 p.m. Raymond Swing, ABC; Tom Mix, MBS

6:00 p m Gabriel Heatter MBS Inn. Sanctum CBS Guy Lombardo ABC; Amos and Andy, NBC.

6:15 p m Real Stories MBS

6:30 p.m. Fibber McGee and Molly, NBC; American Forum, MBS; The Doctor Fights, CBS.

7:00 p.m Bob Hope, NBC; Service to the Front, CBS; Tokyo Calling, ABC

7:15 p.m. Overseas Report, MBS.

7:30 p.m. Hildegarde, NBC; Hollywood Preview CBS

8:00 p.m Supper Club, NBC; Lum and Abner, ABC; Jack Kirkwood Show, CBS

8:15 p m Fleetwood Lawton, NBC, Jack Smith Show CBS; News of Tomorrow ABC

8:30 p m Johnny Presents NBC, Theater of Romance CBS, Alan Young Show ABC The Falcon MBS

9:00 p m Everything for the Boys NBC, Big Town CBS Glen Hardy News MBS Dark Venture, ABC

9:15 p m Rex Miller MBS

9:30 p m Light and Mellow, NBC, Murder Will Out, ABC.

10:00 p m News NBC; Fulton Lewis MBS Charlie Chan, ABC

10:15 p m On Our Bandstand NBC Leland Stow ABC

10:30 p m Edwin C Hill CBS, Fenneman's Nite Club ABC; Sweetheart Swingtime NBC

11:00 Talks CBS News, NBC News ABC

LEGAL NOTICES

NOTICE OF HEARING

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF JACKSON.

In the Matter of the Determination of the Relative Rights of the Various Claimants to the Waters of Little Butte Creek, a tributary of Rogue River.

TO ALL CLAIMANTS TO THE WATERS OF LITTLE BUTTE CREEK, AND ITS VARIOUS TRIBUTARIES, A TRIBUTARY OF ROGUE RIVER, AND TO CHARLES E. STRICKLIN, STATE ENGINEER OF OREGON:

IN THE NAME OF THE STATE OF OREGON:

NOTICE IS HEREBY GIVEN that on the first day of November, 1945, at the hour of 10 o'clock forenoon, at the courtroom of the above Court, Courthouse, Medford, Jackson County, Oregon, a final hearing will be had for the purpose of entering a decree of said court determining and establishing the relative rights of the various claimants to the waters of said stream and its various tributaries, and for the purpose of considering and hearing all exceptions and objections heretofore filed in said matter, and for hearing on all orders of determination herein heretofore made by the State Engineer of Oregon.

This notice is given pursuant to the order of the Hon. H. K. Hanna, judge of said Court, made and dated September 21 1945, directing service of this notice by publication once each week for four successive weeks and mailing of this notice by registered mail to all known claimants to said waters and their attorneys of record so far as known. Dater this 21st day of September, 1945. Date of first publication hereof is September 24, 1945.

G. R. CARTER,
County Clerk and Ex-Officio Clerk of said Court.

NOTICE

IN THE COUNTY COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.

In the Matter of the Estate of MARY E. HUGHES, Deceased.

Notice is hereby given that the undersigned has filed his final account in the above entitled matter, and the above entitled Court has fixed October 24, 1945, at 10 o'clock a. m., in the County Judge's office in the County Court House in Medford, Jackson County, Oregon, as the time and place for hearing objections to said final account and the settlement thereof.

ROBB LEE HUGHES,
Administrator.

NOTICE TO CREDITORS

IN THE COUNTY COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.

In the matter of the estate of CLARA L. COLLINS, Deceased.

The undersigned, having been appointed Administratrix of the above estate, by the County Court of the County of Jackson, State of Oregon, and having qualified, notice is hereby given to all persons having claims against said estate to present them at the office of the undersigned's attorney, at 126 East Main Street, Medford, Oregon, properly verified and with proper voucher, within six months from the date of the first publication of this notice, which is the 17th day of September, 1945.

LORRAINE CROSS,
Administratrix.
O. H. BENGTSON,
Attorney for Administratrix.

FINAL NOTICE

IN THE COUNTY COURT OF THE STATE OF OREGON IN AND FOR JACKSON COUNTY

IN THE MATTER OF THE ESTATE of George T. Stoddard, also known as G. T. Stoddard, Deceased.

NOTICE IS HEREBY GIVEN that the undersigned Administratrix with the will annexed has filed with the Clerk of the above Court her First and Final Report as such Administratrix, and the Judge of said Court has set the hour of 10 o'clock a. m. on Monday, October 8th, 1945, as the time, and the court-room of said Court in the court-house in Medford, Oregon, as the place for hearing objections to said Report, if any there be, approving said Report, declaring the estate of the said decedent fully probated upon, and closing said estate and discharging said Administratrix from any and all further duty and responsibility in said matter.

Any and all persons interested in said estate are hereby directed and required to appear at said time and place and show cause, if any they have, why such relief should not be granted.

Dated and first published this 10th day of September, 1945.

MYRNA B. FRINK,
Administratrix with will annexed of the estate of the above named deceased.
F. J. NEWMAN,
Attorney for Estate,
Medford, Ore.

NOTICE TO CREDITORS

Notice is hereby given that I have been appointed by the County Court of Jackson County, Oregon, Administrator of the estate of Patrick M. McCoy, deceased, and have qualified. All persons having claims against said estate are hereby notified to present them, with proper vouchers, and duly verified, to me at the office of Harry C. Skyrman, attorney for said estate, at room 409 Medford Center Building, in Medford, Oregon, within six months from the date of this notice. Dated and first published September 17, 1945.

CARLOS MORRIS,
Administrator.
HARRY C. SKYRMAN,
Attorney for Administrator.

Belgium Imports To Speed Nation Toward Recovery

Brussels (U.P.)—By the end of September Belgium will have completed the import of 1,500,000 tons of industrial materials and foodstuffs to set her on the road to recovery, Paul Kronacker, Ministry of Importations, has reported in a summary of his ministry's operations.

He said Belgium will receive in the next four months 40,000 tons of meat, 98,000 tons of phosphates and 38,000 tons of iron alloys. The country has imported 38,000 tons of cotton and 11,000 tons of wool for civilian needs as soon as the textile industry is freed of its military commitments.

During the last six months the Belgian Congo has contributed 100,000 tons of oil, oil seeds, metals other than iron, and cotton.

In 1584 Sir Walter Raleigh named the south Atlantic coastal regions Virginia, after the virgin queen, Elizabeth.

ROGUE RIVER LODGE
Delicious Dinners
Cocktail Lounge — Dancing
Open Every Night Except Tuesdays
Phone Trail 1404

Chalker's Motel & Lodge
OFFICERS' CLUB
Dine Dance Refreshments
Chicken and Steak Dinners
Most Unique Place in So Ore
CLOSED MONDAYS
Thursdays Private Parties Only
For reservations Ph Gold Hill 474

ZERO CLUB
Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p m to 3:00 a m except Sunday Phone day time 5300; night 9101

ROGUE RIVER LODGE
NOW OPEN EVERY NIGHT EXCEPT
TUES. NITE
We've closed Monday nights before. Now we close TUESDAYS. Service every other night, including Sunday.

CHICKEN and STEAK DINNERS
KING'S CAFE
Owned by OTTO and WAVE KING
Highway 99 at Talent
Come Out and See the Bears!

Telephone Grants Pass 757 or 794-J
Grants Pass, Oregon

FAIRCHILD
2 Way Radio Equipt.
CABIN PLANE FOR CHARTER
Service Anywhere
Scenic Trips, Surveys, Etc.
LEARN TO FLY!
New Training Planes for Student Instruction
M & M FLYING SERVICE

CHECKERS WANTED
GOOD PERMANENT POSITIONS
PLEASANT WORKING CONDITIONS—GOOD WAGES
Apply in person at either Safeway Store in Medford
SAFEWAY

THE NEIGHBORHOOD LEAGUE By GLUYAS WILLIAMS

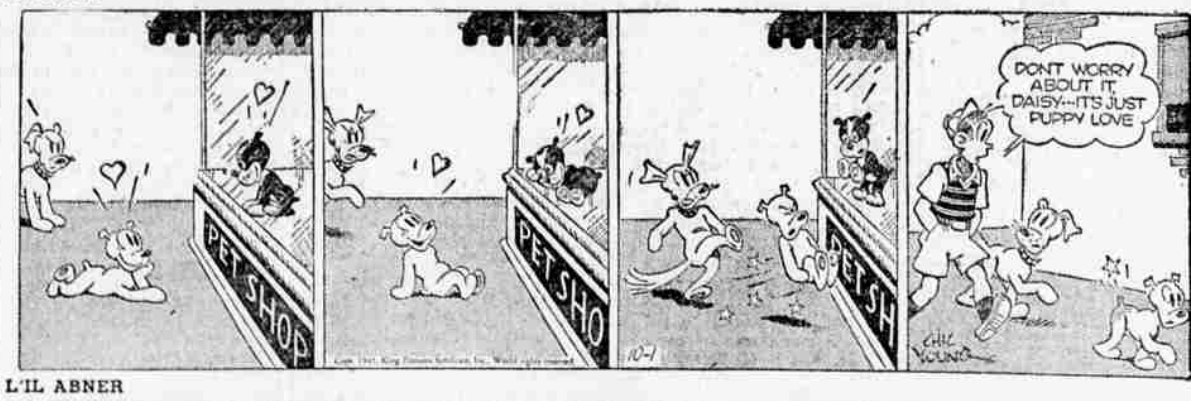
TOPS FOR QUALITY . . . AT FOUNTAINS EVERYWHERE
Pepsi-Cola
Pepsi-Cola Company, Long Island City, N. Y.
Franchised Bottler: Pepsi-Cola Bottling Company of Medford

STRANGE AS IT SEEMS By ERNEST HIX

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER

BLONDIE



L'IL ABNER

THE NEBBS

Crossword Puzzle

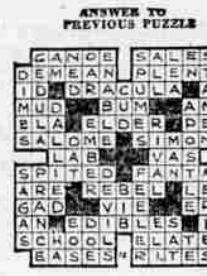
ACROSS

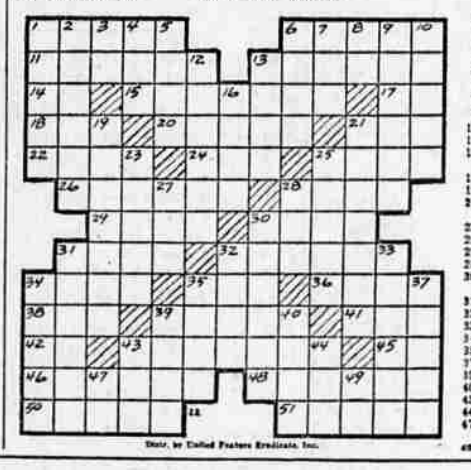
1—Nip
6—True statement
11—Accustoms
13—Fastened
14—In direction of
15—Yelping
17—Western State (abbr.)
18—Seine
20—Those who make verses
21—Took food
22—Burden
24—Make lace
25—Anchor
26—Rendezvous (pl.)
28—Beetle (var.)
29—Three-spot
30—Hindu scarf
31—Skid
32—Best
34—Military auto
35—Top
36—Halt
38—Roman coin
39—Laves
41—Body of water
43—Post meridian (abbr.)
45—Roped
45—3.1416
46—French province
48—Fastened by nails
50—Mythological woman
57—Biblical warriors

DOWN

1—Large instru
2—Purpose
3—Greek letter
4—Weep
5—Mound
6—Part of came
7—Seed
8—Milligram (al
9—Coach
10—Snake
12—Uneven
13—Noted British Prime Minist
16—Legumes
19—Shelled repti
21—Tense of Ge verbs (pl.)
23—Thick maple
25—Customs
27—Observe
28—Dantel
30—Bottle of ser water
31—Comely
32—Adipose tiss
33—Indian home
34—Defeated cou
35—Law suit
37—Servants
39—Noted compos
40—Junction in c
42—Part of race
44—End life
47—Samarium (symb.)
48—Load (abbr.)

ANSWER TO PREVIOUS PUZZLE





Distr. by United Feature Syndicate, Inc.

DO YOU KNOW?

all school districts intending to purchase new school buses should place their orders NOW for delivery in 1946 before allotments have been expended.

ROGUE RIVER CHEVROLET