Your Health and It's Care

By DR. WILLIAM BRADY, M.D.

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DEAR OLD AUNTIES

I have a dear old Aunty who is always taking cold from chills and drafts and I would like to make a poster using a sentence or two from your booklet "Call it Cri" in large letters, to hang up where she will be forced to read it every time.

(Mrs. F.H.M.)

Dr. Brady

Permission refused. My stocks are pretty low with a thousand and one dear old aunties right now. I'm tickled pink to tell any old aunty the truth about this matter if she asks my opinion or advice. But I decline to intervene in that way between you and your dear old Aunty. I say my say about the whole business in the booklet "Call it Cri"—and any one who cares may slip me two shillings, together with a stamped self addressed envelope, for a copy of the book.

Living with her or seeing her from day to day and week to week, you probably do not realize how old Aunty is. Her mind has been set like so much plaster of Paris these many years. I know, by gosh. I learned the hard way. Just between ourselves I doubt if I ever changed a single old Aunty's mind about taking "cold" from drafts, dampness and all that.

I do get pleasant letters from a few readers past 50, some of them grandmothers, asking me to help them convince their children that outdoor life is not dangerous for their children who, poor little dears, are coddled so much that they are getting pale and peaked . . . but seldom do these entrust the problem to me unconditionally. No, indeed. They instruct me carefully as to just what I am to advise their erring children. They evidently think a little of my medicine might do some good, but a complete course of treatment would be dangerous.

Another reader (of indeterminate gender—so many people use only an initial letter for Christian name) informs me that he or she has noticed that some individuals with chronic nose, throat or sinus trouble seem to be carriers of cri.

There is little evidence that simple chronic rhinitis or "catarrh", which is apparent to one or more senses, is of that nature. But there is no question that many sufferers from chronic sinusitis are "carriers" of the notorious **Strepococcus** which may produce severe cri (acute respiratory infection) in another person. Likewise people who have chronic tonsillitis (not simple hypertrophy or enlargement of tonsils such as is more or less normal in childhood) may be "carriers" of a similar strain of Streptococcus which produces acute cri in those who happen to be caught in cough, sneeze, or polite conversational spray.

QUESTIONS & ANSWERS

Child Had Rickets

That reader who told of her experience with the shoe clerk who persuaded her to put braces or props on the feet of her little child prompts me to throw a few flowers in your path. Our child, too, had flat feet. . . . I read in your column about the manifestations of rickets that go unrecognized . . . sent for your booklet "V-I-T-E Spells Youth," began giving the children calcium and vitamin D, and now I'm happy to say there is no sign of flat feet. (Mrs. M. L. E.)

Answer—The booklet (available on written request if you inclose ten cents and stamped self addressed envelope) deals with various common manifestations of rickets in young children and in children up to their late 'teens. Weak feet, pronated feet, weak ankles, soft crumbling decaying teeth, constant fatigue, fatigue posture, spinal curvature.

Good Physical Education

Your teachings are law in our family as well as in others we know. At our highschool we have corrective exercises, pelvic lifts, lying down, sitting up with arms and feet etc.—what is your opinion of such exercises? I am 16, 64 inches tall and weigh 114 pounds May I have the pamphlet "Hygiene for Girls and Health for Women" and also one on "How to Lose Weight." (P. A.)

Answer—Such exercises are excellent in the physical education course. Yes, Pam, you may have the pamphlet "Hygiene for Girls," but no, child, there is only one reasonably safe way a girl of your age can reduce, and that is under the direction and care of her family physician.

The Good Ones Are in Service

Please direct me to another doctor who is skilled in diathermy treatment of infected tonsils. Dr. ..... has gone into the military service and Dr. ..... is away for three weeks. (V. E. J.)

Answer—I'm sorry. That exhausts my list for your vicinity. Most of the doctors I formerly recommended for such treatment are in military service now.

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Ralph Seely Tells Of Sacrifices In Pacific War Zones

Ralph Seely, QM 2/c, U. S. navy, who has been in the service three years and traveled nearly 100,000 miles on the ocean, recently wrote to relatives here, telling of a meeting with a youth with whom he used to go to school in New York. The friend, Seely wrote, had been in the Pacific 14 months and had not had an orange during that time. He paid $2 for the last one he had, the letter stated.

"The people at home little realize what some of their boys are going through. You can never realize the sacrifices until you see the wrecked equipment strewn on the beaches or hear the surf pound its mournful sound against the hulk of what was once a ship. . . . The great sacrifices being made by the people at home would seem very small to the men out here," Seely wrote.

Seely's parents, Mr. and Mrs. George Seely, reside at 901 North Central avenue, Medford. He graduated from Medford high school with the class of 1940.

TEEN AGE TRAGEDY

Chicago Heights, Ill., June 14 (U.P.)—A party of five teen-age revelers left a dance at a recreation center called "The Morgue" early today. A few minutes later their automobile crashed into the side of a freight train and killed four of them. The fifth was seriously injured.

On the Radio Chain

STATIONS:

Chain affiliation and where they are on the dial:

KALE (CBS), 1330, Portland
KEX (NBC-Blue) 1190, Portland
KGA (NBC-Blue and MBS), 1510, Spokane
KGO (NBC-Blue) 810 San Francisco; KGW (NBC-Red) 620, Portland; KJR (NBC-Blue) 1000 Seattle; KNX (CBS), 1070 Los Angeles, KOA (NBC-Red), 850 Denver, KOIN (CBS), 970, Portland, KOMO (NBC-Red) 950 Seattle, KPO (NBC-Red), 680, San Francisco, KSL (CBS), 1160, Salt Lake City

Time Shown is PWT.

Thursday

5:00 p. m.—Sam Hayes and the News, MBS; OK for Release NBC; Terry and the Pirates, BN; Man Named Jordan, CBS.
5:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC.
5:30 p. m.—Jack Armstrong, BN; Harry Flannery, News, CBS; Tom Mix, MBS; News, NBC.
5:45 p. m.—Captain Midnight, BN; Elmer Peterson, NBC; Night News Wire, MBS; News, CBS.
6:00 p. m.—Music Hall, NBC; Shower of Stars, CBS; Gabriel Heatter MBS; News, BN.
6:15 p. m.—Supper Music, BN.
6:30 p. m.—Bob Burns, NBC; Spotlight Bands, BN; Corliss Archer, CBS; Starlight Serenade, MBS.
7:00 p. m.—Abbott and Costello, NBC; Variations by Van Cleve, BN; First Line, CBS.
7:15 p. m.—Lowell Thomas, MBS.
7:30 p. m.—March of Time, BN; Red Ryder, MBS; Rudy Vallee, NBC; Romance, Rhythm and Ripley, CBS.
8:00 p. m.—Supper Club, NBC; Jack Kirkwood Show, CBS; Bulldog Drummond, MBS; Earl Godwin, BN.
8:15 p. m.—Fleetwood Lawton, NBC; Lum and Abner, BN; Music That Satisfies, CBS.
8:30 p. m.—Frank Morgan, NBC; Death Valley Sheriff, CBS; America's Town Meeting of the Air, BN; Hercule Poirot, MBS.
9:00 p. m.—News, MBS; Adventures of Topper, NBC; Ellery Queen, CBS; America's Town Meeting of the Air, BN.
9:15 p. m.—Rex Miller, MBS.
9:30 p. m.—Noah Webster Says, NBC; News, BN.
10:00 p. m.—News Reporter, NBC; News, BN; Fulton Lewis, MBS.
10:15 p. m.—Sport Program, BN.
10:30 p. m.—Fenneman's Nite Club, BN; Sweetheart Swingtime, NBC; Tony Pastor, CBS.
11:00 p. m.—News, BN.

Friday

5:00 p. m.—Terry and Pirates, BN; OK for Release, NBC; Sam Hayes News, MBS; This Man Named Jordan, CBS.
5:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC.
5:30 p. m.—Jack Armstrong, BN; News, CBS; Tom Mix, MBS.
5:45 p. m.—Elmer Peterson, Commentator, NBC; Capt. Midnight, BN; Night News Wire, MBS; News, CBS.
6:00 p. m.—Waltz Time, NBC; Gabriel Heatter, MBS.
6:15 p. m.—News, BN.
6:30 p. m.—People Are Funny, NBC; Those Websters, CBS; Double or Nothing, MBS; Spotlight Bands, BN.
7:00 p. m.—Amos and Andy, NBC; Sammy Kaye's Varieties, BN; Durante and Moore, CBS.
7:15 p. m.—Lowell Thomas, MBS.
7:30 p. m.—Hollywood Preview, CBS; Lone Ranger, MBS; Bill Stern, NBC; Breneman's Highlights, BN.
8:00 p. m.—Fights, MBS; Jack Kirkwood Show, CBS; Supper Club, NBC.
8:15 p. m.—Fleetwood Lawton, NBC; Tonight in Hollywood, CBS.
8:30 p. m.—Duffy's Tavern, NBC; It pays to be Ignorant, CBS; Frances Greer Show, BN.
9:00 p. m.—Night Editor, NBC; Tom Breneman, BN; News, MBS; Aldrich Family, CBS.
9:30 p. m.—Adventures of Thin Man, CBS; News, BN; Freedom of Opportunity, MBS.
10:00 p. m.—Fulton Lewis, Jr., MBS.
10:30 p. m.—Orchestra, NBC; Orchestra, CBS.
11:00 p. m.—Orch., NBC; Orch., CBS.

FUND BILLS SIGNED

Washington, June 14—(U.P.)—President Truman today signed into law a bill appropriating $22,055,000 for emergency flood control work. President Truman also signed a bill granting the labor department's children bureau $2,200,000 for grants to the states under its child care program.

CLAIMS SETTLED BY RATION BOARD FOR OVERCHARGES

Administrator's claims totaling $2,270.31 have been settled through the volunteer price panel of the local war price and ration board in the last 10 months, a report from the office shows. These claims are paid to the United States treasurer when the customer is not known.

The claims covered overcharges on used cars, food and consumer durable goods, the report shows. The administrator claim is a minimum of $25 per cent overcharge and a maximum of three times the amount of the overcharge, depending upon the seriousness of the violation.

During the same period the local price panel has been instrumental in refunding to customers who have made complaints against sellers of used cars, consumer durable goods and services the sum of $1,118.19. Many of these were not merchants but individuals, the report states.

For the information of the public it was stated by the price clerk that there are dollar and cent ceiling prices effective on sales by individuals for cars and trucks, motorcycles, vacuums, coil and flat bed springs, typewriters, refrigerators, washing machines, photographic equipment, gas stoves, tires, fruit, vegetables, poultry, meat, livestock, eggs, potatoes, onions and onion sets, seed potatoes, grain and steel and iron drums.

While there is no dollar and cent ceiling on farm machinery or other machinery and transportation equipment when sold by individuals, there is an applicable percentage to be used in arriving at the ceiling price, the clerk states. Rentals on trucks and various construction equipment are under ceiling price also.

Closing time for Sunday Too Late to Classify 5:30 Saturday afternoon—Please remember

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THE NEIGHBORHOOD LEAGUE By CLUYAS WILLIAMS

WHEN THEIR BALL LODGED IN THE TREE THE TEAM STILL HAD HOPES OF FINISHING THE GAME, EVEN WHEN THE GLOVES THEY THREW TO KNOCK THE BALL DOWN GOT STUCK TOO, AS WELL AS THE BAT WITH WHICH THEY TRIED TO DISLODGE THE GLOVES; BUT WHEN THE CAPTAIN WENT UP TO GET BALL, GLOVES AND BAT, AND GOT STUCK HIMSELF, BY A BRANCH'S BREAKING, THEY FELT IT WAS TIME TO CALL THE GAME AND GO FOR HELP IN THE FORM OF LADDERS AND FATHERS

STRANGE AS IT SEEMS By ERNEST HIX

DO YOU KNOW?

that NOW is the time to place your application for a NEW 1945 Chevrolet truck and pickup.
See us for details.
ROGUE RIVER CHEVROLET

Crossword Puzzle

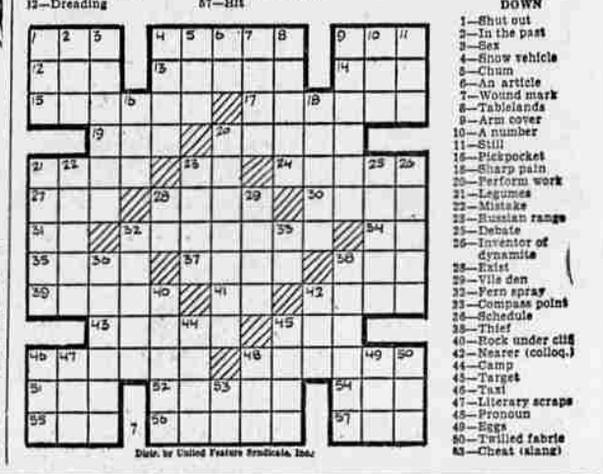
ANSWER TO PREVIOUS PUZZLE

ACROSS

1—Sack
4—Paroxysm
9—Sore on eye
12—Ripen
13—Spear
14—Sheltered side
15—Kind of poem
17—Give permission
19—Acted
20—Make speech
21—Quick look
22—Toward top
24—Jewish month
27—Go astray
28—Reared
30—Roman Caesar
31—Land measure
32—Dreading
34—A United Nation (abbr.)
35—Glide
37—Bathe
38—Regret
39—Disease of rye
41—Symbol for tellurium
42—Christmas carol
43—Growing out
45—Fairy queen
46—Taper
48—Anchorage
51—Conjunction
52—Below
54—First woman
55—Sheep's cry
56—He brings babies
57—Hit

DOWN

1—Shut out
2—In the past
3—Sex
4—Snow vehicle
5—Chum
6—An article
7—Wound mark
8—Tablelands
9—Arm cover
10—A number
11—Still
16—Pickpocket
18—Sharp pain
20—Perform work
21—Legumes
22—Mistake
23—Russian range
25—Debate
26—Inventor of dynamite
28—Exist
29—Vile den
32—Fern spray
33—Compass point
36—Schedule
38—Thief
40—Rock under cliff
42—Nearer (colloq.)
44—Camp
45—Target
46—Taxi
47—Literary scraps
48—Pronoun
49—Eggs
50—Twilled fabric
53—Cheat (slang)



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