Your Health and It's Care

By DR. WILLIAM BRADY M.D.

Readers should address inquiries to: Dr William Brady. 265 El Camino Beverly Hills Calif.

HAY FEVER IS NOT SO

Dr. Brady

With a psychological blush I recall an anecdote, not a parlor story, but somehow it has always ranked with the story of the ranchman's biscuit in my own estimate, about the fare a hackman took home to accommodate one of his patrons. Title of this one is Lady, Eh?—and by a conditioned reflex my diaphragm goes clonic on me as the anecdote recures whenever any one mentions hay fever.

According to some competent physicians there are occasional cases of pollinosis or allergic reaction manifested as coryza, itching, irritation in nose and eyes, burning and reddening of eyes, watery nasal secretion, stuffiness, perhaps cough and wheezing, due to grass pollens, even to the pollen of Timothy hay—but the pollens of the grasses, clover, alfalfa are heavier, larger grains and are carried by insects and not by the wind. Hence one inhales such pollens only in exceptional circumstances. The pollens responsible for most pollinosis (hay fever) are lighter, very small grains and these pollens are carried mainly by the wind or air, and so the great majority of such allergic reactions are due to the fine pollens of such plants as ragweed, wild oats, live oak, scrub oak, orchard grass, cottonwood, Russian thistle, plantain, sheep sorrel and other windborne pollens.

Contrary to a popular notion the conspicuous goldenrod seldom causes trouble—in most instances reactions ascribed to it are really due to the unnoticed ragweed that grows wherever goldenrod grows.

Rose pollen, too, is comparatively heavy and large grained, carried by insects and not in the air or by the wind. So "rose cold" is another misnomer for pollinosis.

Take away all the ragweed pollen — common ragweed, prairie ragweed, western ragweed, bur ragweed, giant ragweed—it would require an enormous fleet of 10-ton trucks to take away all the ragweed pollen in the atmosphere in the season—and what have you left? Just an occasional mild to doubtful case of watery nose and blear-eyes, a spring or early summer distemper, sure enough, but nothing to write to the paper about.

Ah, but wait till Friday, Aug. 10, '45, for it is at precisely 7:10 a. m. that day that the Big Sneeze is scheduled to start. Good bye, now, more later.

QUESTIONS & ANSWERS

Everybody's Doing It

Son, seventeen, nearsighted. Optician said he must give up his music, not take mechanical drawing, too much eye strain, and said he should eat raw carrots. (Mrs. F. W. M.)

Answer—Don't you think your son should have the benefit of an oculist's (eye physician) advice?

Iron Tonic

Why does the U.S.P. use meaningless and confusing terms, such as your celebrated "iron and ammonium citrate"? Conjunctions have no place in double salts or in chemical compounds. Besides, the degree of oxidation of the iron should be indicated, whether a ferrous or ferric compound. (C. M.)

Answer—I'm not enough chemist, but I imagine you are right — it should be iron-ammonium-citrate. To make it still more confusing the U.S.P. recognizes first Iron and Ammonium Citrates, described as thin, transparent garnet-red scales or granules, and also Green Iron and Ammonium Citrates, described as thin, transparent green scales or granules. The garnet-red is the one I recommend. The green stuff may well be forgotten. Readers with anemia send ten cents and self-addrred stamped envelope for booklet "Blood and Health."

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On the Radio Chain

STATIONS

Chain affiliation and where they are on the dial:

KALE (MBS) 1330, Portland; KEX (ABC) 1190, Portland; KGO (ABC) 810, San Francisco; KGW (NBC) 620, Portland; KJR (ABC) 1000, Seattle; KNX (CBS) 1070, Los Angeles; KOA (NBC) 850, Denver; KOIN (CBS) 970 Portland; KOMO (NBC) 950, Seattle; KPO (NBC) 680, San Francisco; KSL (CBS) 1160, Salt Lake City.

Time Shown is PWT.

MONDAY

5:00 p. m. O.K. For Release, NBC; Terry and Pirates, ABC; News, MBS; Man Named Jordan, CBS.
5:15 p. m. Dick Tracy, ABC; Superman, MBS; Betty and Bob, NBC.
5:30 p. m. Voice of Firestone, NBC; Harry Flannery News, CBS; Jack Armstrong, ABC; Tom Mix, MBS.
5:45 p. m. News CBS; Captain Midnight, ABC; Night News Wire, MBS.
6:00 p. m. Hoagy Carmichael, NBC; Lux Theater, CBS; Military Intelligence ABC; Gabriel Heatter, MBS.
6:30 p. m. Information Please, NBC; Spotlight Bands, MBS.
7:00 p. m. Screen Guild Players, CBS; Contented Hour, NBC.
7:15 p. m. Lowell Thomas, MBS.
7:30 p. m. Dr I. Q., NBC; Thanks to the Yanks, CBS; Lone Ranger, MBS. Reunion U.S.A., ABC.
8:00 p. m. Supper Club, NBC; Jack Kirkwood, CBS; Ted Malone, ABC.
8:15 p. m. Hedda Hopper, CBS; Lum and Abner, ABC; Fleetwood Lawton, NBC.
8:30 p. m. Cavalcade of America, NBC; Auction Gallery, MBS; Hawthorne House, ABC; Burns and Allen, CBS.
9:00 p. m. Blind Date, ABC; News Glenn Hardy, MBS; The Whistler, CBS; Telephone Hour NBC.
9:15 p. m. Salute to our Heroes, MBS.
9:30 p. m. Vox Pop CBS; Tomorrow's World, NBC; Green Hornet, ABC.
9:45 p. m. Lee Sims, Pianist, NBC.
10:00 p. m. News NBC; Fulton Lewis MBS; Charlie Chan, ABC.
10:15 p. m. Sherlock Holmes, MBS; On Our Bandstand, NBC.
10:30 p. m. Sweetheart Swingtime, NBC; Finneman's Nite Club, ABC; John Herrick, CBS.
11:00 p. m. News, ABC; Orchestra.

TUESDAY

5:00 p. m. Terry and Pirates, ABC; O.K For Release NBC; News, MBS; This Man Name Jordan, CBS.
5:15 p. m. Dick Tracy, ABC; Superman MBS; Betty and Bob, NBC.
5:30 p. m. Date With Judy, NBC; Jack Armstrong, ABC; Harry Flannery News, CBS; Adventures of Tom Mix, MBS.
6:00 p. m. Gabriel Heatter, MBS; Inner Sanctum, CBS; Guy Lombardo, ABC; Mystery Theater NBC.
6:15 p. m. Jimmy Fidler, MBS.
6:30 p. m. Fibber McGee and Molly, NBC; Saludos Amigos ABC; Spotlight Bands, MBS; The Doctor Fights, CBS.
7:00 p. m. The Man Called X, NBC; Sumner Welles, ABC. Service to the Front, CBS.
7:15 p. m. Lowell Thomas, MBS.
7:30 p. m. Hildegarde, NBC; Red Rider, MBS; One Man's Family, ABC.
8:00 p. m. Supper Club, NBC; Jack Kirkwood Show, CBS; Ted Malone, ABC.
8:15 p. m. Fleetwood Lawton, NBC; Music, CBS; Lum and Abner, ABC.
8:30 p. m. Johnny Presents, NBC; Theater of Romance, CBS; Allen Young Show, ABC; Auction Gallery, MBS.
9:00 p. m. Everything for the Boys, NBC; Big Town, CBS; Glen Hardy News, MBS.
9:15 p. m. Rex Miller, MBS.
9:30 p. m. Murder Will Out, ABC.
10:00 p. m. News, NBC; Fulton Lewis MBS; Charlie Chan, ABC.
10:15 p. m. On Our Bandstand, NBC; Sports Program, ABC.
10:30 p. m. Edwin C. Hill, CBS; Fenneman's Nite Club, ABC; Sweetheart Swingstime, NBC.
11:00 Talks, CBS; Orchestra, NBC; News, ABC.
NBC.

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PROCLAMATION

WHEREAS by Ordinance of the City of Medford, there was duly submitted to the legal voters of said City at the special election duly held in and for said City on the 12th day of June, 1945 the following charter amendments, to-wit:

Section 72 O

1. In addition to the bonds heretofore authorized the Council of the City of Medford is hereby authorized and empowered to borrow money on the faith of said City and for that purpose to issue bonds to obtain necessary funds to build and construct an intercepting sanitary sewer for the City of Medford, Oregon, to make such improvements and acquire such rights of way, easements, and real property as is necessary in connection therewith. The total amount of indebtedness incurred and the bonds issued pursuant to this section shall not exceed Seventy-eight Thousand ($78,000.00) Dollars.

2. The debt limitation contained in the charter of said City shall not apply to the bonds hereby authorized.

Section 72 P

1. In addition to the bonds heretofore authorized, the Council of the City of Medford is hereby authorized and empowered to borrow money on the faith of said City and for that purpose to issue bonds to obtain necessary funds with which to enlarge and build and construct additions to the sewage disposal plant of the City of Medford Oregon to acquire lands and to make such improvements as are necessary in connection therewith. The total amount of indebtedness incurred and the bonds issued pursuant to this section shall not exceed Two Hundred Thirty-five Thousand ($235,000.00) Dollars.

2. The debt limitations contained in the charter of the City shall not apply to the bonds hereby authorized.

Section 72 Q

1. In addition to the bonds heretofore authorized, the Council of the City of Medford is hereby authorized and empowered to borrow money on the faith of said City and for that purpose to issue bonds to build, erect, and construct a bridge across Bear Creek at Jackson Street in the City of Medford, Oregon, and to make such improvements as are necessary in connection therewith. The total amount of indebtedness incurred and the bonds issued pursuant to this Section shall not exceed Thirty-five Thousand ($35,000.00) Dollars.

2. The debt limitations, contained in the charter of said City, shall not apply to the bonds hereby authorized.

Section 72 R

1. In addition to the bonds heretofore authorized, the Council of the City of Medford is hereby authorized and empowered to borrow money on the faith of said City and for that purpose to issue bonds to obtain the necessary funds to build, erect, and construct an addition to the Medford City Library Building, remodel the present building, make such improvements as are necessary in connection therewith and provide such furniture, equipment and facilities as shall be necessary for the use thereof for library purposes. The total amount of indebtedness incurred, and the bonds issued pursuant to this Section, shall not exceed One Hundred Two Thousand ($102,000.00) Dollars.

2. The debt limitations contained in the charter of said City shall not apply to the bonds hereby authorized.

Section 72-S

1. In addition to the bonds heretofore authorized, the Council of the City of Medford is hereby authorized and empowered to borrow money on the faith of said City and for that purpose to issue bonds to obtain necessary funds to build erect and construct storm sewers and to enlarge and improve the present storm sewers in the City of Medford, acquire rights of way, easements, and real property and make such improvements as are necessary in connection therewith. The total amount of indebtedness incurred and the bonds issued pursuant to this Section, shall not exceed Three Hundred Thousand ($300,000.00) Dollars.

2. The debt limitations contained in the charter of said City shall not apply to the bonds hereby authorized.

Section 72 T

1. In addition to the bonds heretofore authorized, the Council of the City of Medford is hereby authorized and empowered to borrow money on the faith of said City and for that purpose to issue bonds to obtain necessary funds to grade, plant park, and otherwise improve for public park purposes that certain property in the City of Medford lying East of Bear Creek and between Jackson and Main Streets and known as "Olds Tract" and provide such equipment, buildings, and facilities upon and otherwise improve said lands as may be proper and necessary for the use thereof for public park purposes. The total amount of indebtedness incurred and the bonds issued pursuant to this section shall not exceed Seventy-five Thousand ($75,000.00) Dollars.

2. The debt limitations contained in the charter of said City shall not apply to the bonds hereby authorized, and WHEREAS the Recorder of said City of Medford and the Council thereof have, in my presence, duly canvassed the returns of said election and it having been determined thereby that the total number of votes cast at said election upon the question of the adoption of the charter amendment designated as 72-O was 1078 votes; that the total number of votes cast in favor of said charter amendment was 910 votes and the total number of votes cast against the adoption of said amendment was 168 and

It having been determined thereby that the total number of votes cast at said election upon the question of the adoption of the amendments designated as 72-P was 1076 votes; that the total number of votes cast in favor of said charter amendment was 881 votes and the total number of votes cast against the adoption of said amendment was 195 votes and

It having been determined thereby that the total number of votes cast at said election upon the question of the adoption of the amendments designated as 72-Q was 1037 votes; that the total number of votes cast in favor of said charter amendment was 677 votes and the total number of votes cast against the adoption of said amendment was 360 votes and

It having been determined thereby that the total number of votes cast at said election upon the question of the adoption of the amendments designated as 72-R was 1027 votes; that the total number of votes cast in favor of said charter amendment was 582 votes and the total number of votes cast against the adoption of said amendment was 445 votes and

It having been determined thereby that the total number of votes cast at said election upon the question of the adoption of the amendments designated as 72-S was 1029 votes; that the total number of votes cast in favor of said charter amendment was 668 votes and the total number of votes cast against the adoption of said amendment was 361 votes and

It having been determined thereby that the total number of votes cast at said election upon the question of the adoption of the amendments designated as 72-T was 1051 votes; that the total number of votes cast in favor of said charter amendment was 733 votes and the total number of votes cast against the adoption of said amendment was 318 votes, and

IT FURTHER APPEARING that each of the above charter amendments received an affirmative majority of all the votes cast upon the question of the adoption of each thereof cast in said election.

NOW, THEREFORE, by virtue of the power and authority vested in me as Mayor of the City of Medford, Oregon, I, C. A. Meeker, do hereby issue this Proclamation to the people of said City and do hereby declare that the votes cast in favor of and against said amendment, and each thereof, was as above set forth and that each of said measures received an affirmative majority of all the votes cast at said election and I do hereby declare each of the above charter amendments to be in full force and effect in said City, from and after the publication of this Proclamation.

C. A. MEEKER,
Mayor

Dated at Medford, Oregon, this 14th day of June, 1945.

Attest:
J. R. WOODFORD,
Recorder.

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STRANGE AS IT SEEMS By ERNEST HIX

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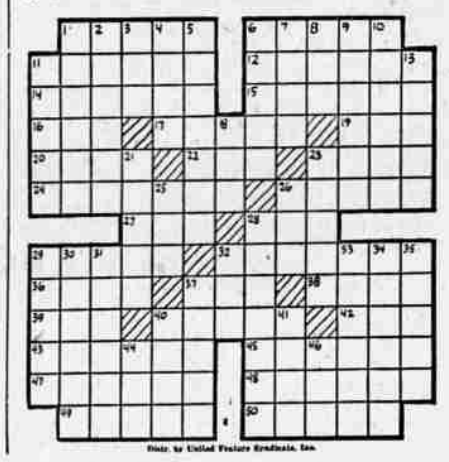
HAL PEARY, The Great Gildersleeve, On the Kraft Cheese Co.'s Parkay Margarine Program. 8:00 P. M. SUNDAY N B C

The RICHFIELD REPORTER
AMERICA'S TOP NEWSCAST
KPO 10 PM

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE



ACROSS

1—Bite impatiently
6—Gather
11—Main
13—Stocking fastener
14—Devotion period
15—Resident
16—Part of "to be"
17—Indistinctly
19—My (Pr.)
20—Seaweed
22—Petition
23—Roman boxing glove
24—Attempted
26—Hair on neck (pl.)
27—Snob
28—Polish underground genera)
29—Ewes
32—Feasts
35—Period of time
37—Skin growth
38—Form of "you"
39—Heraldic bearing (var.)
40—True
42—Open (poet.)
43—Worshiped
45—Having rings
47—Ambassador
48—Speeds
49—Chinese council
50—Lock of hair

DOWN

1—Daily tasks
2—Mean homes
3—Wonder
4—Fix
5—Lauded
6—Dextrous
7—Whole lot
8—Lime
9—Part of flower
10—Bristly
11—Viper
12—Rips
18—Mire
21—Kind of race horse
23—Unit of weight for gems
25—Yelp
26—Cleaning implement
28—Involved in darkness
29—Shallow
30—Multitudes
31—Speech of praise
32—Relative (abbr.)
33—Small lobsters
34—Indian homes
35—Plant origins
37—Walked in water
40—Reject
41—Precious
44—Hurried
46—Ibsen heroine

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BUZ SAWYER

BLONDIE

L'IL ABNER

THE NEBBS

NO PIRATE, HE! That's a drumstick, not a dagger, in 17-year-old Phil Rammacher's mouth! He's drummer of the "Teen-Agers," amazing band of youths on Hoagy "Stardust" Carmichael's NBC air show, "Something New." Also on tonight's show will be comics Sweeney & March, and two "stars of tomorrow" discovered by Hoagy. (Nu Made *fresh* Mayonnaise, sold at Safeway Stores, is sponsor.)

TONIGHT 6:00 KMED

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THE WORLD AT ITS WORST By GLUYAS WILLIAMS