Your Health and It's Care

By DR. WILLIAM BRADY M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino Beverly Hills Calif.

DO OLD FOLKS REQUIRE A SOLVENT?

I am 70 years old, never have drunk much (writes a gentleman who seems to have gotten into bad company), but I find most of my class at the golf club are in the habit of having cocktails which make them more congenial than I can be. They take their Tom Collinses just before dinner and it doesn't seem to hurt them, in fact it seems to give them an appetite. Do you think any harm to digestion or health will come from such indulgence? (L.D.W.)

Dr. Brady

Oh-Oh. I was afraid of that. I hope nobody put you up to it, sir, just to get me on the spot.

All right. I'll tell you what I think—but remember, this is just between ourselves and if anybody quotes me—well, I'll deny everything.

First let me say frankly that I am bitterly prejudiced against alcohol as liquor or beverage and if I had my way it would be available only on bona fide prescription by a reputable physician.

With that clearly understood I'll add that I believe life would be easier for a good many elderly persons to live, and those same elderly people would be easier to live with, if they took some beer, ale or wine regularly every day.

How elderly must they be to require such a solvent?

Now that's what troubles me now. Twenty years ago I thought they might find a solvent beneficial when they passed sixty. But now it doesn't seem to me that a person needs alcohol until—but remember how prejudiced I am, and that I have been a rabid teetotaler all my happy—from your point of view sad—life and no doubt some good doctors would say that a wee nip of alcohol might make me almost human.

I wonder whether this would have happened had I taken my daily solvent. Telephone rang. I answered. Young lady informed me that Mr. So-and-So desired to speak to me, kindly hold the line. I caught her there and told her that Mr. So-and-So, the blankety-blanky-bla might call me when he got ready, that meanwhile I was busy. The receiver crashed into the cradle with frightful violence. For a few moments I paced the floor in my playroom, where I had been so rudely interrupted, in such a state of fury that presently I had to laugh at it myself. But hold everything. The episode was not over. The telephone started jangling again. Let it jangle, I said to myself, trying to pick up the subject I had been working on. But it was no use. I couldn't ignore the racket. When I answered, it was Mr. So-and-So himself, trying to explain the inadvertent . . . and I'm a little ashamed of what I shouted at the man before I slammed the receiver back on the cradle.

QUESTIONS & ANSWERS

Postals

Readers who wish an answer by mail please read the instructions printed herewith. Requests by postal cannot be answered.

Tired College Girl

Daughter, 18, in college, seems healthy but is constantly tired. She can sleep ten to fifteen hours and still wake up tired. She used to be so happy and energetic but now she seems dull spirited and . . . .

(Mrs. M. W. R.)

Answer—Living in the goitre belt (Great Lakes Basin) your daughter may get insufficient iodine. Send a stamped self addressed envelope for "Instructions for Taking Iodin Ration."

Broadening

I work on a crane. My girl friends tell me it is broadening to the hips to sit too long or most of the day when you are not busy. Is this true?

(T. F. C.)

Answer—Yes. But you can easily keep trim by doing some of the exercises described and illustrated in "The Last Brady Symphony" — for words and music send ten cents and stamped envelope bearing your address. This applies to sitting too much whether at work or just vegetating.

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ON THE HOME FRONT

MEDFORD TRIBUNE

News From Jackson County for Men in the Armed Services

The Mail Tribune suggests you clip and mail this news roundup to a relative or friend in service.

Date.....

To.....

High temperatures in the valley, broken by an electrical storm Tuesday night, have hastened development of fruit crops and necessitated heavy irrigating in orchards this week. Cherries and berries are being picked and establishment of a plant for freezing and dehydrating fruits, vegetables and berries here in 1946 now seems certain, the Chamber of Commerce states. Several small fires were started in forest areas by lightning Tuesday.

Three Klamath Falls people and a boy from Vancouver, Wash., drowned in nearby lakes this week, the first three at Lake O' Woods and the latter at Diamond Lake. All were on outing trips. Travel to Crater Lake National Park on July 4 was the heaviest since beginning of the war, although opening of the rim road has been delayed.

In preparation for families of an expected 27,000 servicemen believed scheduled to arrive at Camp White in the next few months, a survey is being conducted in Medford to determine extent of housing facilities available. Don K. Bagley has been transferred to Portland with the General Petroleum Corp., and James A. Stubblefield was recently awarded $10 for an "Idea for Victory,' a special punch, at the Sacramento air technical service command. Robert Rucker is the new Junior C of C president. Howard Hobson, University of Oregon basketball and baseball coach, and Anse Cornell were in Medford Tuesday.

Jackson county bond sales rose this week, with a good response last Saturday to an offer allowing purchase to inspect a B-29 bomber at the airport.

The Medford Craters slipped to third place in Southern Oregon league standings when they were defeated 12 to 2 by Klamath Falls Marines here Saturday night. Medford trounced a hapless Ashland nine 17 to 6 Sunday while the Marines whipped Central Point 12 to 3. Butte Falls bowed before Norm Worthley's powerful Klamath Falls Navy 28 to 1. All were league tilts.

Sunday Medford plays the second-place Marines at Klamath Falls, first place Navy meets Central Point, in fourth place, and Ashland, last place, faces Butte Falls.

Liberated recently from German prison camps, 1st Lt. Alvin Gould, 2nd Lt. Tommy White, and Pfc. Ralph Gillmore arrived home this week on leaves. Others here after several months overseas service in the European theater are S/Sgt. Joe Dubuque, Pfc. Burnell Hatch, Pfc. Louis Powell, Capt. Laurence Fick, Pfc. Cecil H. Bishop, Sgt. Henry C. Betz, and T/Sgt. Elmer Ogborn.

On leave after service in the Pacific area are L. W. Robinson, CM 2/c, Henry Martin, Bm 1/c, S/Sgt. Earl Harnish, Pfc. Don D. Davis, Edward Lee Watson, MM 3/c, and Cornelius Henderson, PhM 1/c.

Lt. and Mrs. Curtis Barnes are visiting here on naval leave, and Major Edwin R. Durno and Lt. Col. Stephen Nye are both expected to arrive soon from Europe.

Visiting here from stations in the United States are Pvt. Alvin L. McQuigg, Pauline Champlin of the WAVEs, Pfc. Philip Helselman, Pfc. William L. Sutherlin, Ensign B. R. Schmidt, Lt. R. E. Watson of the navy, Second Lt. Ruth Fitch, Sgt. Nelson Best, and Lt. (jg) Allyn A. Monroe.

Lt. Col. George E. White has been in Medford on terminal leave, and others here this week have been Lt. (jg) Bob Mace, Pfc. Jack A. Watson, Joe McCallister, S 1/c, Naval Ensign R. H. Bauman, Chief Yeoman Lyman Robinson, and T/Sgt. Leo M. Wagner.

A direct representative, a plane named "The City of Medford" and commanded by 1st Lt. Earl C. Wheelock of Medford, is carrying bombs to the Japanese homeland, it is learned here.

Staff Sgt. Lewis Wilson Church has written of rest trips taken to Venice and Rome. C. Edith Hodgkins is now in Hawaii as an American Red Cross staff assistant, and S/Sgt. Homer S. Morris is at Pratt army air field as a member of a B-29 Superfortress bombardment group slated for overseas action soon.

Pvt. Charles Larraine Stelle and Pvt. Adelbert A. Schrein have arrived at Camp Wolters, Tex., for basic infantry training. Capt. and Mrs. Kenneth Edwards of Chandler, Ariz., and S/Sgt. and Mrs. A. K. Morse of Douglas, Ariz., had a reunion in Arizona last week-end.

Pvt. Volney Brock has been graduated from the advanced infantry and Browning automatic school at Oceanside, Calif., and is at the marine sea school at San Diego. Mary L. Busch is now employed at a defense job at Spokane air technical service command.

First Lt. Max Hendon, Richard Frederick Foster, and Ranson Webster have received honorable discharges from the service.

Definite proof of the death of Lt. Maurice J. Sample, reported killed overseas last September but not positively known by other American fliers on the mission to be dead, has been received. Two other crew members, German prisoners since then, have returned to this country with word of his death.

Awards received by local men and announced this week include the bronze stars given to Cpl. Jack Bickler in Germany, Lt. Col. Fred E. Rankin at Manila, Tech. Sgt. Benjamin F. Sparks in the Philippines, Sgt. Frank J. Hayner, topographic engineer in the air corps in India, and Cpl. Alfred R. Mercer, with a bomb disposal squad in France. Sgt. Charles L. Devine received the bronze star and two battle stars in the Philippines.

First Lt. Lanse Pitts was presented the air medal for flights in the southwest Pacific area, and Pfc. Kenneth E. Hood, stationed in the Philippines, was given the combat infantryman's badge.

Robert T. Iven has been promoted to Captain on Tinian island, and Donald Dale Cobleigh is now ART 1/c. William Cecil Downing was commissioned a second lieutenant at Ft. Benning, Ga., and 1st Lt. Paul Corwin has been graduated from the officers department of the transportation corps school, New Orleans.

Weddings announced this week were those of Evelyn Van Hise and Loyal G. Harper, RM 3/c, Arletta Tyrrell and Denver Bullock of the navy, June Weybright and Edward Tarp, Iris Belcher and Pfc. Louis DeWald, and Helen Edna Raine and George Icenhower. The engagement of Carol Powlowski and William Hyde, S 1/c was also told.

Daughters have been born to Dr. and Mrs. John T. Brunn Jr., (Peggy Gardner), Salt Lake City, Utah, and 1st Lt. and Mrs. Don Darneille (Lavon Davis), Louisville, Ky.

On the Radio Chain

STATIONS

Chain affiliation and where they are on the dial:

KALE (MBS) 1330, Portland; KEX (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KGW (NBC) 620, Portland; KJR (ABC) 1000, Seattle; KNX (CBS) 1070, Los Angeles; KOA (NBC) 830, Denver; KOIN (CBS) 970 Portland, KOMO (NBC) 950, Seattle; KPO (NBC) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time Shown is PWT.

FRIDAY

5:00 p m. Terry and Pirates, ABC; O.K For Release NBC; Sam Hayes, News, MBS.
5:15 p m Dick Tracy, ABC; Superman MBS; Betty and Bob, NBC.
5:30 p m Jack Armstrong, ABC; News CBS; Tom Mix, MBS.
5:45 p m. Elmer Peterson, Commentator NBC; Capt Midnight, ABC; Night News Wire MBS, News, CBS.
6:00 p m News ABC; Gabriel Heatter, MBS; Waltz Time, NBC.
6:15 p. m. Spotlight Bands, MBS; Real Life Stories, MBS.
6:30 p m. People Are Funny, NBC; Those Websters, CBS; Double or Nothing MBS; Death Valley Sheriff, ABC.
7:00 p m Dunninger Show, NBC; Man from G-2, ABC; Durante and Moore CBS.
7:15 p m. News MBS.
7:30 p m Hollywood Preview, CBS; Lone Ranger, MBS; Bill Stern, NBC.
8:00 p. m. Fights, MBS; Man Named Jordan, CBS; Supper Club, NBC.
8:15 p m Fleetwood Lawton, NBC; Tonight in Hollywood CBS.
8:30 p m Correction Please, NBC; It Pays to be Ignorant, CBS; Frances Greer Show, ABC.
9:00 p m Night Editor, NBC; Tom Breneman, ABC; News MBS; Aldrich Family CBS.
9:15 p m Cited for Valor, NBC.
9:30 p m Adventures of Thin Man, CBS; News, ABC Freedom of Opportunity MBS.
10:00 p m Fulton Lewis, Jr., MBS News NBC.
10:30 p m Orchestra, NBC; Orchestra, CBS.
11:00 p m Orchestra, NBC; Orchestra CBS.

Saturday

5:00 p m.—Youth on Parade, CBS; Orchestra, ABC; Freddie Martin, ABC
5:30 p m.—Boston Symphony, ABC; Twilight Concert, MBS; Sophisticated Swing, NBC.
5:45 p m.—News CBS; Elmer Peterson NBC.
6:00 p. m.—Barn Dance, NBC; Your Hit Parade, CBS.
6:30 p m.—Can You Top This? NBC; Spotlight Bands, ABC.
6:45 p m.—Saturday Serenades, CBS.
7:00 p. m. I Sustain The Wings, NBC.
7:15 p. m.—Mayor of the Town, CBS.
7:30 p m.—Grand Ol' Opry, NBC; Red Ryder, MBS.
8:00 p m.—Early American Music, ABC; America in the Air, CBS; Truth or Consequences, NBC; Chicago Theater of the Air MBS.
8:30 p m.—Variety Hall, NBC; Leland Stowe, ABC; Dance Band, CBS.
9:00 p m.—Views and Interviews, ABC; This is My Story, CBS; News, MBS; News, NBC.
9:15 p m.—Dream Boat, MBS; Orchestra NBC.
9:30 p m.—Orchestra MBS.
9:45 p m.—Don't You Believe It, CBS.
10:00 p m.—News, NBC; Kay's Canteen, ABC.
10:15 p m.—Hollywood Barn Dance, CBS.
10:45 p m.—Mary Ann Mercer, NBC.

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Another thrilling true story of railroads and railroad men!

TONIGHT 9:00

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ZERO CLUB
Out of bounds, civilians only
Delicious chicken and steak dinners 7:00 p. m. to 3:00 a m except Sunday. Phone day time 5300; night 9101

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Delicious Dinners
Cocktail Lounge — Dancing
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Chicken and Steak Dinners
All Kind of Sandwiches
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Managed and Operated by Smokey Stansberry

DO YOU KNOW?

that this firm has been serving the automobile owners' needs for 12 years in Medford.

ROGUE RIVER CHEVROLET

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Registered U. S. Patent Office.

4	6	2	3	5	7	4	2	6	5	3	8	4
Y	A	A	Y	A	M	O	D	S	P	O	F	U
2	7	5	4	6	3	8	7	4	8	2	5	6
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R	Y	G	R	E	C	L	D	O	R	E	L	E
4	8	4	2	6	3	4	8	5	7	4	3	6
F	T	I	E	V	R	L	T	A	R	L	E	I
3	2	6	4	5	8	3	7	4	8	2	7	4
A	I	D	Y	S	H	M	N	O	E	S	I	U
5	4	8	3	6	4	7	2	8	3	4	6	2
O	R	P	S	E	P	Z	S	A	O	U	N	E
4	6	2	7	3	8	4	6	5	2	3	4	8
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HERE is a pleasant little game that will give you a message every day. It is a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner of the rectangle and check every one of your key numbers, left to right. Then read the message the letters under the checked figures give you. 7-13

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HAMMOCK WATCHER by GLUYAS WILLIAMS

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Try a bottle of ZEMACOL
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ROLLER SKATING
MEDFORD ARMORY
7:30 To 10:30
WED., FRI., SAT. and SUN. NIGHTS
SKATING PARTIES by SPECIAL ARRANGEMENT

STRANGE AS IT SEEMS By ERNEST HIX

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER

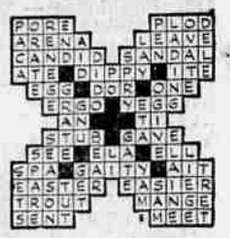
BLONDIE

LIL ABNER

THE NEBBS

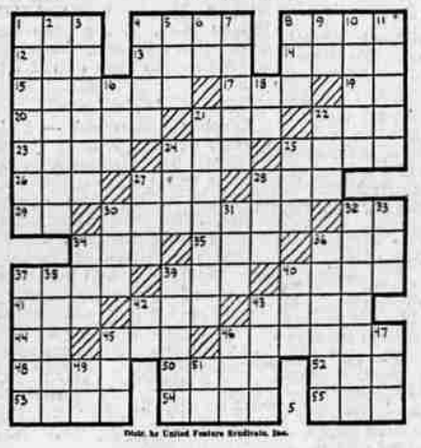
Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE



ACROSS

1—Pixie
4—Tibet priest
8—Girl's name
12—Animal's hair
13—First man
14—Extinct wild ox
15—Painting on plaster
17—Newt
19—Steamship (abbr.)
20—Former Russian edict
21—Literary scrap
22—Supplement
23—Gutter (prov. Eng.)
24—Strange
25—Game fish
26—Printers' measures
27—Twice
28—Humor
29—Dr. Parran's title (abbr.)
30—Tilted
32—River in Italy
34—Spanish title
35—Fisherman's implement
36—Long-nosed fish
37—Old ship of war
39—Flow out
40—Dress
41—Lick up
42—Artery
43—Purposes
44—Where the Wizard ruled
45—Hang
46—God's messengers
48—Pert. to aircraft
50—The Orient
52—Observe
53—River duck
54—Mature
55—Norse god of war

DOWN

1—Pours forth
2—Hiding in ambush
3—Strange people
4—Fine needlework
5—Fuss
6—Mother
7—Change
8—Slit
9—Corrosive of either
10—Sweeted biscuits
11—Fools
16—Compass points
18—Musical note
21—Absorbs gas
22—Take food
24—Lubricate
25—Make an offer
27—Good (Fr.)
28—Marry
30—Tooth on wheel
31—Steal
33—Green herb
35—Globe
36—Pickpocket (slang)
38—Most courageous
37—Puff up
38—Street show
39—Ardent
40—Two-wheeled cart
43—Southern State (abbr.)
43—Poker bet
45—The sun
46—Viper
47—Sermon (abbr.)
49—Sun god
51—South American sloth