Your Health and It's Care

By DR. WILLIAM BRADY M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino Beverly Hills. Calif.

NOBODY WANTS THE WHOLE TRUTH

Dr. Brady

A reader rejected her dentist's advice that while she was in the office (for repair of a denture) she should have prophylaxis Huh? The dentist explained that means removal of tartar, scaling, polishing, cleaning the teeth . . . but the patient declined to have any. She said Dr. Brady states that cleaning the teeth is merely a waste of time and money.

Now, I wouldn't mind that in itself. What irks me is the way the dentist reacted.

If there is a physician, a dentist or a health authority in America who has more consistently and vigorously urged upon the public the desirability and importance of regular care (including "phophylaxis" or cleaning) of the teeth by the dentist than I have, I challenge the dentists to name him.

Though it seems to please nobody, neither the dentist nor the patient nor the vendor of glorified soap and refined scrub brushes, I reiterate what I have been vainly shouting against the cacophony of snarls, boos and catcalls ever since I quit brushing my teeth: No matter how much you brush 'em or what type of detergent you use as dentifrice or what particular twist of the wrist you prefer, there is only one way you can keep your teeth clean, and that is by having them cleaned by your dentist at regular intervals.

If you imagine that by the most fastidious brushing you can save your teeth without the bother and expense of prophylaxis by the dentist you're just too childish—you should have a guardian.

Lest what I have said convey some misapprehension of the meaning of prophylaxis or prophylactic treatment by the dentist, let me emphasize that the main purpose and value of regular prophylaxis lies not so much in the thorough scaling, polishing and cleaning but in the opportunity this gives the dentist to discover minute cavities of fissures and treat them before serious damage is done by the progress of decay or caries.

When all we know at present about health and longevity is weighed, I doubt if there is a better way to invest ten or twenty bucks than in annual prophylaxis by the dentist.

QUESTIONS & ANSWERS

Dynamite

Saw something about use of 200,000 units of vitamin A daily for hypertension. As I have the same ailment I'd like to know what one could take to supply that much A. Also I had coronary thrombosis a year ago, and have a spastic colon which gives me much trouble. Have taken phenobarbital a good deal for relaxation, but it makes me dopey next day. (Mrs. L. S. P.)

Answer—100,000 to 125,000 units of vitamin A daily would be the right amount for hypertension (high blood pressure), and it is most conveniently taken in capsules (each contains 25,000 units). I do not advise it for your condition, Ma'am. Your high blood pressure is a minor manifestation of your CVD. You should choose a good doctor and submit every detail of your diet, general hygiene, medication to his judgment. Indulging in phenobarbital is playing with dynamite, for any one with coronary thrombosis.

Mastitis

Can mastitis be cured or does it mean eventual removal of the breast to prevent cancer? (J. C. E.)

Answer — Inflammation of breast (mastitis) is usually not so serious. Best course is to report to your physician at regular intervals and follow the physician's advice.

Why Have Headache?

Please give me some suggestions on the relief of ordinary headache. I have it a good deal and I wonder whether it is safe to take _____ for quick relief. (Mrs. J. W. W.)

Answer—It is actually dangerous. It is scandalous that the government permits indiscriminate sale of such dope. Send a stamped envelope bearing your address for pamphlet "Why Have Headache?"

(Copyright 1945 by John F. Dille Co.)

OREGONIANS FACE LONG PERIOD OF HIGH INCOME TAX

Most of State's Income Tax Revenues Will Go To Offset 1946 Property Taxes

By Eric W. Allen, Jr.
United Press Staff Correspondent

Salem, Ore., Aug. 3—(U.P.)—Chances are that 1944-45 was the last fiscal year in a long time during which income taxpayers in Oregon will not have to pay full amount of the income tax levy.

Two years ago there was a 75 per cent discount on the amount to be paid, last year it was 30 per cent, and the state tax commission announced this week that there would be no forgiveness on income taxes for the current year.

To Offset Property Tax

The commission, following a conservative policy, estimated total income tax revenues, as of June 30, 1946, would amount to $28,491,548. Most of this will go to offset property taxes.

Total requirements of the state government, which if there were no income tax would be paid by property levies, has been adjusted to total $24,372,335. The commission, in compiling the list of requirements, found that something would have to be cut, or requirements might exceed income, if income estimates were high.

So two cuts were made—one the $3,000,000 state and county school fund, and the other the rebate payment to taxpayers, both of which were at the bottom of the preferred list of requirements payable.

This is the way the property levy figures out:

State levy inside six per cent limitation, $5,992,927.

Higher education millage outside six per cent limitation, $1,366,543.

World war veterans aid, ½ mill, $542,297.

Veterans loan millage (1945) 1 mill, $1,084,558.

Veterans education, (1945) 2/10 mill, $216,912.

State building fund (June election) $5,000,000.

Elementary school fund (two mills), $2,169,116.

Total state levy, $16,372,335.

Plus state school support fund, $8,000,000.

Total property levy, $24,372,335.

This total represents what must be paid for out of income taxes. The tax commission estimated that this amount, and no more, can be taken care of safely by receipts, leaving a probable carry-over surplus of about $4,119,213 at the end of the year. This carry-over, however, cannot be counted upon without question.

Because, with income taxes due to drop, and the additional burden of the $5,000,000 building fund, the $3,000,000 additional to the school support fund for this year only, and the new veterans benefits, the commission figured that it was impossible to have a 1945-46 rebate, or the state and county school fund.

On the Radio Chain

STATIONS

Chain affiliation and where they are on the dial.

KALE (MBS) 1330, Portland; KEX (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KGW (NBC) 620 Portland; KJR (ABC) 1000 Seattle KNX (CBS) 1070, Los Angeles; KOA (NBC) 850, Denver, KOIN (CBS) 970 Portland, KOMO (NBC) 950, Seattle; KPO (NBC) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time Shown is PWT.

FRIDAY

5:00 p m Terry and Pirates, ABC; O.K For Release NBC; Sam Hayes News, MBS.
5:15 p m Dick Tracy, ABC; Superman MBS; Betty and Bob, NBC.
5:30 p m Jack Armstrong, ABC; News CBS; Tom Mix, MBS
5:45 p m Elmer Peterson, Commentator NBC; Capt Midnight, ABC; Night News Wire MBS; News, CBS.
6:00 p m News, ABC; Gabriel Heatter, MBS; Waltz Time, NBC; Jerry Wayne Show, CBS; Spotlight Bands, MBS.
6:15 p m Spotlight Bands, MBS; Real Life Stories, MBS.
6:30 p m People Are Funny, NBC; Those Websters, CBS; Death Valley Sheriff ABC.
7:00 p m Dunninger Show, NBC; Man from G-2, ABC; Ray Bolger Show, CBS.
7:15 p m News MBS.
7:30 p m Hollywood Preview, CBS; Lone Ranger, MBS; Bill Stern, NBC
8:00 p m Fights, MBS; Man Named Jordan, CBS; Supper Club, NBC. This is your FBI, ABC
8:15 p m Fleetwood Lawton, NBC; Eddie Stone Orch CBS.
8:30 p m Correction Please, NBC; It Pays to be ignorant, CBS; Roseland Ballroom Orchestra, ABC.
9:00 p m Night Editor, NBC; Tom Breneman, ABC; News MBS, Aldrich Family CBS
9:15 p m Cited for Valor, NBC
9:30 p m Adventures of the Thin Man, CBS; News, ABC; Freedom of Opportunity, MBS; Jose Bethencourt Orchestra, NBC.
10:00 p m Fulton Lewis, Jr., MBS News NBC
10:30 p m Orchestra, NBC; Orchestra, CBS
11:00 p m Orchestra, NBC; Orchestra CBS

Saturday

5:00 p m.—Youth on Parade, CBS; Orchestra ABC, Freddie Martin, ABC Now Take My Case, NBC.
5:30 p m Tanglewood Festival, ABC; Detroit Symphony, MBS; News, NBC.
5:45 p m.—News CBS; Elmer Peterson NBC.
6:00 p m.—Barn Dance, NBC; Your Hit Parade, CBS
6:30 p m Can You Top This?, NBC; Flight to Pacific, ABC.
6:45 p m.—Saturday Serenades. CBS
7:00 p m I Sustain the Wings, NBC; Hoosier Hop, ABC.
7:15 p m Assignment Home, CBS.
7:30 p m.—Grand Ol' Opry, NBC; Red Ryder, MBS; Hayloft Hoedown, ABC.
8:00 p m.—Early American Music, ABC; America in the Air, CBS; Truth or Consequences NBC Chicago Theater of the Air, MBS
8:30 p m The Younger Generation, NBC; Leland Stowe, ABC; The Twelve Players, CBS.
9:00 p m.—Views and Interviews, ABC; This is My Story, CBS; News, MBS; News, NBC
9:15 p m Dream Boat, MBS.
:30 p m Now it Can Be Told, MBS.
9:45 p m.—Don't You Believe It, CBS
10:00 p m.—News, NBC; Kay's Kanteen ABC
10:15 p m.—Hollywood Barn Dance, CBS
10:45 p m Orchestra, NBC
11:00 p m.—Orchestra CBS; This Moving World ABC; Orchestra, NBC.

ZERO CLUB
Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p m to 3:00 a m except Sunday Phone day time 5300; night 9101

Chalker's Motel & Lodge
OFFICERS' CLUB
Dine-Dance-Refreshments
Chicken and Steak Dinners
Most Unique Place in So Ore
CLOSED MONDAYS
Thursdays Private Parties Only
For reservations Ph Gold Hill 474

EX-OPA AGENT CITED IN BLACK MARKETING

Los Angeles, Aug 3 —(U.P.)— Edward Berger, former OPA investigator, and 17 other accused black market operators today were under federal grand jury indictment for violation of OPA meat sale regulations.

U. S. Attorney Charles H. Carr, who yesterday questioned scores of witnesses from the film colony's fashionable Sunset Strip cafes, declared that his probe was only a "start" at cleaning out bogus red point racketeers who have flooded the Los Angeles are with 20,000,000 rationing coupons this year.

Use Mail Tribune Want Ads.

ROGUE RIVER LODGE
Delicious Dinners
Cocktail Lounge — Dancing
Open Every Night Except Mondays
Phone Trail 1404

TAKE IT EASY LODGE
Under New Management
Chicken and Steak Dinners
All Kind of Sandwiches
Music by
Smokey, Danny & Blacky
Open Every Nite Except Tues.
Open 8 p.m. — Sunday 7 p.m.
Managed and Operated by Smokey Stansberry

STRANGE AS IT SEEMS By ERNEST HIX

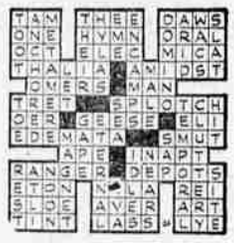
DO YOU KNOW?

that your cooling system should give your car correct engine temperature which is essential to good gas mileage?

ROGUE RIVER CHEVROLET

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

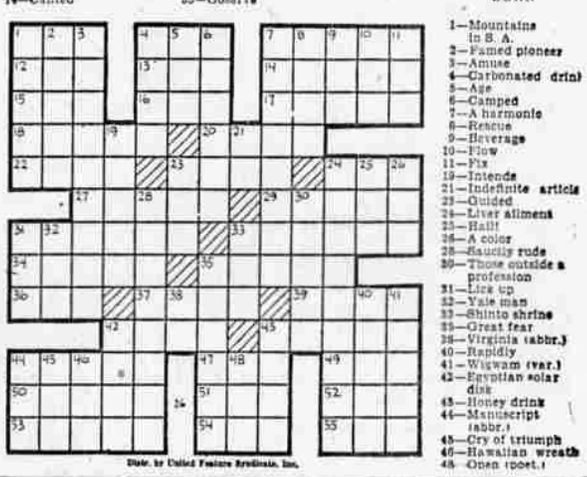


ACROSS

1—Abraham
4—Place
7—Glacial ridges
12—Prefix: not
13—Mineral earth
14—Price
15—Speck
16—River in Virginia
17—Occasion
18—Purge
20—Biblical weed
22—Dry
23—Period of fasting
24—Automobile
27—Strapped up
29—Oil source
31—Inclined
33—Trapped
34—Canted
35—Belonging to them
36—Fastener
37—Colored layer of iris
39—Pronoun
42—Winged
43—Near-sighted person
44—Island in Mediterranean
47—Fish eggs
48—Weaken
50—Shine
51—Price-fixing agency
52—Refrigerate
53—Holy man
54—Radical
55—Observe

DOWN

1—Mountains in S. A.
2—Famed pioneer
3—Amuse
4—Carbonated drink
5—Age
6—Camped
7—A harmonic
8—Rescue
9—Beverage
10—Flow
11—Fix
19—Intends
21—Indefinite article
23—Guided
24—Liver ailment
25—Halt
26—A color
28—Raucily rude
30—Those outside a profession
31—Line up
32—Yale man
33—Shinto shrine
35—Great fear
38—Virginia (abbr.)
40—Rapidly
41—Wigwam (var.)
42—Egyptian solar disk
43—Honey drink
44—Manuscript (abbr.)
45—Cry of triumph
46—Hawaiian wreath
48—Open (poet.)



Distr. by United Feature Syndicate, Inc.

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER

BLONDIE

L'IL ABNER

THE NEBBS

LEGAL NOTICES

Summons For Publication

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR JACKSON COUNTY.

JAY PORTER and ALFREDA J. PORTER, husband and wife, plaintiffs, vs. R. E. KINGSBURY and JANE DOE KINGSBURY, his wife, her true given name being to the plaintiff unknown; GEORGE MEGERLE and JANE DOE MEGERLE, his wife, her true given name being to the plaintiff unknown; WM. F. JONES and JENNIE JONES, his wife; and all unknown heirs of said defendants if they or either thereof be deceased, and also all persons and parties unknown claiming any right, title, interest, lien or estate in or to the premises described in this complaint, defendants.

To the above named defendants and each thereof:

You and each of you are hereby notified and required to appear in the above entitled Court and cause and answer the complaint of plaintiffs within four (4) weeks from the date of the first publication of this summons upon you, which is the 3rd day of August, 1945, and if you fail to appear and answer within the time required, for want thereof, the plaintiffs will apply to the court for the relief prayed for in their complaint, to-wit: For a decree of the court decreeing that the plaintiffs are the owners of the following described real property situated in Jackson County, Oregon, in fee simple, and that the defendants and neither thereof have any right, title, interest, lien or estate in or to said described premises or any part thereof:

The southwest quarter of the northeast quarter, and the northwest quarter of the southeast quarter of Section 4, Township 36 south, Range 4, West of the Willamette Meridian; (excepting and reserving therefrom that part thereof lying on the west side of Evans creek and more particularly described as follows: Commencing at the northwest corner of the southwest quarter of the southeast quarter of said Section 4, running thence east to the center of Evans Creek, thence following northwesterly up the center of Evans Creek to the northwest corner of the southeast quarter of Section 4, thence south to the place of beginning) also: commencing at a point 19 rods and 5½ feet north of the southeast corner of the southwest quarter of the northeast quarter of Section 4, Township 36 south, Range 4, West of the Willamette Meridian; thence running north to the northeast corner of the aforesaid tract; thence west along the north line of said tract 18½ rods; thence south 61 rods 6½ feet, thence east 13⅛ rods to the starting point; (excepting therefrom, beginning at the center line of Evans Creek at a point 720 feet west of the southeast corner of the northwest one quarter of the southeast one quarter of Section 4 in Township 36 South, Range 4 West of the Willamette Meridian in Jackson County, Oregon; thence running east 720 feet; thence north 900 feet; thence west 790 feet; thence north 50 degrees west 270 feet; thence west 220 feet to the center line of Evans Creek; thence southeasterly, along the center line of Evans Creek (the course and distance being approximately south 25 degrees east 1180 feet) to the point of beginning, containing 20.1 acres, more or less); together with all water and ditch rights appurtenant thereto.

and for a further decree of this Court quieting the title to said premises in the plaintiffs in fee simple and restraining the defendants and each thereof from asserting any right, title, interest, lien or estate in or to said described premises or any part thereof.

This summons is served upon you by publication in the Medford Mail Tribune once a week for four (4) consecutive weeks by Order of Honorable H. K. Hanna, Judge of the above entitled Court, which Order was made on the 2nd day of August, 1945.

Last day for appearance is August 31, 1945.

GUS NEWBURY,
Attorneys for Plaintiffs
U. S. National Bank Building,
Medford, Oregon.

NOTICE

In the County Court of the State of Oregon, for Jackson County. In the Matter of the Estate of L. W. COGHILL, deceased.

Notice is hereby given that the undersigned Administrator has filed his Final Account in the above entitled matter, and the above entitled Court has fixed the 1st day of September, 1945, at 10:00 o'clock a. m., in the County Court Room in the Court House, in Medford, Oregon, as the time and place for hearing objections to said Final Account and the settlement thereof.

HARRY C. SKYRMAN,
Administrator.

Old Tire Permits Will be Removed

Old R-2 tire purchase certificates, which local OPA boards stopped issuing on June 5, 1945, will be removed from the rationing system to protect the nation's limited tire supply from the black market, the district OPA tire rationing representative, announced today. Consumers will have until Aug. 15 to buy tires with the R-2 certificates they now have.

Dealers will have through Aug. 31 to transfer to their suppliers any R-2 certificates they accept from tire buyers before Aug. 16.

Closing time for Classified Ads 8:30 a. m.—Too Late to Classify 12:15 p. m.

POISON OAK?
Try a bottle of ZEMACOL
You must be satisfied or your money cheerfully refunded. Get a bottle today at WESTERN THRIFT

L. C. TAYLOR CO.
pays the
HIGHEST MARKET PRICES
If you have a CAR or TRUCK to sell, we advise selling it now.
Call or Phone
Dodge-Plymouth Dealer
L. C. TAYLOR CO.
Phone 2965

FOR SALE
ONE COMPLETE SAWMILL BLOWER SYSTEM
40 hp., 1800 RPM, 440 volt motor
One 45-inch fan and extrance cone
Approximately 180 feet of 19-inch discharge pipe.
One 5-inch separator.
TO BE SOLD AS A UNIT ONLY
ALSO one 8-saw foot operated trimmer.
ROGUE RIVER LUMBER
Rogue River, Oregon . . . Phone Rogue River 5

THE WORLD AT ITS WORST by GLUYAS WILLIAMS