

# Your Health and It's Care

By DR. WILLIAM BRADY M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino Beverly Hills Calif.

## A GRUDGING WORD FOR CASTOR OIL

A famous novelist says he has suffered nearly all his life from frequent headaches and he has tried everything doctors could suggest, with little or no benefit.

A year or two ago, he says, he read in this column an article about the use of castor oil as a remedy for the underlying trouble, not as a relief for the headache itself.

I have never taken as much as half a teaspoonful of castor oil, the novelist says, but I have taken a few drops every morning for the past year or two, and it is certainly a fact that my headaches have been greatly reduced in number and that I have gotten over them more quickly. It may be that there is some hormone-like substance in castor oil—but, as you said physicians do not know how to explain the effect of the castor oil treatment of this condition.

The sufferer who elects to give the treatment a try for migraine, facial neuralgia or intractable "nervous" or neuritic headache, should take a certain dose of fresh pure castor oil daily, preferably shortly after rising each morning, and determine the dose by trial and error—the purpose being to take only as much as possible short of producing the laxative effect of a full dose of castor oil. Most persons find that about ten drops daily is sufficient. Simplest way to take it is in soft capsules which come ready to take—each capsule con-

### QUESTIONS & ANSWERS

**Our biology teacher said if we use deodorant cream it may cause cancer and it closes the pores of the skin and prevents wastes from leaving the body.** (Miss C. G.)  
Answer—Any one who imagines "wastes" leave the body through the skin is too glib. Even primary school physiology should teach you that the skin is not an excretory or eliminating organ. Practically only water and vitamin D and am happy to say my troubles are over.

**Diabetes**  
I am diabetic. Have had two insulin reactions recently, or so my doctor says. My husband says they are not reactions. (Mrs. P. T. H.)  
Answer—The doctor should know. Send ten cents and stamped envelope bearing your address for booklet "Training for Diabetes." Leave the insulin problem to the judgment of your doctor.

**Asthma and Allergy**  
I was under treatment for a year for asthma and allergy. Then the doctor referred me to a specialist, finally wrote you, and following suggestion in your pamphlet I began taking calcium and vitamin D and am happy to say my troubles are over. (H. R.)  
Answer—Fine, but who knows whether the calcium and vitamin D or the diet, corrects the nutritional deficiency responsible for asthma, allergy, eczema, migraine, hay fever, hyperesthetic rhinitis, perennial hay fever and spurious sinusitis in many instances. It is not medicine, and it can do no harm to try it in any case. Anything less than two or three months trial is hardly worth while. Send stamped self-addressed envelope for pamphlet "Relief for Allergy." If you want also pamphlet on Asthma, hay fever, hives, headache, eczema, include ten cents for each additional one. (Copyright 1946 by John F. Dille Co.)

# Burning, Theft Of American Army Goods Charged By British Workmen

London, July 6—(U.P.)—Charges that American army goods, from bed sheets to ambulances, either were being burned or stolen and sold for high profits were made in provincial courts today. In a trial at Westbury, Wiltshire, a fitter named Alfred Grist said that he had seen thousands of dollars worth of equipment go up in smoke at the Warminster ordnance dump, where he formerly worked. Grist was fined \$60 for unlawful possession of two American army tires, a jack, and a head lamp. He said he had taken the items only after they were ready to be destroyed.

# RADIO STATION AT FAIRGROUND

Construction of a naval radio station is under way on city-owned land at the Jackson county fairgrounds and operation is expected to begin in a few days. The building, a small concrete structure, is being constructed with money provided by the Jackson County Chamber of Commerce and will be rented to the Navy for \$25 per month. Reason for Chamber of Commerce financing was said to be because the building was needed immediately and radio technicians and operators brought here to operate the device will bring an added payroll to the city.

The station will be operated by Naval Air Transport Service Command, Oakland, Calif., and will be used to furnish radio communication with navy planes flying in this area.

# U. S. National Lists Substantial Gains In Latest Report

Geo. T. Frey, manager of the Medford branch office of the United States National Bank, reports substantial gains in deposits and resources for this large Oregon financial institution. In its statement of condition to the Comptroller of the Currency as per the official call of June 30, the United States National Bank reported deposits of \$509,589,544.41 and resources of \$530,064,922.93. Deposits, now at an all time high, represent an increase of \$81,450,449.85 over the corresponding 1944 call date. During the same period, resources increased by \$83,523,592.25. "This is a truly splendid record," stated Mr. Frey. "We are proud of the progress of this fine bank but even prouder of the constantly increasing facilities for serving our customers which these figures indicate."

# Ordnance Plants Declared Safest Work In America

CHICAGO—(U.P.)—Despite the dangers of handling explosives, a job in an army ordnance plant is safer than any in American industry, according to Capt. Lawrence W. Schott of the ordnance office here. Schott said the army plants

have the lowest rate of occupational injuries and diseases in the United States. This is due, he explained, to a well-organized safety and health program. Medical officers and safety experts are assigned to each plant. They give every applicant a complete physical examination and placed him in a job he can do safely and efficiently. The job, as well as the worker, is studied carefully to determine the safest and most healthful working conditions obtainable.

In addition, Schott said, an extensive educational program is carried on to acquaint employees with personal hygiene. Emphasis is placed on proper nutrition, recreation and avoidance of fatigue.

**ROGUE RIVER LODGE**  
Delicious Dinners  
Cocktail Lounge — Dancing  
Open Every Night  
Except Mondays  
Phone Trail 1404

**TAKE IT EASY LODGE**  
Under New Management  
Chicken and Steak Dinners  
All Kind of Sandwiches  
Music by  
Smokey, Danny & Blacky  
Open Every Night Except Tues.  
Open 8 p.m. — Sunday 7 p.m.  
Managed and Operated by  
Smokey Stansberry

**DO YOU KNOW?**



CHEVROLET owners get the best CHEVROLET service from their CHEVROLET dealer.

**ROGUE RIVER CHEVROLET**

# STRANGE AS IT SEEMS By ERNEST HIX



**50 YEARS AGO AMERICAN SURGEONS PERFORMING MAJOR OPERATIONS WORE FROCK COATS AND WORKED WITH BARE HANDS!**

**EVEN WHEN BRIGHT, POWERFUL SEARCH LIGHTS THE BLACK WIDOW NIGHT FIGHTER IS INVISIBLE DUE TO A SPECIAL SHINY BLACK PAINT!**

**THE RING OF ILL OMENS... A HUGE EMERALD RING, PART OF THE RUSSIAN CROWN JEWELS... FLEW OFF THAT MORE IT DIED VIOLENTLY!**

**PETER III - MURDERED  
ALEXANDER II - BOMBED  
NICHOLAS II - MACHINE GUNNED**

# Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

**ACROSS**  
1-Young horse  
2-Young swiss  
3-Point to fencing  
4-Ascert  
5-Anger  
6-Over-dressed man  
7-Literary collection  
8-Whist instrument  
9-The Altar  
10-Tail tug for whale  
11-Defense  
12-Expand  
13-Hawaiian food  
14-Refresh  
15-Legislation  
16-Act of entering

**DOWN**  
1-They follow the engine  
2-Notly welcomes  
3-Bolshwick  
4-Worthless (rhyming)  
5-Tout gazet  
6-Coinc used in India  
7-Ran  
8-Voice range  
9-Flash trap  
10-March bird  
11-Beastful  
12-Stray from right path  
13-Beast's foot  
14-Moderate in all things  
15-Crusty dessert  
16-Forty winks  
17-Airport  
18-Stratched  
19-A number  
20-Part of "to be"  
21-Latvian coin  
22-Coinc  
23-Wealthy ruler in India  
24-City on Hudson River  
25-Dry  
26-Mistle

# On the Radio Chain

- Chain affiliation and where they are on the dial:
- KALE (MBS) 1330, Portland; KEX (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KGW (NBC) 820, Portland; KJR (ABC) 1000, Seattle; KNX (CBS) 10, Los Angeles; KOA (NBC) 550, Denver; KOIN (CBS) 970, Portland; KOMO (NBC) 850, Seattle; KPO (NBC) 840, San Francisco; KSL (CBS) 1160, Salt Lake City.
- Time shown is P.M.T.
- FRIDAY**  
5:00 p. m. The Pirates, ABC; OK For Release, NBC; Sam Hayes, News, MBS; This Man Named Jordan, CBS.  
5:15 p. m. Dick Tracy, ABC; Superman, MBS; Betty and Bob, NBC.  
5:30 p. m. Jack Armstrong, ABC; News, CBS; Tom Mix, MBS.  
5:45 p. m. Elmer Peterson, Commentator, NBC; Capt. Midnight, ABC; Night News Wire, MBS; News, CBS.  
6:00 p. m. News, ABC; Gabriel Heatter, MBS.  
6:15 p. m. Spotlight Bands, MBS.  
6:30 p. m. People Are Funny, NBC; Those Websters, CBS; Double or Nothing, MBS; Death Valley Sheriff, ABC.  
7:00 p. m. Dunnington Show, NBC; Man from G-2, ABC; Durand and the CBS.  
7:15 p. m. News, MBS.  
7:30 p. m. Hollywood Review, CBS; Lou Ronger, NBC; Bill Stern, NBC.  
8:00 p. m. Fishes, MBS; Jack Kirke-Tonight Show, CBS; Supper Club, NBC.  
8:15 p. m. Networked Letton, NBC; Tonight in Hollywood, CBS.  
8:30 p. m. Correction Please, NBC; It Pays to be Incurant, CBS; Frances Greer Show, ABC.  
9:00 p. m. Night Editor, NBC; Tom Brogan, ABC; News, MBS; Aldrich Family, CBS.  
9:15 p. m. Cited for Vajor, NBC.  
9:30 p. m. Adventure of Thin Man, CBS; News, ABC; Freedom of Opportunity, MBS.  
10:00 p. m. Fulton Lewis, Jr., MBS; News, NBC.  
10:30 p. m. Orchestra, NBC; Orchestra, CBS.  
11:00 p. m. Orchestra, NBC; Orchestra, CBS.
- Saturday**  
5:00 p. m.—Youth on Parade, CBS; Orchestra, ABC; Freddie Martin, ABC.  
5:30 p. m.—Boston Symphony, ABC; Twilight Concert, MBS; Sophisticated Swing, NBC.  
5:45 p. m.—News, CBS; Elmer Peterson, NBC.  
6:00 p. m.—Barn Dance, NBC; Your Hit Parade, CBS.  
6:30 p. m.—Can You Top This? NBC; Spotlight Bands, ABC.  
6:45 p. m.—Saturday Serenades, CBS.  
7:15 p. m.—Mayor of the Town, CBS.  
7:30 p. m.—Grand Ol' Opry, NBC; Red Ryder, MBS.  
8:00 p. m.—Early American Music, ABC; America in the Air, CBS; Truth or Consequences, NBC; Chicago Theater of the Air, MBS.  
8:30 p. m.—Variety Hall, NBC; Leland Stowe, ABC.  
9:00 p. m.—Views and Interviews, ABC; This is My Story, CBS; News, MBS; News, NBC.  
9:15 p. m.—Dream Boat, MBS; Orchestra, NBC.  
9:30 p. m.—Orchestra MBS.  
9:45 p. m.—Don't You Believe It, CBS.  
10:00 p. m.—News, NBC; Kay's Kanteen, ABC.  
10:15 p. m.—Hollywood Barn Dance, CBS.  
10:45 p. m.—Mary Ann Mercer, NBC.  
11:00 p. m.—Boston Symphony, ABC; Moving World, ABC; Orchestra, NBC.

# JUNE 4 RAINFALL TOPS FOR MONTH

Thunderstorms and hail on June 4 brought the greatest amount of precipitation in any 24 hour period of the month, a total of .32 inches on June 4 and 5, according to the monthly meteorological summary of the Medford station of the weather bureau.

A total of 15 clear days were recorded, five partly clouded and 10 cloudy, while only two days brought a measurable amount of precipitation.

Highest temperature for the month was 101 degrees on June 19, which is the maximum recorded here yet this summer. Lowest was 39 degrees on June 14. Extremes during the month of June since 1911 were 109 degrees on June 6, 1926, and 32 degrees on June 12 in 1917.

A monthly mean of 30.00 was reported for barometric pressure.

# SPARS Needed to Take Over Jobs as Men Go to Sea

Portland—Need for more men at sea as the Pacific war expands creates a necessity for more recruits in the SPARS, women's branch of the U. S. Coast Guard, reports the Coast Guard Recruiting Station at 806 S.W. Morrison street, Portland. Thousands of Coast Guard men now serving at sea were made available by SPARS taking over jobs which they formerly held ashore, declares Recruiting Officer, O. L. Puckett. "More women 20 to 36, especially those with office training and experience, are needed to help swell these ranks of men released from shore duties," according to the recruiter.

# Man Stabs Wife In Jealous Rage

Seattle, July 6—(U.P.)—Blaming his act on "uncontrollable jealousy," a 26-year-old shipyard worker, Charles Ray Ross of Knoxville, Tenn., admitted he killed his Auburn-haired bride of four months today with a five-inch hunting knife, police said. "My wife had been unfaithful to me on many occasions," Ross told police. "I lost my head and stabbed her. That's all."

# TORNADO RIPS THROUGH NEBRASKA FARM HOUSE

Rising City, Neb., July 6—(U.P.)—At least a dozen persons injured by a tornado which killed six people as it tore through a farm community west of here were taken to a hospital in Columbus today. The tornado struck last night at the James Henderson home, demolished the house, and killed Mrs. Henderson, her four-year-old son, and a guest, Dedie Alshouse, a beauty operator of David City.

**WEATHER**  
Northern California: Clear today, tonight and Saturday except coastal fog. Not much change in temperature. Gentle wind off coast mostly northwest.

# Friends Church Vacation School To Open Monday

A vacation Bible school, sponsored by the Friends church will begin next Monday at the Howard school, Old Pacific highway, according to Milla C. Ross, local pastor. The Sunday school council, headed by Marjorie Votaw, has secured the assistance of Esther Hendricks White of Sherwood, and Lila Newby of Newberg, as teachers in cooperation with a staff of local workers. Mrs. White is a Friends minister who has majored in children's activities and teaching.

The school is open to all children of grade school age. Stories, handwork, songs, games and Bible lessons are part of the curriculum.

# "EMPEROR NORTON"

A fantastic railroad tale from the colorful pages of California's history!

**TONIGHT 9:00 KMED**

**Southern Pacific's MAIN LINE**

# Chalker's Motel & Lodge OFFICERS' CLUB

Dine-Dance-Refreshments Chicken and Steak Dinners Most Unique Place in So. Ore. CLOSURE: MONDAYS Thursday Private Parties Only For reservations PH Gold Hill 474

# WISHING WELL

Registered U. S. Patent Office.

5	7	3	6	8	2	7	4	8	3	6	5	7
N	C	G	A	A	A	H	F	C	L	S	E	A
5	2	7	4	6	3	8	5	7	6	2	8	5
W	H	N	U	W	O	R	A	G	E	A	I	B
3	6	5	8	4	8	7	2	6	5	3	7	8
R	E	I	S	N	I	E	P	T	L	Y	I	S
5	4	7	2	6	3	5	8	4	7	5	3	6
I	B	N	P	J	F	T	I	Y	S	Y	O	O
2	5	3	6	4	7	2	5	8	3	6	5	7
Y	T	R	V	M	E	G	O	S	Y	N	C	R
4	6	5	7	2	5	8	3	6	5	2	4	7
A	6	A	V	A	R	P	O	S	A	R	I	I
5	7	3	6	4	7	2	5	8	3	6	5	7
A	Y	C	U	R	L	E	N	O	S	S	N	T

HERE is a pleasant little game that will give you a message every day. It is a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner of the rectangle and check every one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

# THE MINUTE THAT SEEMS A YEAR

By GUYAS WILLIAMS



AT THE MOMENT THAT YOU HEAR FROM THE OPEN DOORWAY A VOICE INQUIRING WHERE JUNIOR IS BECAUSE THE LAWN NEEDS MOWING, YOU FEEL YOUR BASEBALL EQUIPMENT START TO SUIP FROM UNDER YOUR ARMS!

# BARNEY GOOGLE AND SNUFFY SMITH

SUPREME SMITH, SIR-- I HAVEN'T HAD A WEEK-END PASS FOR A MILLENNIUM, SIR, AND---UH--

SHORE SHORE, THE WEEK END IS ALL WORN, ROSEWARTER

7-6 FRED CARSWELL

# BUZ SAWYER

MAY DAY! MAY DAY! THIS IS SAWYER, I'M DITCHING! I'M HEADING FOR THE DRINK.

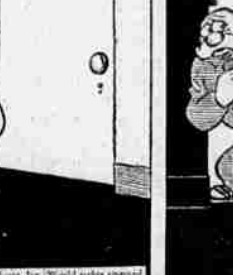
CAN'T HOLD 'ER UP ANY LONGER, SWEENEY. ENGINE'S ABOUT TO SHAKE OUT, ALL INSTRUMENTS SHATTERED. WE'RE DITCHING. HERE WE GO!

OKAY, GOOD LUCK, SIR.

CLUNK! CLUNK!

7-6

# H-HAVE I DONE ANYTHING WRONG, SIR?



# BLONDIE

COULD YOUSE SPARE A POOR MAN A CUP OF COFFEE AND A SANDWICH?

OKAY-WAIT A MINUTE

WELL-- THANK YOU, DAGWOOD

7-6

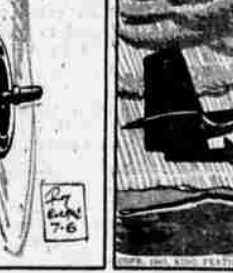
# L'L ABNER

L'L ABNER!! ALL MAH NATCHERAL LIFE AH HAS WOODED YO', DOGATCH STYLE. NATCHERLY: AH ALL YO' NATCHERAL LIFE YO' HAS BIN MIZZLEB ON ACCOUNT OF IT!

AH BIN (SIGH) THINKN' THINGS OVAH!! AH'VE DECIDED NOT T' WOO YO' NO MORE!! (SIGH) -T' MAKE THIS SHAKIN' OFFISHUL ENGIN' - LE'S SHAKE MAH'S ON IT!!

7-6

# HI, HO! WHEELS UP, FLAPS DOWN, THREE-POINT LANDING CAREFUL, OLD BOY, CAREFUL. TWO PEOPLE ARE DEPENDING ON YOU.



# HOW ABOUT MY COFFEE AND SANDWICH, BUDDY?



# L'L ABNER

L'L ABNER!! ALL MAH NATCHERAL LIFE AH HAS WOODED YO', DOGATCH STYLE. NATCHERLY: AH ALL YO' NATCHERAL LIFE YO' HAS BIN MIZZLEB ON ACCOUNT OF IT!

AH BIN (SIGH) THINKN' THINGS OVAH!! AH'VE DECIDED NOT T' WOO YO' NO MORE!! (SIGH) -T' MAKE THIS SHAKIN' OFFISHUL ENGIN' - LE'S SHAKE MAH'S ON IT!!

7-6

# YO' DON'T WANTA SHAKE MAH'S AN' MAKE THIS TH' OFFISHUL ENGIN' - OH, HAPPY DAY!! THASS TO SWEET, SLY WAY O' WINTIN YO' DON'T WANT IT T' END!!



# YO' LET TH' CAT CUTTA TH' BAG!! YO' LOVES ME!!



# (SOB) MYAR, WE GO AGIN!! ONE MIZZLEB L'L HAN SHAKE WOULD OF RID ME O' TH' WHOLE GUSSED BIZNESS!



# THE NEBB

HOW MUCH DO YOU WANT FOR YOUR INTEREST IN THIS BUSINESS?

IT'S NOT FOR SALE

QUIT STALLING, I'LL PAY YOU ANYTHING WITHIN REASON

I'VE SPENT YEARS BUILDING THIS BUSINESS AND I'M PROUD OF IT'S CONTRIBUTION TO THE WAR EFFORT. YOU CAN'T PAY ME FOR THAT!

7-6

# CUT THE PRETTY SPEECHES AND NAME YOUR PRICE



# YOU'D BETTER HARD TO CONVINCE APENT YOU?



# MONEY TALKS MR NEBB



# Administrator's Notice of Sale of Real Property

Notice is hereby given that the undersigned administrator of the estate of J. A. Edington, deceased, under and in pursuance of an Order of the County Court of Jackson County, Oregon, made and entered of record July 5, 1945, will on the 4th day of August, 1945, at the office of Gus Newbury in the United States National Bank Building, in Medford, Oregon, sell at private sale to the highest bidder for cash the following described real property, to-wit:

The Southwest quarter of the Northeast quarter and the Northwest quarter of the Southeast quarter of Section 21, Township 36 South, Range 1 East of the W. M., Jackson County, Oregon, subject to confirmation by said Court.

W. W. EDINGTON, Administrator of the Estate of J. A. Edington, deceased.  
GUS NEWBURY, Attorney for Administrator.