

Your Health and It's Care

By DR. WILLIAM BRADY M.D. Readers should address inquiries to Dr. William Brady, 255 El Camino Beverly Hills, Calif.

THESE WOMEN

Some time ago you published an article on dysmenorrhea (difficult or painful menstruation), and as I remember, you attributed most of it to neglect of education...

But I have a pamphlet "Hygiene for Girls and Health for Women" which may mean the difference between years of comfort and years of discomfort and disability...

stupidity in the second place by demanding that I give tacit consent to the bright notion that women are fated to suffer pain, discomfort or disability just because they are women...

QUESTIONS & ANSWERS Nicotinic Acid for Canker Sores My sister suffers cruelly from frequent canker sores. A friend told her to take nicotinic acid as a remedy...

Softening Hard Nails What can I apply to very hard toenails to soften them so I can trim and file them?

Wheat to Eat Would like your monograph on Diet and Diseases. Also instructions for taking vitamin B complex. Happy to report I have found great benefit from the use of plain wheat as you suggested...

CLERK'S MONTHLY STATEMENT April 1945 The following is a statement of the proceedings of the County Court of Jackson County, Oregon, showing a list of claimants for supplies and services which were passed upon during the month of April, 1945.

- Department of Agriculture, \$29.72; Roy J. Rogers, \$50.00; General Road Fund, \$21.40; California Oregon Power Co., \$1.98; Boys' & Girls' Aid Society, \$40.00; Otis Elevator Co., \$32.50; Zellerbach Paper Company, \$66.90; Trowbridge & Flynn, \$2.36; Lorenz Co., \$9.19; Co m unity Hospital, \$3.50; Frank Etzpanek & Co., \$178.20; Medford Laboratories, \$40.00; Office Stationery & Supply Co., \$6.90; First National Bank, \$8909.20; Ina Huson, \$30.00; Chas. F. Metzker, \$45.00; Wm. W. P. Holl, \$25.00; Doty Rees, \$40.47; Wm. G. Hazlewood, \$89.70; Blanche Frisbie, travel, \$35.00; Pacific Tel. & Tel. Co., \$5.65; C. R. Bowman, travel, \$20.05; Frank Desouzra, \$51.70; Medford Millwork Co., 48c; Charles Angle, \$3.00; J. C. Poltevit, \$3.00; M. M. Morgan, \$14.98; V. B. Ward, \$14.98; A. C. Dietrick, \$11.98; C. Marion Smith, \$37.90; Clinton A. Smith, \$58.13; Catholic Charities, Inc., \$40.00; Children's Farm Home, \$25.00; Oregon Protective Society, \$10.00; Barker-Scott Co., \$2.46; H. E. Lind, \$10.00; W. B. Baird, \$2960.00; Robert M. Elder, travel, \$49.50; Mrs. Maude G. Wyant, \$22.50; Frank J. Holbrook, \$10.75; Office Stationery & Supply Co., \$10.75; Clyde Balderson, \$144.27; Don Poling, \$44.73; Dick Head, \$31.95; Verna L. Matthews, \$3.00; Ruby Nelson, \$3.00; Leta Kyle, \$3.00; Mae C. Henselman, \$3.00; Victor Bursell, \$3.00; Mildred L. Haines, \$3.00; Cyrus S. Hamilton, \$3.00; American Red Cross, \$412.50; Thomas Hora, \$71.90; Alfred E. Sheehan, \$63.90; Wm. Shopp, \$100.00; Nelle W. Burns, \$127.50; Pearl D. Turner, \$84.37; Mamie L. Shaffer, \$93.75; Hazel Lester, \$51.87; Vera Coombs, \$78.75; Nettie Thompson, \$44.85; Dr. Chas. T. Sweeney, \$5.00; Willies Electric Co., \$2.00; Medford Stationery Store, \$1.00; A. E. Simons, \$4.00; Office Stationery & Supply Co., \$19.75; West Coast Printing & Binding Co., \$110.75; Floyd McKee, \$40.00; Kirby J. Tant, \$40.00; Aetna Life Insurance Co., \$12.24; National Hospital Ass'n, \$65.00; G. R. Carter, Trustee, War Bonds, \$493.15; G. R. Carter, Trustee, War Tax, \$1383.71; Lester L. Lewis, \$40.00; Bruce Bauer Lumber Co., \$17.33; City Sanitary Service Co., \$5.00; Don Cruikshank, Typewriters, \$7.50; Pacific Tel. & Tel. Co., \$13.45; Office Stationery & Supply Co., \$2.50; Howard Gault, travel, \$10.25; Vern S. Smith, \$88.25; J. D. Pearson, travel, \$60.30; State Industrial Accident Commission, \$80.05; California Electric Utilities Co., \$7.12; East Side Market, \$96.22; Snider's Dairy, Inc., \$22.71; Peerless Market, \$3.90; Quality Market, \$6.08; Fluhrer's Bakery, \$17.24; Una B. Inch, travel, \$27.60; Pacific Telephone & Telegraph Co., \$27.10; D. V. Hastings, travel, \$93.75; Klocker Printery, \$41.60; Office Stationery & Supply Co., \$14.65; Commercial Printing Co., Inc., \$41.74; G. R. Carter, postage, \$6.40; Ashland Printing Co., Inc., \$15.20; Ashland Printing Co., Inc., \$7.00; Ashland Chamber of Commerce, \$600.00; Jackson County Chamber of

Commerce, \$1200.00; G. W. Neilson, \$7.00; Mann's Department Store, \$3.65; Standard Brands, \$7.06; California Oregon Power Co., \$30.51; Economy Seed & Feed Co., \$3.80; American Laundry, \$4.69; Groceteria Super Food Markets, \$3.04; Friderger Grocery Co., \$15.49; Osmund & Company, \$37.27; Medford Meat Co., \$32.10; F. E. Samson Co., \$75.20; Porter Lumber Co., \$1.60; American Hospital Supply Co., \$31.05; Shell Oil Co., \$5.00; W. H. Travis, \$4.00; A. Jeldness, \$2.00; Irvin Dahack, \$28.00; A. W. McQuat, \$4.00; Amos McKee, \$3.00; Robert Wockner, \$3.00; Donald Green, \$3.00; J. H. Brydson, \$3.00; Katie C. Ash, \$6.00; S. J. Daly, \$3.00; Al White, \$3.00; Homer Meeds, \$2.00; Carl Froesch, \$3.00; J. W. Neathamer, \$3.00; H. M. Paulson, \$2.00; W. E. Dawson, \$2.00.

ACCENT ON YOUTH IN JULY DRAFTS Washington, May 24 (U.P.)—The army and navy are placing their accent on extreme youth for the remainder of the war against Japan.

On the Radio Chain STATIONS (Chain affiliation and where they are on the dial) KALE (CBS) 1330 Portland

Thursday 5:00 p.m. - Sam Hayes and the Great 888's OK, The Red Hot Terry and the Pirates. BN, Man Named Jordan CBS

Chalker's Motel & Lodge OFFICERS' CLUB Dine Dance Refreshments Chicken and Steak Dinners Most Unique Place in Ore CLOSED MONDAYS Thursday Private Parties Only For reservations call Gold Hill 474

BOB and ROY O.K. PASTIME Gold Hill Oregon

SUBURBAN HEIGHTS (Continued from The Mail Tribune, May 21-45) MEMBERS OF THE WOMEN'S CLUB WERE ASTONISHED WHEN THE USUALLY COURTEOUS FRED PERLEN, AS HE NEARED THE CORNER, STOPPED IN HIS TRACKS AND MADE OFF IN THE OPPOSITE DIRECTION, PRETENDING NOT TO SEE THEM, BUT THE REASON WAS THAT A MOMENT BEFORE, IN STOPPING OVER TO PICK UP A BUNDLE, FRED'S SUSPENDERS HAD PARTED COMPANY, AND HE HAD ALL HIS CLOTHES, TAKING CARE OF HIS TROUSERS AND HIS PACKAGES, WITHOUT HAVING TO TIP HIS HAT

10:30 p.m. - Orchestra NBC. Orchestra CBS. m-Orch. NBC. Man Named Jordan CBS. FILM "TOUGH GUY" Hollywood, May 24 (U.P.)—Tough movie actor Alan Ladd, discharged from the army because of a stomach ailment, was rejected for re-induction today when he failed to pass a physical examination.

STRANGE AS IT SEEMS By ERNEST HIX SHEEP COUNTED SHEEP FIRST! A SHEPHERD WATCHED THAT AFTER THEIR SHEEP WERE CALLED IN WILD ABERRIES THEY COULDN'T SLEEP... AND THEN HE JUMPED ALL NIGHT... THEY WOULD BEHAVING THE DREAM BEHAVIOR—AND DISCOVERED COFFEE!

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BARNEY GOOGLE and SNUFFY SMITH THY FUST THING HE UP AN' DONE WUZ TO MAKE GENERAL ROSEQUARTER A PFC

BLONDIE I HAVE MY IRONING BOARD UP— I'LL PRESS THEM FOR YOU

BUZ SAWYER ALL SMILES, EVEN THO' WINTER FAILED TO FALL FOR CHILI HARRISON, SWEENEY IS HAPPY

THE NEBBES A REVOLVING MIRROR! THAT'S A GOOD TRICK MR. NEBB, DO IT AGAIN!

THE NEBBES BUT WHAT'S BACK OF THAT CONTRAPTION? CANT YOU SEE IT'S A SECRET ENTRANCE!

DO YOU KNOW? that fenders are now available for all Chevrolet passenger cars and trucks from 1939 through 1942. ROGUE RIVER CHEVROLET

Crossword Puzzle ANSWER TO PREVIOUS PUZZLE ACROSS 1-Vendettae 2-Dense 3-Heavily decorated 4-Quick look 5-A tall story 6-Put on 7-Cutting tool 8-Illuminated 9-Oak seed 10-Signal 11-Prison rain 12-Put on 13-Last bugle call 14-Devastated continent 15-Uncanny 16-Crafts

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