

Chiroprapist
TREATMENT of All Foot Troubles
Dr. M. DePietro, Chiroprapist

Radio
W. HAVE large stock of tubes and parts to give quick reliable service

Notary Public
NOTARY PUBLIC
After Hours and Holidays

Insurance
FOR COMPLETE protection against loss by fire, burglary, theft, etc.

Real Estate Listing Wanted
REAL ESTATE LISTINGS WANTED
FRANK JONES, Realtor

Building
PLASTER Patching, Stucco and cement work, plain or ornamental

Transfer
CITY TRANSFER & STORAGE CO
Complete transfer, moving and storage service

FURNITURE, MOVING & STORAGE
We have the very best equipment for local and long-distance hauling

WADS TRANSFER & STORAGE CO
A complete trucking service to meet your needs

Vacuum Repairing
ELECTROLUX for rent, repair all vacuum cleaners

Tile Work
FOR CERAMIC tile work, walls, floors, drainboards, store fronts

Moving
WADS TRANSFER & STORAGE CO
Our own padded vans serving the entire Pacific coast

Painting
SIGNS TO PAINT
CAN PAINT ANYTHING

Septic Tank Cleaning
SEPTIC tank and cesspool pumping
Also drain tile and septic tanks installed

LEGAL NOTICES
LONG MOUNTAIN SCHOOL SITE BID

Sealed bids accompanied by a certified check covering bid will be opened August 13, 1945

WALTER BURDELL and ANNA BURDELL, his wife; BERNICE JANOSKY, her husband; RAY J. HARRIS, his wife; BESSIE WELCH and JOHN DOE WELCH, her husband

SUMMONS FOR PUBLICATION
In the Circuit Court of the State of Oregon for Jackson County

On the Radio Chain
STATIONS
Chain affiliation and where they are on the dial

Monday
5:00 p. m. O.K. For Release, NBC; Terry and Pirates, ABC; News, MBS

Tuesday
5:00 p. m. Terry and Pirates, ABC; O.K. For Release, NBC; News, MBS

Wednesday
5:00 p. m. Terry and Pirates, ABC; O.K. For Release, NBC; News, MBS

Thursday
5:00 p. m. Terry and Pirates, ABC; O.K. For Release, NBC; News, MBS

Friday
5:00 p. m. Terry and Pirates, ABC; O.K. For Release, NBC; News, MBS

Saturday
5:00 p. m. Terry and Pirates, ABC; O.K. For Release, NBC; News, MBS

Sunday
5:00 p. m. Terry and Pirates, ABC; O.K. For Release, NBC; News, MBS

NOTICE TO WORKERS
MYRON ROOT CO. Inc.
PACKING HOUSE
WILL START
Wednesday, Aug. 15
At 1:00 P. M.

New time for "AUNT MARY"
Radio's dramatic story of real-life people
3:30 to 3:45
Brought to you by Kitchen Craft Floor
Monday thru Friday

Suburban Heights
BY GLUYAS WILLIAMS
THE PLUMERS WOULD HAVE BEEN GRATEFUL TO THE PERLEYS THE OTHER EVENING FOR SENDING OVER THE ICE CREAM THEY HAD NOT BEEN ABLE TO FINISH FOR DESSERT, IF TROUD IN BRINGING IT OVER IN THE DARK HADN'T FORGOTTEN ABOUT THE PLUMERS' NEW CROQUET SET

ANY PULLET EGGS FOR SALE?
GRANTS PASS CREAMERY
BUYS EGGS
and
PAYS TOP PRICES
For PULLET PELLETS
Phone 26

sonville, and running thence Easterly on the North line of said Lot 7 and Lot 8 of said Block 14 to the northeasterly corner of said Lot 8, and running thence North 22 degrees 30' East 180 feet; thence North 63 degrees 15' West 149 feet to the place of beginning.

This Summons is served upon you by publication in the Medford Mail Tribune once a week for four (4) consecutive weeks by the order of Honorable H. K. Hanna, Judge of the above entitled Court, which order was made on the 21st day of July, 1945.

The last day for appearance is August 20th, 1945.

GUS NEWBURY, Attorney for Plaintiff, U. S. National Bank Bldg., Medford, Oregon.

NOTICE OF FINAL ACCOUNT
NOTICE IS HEREBY GIVEN that the undersigned has filed her Final Account as Executrix of the Estate of Fred G. Thayer, Deceased, with the County Court of Jackson County, Oregon, and that said Court has set September 5, 1945, at the hour of 10:00 in the forenoon of said day in the Court Room of said Court in the Court House at Medford, Jackson County, Oregon, as the time and place for hearing objections thereto and the settlement thereof.

All persons interested are hereby notified to appear at said time and place and show cause, if any they have, why said Final Account should not be approved by said Court and said Executrix discharged from her trust, and file any such objections on or before said date.

Dated and first published August 6th, 1945.

ETHA W. THAYER, Executrix, DON R. NEWBURY, Attorney for Executrix.

NOTICE TO CREDITORS
In the County Court of the State of Oregon for Jackson County.

In the Matter of the Estate of W. G. AVERILL, also known as GEORGE AVERILL, also known as WALTER GEORGE AVERILL, Deceased.

The undersigned, having been appointed Administrator of the above estate, by the County Court of the County of Jackson, State of Oregon, and having qualified, notice is hereby given to all persons having claims against said estate to present them at the office of the undersigned's attorney, at 126 East Main Street, Medford, Oregon, properly verified and with proper voucher, within six months from the date of the first publication of this notice, which is the 23rd day of July, 1945.

RUSSELL SEMON, Administrator, O. H. BENGTSON, Attorney for Administrator.

Your Health and It's Care

By DR. WILLIAM BRADY, M.D.
Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

THE IODINE RATION
Thirty years ago 2,603 out of 12,631 boys, and 5,236 out of 13,548 girls in the public schools in one community in the Great Lakes basin had goitre.



Dr. Brady explains for this happy change is simple. Through the efforts of the health authorities in the region iodized salt has been introduced into popular use both in cooking and at table.

Everybody who uses salt gets at least a tiny bit of iodine, an element which is essential for good nutrition and good physical and mental health and in which the soil and water and the food grown in the Great Lakes basin happen to be deficient.

For a while when this iodized salt program was first put into effect certain "surgeons" contrived to break into print with warnings against indiscriminate use of iodized salt, which they arbitrarily asserted, would cause or aggravate a state of hyperthyroidism (exophthalmic or "inward" goitre, or "toxic" goitre) in many instances.

Of course the born specialists were wrong about that—the experience of many hospital centres in the Great Lakes basin has been quite to the contrary, that is, the number of cases of exophthalmic goitre coming to operation has decreased considerably since the use of iodized salt became popular custom.

Even if you live in a region where there still is an appreciable trace of iodine in the soil, water and the food (vegetables, fruits, cereals, milk, eggs, meat) grown on the soil, you are by no means certain to get enough

iodine from drinking water and food alone, for iodine as it occurs in water, soil and food (iodides or organic or inorganic chemical compounds or iodine) is so very soluble that much of it may be leached or dissolved out of the soil and carried away in water or it may be dissolved out of food into the cooking water.

Even if one uses iodized salt exclusively, both for cooking and as a table condiment and habitually consumes as much or more salt than the average, it is still questionable, in my judgment, whether this source alone is sufficient to supply the amount of iodine that is essential for nutrition.

A whole pound of such iodized salt contains only about a grain of potassium iodide or sodium iodide, equivalent to less than a quarter of a grain of elemental iodine. The average person consumes a pound of salt in six to eight weeks. So, although we have used iodized salt exclusively for many years I have always taken an extra nip of iodine two or three times a week to make sure of getting an adequate ration, and, from reports I have received from thousands of readers who follow this practice I believe this is not only beneficial to most persons but harmless for any one who is not under medical care.

QUESTIONS & ANSWERS
Cream In Tea
Is the common belief that cream in tea is harmful based on fact? (P. T.)

Ans.—No. It is all right if you like it.

Dipsomania
Have your booklet "Dipsomania" sent to me? (Mrs. B. E.)

Ans.—Any physician anywhere can give the treatment. On the physician's request, accompanied with stamped envelope bearing his address, I am glad to send reference to Lambert's own report of the method. Any one who sends ten cents may have a copy of the booklet "Dipsomania."

Two In One
Is there danger involved in a woman having two children within the space of a year—in fact about 10 1/2 months apart? (W. G. J.)

Ans.—No special danger involved. It is by no means a rare occurrence.

Young Show, ABC; The Falcon, MBS; 9:00 p. m. Everything for the Boys, NBC; Big Town, CBS; Glen Hardy, News, MBS; Dark Venture, ABC.

ROGUE RIVER LODGE
Delicious Dinners
Cocktail Lounge — Dancing
Open Every Night
Except Mondays
Phone Trail 1404

Chalker's Motel & Lodge
OFFICERS' CLUB
Dine-Dance-Refreshments
Chicken and Steak Dinners
Most Unique Place in So. Ora.
CLOSED MONDAYS
Thursdays Private Parties Only
For Reservations Ph. Gold Hill 474

ZERO CLUB
Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p. m. to 3:00 a. m. except Sunday. Phone day time 5300; night 9101

8:15 p. m. Rex Miller, MBS; 9:30 p. m. Light and Mellow, NBC; Murder Will Out, ABC; Adventures of Nero Wolfe, MBS; 10:00 p. m. News, NBC; Fulton Lewis, MBS; Charlie Chan, ABC; 10:15 p. m. On Our Bandstand, NBC; Island Story, ABC; 10:30 p. m. Edwin C. Hill, CBS; Fenimore's Nite Club, ABC; Sweetheart Swingtime, NBC; 11:00 Talks, CBS; News, NBC; News, ABC; Cuba is the largest island in the West Indies.

WANTED
3 Experienced Saleswomen
For Coat, Suit, and Dress departments.
Apply at Burelson's Lady's Ready to Wear, Medford Center Bldg.

STRANGE AS IT SEEMS By ERNEST HIX



BARNEY GOOGLE and SNUFFY SMITH

IT'S IMPOSSIBLE TO GIT ACROSS OL' RAZOR BACK RIDGE TERNIGHT-I MIGHT AS WELL BERRY IN WIF TH' MOLES

BALLS O' FIRE!! A BIG OL' GOLLYWHOPPER HUGGIN' BEAR!!

EVILVINE!! FETCH SOME ROCKS!! IT'S ONE O' THEM DRATTED RENT COLLECTERS

BUZ SAWYER
HEY GANG! A DE-STROYER'S COMING ALONGSIDE—I THINK THEY'RE GONNA PUT BUZ AND SWEENEY ABOARD.

THE FIRST PERSON BUZ SEES IS KISSY JONES

KIS-SAY! I THOUGHT YOU WERE A GONER.

I JUMPED, SIR, THEY PICKED ME UP IN AN 803C JUST LIKE IN THE MOVIES.

GEE! I'M GLAD YOU'RE BACK, SIR. GEE, I'M GLAD!

LUCKY SAWYER! HERE COMES OLD SWEENEY.

HEY BUZ, THE OLD MAN WANTS TO SEE YOU.

BLONDIE
SHE'S BUSY AND ANYWAY WE DON'T WANT ANY!

I DON'T ASK YOU TO TALK TO YOUR WIFE

I TOLD YOU SHE'S BUSY

GEE, HOW I HATE HUSBANDS!

L'IL ABNER
WE GOT A INVITE, DEAR, T' TH' (GULP) WEDDIN' O' TIMBERWOLF MAMMA. 'Y' WOULD MAE SCRAGG, 'Y' WOULD 'Y' LIKE TO ATTEND, DEAR?

(GULP II)—AH KIN SEE FUR TH' WAY 'Y' HAIN'T 'REFOOZIN' THET 'Y' IS RARRN' T' GO, VERY WELL, DEAR, LET'S GO!!

'AM GLAD T' SEE THET 'Y' ALL HAS COME T' TH' HAPPY (GUR) WEDDIN', 'Y' AN' 'Y' SCOTTER, 'Y' LAW.

'Y' IS A HITE MARRIN' SAM, THET THIS IS GONNA BE A THREE-DOLLAR WEDDIN'?

IS IT TRUE, MARRIN' SAM, THET THIS IS GONNA BE A THREE-DOLLAR WEDDIN'?

RIGHT, TOBACCO RINGDOLL SH' CATSHIN EYEBALL KING IS GONNA TREAT ALL 'Y' VARSINETS T' TH' REAL GENOOVINE DELUXE 1.50 WEDDIN'!!

THE NEBBES
YOU'RE MY WITNESS, MR. MOON—SHE'S GOING TO MARRY ME!

WAIT, ROGER

I... I'M AFRAID I CAN'T MARRY YOU

BUT YOU JUST SAID YOU LOVED ME!

I DO, BUT YOUR FOLKS DON'T SEEM TO APPROVE OF ME

HOSENSE, WHEN THEY KNOW YOU BETTER LOVE YOU FOR THE DARING YOU ARE

MAYBE, BUT HARRYPING AGAINST THEIR WISHES WOULD ONLY LEAD TO UN-HAPPINESS

GO ON WITH YOUR FACE YOU OLD FRAUD. A LOT OF HELP YOU ARE!

DO YOU KNOW?
"A squeaking wheel gets the grease," but how?
Have a mechanic apply the proper lubricants AND BE SURE AT
ROGUE RIVER CHEVROLET

Crossword Puzzle

Crossword puzzle grid with clues:
ACROSS
1—Father
2—African
3—Tooth form
4—Food fish
5—Egg-shaped
6—Expand
7—Price-dating
8—Agency
9—Savory
10—Ship's body
11—Nothing
12—Years for fastening
13—Timbers
14—Billiard stick
15—Put of wind
16—Edges of dress
17—Useful
18—Mark of wound
19—Whims
20—Spiny
21—Seed cover
22—Hill
23—This
24—Stone used to scour ship's deck
25—Student labor
26—Insects
27—Paint unavailability
28—Dishes of greens
29—Unflamed
30—Fruit
31—Assort
32—Usually
33—Contest
34—Yard fabric

ANSWER TO PREVIOUS PUZZLE
ACROSS
1—MATT
2—MAINTAIN
3—WAIN
4—AFFIRMED
5—HORRIFIED
6—APPEAL
7—REVOLVE
8—NIGHT BIRDS
9—MATTER
10—POPPY DRUG
11—VALLEY
12—RELIGIOUS WOUND
13—DIMICUS
14—INDIAN NURSE
15—BUSH (SP.)
16—WORM
17—AVOID
18—FOR THE CREAM
19—BOUND WHITE
20—LOWER PART OF HEAD RIVER
21—INCREASED
22—MOUNTAINS
23—VALLEY
24—GLOOMY
25—DITZ'S NAME
26—BUSH (SP.)
27—DAMSEL
28—HUMMINGBIRD
29—TROUBLE
30—FIVE CLASS certificate (abbr.)
31—DOCTOR (abbr.)
32—BATH (abbr.)

DOWN
1—MATT
2—MAINTAIN
3—WAIN
4—AFFIRMED
5—HORRIFIED
6—APPEAL
7—REVOLVE
8—NIGHT BIRDS
9—MATTER
10—POPPY DRUG
11—VALLEY
12—RELIGIOUS WOUND
13—DIMICUS
14—INDIAN NURSE
15—BUSH (SP.)
16—WORM
17—AVOID
18—FOR THE CREAM
19—BOUND WHITE
20—LOWER PART OF HEAD RIVER
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30—FIVE CLASS certificate (abbr.)
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