Your Health and It's Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 265 El Camino, Beverly Hills, Calif.

THE GAS ATTACK BUGBEAR

In various illnesses, some of them not serious, some of them serious enough, the patient feels bloated, distended, assumes this is from accumulation of gas in stomach or intestine, and imagines the discomfort or distress of the illness would subside if the "gas" could be eructated, belched or expelled somehow.

Dr. Brady

I shall not even mention any specific trouble of serious nature here. That is a matter best left for the attending physician's judgment I say merely that to the best of my knowledge if a patient suffers more than momentary discomfort from what purports to be "gas" pressure the patient needs prompt medical attention and not any mockeying with kerosene, turpentine, salts, saleratus, castor oil, enema or other veterinarian experimentation.

Even if a mere accumulation of gas in stomach or intestine could account for more than momentary or minor discomfort the trouble scarcely warrants concern.

The truth is that what many individuals with chronic inflammation of the gall - bladder (cholecystitis), with or without gallstones call "gas attacks" are actually attacks of biliary colic, and if distension of stomach or intestine with gas occurs it is an effect of the colic (muscle spasm), not the cause of the distress. So is the pain if pain occurs, either in the epigastrium or region over the stomach, in the chest in the region of the heart or under the right shoulder blade in the back.

In gallstone or biliary colic when the muscle spasm (that is, muscle of the gall-bladder wall or wall of gal-duct or wall of the intestine) subsides or relaxes there may be large eructations of gas or escape of gas from the bowel — this occurs as a consequence of relaxation of the spasm or colic.

People with biliary colic often manifest anxiety lest "the gas pressing on the heart" bring grave consequences. The truth is that no amount of bloating or distension of stomach or intestine with gas or air or both can seriously interfere with the function of the heart. And if Ben Told cites instances to the contrary, take it from Ol' Doc Brady, Ben is talking through his hat or the cases he cites were not correctly diagnosed.

QUESTIONS & ANSWERS

Hot Food versus Cold Food

My father, an old time physician, seems to think hot food is essential for health. You said cold food is just as healthful. I prefer milk for breakfast, but he says I should take cocoa instead as it will make the bowels more active.

Answer — I'm sorry I can't agree with dad. If you were my daughter I'd assure you that cold food is as healthful, if not more so, than hot food, and that milk is the best possible beverage for breakfast, dinner or supper or lunch, for man, woman or child. (C. J.)

Eczema

I tried your soluable potassium chloride for a long-standing eczema, of my daughter. I gave her five grains three times a day, along with food. In three weeks the skin cleared up and all irritation and scratching ceased. We are certainly grateful to you. We had tried everything without success. (Mrs. L. U.)

Answer—Thank you. On request I am glad to send the monograph "Relief for Allergy" to any reader who provides a stamped envelope bearing his address.

Tuberculosis and Dental Caries

I have noticed that nearly all the patients in a tuberculosis sanitorium have carious teeth. Is there any relation between the weakened condition of such patients and tooth decay? (G. S.)

Answer—It would seem likely, although I know of no comparison of such patients with the general population in that respect.

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On the Radio Chain

STATIONS:

Chain affiliation and where they are on the dial:

KALE (CBS), 1330, Portland KEX (NBC-Blue) 1190, Portland KGA (NBC-Blue and MBS), 1510, Spokane, KGO (NBC-Blue) 810 San Francisco, KGW (NBC-Red) 620, Portland; KJR (NBC-Blue) 1000 Seattle, KNX (CBS), 1070 Los Angeles, KOA (NBC-Red) 850 Denver, KOIN (CBS), 970, Portland KOMO (NBC-Red) 950 Seattle, KPO (NBC - Red), 680, San Francisco, KSL (CBS), 1160, Salt Lake City

Time Shown is PWT.

Monday

5:00 p. m.—OK for Release, NBC; Terry and Pirates, BN; News, MBS This Man Named Jordan, CBS.
5:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob NBC
5:30 p. m.—Voice of Firestone NBC; Harry Flannery News, CBS; Jack Armstrong BN; Tom Mix, MBS
5:45 p. m.—News, CBS; Captain Midnight BN; Night News Wire MBS
6:00 p. m.—Hoagy Carmichael, NBC; Lux Theater, CBS; Military Intelligencer, BN; Gabriel Heatter, MBS.
6:30 p. m.—Information Please NBC; Spotlight Bands, BN
6:45—The Better Half, MBS.
7:00 p. m.—Screen Guild Players, CBS; Contented Hour, NBC.
7:15 p. m.—Lowell Thomas, MBS
7:30 p. m.—Dr. I. Q. NBC; Thanks to the Yanks, CBS; Lone Ranger MBS; Reunion U. S. A., BN.
8:00 p. m.—Supper Club NBC; Jack Kirkwood CBS; Ted Malone BN
8:15 p. m.—Hedda Hopper, CBS; Lum and Abner, BN; Fleetwood Lawton, NBC
8:30 p. m.—Cavalcade of America NBC; Michael Shane MBS; Hawthorne House BN; Burns and Allen, CBS
9:00 p. m.—Blind Date BN; News Glenn Hardy MBS; The Whistler CBS; Telephone Hour NBC
9:15 p. m.—Salute to our Heroes, MBS.
9:30 p. m.—Vox Pop, CBS; Tomorrow's World, NBC; Green Hornet, BN
9:45 p. m.—Lee Simms, Pianist NBC
10:00 p. m.—News NBC; Fulton Lewis, MBS; Carlson and the News BN
10:15 p. m.—Sherlock Holmes MBS; On Our Bandstand NBC
10:30 p. m.—Sweetheart Swingtime NBC; Finneman's Nite Club BN
11:00 p. m.—News, BN; Orchestra, NBC.

Tuesday

5:00 p. m.—Terry and Pirates, BN; OK for Release, NBC; News, MBS; This Man Named Jordan, CBS.
5:15 p. m.—Dick Tracy, BN; Superman, MBS; Betty and Bob, NBC
5:30 p. m.—Date with Judy, NBC; Jack Armstrong, BN; Harry Flannery News, CBS; Adventures of Tom Mix MBS.
5:45 p. m.—Capt. Midnight, BN; Night News Wire, MBS; News, CBS
6:00 p. m.—Gabriel Heatter, MBS; Inner Sanctum, CBS; Guy Lombardo, BN; Mystery Theater, NBC.
6:15 p. m. Jimmy Fidler, MBS; Super Music, BN.
6:30 p. m.—Fibber McGee and Molly, NBC; Spotlight Bands, BN; American Forum, MBS
7:00 p. m.—Bob Hope, NBC; Sumner Welles, BN; Service to the Front, CBS
7:15 p. m.—Lowell Thomas, MBS
Clare Booth Luce, BN.
7:30 p. m.—Hildegarde, NBC; Red Rider, MBS; One Man's Family, BN
8:00 p. m.—Supper Club, NBC; Jack Kirkwood Show, CBS; Ted Malone BN
8:15 p. m.—Fleetwood Lawton, NBC; Music CBS; Lum and Abner BN
8:30 p. m.—Johnny Presents NBC; Theater of Romance, CBS; Allan Young Show, BN; Roy Rogers, MBS
9:00 p. m.—Everything for Boys, NBC; Big Town, CBS; Glen Hardy News, MBS
9:15 p. m.—Rex Miller, MBS
9:30 p. m.—Murder Will Out, BN; Marshall Dana in San Francisco, MBS
10:00 p. m.—News NBC; Carlson and News, BN; Fulton Lewis, MBS
10:15 p. m.—On Our Bandstand, NBC; Sports Program, BN
10:30 p. m.—Edwin C. Hill, CBS; Fenneman's Nite Club, BN; Sweetheart Swing Time, NBC
10:45 p. m.—Late Date, NBC.
11:00 p. m.—Talks, CBS; Orchestra, NBC; News, BN.

Dial 1340 for Mutual

NEWS
8:00—Arthur Gaeth
9:00—Wm. Lang
10:00—Glenn Hardy
11:00—Cedric Foster
12:00—Don Lee
1:00—Walter Compton
2:00—Don Lee
3:00—Griffin
4:00—Fulton Lewis, Jr.
4:15—Rex Miller
5:00—Sam Hayes
5:45—Night News Wire
6:00—Gabriel Heatter

FEATURES
8:30—Take It Easy
9:15—Morton Downey
10:15—Lopez
12:30—Smoothies
1:30—Tommy Harris
3:45—Johnson Family
5:15—Superman
5:30—Tom Mix

for Mutual Dial 1340

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TOOLS FOR SALE

Culver City, Calif., May 28—(U.P.)—Half an acre of aircraft tooling—once worth $10,000,000 but made obsolete when the A26 invader bomber replaced the A20 Havoc—was spread out on the Culver City dog race track today, ready to go to the highest bidder.

Racing of an automobile engine in the "warm-up" period not only wastes gasoline but increases wear on pistons, piston rings and cylinders through high engine speed before cold oil has had a chance to circulate.

Your Patronage in the past is greatly appreciated.

We hope our service has been likewise.

BOB and ROY

O.K. PASTIME

Gold Hill Oregon

Our Men and Women in the Nation's Service

LOCAL SERGEANT PREPARES MEALS FOR ARMY UNIT

With the Fifth Army, Italy—Sometimes in combat when conditions aren't conducive to Sunday dinners it takes imagination and ingenuity to produce "extra specials" on a menu. Men in Company B, 316th Engineers, of the 5th army's 91st "Powder River" division in Italy, say Staff Sergeant Ernest C. McLeskey of Medford, Oregon, has what it takes.

Sergeant McLeskey, whose wife, Mrs. Inez McLeskey, resides at 804 Cedar street, Medford, has been mess sergeant of the company since the 91st division was activated at Camp White, Oregon, in 1942.

Recently, stumped for something to "dress up" a meal for his outfit, Sergeant McLeskey searched through his rations trailer. He opened some C rations, extracted the hard-tack biscuits, took out some ice cream powder he'd never found use for before, and set to work. He made a cream sauce from the powder, and spread it on the C ration biscuits.

That evening, having eaten McLeskey's latest dessert, the engineers yelled for seconds.

Sgt. Kenneth Moss

Hamilton Field, Calif. — The award of an army air forces airplane mechanic technician's badge to S/Sgt. Kenneth N. Moss of Rural Route 1, Medford, Ore., for proficiency in the performance of duties, has been announced by the Hamilton Field base unit of the air transport command's West Coast wing.

Sergeant Moss, the husband of Mrs. Vera Moss of Medford entered the army on April 8, 1942, and was transferred to Hamilton Field on August 24, 1944.

F/O Harper Hamilton

Pyote Army Air Field, Tex.—Flight Officer Harper K. Hamilton, Jr., of Medford, Ore., is now completing his final-stage training as a member of a B-29 crew at Pyote army air field.

F/O Hamilton, son of Mr. and Mrs. Harper K. Hamilton, Sr., entered the military service July 19, 1943.

A graduate of Medford high school, class of '43, F/O Hamilton resided at 204 N. Riverside avenue, Medford, before entering the army.

He is the bombardier on his plane.

Sgt. George Simmons

McCloskey General Hospital, Temple, Tex., S/Sgt. George W. Simmons, son of Mr. and Mrs. T. E. Simmons, 147 Granite, Ashland, Oregon, has returned from the western front and is convalescing at McCloskey General hospital, Temple, Tex. His wife, Emma, lives at Medford, Ore.

Simmons has been in the army since February 10, 1943. He received his basic at Camp Walters, Texas, and went overseas in July 1943. He saw his first action in Italy.

He was wounded in France by a mine December 1.

Simmons was awarded the silver star for gallantry in action at Anzio beach in Italy in June 1944. He has also been decorated with the purple heart.

Sgt. Allen Casad

With the 648th Engineer Base Topographic Bn., in Manila—Staff Sergeant Allen K. Casad, son of Mrs. J. W. Casad, Rt. 1, Medford, Ore., is one soldier who has learned a profession in the army which he hopes to continue in civilian life.

Sgt. Casad, an aerial photo-topographer with the 648th Engrs., pioneer army map-making battalion in the southwest Pacific, plans to remain in the mapping profession when he is discharged.

He has served with army topographic units for more than four years, having enlisted in October, 1941. He was stationed in Portland, Ore., until coming overseas in March, 1944 to join the 648th Engrs.

Sgt. Casad is a graduate of Medford high school.

His wife, Mrs. Genevieve Casad, resides at Portland.

Pvt. Betty Garrels

New Orleans, La. — Private Betty M. Garrels, Gold Hill, Ore., has received a bronze star medal posthumously awarded her husband, S/Sgt. W. C. Garrels, who was killed in action while serving with the 5th army in Italy.

Private Garrels is the daughter of Mr. and Mrs. M. C. Hancock, Gold Hill. Her father is a mill operator at a cement plant.

Cornelius Driskell

Cornelius G. Driskell, 29, of Medford has been promoted to seaman first class in the U. S. naval reserve. He is serving with naval air transport squadron five, where he is on duty in the engineering department.

Driskell, whose parents, Mr. and Mrs. Charles A. Driskell, live at Medford, has been in the navy nine months. Before joining the navy he was an aircraft mechanic employed by T.A.C.A. Airlines.

Charles Rundell

Bremerton, Wash.—Charles E. Rundell, seaman, second class, USNR, of Medford, Ore., is now stationed with the ship repair unit which is in training at the Puget Sound navy yard in Bremerton, Washington. His wife, Ruby, lives at 147 South Holly in Medford.

Lt. Lanse Pitts

Headquarters, 13th AAF, Philippines — Second Lieutenant Lanse Pitts, husband of Mrs. Barbara Jeanne Pitts, Central Point, recently was promoted to first lieutenant at an advance 13th AAF base in the Philippines.

Lieutenant Pitts is a pilot and plane commander with the "Bomber Barons", veteran B-24 Liberator group with more than 800 missions to its credit.

He entered the AAF in February 1943, and joined the "Jungle Air Force" in November 1944.

Pvt. Ralph Tucker

Private Ralph W. Tucker of 200 Tripp street, Medford, is now in Europe.

A soldier since October, 1942 he has been overseas six months. He attended Iowa University and in civilian life was employed by New York Yankee Chain.

He is the son of Mrs. Eliza Tucker of 200 Tripp street, Medford.

John Bieghler

With the Fifth Army, Italy—John C. Bieghler, whose wife Helen lives in Gold Hill, Oregon, has been promoted from private to sergeant with the 347th field artillery battalion of the 91st "Powder River" division now serving with the 5th army in Italy.

HOBOES GET EDICT

Cincinnati, May 28.—(U.P.)—Jeff Davis, king of the hoboes, today announced he would proclaim a policy of "no riding the rods for you 'bos until at least a year after the end of the war" at the Hoboes of American convention which opens June 3 in Buffalo.

1,000 HEARTBEATS

The hummingbird has a normal pulse rate of 615 heartbeats a minute and a maximum rate exceeding 1,000, according to experiments.

Closing time for Sunday Too Late to Classify 5:30 Saturday afternoon—Please remember

NOTICE

In the County Court of the State of Oregon for Jackson County. In the Matter of the Estate of JOHN F. LAWRENCE, Deceased.

NOTICE IS HEREBY GIVEN that the undersigned, administratrix in the above entitled matter, has filed herein her final report and account, and that Saturday, June 16, 1945, at 10 o'clock A. M. at the courthouse in the city of Medford, in said county, has been fixed by the above named court as the time and place for hearing objections to said fina. account and for the examination and allowance thereof.

Dated: May 21, 1945.

THORA S. LAWRENCE, Administratrix

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SUBURBAN HEIGHTS By GLUYAS WILLIAMS

STRANGE AS IT SEEMS By ERNEST HIX

DO YOU KNOW?

that Russ Peebles, Chevrolet mechanic, has had eighteen years experience in his profession as a doctor of automobile engines.

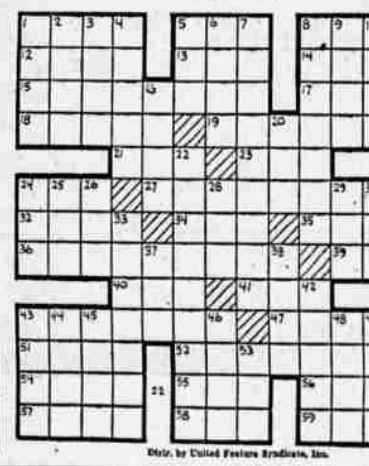
ROGUE RIVER CHEVROLET

Crossword Puzzle

ANSWER TO PREVIOUS PUZZLE

ACROSS
1—Knot in thread
5—Worthless scrap
9—Pasteboard
12—Silkworm
13—Female ruff
14—Wind instruments
15—Skin decorator
17—Eleanor
18—Murdered
19—Childish talk
21—Lump
22—Man's name
24—Away from home
27—Bluish gems
32—Pertaining to
33—Sheep
34—Burst forth
35—Take heed of
36—Basis
38—Flying animal
40—End life
41—Turf
43—Stillness
47—Examines closely
51—Norse god
52—Money paid on loan
54—Allow use of
55—Female deer
56—Hair on neck
57—Facts
58—Sheep
59—Burst forth

DOWN
1—Wagers
2—Mountain range
3—Girl's name
4—Ancient language
5—Gold (Sp.)
6—Leak slowly
7—Turtles
8—Hold
9—Egg on
10—Run
11—Take out
16—Blame
20—Kind of tree
22—Wealthy Persian in Arabian Night
24—Away
25—Eskimo knife
26—A number
28—Late U. S. poet
29—Steal
30—Greek letter
31—Put down
33—Things added
37—Old (Scot.)
38—Drink to excess
42—Student homes
43—Marketed
44—Thought
45—Linen flecks
46—Enough (arch.)
48—Harvest
49—Medieval serf
50—Meat dish
53—Pipe joins



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BLONDIE

L'IL ABNER

THE NEBBS