

Your Health and It's Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 285 El Camino Beverly Hills, Calif.

TWO OF US MAY BE WRONG

The compromise you suggested July 23 does NOT suit me, as it changes the terms of your prize contest. There are laws to protect the public against such fraud. The announcement of a contest with terms and prize offered must be followed at the close of the contest by public announcement of the name and address of the winner. It is neither legal nor sporting to alter the terms to suit your whim after entries have been submitted. (M.O.)

I offered to contribute \$100 to the Red Cross or other philanthropy my teacher might indicate if any one would give me a menu for free meals which will supply not merely the fat, carbohydrate and protein but also all of the vitamins and minerals one needs for good nutrition. I specified that the diet list must give the quantities of all items.

Following is the list submitted by M. O. May 27, '45:
Breakfast
Orange Juice
Two slices Whole Wheat bread
Butter
Two eggs, poached
Candian bacon
Milk

For Fine Flavored TOMATOES Eating, Canning or Juice COOK'S GROCERY 630 Crater Lake Rd. Ph. 3294

THERE ARE STILL A LOT OF BARGAINS In All Departments at Southern Oregon's Greatest Sale!

- Dinnerware ● Leather Goods ● Cookie Jars \$1.49
- Dresser Lamps \$9.95 ● Large Stock Tea Pots 49c & up
- Large Stock of Ovenware Pottery in All Colors
- Dresser Sets Reduced One-Half

BEAUTIFUL ASSORTMENT FINEST CHRISTMAS GIFTS

SALE CONTINUES EVERY DAY! Our New Merchandise Arriving Daily Goes Immediately Into Stock at Prices Reduced 1/4 and 1/2! EVERYTHING MUST GO!

35 NORTH BARTLETT **Dulen's** STORE HOURS 8:30 A.M. - 8:30 P.M.

Church Notices

Jacksonville Presbyterian Church
Lawrence H. Mitchell, pastor. Daily day in the Bible school at 9:45 a. m.; morning worship, 11 a. m.; sermon, "The Man of Destiny," S.M.S. Christian Endeavor, 7:30 p. m. Bible study, Thursday, 7:45 p. m., choir rehearsal at 8:30 p. m.

The Apostolic Faith Church
North Central Ave., at Third Street. Rev. C. W. Frost, pastor. Sunday School, 9:30. Devotional, 11 a. m.; Young People's meeting, 3 p. m.; Evangelistic, 7:45 p. m. Special emphasis is put upon the work of the young people. Services Tuesday and Friday 8 p. m. You'll always find a hearty welcome.

First Church of Christ, Scientist
212 North Oakdale. Services every Sunday at 11 o'clock. Subject, September 9: "Man." 9:30 Sunday School, 8:30. Wednesday evening meetings include testimonials of Christian Science healings. Reading room at 414 Medford Center building open from 10 a. m. to 5 p. m., except Sundays and holidays.

Seventh-day Adventist Church
Edw. and Beatt. Streets. G. A. Thompson, pastor. Saturday, 9:30 a. m., Sabbath School. Saturday, 11 a. m., Sabbath School. Saturday, 7:30 p. m., Sabbath School. Saturday, 7:30 p. m., Young People's meeting. Wednesday, 8 p. m., Prayer meeting.

Talent Friends' Church
George Bales, pastor. Sunday school, 10:30. Elizabeth Lindstrom, Superintendent. Morning worship, 11:30. Jr. C. E. 7:00. Sr. C. E. 7:30. Evening worship, 8:00. S. S. Council meeting, Monday, 8:00. Young People's prayer meeting, Tuesday, 8:00. Regular mid-week prayer meeting, Wednesday, 8:30.

St. Peter's Lutheran Church
Edw. and Beatt. Streets and Portland Ave. Harry H. Young, pastor. Sunday school and Bible class, 9:45. Divine worship, 11 o'clock. Pastor, Vogel, from Concordia Seminary of Springfield, Ill., guest speaker. Sunday school teachers' meeting, Tuesday, 8 p. m. Confirmation class of children meets Wednesday 7:30 p. m. Sunday evening, Waltham League Social, 8:00 p. m.

Assembly of God
11 Newtown Street. G. O. Baker, pastor. 9:45. Sunday school, 11 a. m. Worship, Rev. and Mrs. Severson of Lovelock, Calif., guests, 8:30. Christ Ambassadors, 7:45. Evangelistic service, 8 p. m. Wednesday, Prayer and praise, 8 p. m. Friday, "What the Bible Teaches." A warm welcome to all.

Friends' Church (Quakers)
Old Pacific Highway and DeBarre Ave. at Midway Road. M. L. Cline, pastor. 10 a. m., Sunday school, 11 a. m., Worship. Children's church, 7 p. m. Junior and Senior C. E. 8 p. m., Evangelistic service. Sermon by Rev. Henry Lacy, Wednesday, 8 p. m. Mid-week prayer, Thursday, 8 p. m. Prayer of Missionary Guild with Talent ladies.

Chapel of the Rocks and Roses
104 South Oakdale. D. E. Millard, pastor. 10:30. Morning worship, 10:45 a. m. Subject, "The Psychology of Art—ment." Special music and a welcome to you.

St. Mark's Church (Episcopal)
Edw. and Oakdale. Rev. G. R. Turner, rector. Sunday, 8 Holy Communion (morning), 9:45. Church school, 11. Holy Eucharist, 12. Markade committee meeting, 8. Evening Guild, parish house, Thursday, 7:30. Public Forum with pictures, parish house, Friday 11, Holy Communion.

Vion Lutheran Church of the U.L.C.A.
Fourth St. at Oakdale. Elvin S. Hansen, pastor. Sunday, 9:45 a. m., Sunday school, 11 a. m., Holy Communion, 10:45. "The Two Masters," 7 p. m. Luther League, Tuesday, 7:30 p. m. Junior Choir practice, 8:30 p. m. Brotherhood meeting and Project Night, Thursday, 8 p. m. Senior Choir practice.

Pilgrim Holiness Church
East Jackson and Beatt. streets. Rev. D. D. Phillips, pastor. 9:45 a. m., Bible school, 11 a. m., sermon, solo, 8:30 p. m., Young People's groups, piano-graph talk, 7:30 p. m., Evening song service, 8 p. m., sermon, accordion duet, 8 p. m., Wednesday Prayer service, 8 p. m., Thursday Cottage Prayer service.

Church of God
Haven and Holly streets. Roscoe F. Wilson, minister. Sunday church school, 9:45 a. m., Morning worship, 11 a. m., Christian Crusaders, 6:30 p. m., Evening service, 7:30 p. m., Wednesday Prayer meeting, 7:30 p. m., Thursday Missionary meeting, 2 p. m., Friday Young People's Prayer service, 7:30 p. m.

Talent Methodist Church
Alice May Woolley, pastor. 9:45. Sunday school, 11. Morning worship, 7:45. Evening service, Monday 2:30. Beginner's Bible club, Tuesday 2:30. Primary Bible club Wednesday 4. Junior Bible club, Wednesday 7:30. Prayer meeting, All Bible clubs meet at the parsonage.

First Baptist Church
Fifth and N. Central Streets. Wolford A. Dawes, pastor. Bible school, 9:45. Morning worship, 11 a. m., sermon, "Three Crowns." Special music. Young People meet at 7 p. m. Evening service, 8 p. m. The pastor will speak on "History Repeats Itself." Solo by PhM J. J. H. Atkinson.

First Methodist Church
Following the Sunday school hour at 9:45, Louis C. Kirby speaks at 11 o'clock on "The Marvels of Grace." At 7:30 p. m., singing service, 8 p. m. The pastor will "Praise Ye the Father," solo by Lucille Schoppert. Youth meetings, 6:45.

Fourth Street Gospel Church
Corner Central and Jackson. Rev. W. Shearburn, pastor. 9:45. Sunday school for all ages, 11. Worship, 6:30. Young People's Crusader service, 7:45. Inspirational Evangelistic service with songs and testimonies, 7:45. Wednesday, Bible Study on the Epistle to the Romans 7:45. Friday, Song and Prayer service.

First Presbyterian Church
Solely at Eighth Street, Harry Hansen, minister. Pre-prayer meeting, Sunday, 9:30 a. m. Church Bible school, 9:45. Services, 11 a. m., Anthem, "Send Out Thy Light," solo, "I Hear Thy Voice," Elsie Carleton Strang, soprano; sermon by pastor. Children's sermon, supervised nursery room Junior meeting, 4 p. m. Youth meetings, 6:45 p. m. Prayer fellowship, Wednesday, 7:30 p. m.

36 Sunday Schools Formed in Year By Missionary Randall
Report of the work of D. D. Randall, Medford, missionary of the American Sunday School Union, in connection with organizing 36 Sunday schools in rural communities of northeastern and southwestern Oregon during the past year, was made this week.

During the summer Mr. Randall taught and supervised daily vacation Bible schools in ten communities in which several hundred students gathered for two weeks of intensive Bible study. Bibles and Testaments were distributed in the communities during 189 visits to the schools and 164 confessed the Christian faith.

The School Union, of which John C. Mann, Medford, is local district vice president, establishes Sunday schools in rural communities where churches are not located.

Rev. Daniels Marks First Anniversary In Pastorate Here
One year ago this Sunday Rev. and Mrs. Delbert W. Daniels, with their two children arrived in Medford to take over the pastoral duties of the First Christian church.

During their year of service here Mrs. Daniels has contributed graciously to the musical and educational programs of both the church and the community. The first year of their service has seen progress in all phases of the church's work. Indebtedness of the church was eliminated on the 60th anniversary of the church. This was the culmination of a program begun under the ministry of Reuben W. Coleman, carried forward by Ward A. Rice, an brought to its final conclusion under the present leadership.

activities. He is chairman of the finance committee of the Medford Board of Christian Education, and on Tuesday was elected president of the Medford Ministerial association.

R. B. Taylor Will Head New Oregon Marketing Group

Washington, Sept. 7—(U.P.)—The Agriculture department announced today that R. B. Taylor, former Oregon A.P.A. Oregon state director of the department's new production and marketing administration.

C. R. Tulley, formerly in charge of the department's Oregon state office of supply, will be assistant director.

District and state office personnel of the former office of supply will report to the state director through the assistant director, the department said.

LEGAL NOTICES

To All Landowners, Assessment Payers, or Other Interested Parties in Eagle Point Irrigation District:

NOTICE is hereby given that the Board of Directors of Eagle Point Irrigation District did, at the regular meeting thereof duly held on the 4th day of September, 1945, by resolution thereof, make a computation and assessment of the amounts of money necessary to be raised by the district for the year 1946 for district purposes and its bond and interest payments, and did determine the number of irrigable acres owned by each landowner or assessment payer in the district, and the proportionate assessments to be charged against each such tract; and said assessment roll is available and open for examination and inspection by all interested parties during office hours of each business day at the office of the Secretary of Eagle Point Irrigation District.

NOTICE IS FURTHER GIVEN that the Board of Directors of said district will at the hour of 10 o'clock a. m., on the 2nd day of October, 1945, sit at the office of said District at Eagle Point, Oregon, as a board of equalization and review to correct the assessment roll so prepared, and will hear and determine any objections by any interested persons to the said assessments and opportunity thereof, and any other matter, or matters, connected therewith that may come before them.

BY ORDER of the Board of Directors of Eagle Point Irrigation District dated September 4, 1945.

EAGLE POINT IRRIGATION DISTRICT.
By THELMA SHORT, Secretary.

To All Landowners, Assessment Payers, or Other Interested Parties in Gold Hill Irrigation District:

NOTICE is hereby given that the Board of Directors of Gold Hill Irrigation District did, at the regular meeting thereof duly held on the 4th day of September, 1945, by resolution thereof, make a computation and assessment of the amounts of money necessary to be raised by the district for the year 1946 for district purposes, and its bond and interest payments and did determine the number of irrigable acres owned by each landowner or assessment payer in the district, and the proportionate assessments to be charged against each such tract; and said assessment roll is available and open for examination and inspection by all interested parties during office hours of each business day at the office of Secretary of Gold Hill Irrigation District.

NOTICE IS FURTHER GIVEN that the Board of Directors of said district will at the hour of 10 o'clock a. m., on the 2nd day of October, 1945, sit at the office of said District at Gold Hill, Oregon, as a Board of Equalization to review and correct the assessment roll so prepared, and will hear and determine any objections by any interested persons to the said assessments and opportunity thereof, and any other matter, or matters, connected therewith that may come before them.

BY ORDER of the Board of Directors of Gold Hill Irrigation District dated September 4, 1945.

GOLD HILL IRRIGATION DISTRICT.
By BERTHA COY ROSS, Secretary.

"STOPPED TAKING DAILY LAXATIVES

After 15 years' dosing now eat KELLOGG'S ALL-BRAN!

Constipated? Given up hope of finding lasting, gentle relief? Then read this unsolicited letter:—

"I am a rural letter carrier. For more than 12 years I used a laxative every night. About a half year ago a good friend suggested that I try KELLOGG'S ALL-BRAN. I did so—with the result that I have not taken a pill since. I eat ALL-BRAN generously every day. I find it a great help." John H. Martin, Westminister, Maryland.

Wouldn't you like to be able to be regular without ever resorting to harsh laxatives again? You may— if your constipation is due to lack of bulk in the diet! Just eat a dish of delicious KELLOGG'S ALL-BRAN every day, and drink plenty of water! If not satisfied, send empty carton to Kellogg's of Battle Creek. You'll receive double the money you paid for it! ALL-BRAN is not a purgative. It's a naturally regulating food made from the real outer layers of wheat. It provides gentle, lasting bulk that promotes normal, easy laxation.

Get this delicious food at your grocer's. Ask for KELLOGG'S ALL-BRAN, the cereal that brings lasting relief to millions. Made by Kellogg's of Battle Creek and Omaha.

E. R. Birk, Veteran Of Pacific Battles Receives Discharge

First Sgt. Eugene R. Birk, veteran of Guadalcanal, northern Solomons and Luzon, has been given an honorable discharge at Fort Lewis. He was discharged on the point system, having 117 points to his credit.

Sgt. Birk entered the service Sept. 16, 1940, and went overseas in January, 1941. He holds the good conduct medal, purple heart, Philippine liberation medal with one bronze star and three campaign stars, American defense service medal, Asiatic-Pacific service medal and the infantry combat badge.

He is the son of Mr. and Mrs. E. L. Birk of Phoenix, who has another son at Corpus Christi, Tex. He has served three years in the navy.

WEATHER
Northern California: Clear today, tonight and Saturday. Rising temperature over interior. Gentle, variable wind off coast.

'Peaceful' Japan Wants New Guinea

San Francisco, Sept. 7—(U.P.)—A "peaceful conquest of New Guinea by the peaceful Japanese nation" is being planned in Tokyo, Mutual Broadcasting System Correspondent Don Bell said today in a broadcast.

The correspondent said that C. Hagewara, described as the former bureau head of the Domei news agency in New

York, told him Japan was "very desirous of obtaining New Guinea as an overflow island for the Japanese people."

Closing time for Classified Ads 8:30 a. m.—Too Late to Classify 12:15 p. m.

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Bob Lee Radio-Electric Jacksonville Pabco Paints and Roofing

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VACAGEN ORAL COLD VACCINE	20 Tablets \$1.35	100 Tablets \$5.40
SCOTCH TAPE AGAIN AVAILABLE	10c-15c-25c-69c	
VEDS WHOLE NATURAL VITAMIN B COMPLEX	\$2.75	SIZE SPECIAL AT \$1.49
VITAMIN A HIGH POTENCY 25,000 UNITS	100 CAPSULES	FOR \$1.98

WOODBURY'S LIFEBUOY SWEETHEART SIERRA PINE Palmolive Reg. Peet's Mechanic LUX or CAMAY

TOILET SOAPS 4 for 25c
12 bars for 69c
LIMIT 12 ASSORTED BARS

CANDY SPECIAL! Fresh, Chewy English TOFFEE
Individually Wrapped **Pound Carton 49c**

TEETHING PAINS RELIEVED FAST!
If your baby cries while teething, use NUM-ZIT. This modern formula gives speedy relief. Simply rub a few drops on tender gums. Contains no harmful ingredients.

GEM MICROMATIC SAFETY RAZOR
With 5 Genuine Gem Blades
All 39c For 39c

49c CELLULOID SUN VISORS Closeout Price 25c	Genuine Leather IDENTIFICATION or PASS CASE Closeout Price 25c	ZEPHYR Space Saving NECKTIE RACKS 98c
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Get Your **FLASHLIGHT BATTERIES**

For the Coming Hunting Season
Fresh Dated
Ray-O-Vac, Bond, or Eveready
Flashlight Cells
10c

It's emphatic! It's dramatic!
It's Sure-Fire
a new Tussy Red

• Wheel—this Sure-Fire sure is bold... sure is beautiful for young, young lips. And you'll love it for its creamy smoothness, the way it stays on. Sure-Fire Lipstick, \$1. Cream Rouge, \$1. Compact Rouge, 50¢. Nail Polish, 50¢. Wear Sure-Fire with Tussy Matchmaker powder. All prices plus tax.

WESTERN THRIFT
Open Week Days 9:00 A.M. to 7:00 P.M. • Saturdays to 9:00 P.M. • Dial 3874
Medford's Original Price Cutters